## We Are Worthy by Elandria Williams

We are worthy

Not because of what we produce

But because of who we are

We are divine bodies of light and darkness

You are not worthy because of what you offer, not because of what is in your mind, not for the support you give others, not for what you give at all

We are worthy and are whole just because

In this great turning, in this great pandemic, in this radical readjustment and alignment

We are not disposable, we are needed, we are the very people that have withstood everything that has been thrown at us as a people and as Maya Angelou would say

Still I Rise

We arise from the pain

We rise from the grief

We arise from the limits people place on us and the limits we place on ourselves

We rise to be the children and the ancestors

We rise to be our true selves

Our true selves in relationship to our families and communities

Recognizing our liberating and whole selves

Honoring them and others as we strive for abundant communities, abundant lives, abundant relationships, and abundant values and cultural manifestations

We are worthiness personified

I, you, and we are worthy and deserve a life where we are not always fighting for our existence Imagine what we could create if we were not always in the struggle

Imagine what we could envision if we could just be let to just go there

So tired of always having to resist, to fight, demanding, pushing

To everyone that has the courage, the power, the ability to co-create what we want and need while rooting in what we can't lose and who we are

You are the visionary

You are the hope

You are our ancestors dreams

No you might not ever end up on some list somewhere

But you are on a list in someone's heart and mind

And if it's in how you move in the world so people can see by example

You are the embodiment of what we need

Thanks to all that are the embodiment

The embodiment not of productivity but the embodiment of radical love, care and sanctuary It's time

Embodiment time

**Embodiment** 

Living ones values out loud

Let me everyday live my values out loud

Let us everyday live our values out loud

Embodying our values
Not the productivity quotient
Beyond productivity
Past productivity
True embodiment
Life