

KATHERINE SPEARING, MA

Associate Practitioner

“My clients are typically women recovering from Religious Trauma and Spiritual Abuse, and/or women exploring careers, desires, and life after systemic oppression.

I love to see women start to exercise their power, own their narrative, and begin dreaming about the life they want to live.”



CENTER FOR
Trauma Resolution and Recovery

SPECIALTIES

- Spiritual Abuse
- Religious Trauma
- Recovery from Purity Culture and Sexual Abuse
- Cult Recovery
- Life transitions

TRAUMA TRAINING

- Master of Arts in Religion and Cultures
- Certified Trauma Recovery Practitioner (CTRC)



**WHERE TO FIND
KATHERINE**

[@KATHERINESPEARING](#)

[@UNCERTAINPODCAST](#)

*You
deserve
to heal.*



GO TO THE CENTER FOR
TRAUMA RESOLUTION AND
RECOVERY WEBSITE TO BOOK
A FREE INQUIRY CALL

www.traumaresolutionandrecovery.com



FOR ANY OTHER QUESTIONS
OR INQUIRIES EMAIL

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