We are here for you!

During the coronavirus pandemic, it is the priority of Senior Coastsiders to ensure that healthy meals continue to be provided to those who need them as well as connecting you with the resources, support, or friendly voice you need. We are here to help! **Call 650-726-9056.**

**To go lunch** - We are offering a take out option for those who would like to come by the center and take a meal to go. This meal can be picked up by participants behind our center in a to go box to take home between 11:45am to 12:30pm. This arrangement provides ample space for social distancing, and some fresh air!

**Home Delivered Meals** - If you are in a higher risk population and do not feel safe leaving your home, Senior Coastsiders is offering an expanded home delivered meal program until further notice. Call to see if you qualify for this program by calling the office at 650-726-9056.

**Groceries and prescription pick up.** A number of community members have stepped forward on Nextdoor to help those in need of grocery or prescription pick up here on the Coast. If you are not on Nextdoor, our office can put you in contact with volunteers. Call us at 650-726-9056.