



### Join the Pequot Running Club

How did you find out about The Pequot Running Club?

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Name

Address

City

State

Zip

Phone

Email

Number of years running

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely compete in the run. I assume all risks associated with running and volunteering to work in club races including but not limited to: falls, contact with other participants, the effects of the weather including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being

known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, the Pequot Running Club, Inc. and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature

Date

Parent's signature if under 18 years

Date