



### June Calendar

#### June 7 - Orientation

(GMSS, 8:30 am — 3:30 pm)

#### June 11 - GMSS

Board Meeting

(GMSS, 5:30 pm — 7:00 pm)

#### June 14 Therapeutic

Options (GMSS, 8:30 am — 4:00 pm)

June 21- NCI (GMSS, 8:30 am — 4:00 pm)

#### June 27- Employee

In-service Afternoon

(GMSS, 2:00 pm – 4:00 pm)

## John W. Quinn Keynote Speaker for 3rd Annual Conference

Green Mountain Support Services is proud to host its 3rd Annual Cerebral Palsy Conference. It will be held on October 5th, 2018, at the Stoweflake Resort in scenic Stowe Vermont.

More than 750,000 Americans live with cerebral palsy, yet information and resources are sparse and difficult to find. The GMSS Cerebral Palsy Conference was born from the singular vision of one man who lives with cerebral palsy, and who believes that it is vital to spread awareness about this significant developmental condition.

**The Vermont Cerebral Palsy Conference hosted by Green Mountain Support Services is the only conference of its kind on the entire U. S. East Coast.**

Interest has been so high that the conference has more than doubled in size in the two years since its inception. This year's conference participants will learn about cerebral palsy, gain knowledge of available supports and services, meet others affected by CP, and be inspired to improve lives.

This year, we are fortunate to have John W. Quinn as our Keynote speaker. He is the best selling author of "Someone Like Me." a memoir. The following is a description of his book:

*"As a child, John Quinn had a dream of a naval career despite his affliction with cerebral palsy. After failing the physical exam, he underwent painful, self applied physical therapy for one year then successfully passed a second exam. He kept his cerebral palsy a secret from the record- keepers and medical authorities for 20 years. He had a distinguished and highly decorated career despite the pain he endured to appear normal. He served on board destroyers, a battleship, two aircraft carriers and functioned as an administrator for a Seal unit. The outside world also impacted on him further aggravating his CP when he was challenged by alcoholism and excessive grief caused by the suicide of a brother. With help, John Quinn triumphed over both, as he did the painful cerebral palsy. "*



## Person Centered Thinking, by Brenda Donley

### Skill of the Month: Presence to Contribution

*This skill helps when thinking and having a conversation with someone you support about what they do on a day to day basis and the opportunities these present for getting involved, meeting new people, making connections and contributing to their community.*

#### **Purpose**

This skill can help people to break activities down and think about what needs to happen in order to support more real connections.

Helps a person develop relationships.

Helps think through with the person about what they do on a day to day basis, meeting new people, connecting and contributing.

Allows people to reflect on how they spend their time, where they are now and planning action to move from presence to contribution.

Supports ways of sharing unique gifts with others and discover where best to contribute.

Helps develop a range of relationships and friendships.

Promotes being included, leading a full life, and making a contribution as a full member of the community.

#### **Instructions**

Use the following headings to have a conversation.

**Activity** = the activity the person is involved in or interested in. (ie going to the football, art classes, going to church).

**Being present** = "being there" - the person is physically there, where the activity takes place.

**Having presence** = Other people notice/ are aware of the person. They are engaged in such a way that other people know they are there and may acknowledge their presence.

**Actively Participating** = the person actively engaged in the activity.

**Connecting** = the person has the opportunity to interact with people and make connections.

**Contributing** = the person is making a contribution within the activity or to the group/club.

Explore and plan the steps that need to be taken to move from presence to contribution

# June's Shared Living Provider & Employee Anniversaries

## **Employees:**

Casey Dewey – 6/22/15 (3 years)  
Dylan Archbold – 6/11/15 (3 years)  
Jeremy Cheney – 6/26/17 (1 year)  
Louise Allen – 6/16/17 (1 year)  
Martha Ide – 6/11/04 (14 years)  
Nick Silvestro – 6/16/17 (1 year)  
Ray Greene – 6/22/15 (3 years)

## **Shared Living Providers:**

Carmen Cunache – 6/06 (12 years)  
Cheryl Freeman – 6/17 (1 year)  
Christiane Greenburg – 6/15 (3 years)  
Darcy Hayden – 6/17 (1 year)  
Evelyn Perry – 6/13 (5 years)  
Hubert Bent – 6/04 (14 years)  
Leona Ingalls – 6/95 (23 years)  
Linda Demar – 6/13 (5 years)  
Molly Wescom – 6/17 (1 year)  
Patty Salter – 6/09 (9 years)  
Ron Belval - 6/15 (3 years)

Green Mountain Support Services

93 James Road  
Morrisville, VT 05661

Phone: (802) 888-7602  
Fax: (802) 888-1182  
E-mail: [josh@gmssi.org](mailto:josh@gmssi.org)

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Empowering Neighbors With  
Disabilities to Be At Home in the  
Community

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