

# 2022 Palmetto Relay /200 Results - Official

**Overall Winner - Marvin Griffin Track Club - 22:57:35 - 6:39 min/mile**

**Overall Masters Winner - Larry & His Merry Band of Maniacs - 24:02:34 - 6:58 min/mile - New Masters Record!**

**Full Team Open Category Winner - Team K Dub - 24:47:00 - 7:11 min/mile**

**Full Team Female Category Winner - Sisters with Blisters - 36:36:26 - 10:37 min/mile**

**Full Team Mixed Category Winner - Between a Walk and a Hard Pace - 30:32:59 - 8:52 min/mile**

**Masters Full Team Open Category Winner - F3 Stumble Masters - 28:59:39 - 8:25 min/mile**

**Ultra Team Open Category Winner - F3 Waxhaw Express - 28:08:50 - 8:10 min/mile**

**Ultra Team Female Category - Ranger W1ves - 30:12:18 - 8:46 min/mile**

**Ultra Team Mixed Category - Vamos - 30:49:48 - 8:57 min/mile**

**Masters Ultra Team Open Category Winner - Sua Sponte OGS - 31:26:05 - 9:07 min/mile**

Place	Team Name	Bib #	Type	Category	Masters	Duration	Pace
1	Marvin Griffin Track Club	65	Full	Open	-	22:57:35	6:39
2	Larry & His Merry Band of Maniacs	66	Full	Open	Masters	24:02:34	6:58
3	Team K Dub	63	Full	Open	-	24:47:00	7:11
4	F3 - Clown Car Explosion	64	Full	Open	-	25:17:10	7:20
5	Bluffton Niner PAX	62	Full	Open	-	26:58:16	7:49
6	F3-Mission Impastables	60	Full	Open	-	27:41:52	8:02
7	F3 Waxhaw Express	7	Ultra	Open	-	28:08:50	8:10
8	F3 Shake N Bake	59	Full	Open	-	28:16:40	8:12
9	Resurgent Runegades	40	Full	Open	-	28:20:20	8:13
10	Bluffton 9	58	Full	Open	-	28:50:27	8:22
11	F3 Stumble Masters	61	Full	Open	Masters	28:59:39	8:25
12	Temp	50	Full	Open	-	29:24:17	8:32
13	We Came We Saw We Concord	57	Full	Open	-	29:27:26	8:33
14	Krazy Krakens	51	Full	Open	-	29:52:06	8:40
15	Team Groundworks	52	Full	Open	-	29:56:40	8:41
16	Ranger W1ves	5	Ultra	Female	-	30:12:18	8:46
17	F3 COASTAL TIDE	54	Full	Open	-	30:16:34	8:47
18	F3 Incognitians	3	Ultra	Open	-	30:22:23	8:49
19	F3 Lexington Chasing the 6ix	1	Ultra	Open	-	30:24:38	8:49
20	Between a Walk and a Hard Pace	39	Full	Mixed	-	30:32:59	8:52
21	Conti Never Tire'd of Running	56	Full	Open	-	30:40:53	8:54
22	Strange Renegades	47	Full	Open	-	30:42:14	8:55
23	Vamos	2	Ultra	Mixed	-	30:49:48	8:57
24	F3 Gashouse Coconut Horses	32	Full	Open	-	30:55:49	8:58
25	F3 Swampskegs / Speedtrap	53	Full	Open	-	30:57:13	8:59
26	Eventual Finishers	48	Full	Mixed	-	31:06:18	9:01
27	F3 Sawmill	38	Full	Open	-	31:12:00	9:03
28	F3 - Midnight Trippers	6	Ultra	Open	-	31:15:28	9:04

29	FBC COLA RUNNING SUBCOMMITTEE	35	Full	Open	-	31:21:45	9:06
30	F3 Lake Murray	28	Full	Open	-	31:21:50	9:06
31	Conti Sometimes Tire'd of Running	33	Full	Open	-	31:26:01	9:07
32	Sua Sponte OGS	8	Ultra	Open	Masters	31:26:05	9:07
33	The Racers	41	Full	Open	-	31:34:24	9:10
34	F3 Shovel Mode	42	Full	Open	-	31:45:26	9:13
35	Movin' Microbes	49	Full	Open	-	31:55:23	9:16
36	Carolina Panthers	29	Full	Open	-	32:02:53	9:18
37	F3 Swamp Rabbit	45	Full	Open	-	32:12:13	9:21
38	F3 LKN - Running For Tacos	25	Full	Open	-	32:34:34	9:27
39	DNL	43	Full	Mixed	-	32:35:58	9:27
40	Van Down By The River - F3 Rock Region	34	Full	Open	-	32:43:08	9:30
41	F3 Hilton Head - The Grind	44	Full	Open	-	32:53:41	9:33
42	Conti Seldom Tire'd of Running	36	Full	Open	-	32:57:22	9:34
43	Weekendrunaways	30	Full	Mixed	-	33:03:15	9:35
44	Manning Co-ed	22	Full	Mixed	-	33:09:33	9:37
45	F3 TYC Turkey Sandwich	4	Full	Open	Masters	33:10:43	9:38
46	Are We There Yet	37	Full	Mixed	-	33:21:45	9:41
47	F3 Rock Thrill Renegades	23	Full	Open	-	33:50:55	9:49
48	Dump and Chase	27	Full	Open	-	34:42:40	10:04
49	Sisters with Blisters	20	Full	Female	-	36:36:26	10:37
50	Salmagundi	31	Full	Mixed	-	37:28:36	10:52

### Full Team Open Category

Place	Team Name	Bib #	Type	Category	Masters	Duration	Pace
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9	Temp	50	Full	Open	-	29:24:17	8:32
10	We Came We Saw We Concord	57	Full	Open	-	29:27:26	8:33
11	Krazy Krakens	51	Full	Open	-	29:52:06	8:40
12	Team Groundworks	52	Full	Open	-	29:56:40	8:41
13	F3 COASTAL TIDE	54	Full	Open	-	30:16:34	8:47
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27	F3 LKN - Running For Tacos	25	Full	Open	-	32:34:34	9:27
28	Van Down By The River - F3 Rock Region	34	Full	Open	-	32:43:08	9:30
29	F3 Hilton Head - The Grind	44	Full	Open	-	32:53:41	9:33
30	Conti Seldom Tire'd of Running	36	Full	Open	-	32:57:22	9:34
31	F3 Rock Thrill Renegades	23	Full	Open	-	33:50:55	9:49
32	Dump and Chase	27	Full	Open	-	34:42:40	10:04

### Full Team Female Category

Place	Team Name	Bib #	Type	Category	Masters	Duration	Pace
1	Sisters with Blisters	20	Full	Female	-	36:36:26	10:37

### Full Team Mixed Category

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1	Between a Walk and a Hard Pace	39	Full	Mixed	-	30:32:59	8:52
2	Eventual Finishers	48	Full	Mixed	-	31:06:18	9:01
3	DNL	43	Full	Mixed	-	32:35:58	9:27
4	Weekendrunaways	30	Full	Mixed	-	33:03:15	9:35
5	Manning Co-ed	22	Full	Mixed	-	33:09:33	9:37
6	Are We There Yet	37	Full	Mixed	-	33:21:45	9:41
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2	F3 Incognitians	3	Ultra	Open	-	30:22:23	8:49
3	F3 Lexington Chasing the 6ix	1	Ultra	Open	-	30:24:38	8:49
4	F3 - Midnight Trippers	6	Ultra	Open	-	31:15:28	9:04

### Ultra Team Female Category

<u>Place</u>	<u>Team Name</u>	<u>Bib #</u>	<u>Type</u>	<u>Category</u>	<u>Masters</u>	<u>Duration</u>	<u>Pace</u>
1	Ranger Wives	5	Ultra	Female	-	30:12:18	8:46

### Ultra Team Mixed Category

<u>Place</u>	<u>Team Name</u>	<u>Bib #</u>	<u>Type</u>	<u>Category</u>	<u>Masters</u>	<u>Duration</u>	<u>Pace</u>
1	Vamos	2	Ultra	Mixed	-	30:49:48	8:57

### Masters Ultra Team Open Category

<u>Place</u>	<u>Team Name</u>	<u>Bib #</u>	<u>Type</u>	<u>Category</u>	<u>Masters</u>	<u>Duration</u>	<u>Pace</u>
1	Sua Sponte OGS	8	Ultra	Open	Masters	31:26:05	9:07