Ephesians 4:1-3 (ESV)  
1 I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called,  
2 with all humility and gentleness, with patience, bearing with one another in love,  
3 eager to maintain the unity of the Spirit in the bond of peace.

Main Point of the text: God saved us to walk differently than the lost world.

Ephesians 4:17-19 (ESV)  
17 Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their minds.  
18 They are darkened in their understanding, alienated from the life of God because of the ignorance that is in them, due to their hardness of heart.  
19 They have become callous and have given themselves up to sensuality, greedy to practice every kind of impurity.

How to walk differently:

1. The new walk begins with a personal relationship with Christ.
   
   Ephesians 4:20-21 (ESV)  
20 But that is not the way you learned Christ!—  
21 assuming that you have heard about him and were taught in him, as the truth is in Jesus,

   - Christianity is about knowing a living person, Jesus Christ (‘learned Christ’).

   John 17:3 (ESV) And this is eternal life, that they know you the only true God, and Jesus Christ whom you have sent.

2. The new walk requires that we put off the old self daily.

   Ephesians 4:22 (ESV) to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires,

   Proverbs 26:11 (ESV) Like a dog that returns to his vomit is a fool who repeats his folly.

   Ephesians 5:3-6 (ESV)  
3 But sexual immorality and all impurity or covetousness must not even be named among you, as is proper among saints.  
4 Let there be no filthiness nor foolish talk nor crude joking, which are out of place, but instead let there be thanksgiving.  
5 For you may be sure of this, that everyone who is sexually immoral or impure, or who is covetous (that is, an idolater), has no inheritance in the kingdom of Christ and God.  
6 Let no one deceive you with empty words, for because of these things the wrath of God comes upon the sons of disobedience.
3. The new walk requires that we put on the new self daily.

   **Ephesians 4:24 (ESV)** and to put on the new self, created after the likeness of God in true righteousness and holiness.

   - The new self refers to our new identity in Christ and the habits of holiness that are associated with it.

4. The new walk is empowered by the Spirit’s renewing of our minds daily.

   **Ephesians 4:23 (ESV)** and to be renewed in the spirit of your minds,

   - The primary means of ongoing transformation in our life is the Word and the Holy Spirit.

   **Titus 3:5 (ESV)** he saved us, not because of works done by us in righteousness, but according to his own mercy, by the washing of regeneration and renewal of the Holy Spirit,

   “The mind of man is the battleground on which every moral and spiritual battle is fought.”
   — J. Oswald Sanders