DONOR HIGHLIGHT
Gary Zwierzynski

Healthier Moms and Babies is lucky to have generous and attentive donors like Gary Zwierzynski and Donna Chamblee. They have been giving to the organization for the last five years, supporting services like our prenatal home visit program which provides hands-on education and offers lessons that will benefit the mothers and babies well past their final visit.

Gary and Donna have donated more than just money to Healthier Moms and Babies. Gary sits on our advisory board, overseeing the growth and development of our organization. Dedicated to the mission and service of Healthier Moms and Babies, Gary and Donna attend our annual Hats and Heels gala and volunteer at our annual Diaper Dash 5K walk/run.

Gary sums it up best, the reason for supporting Healthier Moms and Babies: “For those of us who have been more fortunate, it is our duty to support organizations such as HMB - as they focus on improving health within our community.” With support from donors like Gary and Donna, Healthier Moms and Babies can continue to expand our services and to improve pregnancy outcomes in all of Allen County.

“Working with Paige and her team over the past five years, you will not find a more focused group on addressing the issue of infant mortality in Allen County; they truly live the mission each and every day.”
- Gary Zwierzynski

For a full donor list, visit: https://www.healthiermomsandbabies.org/2017-donors
EVERY CLIENT RECEIVES EDUCATION ON:

- Folic Acid
- Signs of Preterm Labor
- Warning Signs in Pregnancy
- Breastfeeding
- Prenatal Nutrition
- Bad Behaviors during Pregnancy
- Postpartum Depression
- Postpartum Care
- Preparing for Prenatal Doctor Visits
- Oral Health during Pregnancy
- Safe Sleep
- Kick Counts
- Stress During Pregnancy
- Preparing for Labor and Establishing a Birth Plan
- Monthly Fetal Development
- Changes to Women’s Body
- Caring for Newborns

OUTCOMES

- 6 Babies Admitted to the NICU for Prematurity
- 5 Other Causes for NICU Admits
- 90% of Babies Born with Normal Outcome
- 58% of Babies Breastfed
- 100% Screened for Depression, Anxiety and Postpartum Depression
- 100% of Babies Screened for Developmental Delays
- 71% of Women Who Received Prenatal Care in the 1st Trimester
- 100% of Babies Born Prematurely Referred to Early Intervention Services
- 213 Referrals Completed

A SPECIAL NOTE FROM THE DIRECTOR

At Healthier Moms and Babies, we strive for every baby to be born on time, with no complications and for every baby to make it to their first birthday. In 2017, we had 115 healthy babies and unfortunately lost 3 babies. Experiencing a loss can’t even be described in words what someone may feel. On the rare occasion, one of our moms experiences a loss, it has a tremendous impact on the Healthier Moms and Babies team.

As much as I don’t like to highlight our losses, it shows the true impact of our work. Imagine the stress and strain of the mothers who need to go on bed rest with no support, need to leave a job, their only source of income. In situations like these, our experienced and caring team gives 200% of their time and support, carefully choosing education plans and resources to make the biggest impact.

The end of 2017 was a very exciting time for Healthier Moms and Babies. We were awarded funding through the Indiana State Department of Health to start two new evidenced based prenatal programs in addition to our prenatal home visitation program. Nurse Family Partnership is an evidenced based home visitation program where a nurse is paired with a first-time pregnant woman and stays with the family until the child reaches age two. Nurse Family Partnership has proven success in decreased poor birth outcomes, increased rates of breastfeeding, immunization rates, children with a medical home and self-sufficiency. Healthier Moms and Babies also started Baby Me Tobacco Free which is an evidenced based smoking cessation program for pregnant women with a 60% success rate of women quitting smoking and staying quit.

Our increased capacity meant we needed more staff and space. In late 2017, our offices moved to The Summit Campus. We are excited about what 2018 brings for Healthier Moms and Babies through increasing our capacity to help more of our community’s at-risk pregnant women.

We thank you for supporting us along our journey of growth and helping more pregnant women in our community to be the healthiest physically, mentally and spiritually so they have a healthy baby. Our donors, volunteers, foundations and community collaborators all make it possible to prevent infant mortality and improve birth outcomes in Allen County.

Cheers,
Paige Wilkins

288 Pregnant Women Served
1358 Home Visits
118 Babies Born
100% of Babies with Safe Sleep Environment

ZIP CODE

- 46806 21%
- 46816 18%
- 46805 9%
- 46803 7%
- 46807 7%
- 46815 7%
- 46835 7%
- 46802 3%
- 46774 3%
- Other 12% mixture of 46819, 46825, 46804, 46814, 46809, 46818

(93% Had a Mix of High, Moderate and Low Risk Factors)

CLIENT RISK FACTORS

AGE

- 18-24 41%
- 25-29 30%
- 30-34 12%
- 35-39 8%
- 17 and under 7%
- Over 40 2%

WEEKS GESTATION AT ENROLLMENT

- First Trimester 46%
- Early 2nd Trimester 13-22 weeks 41%
- Late 2nd Trimester 23-27 weeks 12%
- Third Trimester 1%

DEMOGRAPHIC

- Black/African American 34%
- White 31%
- Hispanic 15%
- Asian 11%
- Multi 8%
- Other 1%