

MARIBYRNONG SPORTS ACADEMY STUDENT ATHLETE AGREEMENT 2022

By enrolling in the program you accept the terms of this agreement which follow.

1. MSA WILL PROVIDE:

- 1.1 A holistic individual development program and a high performance environment that balances academic achievement and sporting excellence.
- 1.2 High Performance coaching and competition (where applicable).
- 1.3 Strength and conditioning staff & programs, equipment and facilities.
- 1.4 Personal development programs including camps, guest speakers and excursions (varies for each year level).
- 1.5 Counselling to take into account subject selection, course variations, US College advice, career and sport goals, time management schedules, work experience opportunities, sport periodization plans, major competition and training cycles etc.
- 1.6 General Sports Psychology and Sports Nutrition education, and access to one-on-one consultations with qualified professionals.
- 1.7 "Athlete Friendly" services including flexible academic timetables, flexible learning plans (subject to meeting the criteria), negotiated work deadlines, e-learning support when absent, after school tutoring, etc.
- 1.8 On-site physiotherapy assessment service free of charge (note this is injury assessment and rehabilitation advice only). Treatment costs are not covered by this agreement and are the responsibility of each family at the physiotherapy provider of their choice.
- 1.9 Rehabilitation staff with the specific role of managing injured student-athletes back to full fitness.
- 1.10 Interim academic reports every 5 weeks (with advice on whether the student athlete is up to date and indications on academic progress and behaviour) with full reporting twice per year at the end of each Semester.

2. AS AN MSA STUDENT-ATHLETE I WILL:

- 2.1 Attend all scheduled Maribyrnong Sports Academy High Performance Coaching (HPC) sessions.
- 2.2 Fully engage in High Performance Preparation (HPP) sessions (formerly titled Athlete Development Program).

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- 2.3 Comply with the rules and expectations of Maribyrnong College and all staff, coaches and mentors.
- 2.4 Be a good role model in the eyes of peers, teachers and coaches live the MSA motto of Pride in Performance and the values of Honesty, Leadership, Respect, Community and Determination.
- 2.5 Comply with the rules of my sport and demonstrate good sportsmanship and conduct at all sporting fixtures and training sessions.
- 2.6 Maintain a satisfactory rate of academic progress and a positive attitude to my studies. The expectation for student athletes is that a C grade average is maintained across all studies (a Grade Point Average or GPA of 6.0 or higher including academic and behavioural assessments at a minimum level of "Good" on the College assessment scale).
- 2.7 Select the MSA HPP program electives at the appropriate year levels.
- 2.8 Wear the appropriate uniform (College or MSA uniform) within school and on all occasions when representing the MSA program externally.
- 2.9 Be available for selection in school sporting teams when required and compete to the best of your ability (Note: MSA commits to state and national pathway opportunities taking precedence over school competitions).

3. STRENGTH & CONDITIONING

3.1 To ensure that I do not increase the chance of injury, I commit to <u>not</u> having any external provider of strength and conditioning programs without negotiation with MSA's Strength & Conditioning staff.

It is acknowledged that those in State and National Squads may have specific programs prescribed for them which will be supported however communication between MSA and external staff will ensure appropriate training loads.

Additional personal training is rarely required and in most cases not successful – if you are considering personal training or additional strength and conditioning this must be discussed with MSA staff.

4. ANTI-DOPING

4.1 The Maribyrnong College/Maribyrnong Sports Academy condemns the use of performance enhancing drugs and doping practices in sport. You agree to take no drugs or substances that will modify growth, behaviour or performance. You also agree to comply with the Anti-Doping Policy of Sport Australia or your chosen sport, as applicable.

4. BREACH BY MARIBYRNONG SPORTS ACADEMY STUDENT ATHLETE

- 4.1 If you do not comply with any term of this Agreement, MSA may suspend or remove you from the program.
- 4.2 Students failing to make satisfactory academic progress will initially be placed on a personal improvement program after counselling. Ongoing unsatisfactory academic progress and effort will result in student-athletes being suspended from the program and ultimately removed if academic progress and effort does not improve.
- 4.3 Any student removed from the program for breaches of this agreement will be permitted to continue their education at Maribyrnong College.

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5. FUTURE SCHOLARSHIPS

- 5.1 Student-athletes are reviewed every 12 months to determine whether they retain their Sports Academy scholarship for the following year. Consideration of scholarships will be based on the following key areas;
 - High Performance Coaching Program Report.
 - HPP Report/Engagement.
 - Sport Pathway Progression.
 - Academic Achievement (Grade Point Average), Effort and Classroom Behaviour.
 - MSA Activity Engagement (Swimming Carnival, Athletics Carnival, Marby Cup, etc.) and General School Engagement/Behaviour.

Note: students will not lose their scholarship in the event that their Pathway progression has stalled or they are not at a junior elite level at this stage. All factors will be taken into account and a student who is engaged and performing well in every other area will continue as a scholarship holder.

PARENT/CARERS SECTION

By accepting a scholarship for your child in the MSA Program you acknowledge the following:

1. MEDICAL

If my child is ill, injured or involved in an accident, I acknowledge that emergency medical treatment may be administered and I agree to pay for the cost of any such treatment.

It is recommended that parents of Maribyrnong Sports Academy students consider **private health insurance** due to higher risk of injury due to training and competition.

2. INJURY INFORMATION

I acknowledge that relevant injury information being provided by MSA Rehabilitation staff to MSA Coaches, Teachers and/or HPP Staff for the purpose of limiting or modifying participation in Training, School Sport, HPP and/or other school activities as applicable.

3. TRAVEL

I acknowledge that my child may travel to and from High Performance Coaching program and competition venues as part of the MSA Program in a school bus or in a staff member's car (with other students).

In the event that a staff member needs to travel alone with a student-athlete prior approval will be sought with the exception of an emergency situation. Separate approval will be sought for major travel requirements ie. overnight/interstate/overseas.

4. MEDIA CONSENT

I acknowledge that my child may be photographed, filmed or interviewed and for publication of same for promotional purposes or as part of a school approved Maribyrnong Sports Academy activity.

5. RESEARCH CONSENT:

I acknowledge that my child may participate in research studies involving interviews, questionnaires and physical testing carried out by MSA, Victoria University or other University partners.

6. PAYMENT:

I agree to pay all MSA and other applicable school fees when they are due.