Create Kindness Rocks

The Kindness Rocks Project

at home activity worksheets
Create a kindness rock
Create a kindness rock
Squiggle Exercise:

Use the lines on the page above to create a picture!
Squiggle Exercise:
Use the lines on the page above to create a picture!
Continue this picture and draw a self portrait above
What are 3 things you can do to practice kindness to others?
my friends make me feel _______
When I am sad, the one thing that cheers me up is ___.
Create a Problem/Solution Rock
Have your child paint a rock. On one side using a paint pen write the word Problem...on the other side write the word Solution. Whenever anyone is having trouble figuring something out, hold the rock and together discuss the situation or problem. Next, flip the rock over and begin to create solutions to the problem. Discuss with your children that every problem has several solutions!