



# FIRST DAY OF CLASS

## WHAT TO EXPECT

- The people sitting around you will likely be engaging in small talk, you may choose to participate or not, but if addressed directly, it is best to respond. (may need to whisper if super quiet room)
- Class may not take the whole scheduled time.  
It is likely your professor will simply go over the syllabus, and outline course/classroom expectations. You may have to participate in an icebreaker activity, you may be assigned a partner or a group for that course. Classmates may ask for contact information on this day as well.

### **Potential First Day Conversation Topics:**

- Where are you from ?
- What's your major ?
- What dorm are you in ?
- Have you gotten the books/supplies for whatever class you are in ?
- What other classes are you taking ?
- Have you heard anything about this class? Easy/ hard/ lots of work?

### **Dos and Don'ts**

- Do get your materials ready as soon as you sit down
- Do write down your questions as the professor will likely have time at the end for questions.
- Do wait for the professor to officially end class before leaving.
- Do introduce yourself to your professor after class and disclose as your feel comfortable or ensure your professor received your letter of accommodation. (if sent ahead of time)
- Don't ask more than three questions – if you have more questions, you can email the professor and set up a time to meet during their office hours.
- Don't interrupt

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## CHECKLIST

After 5pm the night before your first class

- Log onto Checkmarq and check schedule for: Classroom location & Class time.
- Check D2L – See if syllabus is posted – if so, read through the syllabus and see if there’s anything that’s needed for the first day (remember tips on reading syllabus)
- Make sure you have all your supplies needed for class (eg: laptop, charger, notebook/writing utensil, planner etc)
- Set alarm(s) to wake up on time for class.
- Go to bed at least 8 hours before you need to wake up



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## CHECKLIST

The morning of first day of classes

- Wake up on time
- Complete your morning personal care routine (eg: shower, medications, breakfast etc)
- Log onto Checkmarq and check schedule for: Classroom location & Class time. (do this for each of your classes)
- Leave your room with enough time to make it to class at least 5mins early.
  - If you have a strong preference for where you sit in class, aim to be there 10-15mins early.
  - If there is a class in your assigned classroom before your class starts wait patiently for the class to end, and everyone to exit the room.
- Turn volume off phone/laptop
- Bring a water bottle for class
- You may want to use bathroom before class, or figure out where closest bathroom is if it is a long class and you'll need to get up quickly