Healthier Moms and Babies’ goal is to reduce infant mortality and improve the outcome of pregnancy in Allen County by offering health education and case management services to low-income, high-risk pregnant women and their families.

www.healthiermomsandbabies.org
A SPECIAL NOTE FROM THE DIRECTOR:

Have you supported our mission because you have been impacted by loss of a baby or a baby was born too early and needed to stay in the NICU? Or maybe you have seen others close to you gain due to losing their baby or spent weeks in with their baby in the NICU.

Maybe you support our mission because you believe that every women deserves all the support she can receive during her pregnancy.

Maybe you experienced a pregnancy as a teen or did not have the financial resources readily available to help you during your pregnancy.

You may want to see our community be one where having healthy pregnancies and babies are on the forefront of a healthy community.

Whatever your reason is for joining us in supporting our mission, we thank you for supporting us along our journey of growth and helping more pregnant women in our community to the healthiest physically, mentally and spiritually so they have a healthy baby. Our donors, volunteers, foundations and community collaborators all make it possible to prevent infant mortality and improve birth outcomes in Allen County.

Cheers,
Paige Wilkins

ADOVISORY BOARD

Chair: Rob Patrick, 1st Source Bank
Vice Chair: Leah Good, Troyer & Good PC
Secretary: Diane Haffner, Community Volunteer
Dr. Sailaja Blackmon, OBGYN, Parkview Physicians Group
Dawn Davis, BSN, Fort Wayne Medical Society Alliance
Heliana Montero, Essex Group, Inc.
Erin Norton, Parkview Health
Dr. Stephan Pepple, Northern Indiana Neonatal Association
Beth Regendanz, Retired Chief Advancement Officer
Mary Anne Roach, Volunteer Law Program of NE Indiana
Jenn Storey, McMillen Health
Dr. Heather Wolfe, Lutheran Medical Group

EVERY CLIENT RECEIVES EDUCATION ON:

- Folic Acid
- Signs of Preterm Labor
- Warning Signs in Pregnancy
- Breastfeeding
- Prenatal Nutrition
- Bad Behaviors during Pregnancy
- Post-Partum Depression
- Preparing for Labor and Establishing a Birth Plan
- Monthly Fetal Development
- Changes to Women’s Body
- Caring for Newborns

Outcomes:

- Pregnant Women Served 235
- Babies Born 109
- Home Visits 825
- Babies Admitted To NICU 8%
- Babies Admitted To NICU Due to Prematurity 0%
- Babies Born with a Normal Outcome 90%
- Kept Prenatal Appointments 93%
- Safe Sleep Environment 100%
- Total Number of Risk Factors 343
- Average Number of Risk Factors Per Client 3
- Percentage with High Risk Factors 30%
- Percentage with Moderate Risk Factors 42%
- Percentage with Low Risk Factors 27%
- Safe Sleep Kits and Pack and Plays Distributed 75%
- Percentage of Moms Who Breastfeed 55%
- Clients Screened for Depression, Anxiety and Post-Partum Depression 100%
- Babies Screened for Developmental Delays 100%

Demographic:

- White 29%
- Black/African American 42%
- Asian 15%
- Hispanic 7%
- Other 7%

All clients we served were:

- On Medicaid
- At or below 130% Federal Poverty Level

Every Client Receives Education On:

- Oral Health during Pregnancy
- Safe Sleep
- Risk Factors
- Stress During Pregnancy
- Preparing for Labor and Establishing a Birth Plan
- Monthly Fetal Development
- Changes to Women’s Body
- Caring for Newborns

Income and Assets:

- Foundations $186,445
- ISDH $54,715
- Donations $56,691
- Fundraisers $55,925
- In Kind $8,000
- Total Income $306,776
- Total Assets $167,365

Expenses:

- Salaries and Benefits $232,753
- Subcontractors/Consultants $28,271
- Fundraising Expenses $10,137
- Marketing/Newsletter $4,775
- Supplies/Maintenance $7,087
- Mileage/Conferences $10,336
- Educational Materials $1,105
- Technology $7,636
- Phone & Misc. $667
- In Kind $8,000
- Total Expenses $305,276

Cheers,
Paige Wilkins