Improved Monitoring for Decline in Cognition

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Disclosure

• The authors/presenters declare that they have no conflict of interest
Project Goal

Engage key community stakeholders including Alzheimer’s and DD provider organizations, self-advocates, and others throughout Rhode Island in order to strengthen and expand the current dementia-capable system of care for older adults with IDD and ADRD, and better support their caregivers.
Program Objectives

• Train and support paid and unpaid caregivers

• Improve the quality and effectiveness of programs

• Behavioral Symptom Management
Partners

• National Task Group on Intellectual Disabilities and Dementia Practices (NTG)
  • Nationally recognized curriculum via train the trainer model
  • Resource Guide

• Alzheimer’s Association of Rhode Island (AARI)
  • ADRD related trainings for staff and caregivers
  • Caregiver support

• Healthcentric Advisors
  • Program evaluation
  • Quality assurance
Partners

Ongoing
- Expert technical consultation
- Partners’ Workgroup
- Planning
- Implementation
- Evaluation
- Stakeholders’ Advisory Board
Target Population

• Over 3600 (updated to 4200) adults supported by families and RI DD Provider organizations
• Adults with I/DD living in the community who have not previously accessed DD supports
• Paid and family caregivers
Interventions

• NTG Education and Training Workshops - Train-the-trainer Model
• MUSIC & MEMORY℠ and Geri-Care™ Training
• Advance current knowledge in Safety- Care™; to intervene, effectively manage, and prevent reoccurrence of challenging behaviors
• Behavioral Symptom Management Training and Expert Consultation to Family Caregivers
• Clinical Specialist (LICSW) trained in evidence-based BSM interventions to provide expert consultation and trainings to family caregivers
• Behavioral Symptom Management Workshops for Caregivers
• Quarterly Educational Workshops on BSM will be offered to 100 family caregivers
Anticipated Outcomes

• Individuals with I/DD and ADRD and their family caregivers will increase their knowledge

• I/DD and Alzheimer’s Providers in Rhode Island will demonstrate increased ability to provide and deliver specialized, evidence-based programs and services

• Family caregivers of adults with I/DD and ADRD will have increased access to clinical consultation and BSM training
COVE Center, Inc. Project
Improved Monitoring for Decline in Cognition
Objectives:

• Identify 2 current barriers to early identification of cognitive decline.

• Identify 2 benefits of early identification of cognitive decline.

• Identify 2 assessments that can be utilized to meet the population needs.
Benefits of Early Detection

- Increased opportunity for better outcomes
- Improvement in community connections
- Improved quality of life experience as changes occur
- Improved end of life experience
- Improved caregiver experience
Issues

Community options for long term adults with ID affected by dementia are limited generally to:

• Group home living
  • congregate setting not always suited for clinical presentation

• In home care by family or group
  • lack of resources
A Model

• Small group living with dementia-related supports in place
  o Enhanced (Interested) and trained staff
  o Specialized environmental designs
  o Controls (wandering and safety)
  o Integrated programming
  o Medical surveillance
  o Data
Improving Early Detection

- Assessments
- Inventories
- Video Recordings
- Medical collaboration
- Interventions
- Care plan (short and long term)
- Record review, conversation, interviews
It Starts with You

• Include the client in the interview process
• Conclude employee reinforcement surveys at the onset and annually.
  a. Likes and preferences
  b. Passions and talents
  c. Strengths
  d. Connections
The Client / Annually

- Assessments (physical, abilities, baselines, record review)
- Reinforcement surveys (social, recreational, food, exercise)
- Inventories (fear, interests)
- Stress Survey
The Client / Annually
Conclusion of this Model

• Annual or more frequent analysis in the form of an assessment or inventory done by online staff can show subtle changes that could mean a decline in cognitive ability.

• Video recordings of singing to preferred music can not only trigger positive memories, emotions and recall but can be used as a baseline or barometer of other speech / language concerns.

• No one in the group refused the attention or opportunity to engage in the work.
Take Away

Inventory

Survey

Record
Thank You