1. By turning our sorrow into joy

**John 16:16-22 (ESV)** 16 “A little while, and you will see me no longer; and again a little while, and you will see me.” 17 So some of his disciples said to one another, “What is this that he says to us, ‘A little while, and you will not see me, and again a little while, and you will see me’; and, ‘because I am going to the Father’?” 18 So they were saying, “What does he mean by ‘a little while’? We do not know what he is talking about.” 19 Jesus knew that they wanted to ask him, so he said to them, “Is this what you are asking yourselves, what I meant by saying, ‘A little while and you will not see me, and again a little while and you will see me’?” 20 Truly, truly, I say to you, you will weep and lament, but the world will rejoice. You will be sorrowful, but your sorrow will turn into joy. 21 When a woman is giving birth, she has sorrow because her hour has come, but when she has delivered the baby, she no longer remembers the anguish, for joy that a human being has been born into the world. 22 So also you have sorrow now, but I will see you again, and your hearts will rejoice, and no one will take your joy from you.

**1 Corinthians 13:12 (ESV)** For now we see in a mirror dimly, but then face to face. Now I know in part; then I shall know fully, even as I have been fully known.

2 Corinthians 4:17 (ESV) For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison,

2. By giving power in His name

**John 16:23-28 (ESV)** 23 In that day you will ask nothing of me. Truly, truly, I say to you, whatever you ask of the Father in my name, he will give it to you. 24 Until now you have asked nothing in my name. Ask, and you will receive, that your joy may be full. 25 “I have said these things to you in figures of speech. The hour is coming when I will no longer speak to you in figures of speech but will tell you plainly about the Father. 26 In that day you will ask in my name, and I do not say to you that I will ask the Father on your behalf; 27 for the Father himself loves you, because you have loved me and have believed that I came from God. 28 I came from the Father and have come into the world, and now I am leaving the world and going to the Father.”

**1 John 5:14 (ESV)** And this is the confidence that we have toward him, that if we ask anything according to his will he hears us.

**James 4:2 (ESV)** You desire and do not have, so you murder. You covet and cannot obtain, so you fight and quarrel. You do not have, because you do not ask.

3. By not forsaking us when we falter

**John 16:29-33 (ESV)** 29 His disciples said, “Ah, now you are speaking plainly and not using figurative speech! 30 Now we know that you know all things and do not need anyone to question you; this is why we believe that you came from God.” 31 Jesus answered them, “Do you now believe? 32 Behold, the hour is coming, indeed it has come, when you will be scattered, each to his own home, and will leave me alone. Yet I am not alone, for the Father is with me. 33 I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world.”

**2 Timothy 2:13 (ESV)** if we are faithless, he remains faithful— for he cannot deny himself.

**1 Corinthians 10:12 (ESV)** Therefore let anyone who thinks that he stands take heed lest he fall.