

HOW TO PARTICIPATE IN

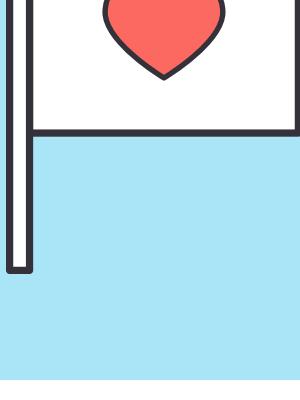


RANDOM ART OF KINDNESS

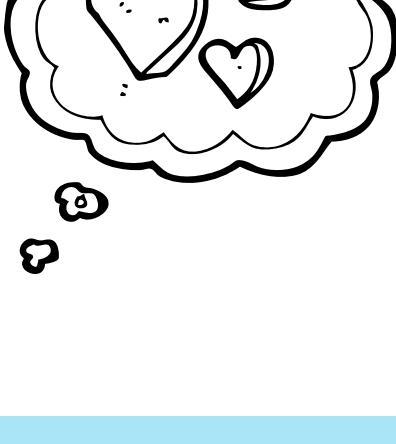
Our intention is simple, to create kindness for unsuspecting recipients dropped along the way because...

"One message at just the right moment can change someone's entire day...outlook...life!"

Join our grassroots kindness movement in making this world a kinder place.



GATHER YOUR KIND THOUGHTS



Gather your supplies as well as your kind thoughts and sentiments. When considering a message to paint on a rock be sure that it is positive and uplifting. The goal is to inspire someone and make them feel happy when they find one. Imagine the message that you would like to find, chances are it will inspire someone else as well.

TIME TO GET CREATIVE

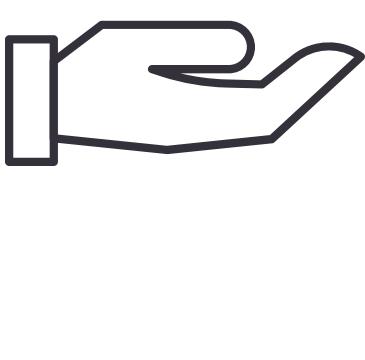


Begin by painting the rock a bright color with your acrylic paint and foam brush as this will create a cheery backdrop for your artwork.

Once dry, use your paint pens to create a picture or inspirational sentiment.

Let your artwork dry for a few hours and then seal it with a light coat of clear outdoor sealant and a foam brush.

SPREAD SOME LOVE



It's time to start spreading some love and kindness in your community! Leave some *Kindness Rocks* at your local park, playground or library. Anywhere you think someone could use the inspiration...

*Be sure to ask permission from your local Parks Dept. If they do not allow it maybe you could leave some on display at the local library, school or community center and add a sign explaining what its all about & ask others to join you!

JOIN US...WON'T YOU?



We are so GRATEFUL that you are joining us...

Kindness is contagious and the more kind, caring people who participate in our Project the more connected we all become!

We like to call this project
The Art of Connecting!

Speaking of connecting... be sure to visit our website and follow us on social media.

WWW.THEKINDNESSROCKSPROJECT.COM



Restocking supplies available on our website

