

Presenters Name: **Cindy Edwards**

Biography

President of CK Builders, Inc. and Efficiency First solutions, Cindy Edwards is a third generation Central Coast native of California and second generation building contractor with over 40 years of construction experience. Cindy has been a licensed General Contractor since 2000, and a Home Performance contractor since 2012. Since 2012, Cindy has worked with an ever- growing number of biotoxin illness clients diagnosed with CIRS (Chronic Inflammatory Response Syndrome). Through integration of a specific combination of building science techniques, testing procedures, and rebuild practices within the CIRS environment, many have been able to improve and restore their homes indoor air quality.

In 2017, Cindy co-authored Mold Illness: Surviving and Thriving, A Recovery Manual. This interactive tool provides a step-by-step guide to navigating the challenging road to recovery for CIRS clients and families suffering with this illness.

In 2019 Cindy was introduced to a new innovative technology “Aero Barrier” that air seals buildings using a proprietary Green Guard Gold certified atomized product that air seals a whole home in a matter of hours! This product was so impressive, Cindy started Efficiency First Solutions to better serve Central California by providing air sealing techniques that also include balanced ventilation, and right sizing heating and cooling systems. These efficiency packages allow the right balance of fresh air to maximize comfort while making the home energy efficient for life.

Licenses/Certifications:

- Licensed General Contractor
- Building Analyst certification through the Building Performance Institute (B.P.I)
- Building Performance Contractor for Energy Upgrade California (EUC)
- Specialized training for the “sensitized individual” from Wonder Makers Environmental
- Water damage restoration Technician through the Institute of Inspection, Cleaning, and Restoration Certification (IICRC)

