

**Foundation House**  
The Victorian Foundation for Survivors of Torture Inc.

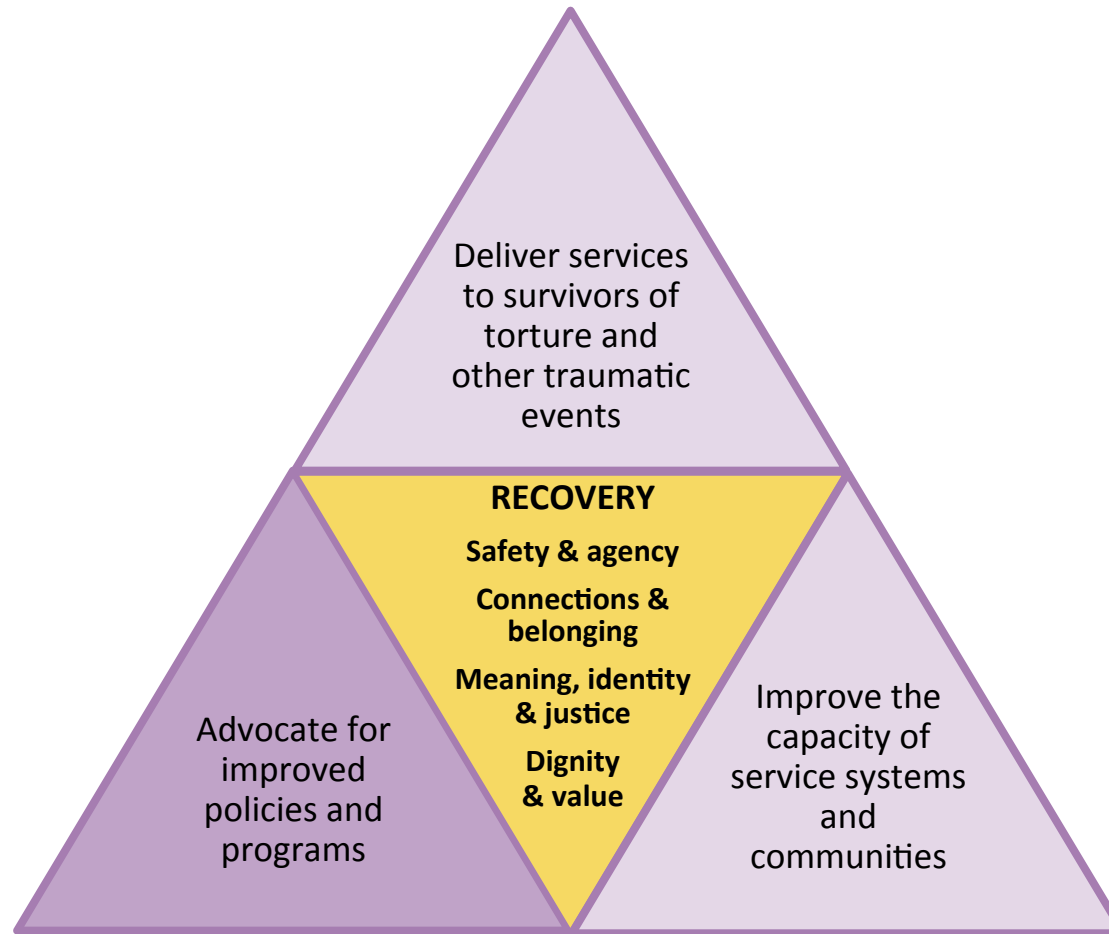
**We acknowledge the Wurundjeri people, the traditional owners of the country upon which we meet today and their continuing connection to land and community. We pay our respects to them, their cultures, and to their Elders both past and present, and the Elders from other communities who may be here today.**



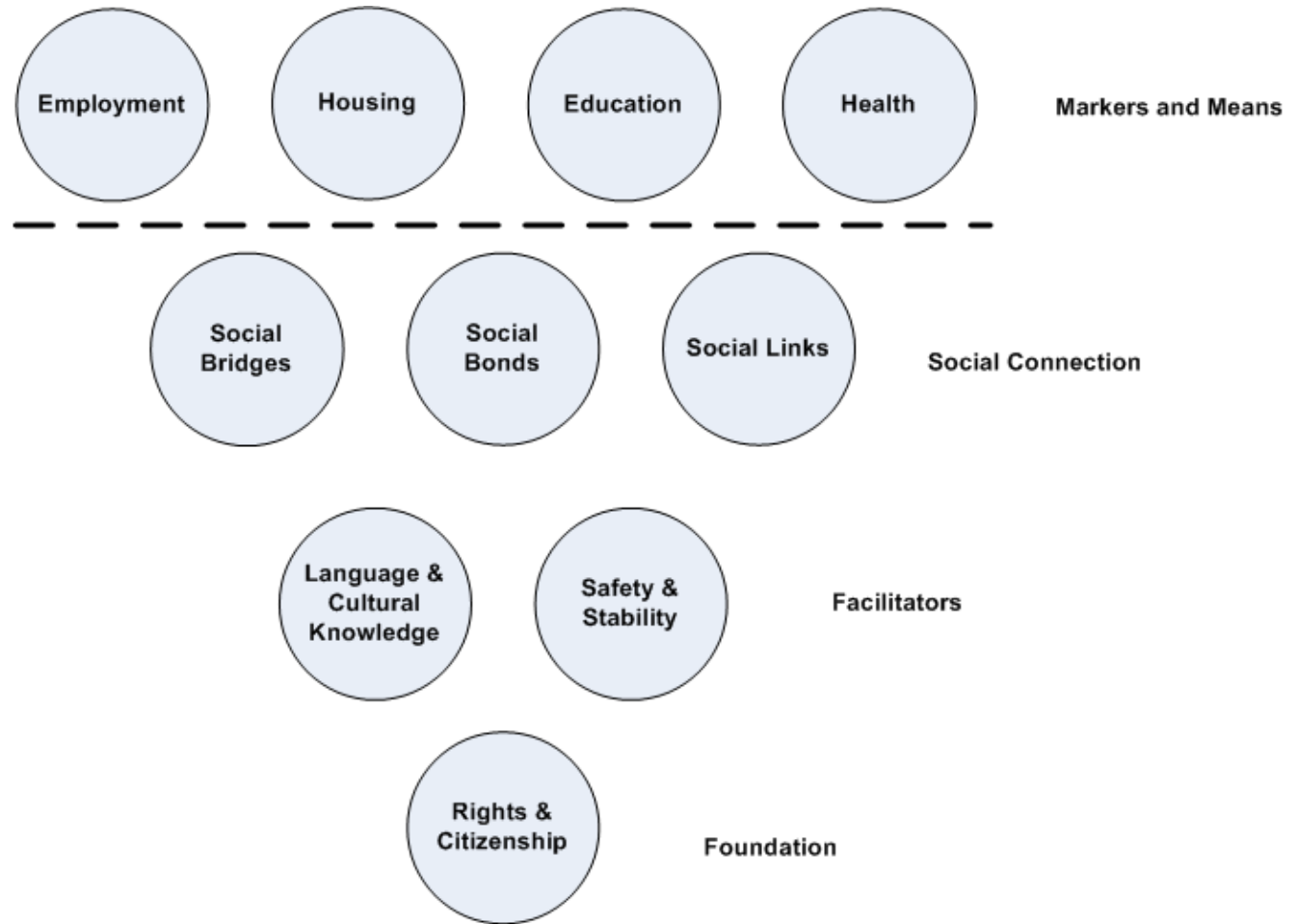
Bunjil Country by  
Judy Nicholson Wurundjeri Artist



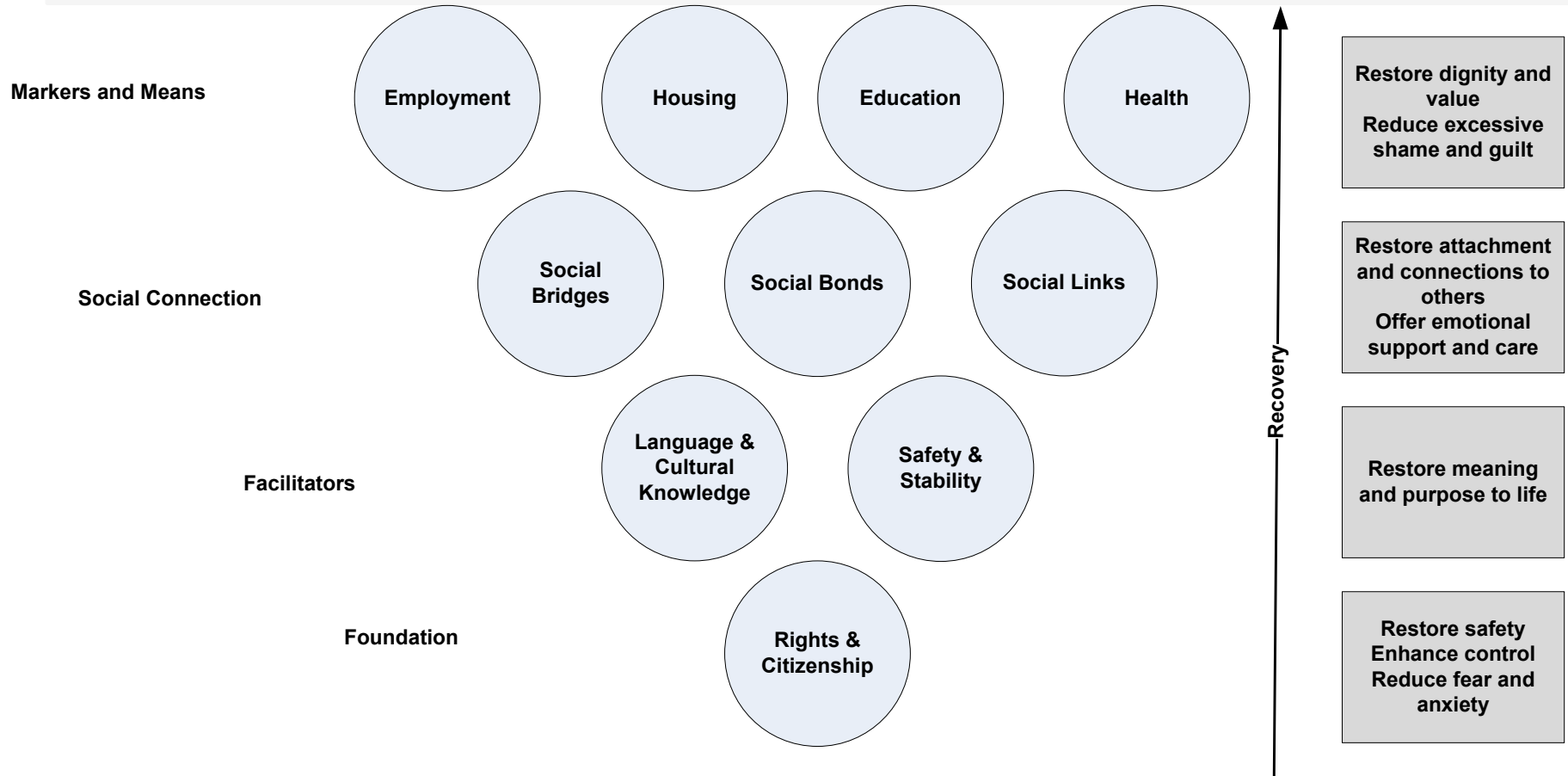
# Integrated trauma recovery service model



# Model of Integration



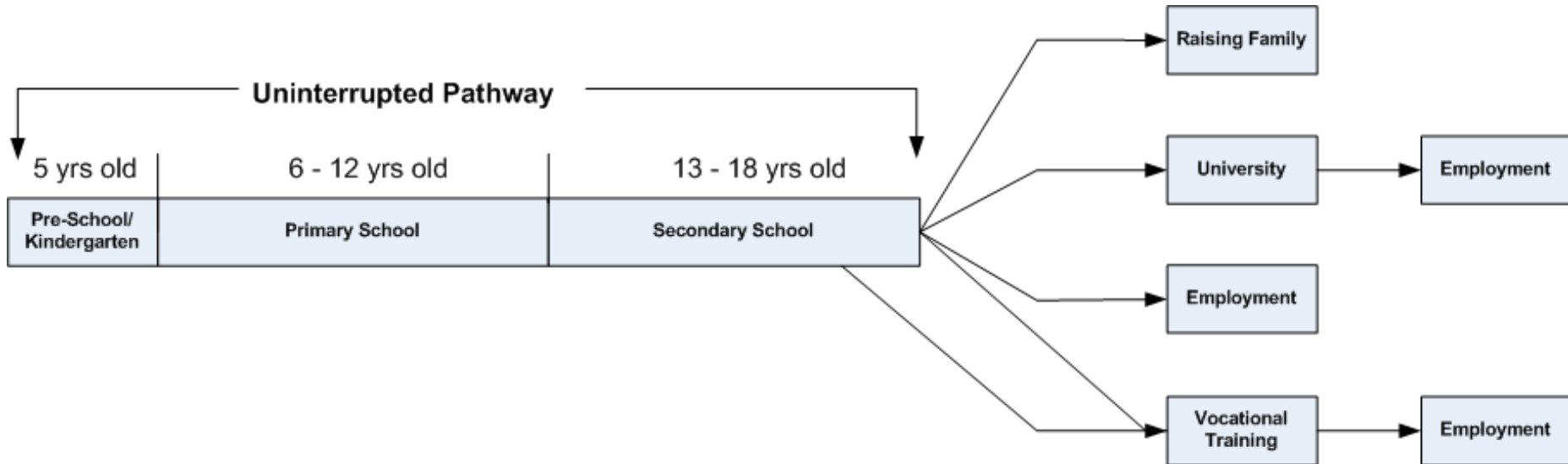
# Social inclusion and recovery from trauma



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# Expected outcomes



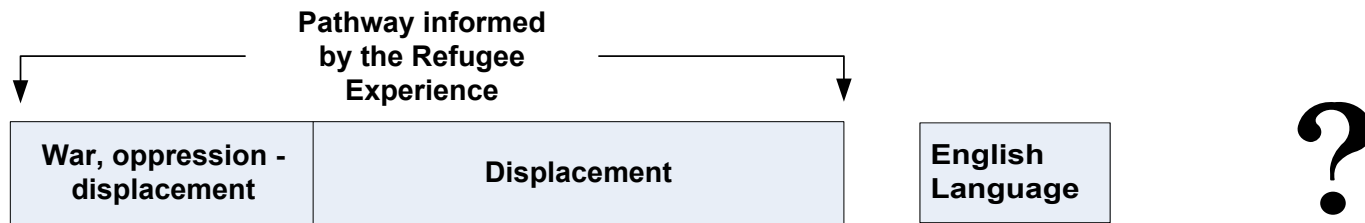
Children and young people gain social and personal capital throughout their school years. This supports their ability to participate in further education and employment.



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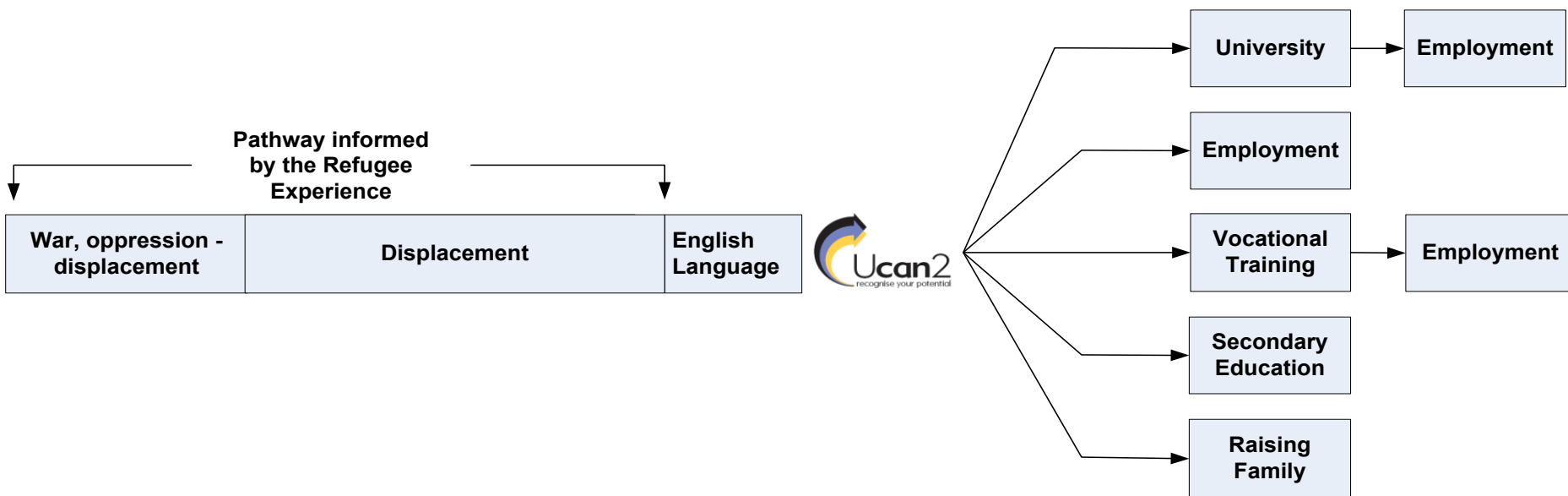
# Refugee Young Person's Pathway – pre arrival in Australia



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# Ucan2



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# What is Ucan2?

- › Contextualised and **experiential learning** focussing on **work skills**, with opportunities for **part time work experience or volunteering**
- › **Psychosocial support** and education which assists with **recovery from trauma** and **emotional well-being**
- › Development of **social connections** and networks through contact with volunteers, increasing knowledge of support agencies, and group work that creates strong connections among the Ucan2 group.

Ucan2 facilitators provide one-on-one support and referrals to appropriate agencies for young people who require additional support.



# Ucan2 and Ucan2 Active

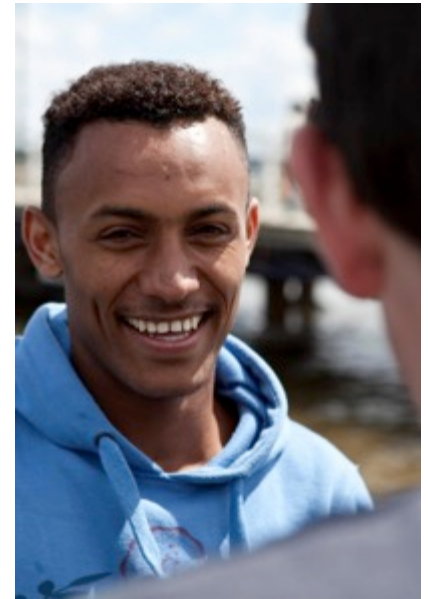
- A trauma informed strengths based therapeutic group program with a work skills focus
- Ucan2: one day per week over 16 weeks in an education setting
- Ucan2 Active: 10 weeks for young people not engaged in education, training or employment
- Delivered in partnership



# A Ucan2 participant

A young person from a refugee background aged 16 - 25 who:

- has generally been in Australia for at least 3 months
- has experienced significant disruptions to their life as a consequence of the refugee experience
- is resilient, tenacious and resourceful
- has huge ambitions and aspirations



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# Ucan2 components

Curriculum - work skills and part-time work experience

Circle time - psychosocial group work

Volunteers - social connections

*Fortnightly Case Conferencing Meetings*

*Post program: 4 'Catch-up' meetings with former group*

Relevant Agencies



Business mentors



Teacher & Foundation House facilitator

Evaluation

CMY facilitator



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# Job active : What we did

- Developed a 10 week framework, delivered the program 10 times
- Established a partnership with AMES employment
- FH funded 2 community liaison positions at AMES for 6 month pilot
- FH and BSL provided professional development to JA



# Learnings:

- Building partnership with employment services takes time
- Placing advocates inside JA helped to provide individualised support and pathway counselling
- Many of our client group are not job ready
- JA's are about compliance,
- Need for professional development and capacity building across JA providers
- There is limited knowledge of working with YP of refugee background
- Most vulnerable need servicing through a different model



# Evaluation – Melbourne University

- Promotes English language learning
- Supports engagement in education and training
- Increases participants' social networks
- Increase confidence and fosters wellbeing and resilience
- Builds capacity of educators to work with the cohort



## Ucan2 Work Experience – Noor and Jayne



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