Never give up!

Ho‘omau!

Never give up!
“Difficult times are when the best minds find opportunity.”

- Edward Skloot, Surdna Foundation
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In ancient times, “Ho’omau!” (“Never give up!”) was the rallying cry of the six-man crew as they paddled their canoe. Their amazing determination, steadfastness and confidence served them well in navigating rough and sometimes perilous seas. They practiced ho’omau, the traditional Hawaiian value of persevering in the face of adversity.

Like the ancient watermen, the HMSA Foundation has persevered in assessing and improving the health and social welfare needs of our community. The Foundation has awarded grants to projects that are closely aligned with our mission. We are confident of the participants’ ability to navigate the changes needed to positively impact Hawai’i’s future.

Given the state’s current economic downturn, it is especially important to ensure that our investments provide the maximum impact on improving and preserving the quality of life for members of our community. Their needs for food, shelter, and other types of assistance have risen dramatically. Charities and government programs struggle to meet the growing social service demands of our community. Meeting all of these needs is like trying to fill Aloha Stadium with a tea cup. How much to give and to whom has taken on a new urgency.

We can’t be sure what’s down the road. For now, everyone might need to tighten their belts. But that doesn’t mean we can overlook helping others in need. In these lean times, people need our help more than ever. Hawai’i’s traditional spirit of caring and aloha will help us overcome the daunting challenges ahead.

The HMSA Foundation remains actively engaged in the community, always looking for ways to be a good neighbor and make a difference by building healthy lives and strong families. Hard times serve as a positive force that challenge us to stay true to our mission, prioritize the needs of our community, and be more innovative with our limited resources.

We look back with pride at the establishment of the HMSA Foundation in 1986 as a public charity. In 1998, the Foundation’s role expanded to become the grantmaking arm of HMSA. Our strategic grantmaking program follows specific goals and guidelines, working closely with grant recipients to help them achieve their project objectives. Over the last 11 years, we have granted more than $14.6 million to help build strong, healthy communities.

We sincerely thank the Foundation’s board members and many organizations we have worked with to help build a healthier Hawai’i. If we stick together and ho’omau, we will survive – and even thrive – in these troubled waters. We are guided by a voyaging proverb by the noted Hawaiian authority, Mary Kawena Pukui: “Komo mai kau māpuna hoe.” It means to dip your paddle in and join in the effort.

This report describes the agencies we supported last year and how they are helping to carry out the important work of addressing Hawai’i’s most pressing health care needs. The Foundation exists because we care – yesterday, today and tomorrow.

Mahalo,

Robert P. Hiam
President
HMSA Foundation
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Elena Cabatu
Manager of Community Relations
Hilo Medical Center

Robin Campaniano
President and Chief Executive Officer
AIG Hawaii Insurance Company

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Vice President of External Affairs
Hawaiian Electric Industries, Inc.

Michael J. Chun, Ph.D.
President
Kamehameha Schools

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Retired, Former President and
Chief Executive Officer
Hawaii Medical Service Association

Robert P. Hiam
President and Chief Executive Officer
Hawaii Medical Service Association

Gary Kajiwara
President and Chief Executive Officer
Kuakini Health System

Maile Kanemaru
Director of Weed and Seed Program
YMCA of Honolulu

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Secretary

STAFF

Mark L. Forman
Executive Administrator

Meryam Cabanilla Leong
Program Specialist

Jason Paloma
Program Specialist
NOTABLE GRANT RESULTS, IMPACT AND SUCCESS

HMSA has a proud tradition of community service and corporate giving through the HMSA Foundation. Extending support to hundreds of local nonprofit and community service organizations is just one way we demonstrate our commitment to the health of our community.

The following grant results exceeded our expectations.

Papa Ola Lokahi implemented a program called Mino’aka! (Smile!), an early oral education and promotion program for keiki up to age 5, their tūtū, and other family members who are clients of the Tūtū and Me traveling preschool in Papakōlea, Wai’anae, Hale‘iwa and Kahalu‘u.

Results:
- 2,500 educational brochures and 2,000 oral hygiene kits were distributed.
- 320 people received oral screenings.
- A three-part oral health curriculum was created for health care professionals.
- Four “mouth and teeth” demonstration models were created.

University of Hawai‘i, Kapi‘olani Community College (KCC), produced a cookbook, healthy activity plans, and a culinary health education curriculum based on the Dietary Approach to Stop Hypertension (DASH) combination diet, which is culturally diverse and appropriate for populations in the Pacific Region.

Results:
- 70 recipes were developed and 10,000 books were printed.
- KCC distributed cookbooks to the American Heart Association, National Kidney Foundation, Kaiser Permanente, and The Queen’s Medical Center, and other organizations.
- Nine statewide programs have been established or are planned using or demonstrating the recipes.
- KCC printed an extra 3,000 copies to sell at all major bookstores. It was a best-seller in Hawai‘i.

Waipahu Community Association demonstrated the effectiveness of a culturally sensitive home visit and community outreach program to reduce the incidence of head lice (‘ukus) and student absences among Micronesian and Samoan students at Waipahu Elementary School.

Results:
- 293 students participated and 110 were referred to the program.
- 50 children and 158 family members were treated; visits were made to an average of 13 homes every month.
- There was an 86 percent reduction in the rate of head lice.
- The Pacific Island Women for Change Association was created with 25 members.
- Diagnostic reading assessment scores improved at a higher rate for student participants.
**Imua Family Services** provided therapeutic services to children ages 3 through 5 who did not meet age-appropriate developmental milestones and needed continued support to prepare for and thrive in kindergarten and beyond.

Results:
- 92 children received therapeutic services; 131 parents, caregivers, preschool teachers and daycare providers received training.
- Evaluations reported that 96 percent of the children experienced significant developmental improvement.
- 100 percent of preschool teachers and daycare providers reported an improved ability to integrate children with developmental delays into classroom and daycare environments.
2008 GRANTS BY PROGRAM AREAS AND COUNTY

The Foundation is committed to supporting programs that will advance the health of people in Hawai‘i both on a statewide level and in the communities where they reside. In 2008, the Foundation awarded more than $1.6 million to 50 programs in four health-related program areas throughout the state.

Grants by Program Areas
Total: $1,614,393

- Health Promotion and Disease Prevention: $722,295
- Access to Health Care: $282,249
- General Social Welfare and Healthy Communities: $251,574
- Health Care Delivery System: $358,275

Grants by County
Total: $1,614,393

- Honolulu City & County: $209,212
- Maui County: $49,749
- Hawai‘i County: $462,799
- Statewide: $892,633

Statewide: $892,633
2008 GRANT HIGHLIGHTS
ACCESS TO HEALTH CARE

Total grants awarded: $282,249

To improve access to high-quality, affordable health care by supporting:
• Service planning and care coordination.
• Programs for the uninsured.
• Outreach initiatives.

2008 Recipients

Aloha Medical Mission $50,000
The grant supports the expansion of services at the Honolulu clinic. Funds will provide high-quality, professional medical and oral health services for the uninsured.

Kohala Hospital Charitable Foundation $15,000
The grant supports the purchase of a mobile X-ray system for Kohala Hospital to replace existing equipment during renovations.

Muscular Dystrophy Association $8,000
The grant supports the purchase of eight new wheelchairs for children and adults on the Neighbor Islands living with neuromuscular diseases.

Hawai‘i Department of Health $9,249
The grant supports the Kalaupapa Van project, which provides a wheelchair-accessible van for the Kalaupapa settlement on Moloka‘i. The Kalaupapa Nursing Facility is part of the Hawai‘i Department of Health’s Communicable Disease Division, Hansen’s Disease Branch.

Kalaupapa has an older population with many physical disabilities as a result of Hansen’s disease. As patients age, most have very limited mobility and can no longer drive their own cars safely. Most patients have no family support system in the settlement.

The van was delivered to Kalaupapa on July 19, 2008, with the annual barge delivery to the peninsula.
<table>
<thead>
<tr>
<th>Organization</th>
<th>Amount</th>
<th>Description</th>
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<tbody>
<tr>
<td>Office for Social Ministry</td>
<td>$50,000</td>
<td>The grant supports the Mobile Care Health Project. Funds will provide a dental services safety net for low-income, uninsured and QUEST/Medicaid patients on the Big Island.</td>
</tr>
<tr>
<td>West Hawaii Community Health Center</td>
<td>$150,000</td>
<td>The grant supports the purchase of dental equipment and renovations for the Keiki Dental Clinic’s pediatric dental facility in West Hawai’i.</td>
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### GENERAL SOCIAL WELFARE AND HEALTHY COMMUNITIES

Total grants awarded: $251,574

To support local community programs and activities that promote overall social welfare and healthy communities through:

- Information and referral.
- Emergency assistance.
- Community development.

### 2008 Recipients

<table>
<thead>
<tr>
<th>Organization</th>
<th>Amount</th>
<th>Description</th>
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<tr>
<td>Assistance League of Hawaii</td>
<td>$1,000</td>
<td>The grant supports the We Care project, which provides teddy bears to comfort children in painful and traumatic situations in hospitals, ambulances and shelters. It also offers kits for children waiting in hospitals, with coloring books, crayons, and other age-appropriate activities for children. The project also provides layettes for newborn babies.</td>
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<tr>
<td>Association of Native Hawaiian Physicians</td>
<td>$5,000</td>
<td>The grant supports the 4th Annual Pacific Region Indigenous Doctors Congress, a forum for physicians, trainees and students from around the Pacific. The congress will share best practices and successes in research, workforce development, clinical practices and policy.</td>
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<tr>
<td>Child and Family Service</td>
<td>$60,000</td>
<td>The grant supports efforts to provide therapeutic treatment to neurologically impaired children with amplified emotions, self-injury and communication problems. Parents and foster parents will also receive behavior training for effective and appropriate child interventions.</td>
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<tr>
<td>Hawai’i Department of Labor and Industrial Relations</td>
<td>$6,000</td>
<td>The grant supports the state’s first language access conference, “Laulima – Working Together to Ensure Language Access in Hawai’i.” The conference focuses on recruiting interpreters and translators and discussing language access policies and best practices.</td>
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<tr>
<td>Hawaii Institute for Public Affairs</td>
<td>$5,000</td>
<td>The grant supports the publication of the 2009 Hawaii Directory of Elected Officials. The directory will be distributed in the community.</td>
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<td>Hawaii Lions Foundation</td>
<td>$25,000</td>
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<tr>
<td>The grant supports the Hawaii Lions Hearing Screening Program to identify significant hearing loss among schoolchildren. Utilizing accepted practices and procedures, the program performs screening activities and refers students who need further evaluation.</td>
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<tr>
<th>Helping Hands Hawaii'i</th>
<th>$49,900</th>
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<tr>
<td>The grant supports the Neighbors in Need program, which helps workers who recently lost their jobs. The program assists with housing costs, utility bills and other necessitites.</td>
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<tr>
<th>Imua Family Services</th>
<th>$25,000</th>
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<tr>
<td>The grant supports the Early Childhood Development Program and Demonstration Project on Maui. The project provides therapeutic services to children ages 3 through 5 who do not meet developmental milestones and need continued support to prepare for kindergarten and beyond.</td>
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<tr>
<th>Mental Health America of Hawaii'i</th>
<th>$1,174</th>
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<tr>
<td>The grant supports the creation and distribution of DVDs of the association’s Brown Bag Mental Health Seminars to participants, providers, mental health consumers, and community members.</td>
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<tr>
<th>Moiliili Community Center</th>
<th>$5,000</th>
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<tr>
<td>The grant supports the center’s Senior Wellness Program, which educates seniors about physical wellness, healthy eating, health resources in the community, and the importance of being active and involved with others.</td>
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<tr>
<th>Niu Valley Community Association</th>
<th>$5,000</th>
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<tr>
<td>The grant supports the installation of playground equipment in Niu Valley, which will provide a safe play environment for children in the community.</td>
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<tr>
<th>Pacific Cancer Foundation</th>
<th>$5,500</th>
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<tr>
<td>The grant supports the development of an information packet for cancer patients on Maui participating in the Navigation Program as they go from diagnosis to treatment and through recovery.</td>
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<th>Pacific Health Research Institute (PHRI)</th>
<th>$4,000</th>
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<td>The grant supports the institute’s Health Research and Your Health project, an informational breakfast series to show the community how PHRI research impacts local health care issues.</td>
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<tr>
<th>Prevent Child Abuse Hawaii</th>
<th>$39,000</th>
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<tr>
<td>The grant supports the organization’s conferences for professionals and concerned parents. The conferences, called “Strengthening Families Because Children Matter” and “Connecting Children, Families and Communities,” feature local and national speakers, bring together professionals and families, and present the latest information on the prevention of child abuse and neglect.</td>
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<th>Shriners Hospitals for Children</th>
<th>$5,000</th>
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<tr>
<td>The grant supports the Healthy Activity Awareness and Outreach Program for Shriners Hospital.</td>
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YMCA of Honolulu

$10,000

The grant supports the Kalihi Weed and Seed program, a collaborative effort among residents, law enforcement, businesses, and nonprofit organizations to reclaim and rebuild their neighborhood.

Weed and Seed prevents, controls and reduces violent crime, drug abuse and gang activity. First, they weed out the criminal element in the community and thwart illicit activities such as drug trafficking, burglaries and gang activity. Then, they seed the community with services that work toward prevention, intervention, treatment, and neighborhood revitalization activities.

Weed and Seed reduces crime and drug-related activities, increases community participation, and revitalizes businesses and programs.
HEALTH CARE DELIVERY SYSTEM

Total grants awarded: $358,275

To maintain and improve the quality of health care services available to Hawai‘i residents through:

- Health care delivery models.
- Measurement and quality improvement.
- Provider delivery systems network.
- Performance measurement.
- Financing and reimbursement.
- Data collection and analysis.
- Disease management.

2008 Recipients

City and County of Honolulu, Emergency Medical Services (EMS) Division $20,000
The grant supports the purchase of training simulators for staff training, the paramedic program, and other community education programs at the EMS Training Academy.

Hawaii Health Information Corporation $55,894
The grant supports the maintenance and update of the Health Trends in Hawai‘i website (www.healthtrends.org). Health Trends is an online resource on the health status of Hawai‘i residents, trends in diseases, birth and death rates, and the health care industry.

Hawai‘i Primary Care Association $4,875
The grant supported training for health center staff at the Healthcare Financial Management Annual Conference, “Make a Difference,” in April 2008.

Hawaii State Center for Nursing $52,000
The grant supports the New Graduate R.N. Internship/Preceptor Development Project, a pilot project to address the nursing shortage throughout the Islands by increasing the retention rate of new nurses.

Organ Donor Center of Hawaii $10,000
The grant supports the Donor Registry Program, a statewide effort to register first-time organ and tissue donors through a centralized online database.

University of Hawai‘i, John A. Burns School of Medicine’s Telehealth Research Institute $40,000
The grant supports the state telehealth strategic plan to create a statewide collaborative organization that promotes the use of advanced computing in the delivery of medical care and education.

University of Hawai‘i at Hilo, College of Pharmacy $75,506
The grant supports the purchase of hardware and software information tools for pharmacy students. The use of personal digital assistants will enhance the students’ education by providing access to pharmaceutical reference information similar to that used by physicians.
Hilo Medical Center

$100,000

The grant supports staff training for the neonatal project at Hilo Medical Center (HMC) to enhance newborn services with the development of a nursery, use telemedicine to perform EKGs on newborns, reduce neonatal transports, and improve stabilization of ailing newborns. The grant also covers the purchase of two incubators, several monitors and other equipment.

Hilo Medical Center is the largest acute care hospital on the Big Island and has taken a leadership role in the development of clinical programs. Adding specialty care (also called Level IIa care) would allow HMC to handle certain prematurely born babies.
HEALTH PROMOTION AND DISEASE PREVENTION

Total grants awarded: $722,295

To promote healthy lifestyles and prevent injury and disease through:

- Injury prevention and safety.
- Disease-specific education.
- Substance abuse prevention.
- Clinical preventive services.
- Physical activity promotion.
- Improving the quality of prevention programs.
- Nutrition education.

2008 Recipients

The grant supports the Health Research Award Program to recruit and retain outstanding students in the field of health research.

American Lung Association in Hawaii

The grant supports Open Airways For Schools® PLUS, a school-based program for asthma education and management. In addition to serving students and school personnel, the program will help parents and guardians.

Bishop Museum

The grant supports the Medical Mystery Festival, a health education program designed to meet the needs of students, their teachers, and family members in rural O‘ahu and on the Neighbor Islands.

East Hawaii Independent Physicians Association (IPA) Foundation

The grant supports the East Hawaii IPA Annual Healthcare Symposium for Continuing Medical Education. The symposium, entitled “Thinking Outside the Box: Expanding Your Horizons,” was held Aug. 15-17, 2008.

Family Support Services of West Hawaii

The grant supports the Hawaii Island Breastfeeding Promotion Project and helps expand the home visitation portion of the project with the addition of professionals and paraprofessionals who promote breastfeeding in the home.

Hawai‘i Island Adult Care, Inc.

The grant supports Caregiver Connection, a program that provides education and hands-on training for caregivers who work with frail mentally and physically challenged adults, including those with Alzheimer’s disease.

Hawai‘i Island HIV/AIDS Foundation

The grant supports the Teen AIDS Prevention Program, which educates teens who are at risk for unplanned pregnancy and infection, including HIV/AIDS and other sexually transmitted diseases.
Hawaii Parkinson Association $25,000
The grant supports the production of a video on movement exercises and techniques for people with Parkinson’s disease. The video, called “MOVE IT! An Exercise & Movement Guide for Parkinson’s Disease,” is an effective resource for patients with the movement disorder.

Hawaii Pediatric Association Research and Education Fund $30,000
The grant supports the Childhood Obesity in Hawaii project, an effort coordinated by the University of Hawai’i John A. Burns School of Medicine’s Department of Pediatrics to promote pediatric education, provide patient support, support scientific research on pediatric obesity, and disseminate results.

Hawaii Foodbank $25,000
The grant supports the Ohana Produce Program to distribute fresh produce to communities on O’ahu. The program provides nutritious food that helps improve the health of seniors, low-income families, and the disabled and homeless.
Hui Mālama I Ke Kai Foundation $24,700
The grant supports the foundation’s capacity-building project to hire its first executive director to oversee the operations of the foundation and projects such as the Hui Mālama O Ke Kai program, a unique after-school violence and substance abuse prevention program.

Lanakila Pacific $15,000
The grant supports the Lanakila Meals on Wheels program by maintaining the present level of service to deliver 181,750 nutritious meals each year to an average of 725 homebound seniors. Volunteers and staff also provide seniors with nutrition education and counseling, monitor their health and welfare, and serve as an important bridge to other service providers.

Maui AIDS Foundation $10,000
The grant supports the foundation’s Diversity Case Management and HIV/AIDS Prevention Program in Maui county to provide case management services and HIV prevention outreach to HIV-positive and at-risk Asian and Pacific Islanders, Hispanics, and Native Americans.

Muscular Dystrophy Association (MDA) $5,000
The grant supports MDA’s Hop-a-Thon program, a disability awareness program for preschool through second-grade students at day-care centers, preschools and elementary schools. Children participate in hands-on activities with books, a video, and other educational materials.

Na Aikane o Pu'ukohola Heiau $10,000
The grant supports the Ho'okuikahi o Pu'ukohola: Mea’ai Pono project to teach healthy eating habits at an annual gathering of hundreds of traditional Hawaiian cultural practitioners, scholars and students in Kawaihæ on the Big Island.

Palolo Chinese Home $11,046
The grant supports the Palolo Chinese Home Wellness Center. The center provides physical, occupational and speech therapy to residents and members of the community.

The Pediatric Foundation of Hawaii $21,000
The grant supports the expanded distribution of the “Hawaii Pediatric Weight Management Toolkit: The Next Step” on the Neighbor Islands.

The Queen’s Medical Center $2,466
The grant supports the Ulu Kukui Project, which promotes science education and achievement among science teachers and students at Stevenson Middle School to encourage students to choose a career in biomedicine.
University of Hawai‘i Foundation  $419,790 (over 3 years)

The grant supports the Hawaii Initiative for Childhood Obesity Research and Education (HICORE), a program of the Department of Pediatrics at the University of Hawai‘i’s John A. Burns School of Medicine. Funds will support HICORE’s leadership in research on childhood and adolescent obesity in Hawai‘i.

HICORE’s mission is to lead a collaborative, multidisciplinary effort in research and education on childhood and adolescent obesity in Hawai‘i. HICORE will also conduct research, collect data and information, serve as a center for future action based on available data, and guide granting agencies regarding action priorities.
In 12 years of operations, the Mobile Care Health Project has provided $1.6 million in free dental services, including acute care, comprehensive services, prevention, education and advocacy to more than 18,500 patients.

The Mobile Care Health Project began in 1997 with the first fully equipped Winnebago mobile unit serving West Hawai‘i (Ka‘u to North Hawai‘i). A second unit began serving East Hawai‘i in 1999, and in 2000 a third mobile unit, given by HMSA, began service on Maui. Mobile Care has been the only dental provider for low-income and QUEST/Medicaid-insured adults and children for many areas on the Neighbor Islands.

One of the Mobile Care vans was transferred to the Bay Clinic to provide services in the Ka‘u district and later expanded to Hilo. The West Hawaii Community Health Center will open a stationary pediatric dental clinic in Kealakekua and will assume ownership of the second Mobile Care van to provide services in Kailua-Kona. The Hamakua Health Center has a new mobile dental van to provide services in Honoka‘a and Kohala.

The Mobile Care Health Project is a program of the Office for Social Ministry of The Roman Catholic Church in Hawaii and St. Francis Healthcare System of Hawaii. The HMSA Foundation has awarded a total of $399,000 to support the project.
Never give up!

Ho’omau!

Never give up!
GRANT APPLICATION GUIDELINES

Grantmaking Process
The process for obtaining a grant from the HMSA Foundation is competitive. Each quarter, many more requests are received than can be funded and, thus, the Foundation board must often decline good proposals. Board members select those projects they believe are the most meritorious and most closely fit the Foundation’s purpose.

It is to your advantage to contact the Foundation office before you submit a proposal. The Foundation staff will gladly assist you and answer any questions prior to application. After your grant proposal is submitted, you will receive an acknowledgement letter. The Foundation staff may then schedule a site visit or ask for additional information. The grant proposal will be placed on the quarterly docket for decision-making at the next board meeting. Board meetings are regularly scheduled in March, June, September and December. Experts from HMSA and the community are often enlisted to give advisory comments.

Eligibility & Limitations
In general, the Foundation only makes grants to organizations that are tax-exempt because they are a unit of government or because they are a 501(c) (3) type of organization that is not a private foundation. The Foundation does not make grants to individuals.

The Foundation does not generally support requests for endowments, development campaigns, scholarship funds, lobbying, or voter registration funds.

A flat rate of 5 percent of total indirect costs will be allowed.

Grants usually run for one year. Funding amounts and grant periods should be commensurate with the size and scope of the activity. Contact the Foundation staff to discuss the project before finalizing your request.

What We Look For
Most likely to be funded: Research projects, demonstration projects, organizational or community capacity building efforts, start-up programs.

Less likely to be funded: Start-up organizations, event support.

Unlikely to be funded: General program support, general organizational support, capital improvement projects, “emergency” support.

Particular consideration will be given to projects that:
- Have clear, logical, realistic plans.
- Are led by strong, proven organizations and individuals.
- Already have support of key stakeholders (clients, community, intended partners, etc.).
- Leverage HMSA Foundation funds to acquire or match grants from outside Hawai’i.
- Employ an innovative approach to the defined problem.
- Suggest opportunities for replication.
- Have realistic plans for long-term sustainability.
- Build an organization’s own capacity to carry out its mission in the future.
- Advance the quality of health care for Hawai’i residents.

How to Apply
Anyone interested in applying for a grant should contact the HMSA Foundation staff at least two weeks before the due date. The staff may be able to assist you in refining your project and proposal.
The basis for any proposal should answer the following questions:
1. Why is your project important?
2. What exactly do you plan to do?
3. What difference will you make?
4. How will we know you have made that difference?
5. Why is your organization able to achieve this plan?
6. How much will it cost?

The grant proposal should be organized as follows:
1. Cover sheet (obtain from the HMSA Foundation or website at hmsafoundation.org).
2. Proposal on organization’s letterhead (no more than eight pages):

- **Statement of Need.** What is the desired long-term effect of your project and why is it so important that it have this effect? Stronger proposals cite evidence such as statistical data, published reports, recent studies, or reliable anecdotal evidence.

- **Activities and Outputs.** What would be the key actions or events during the grant period? What would be the products of those actions or events? Outputs, sometimes called deliverables, might be numbers (1,000 students, 10 classes, 4,000 brochures) and/or tangible items (published report, strategic plan, training manual). You may want to include a proposed timeline of work.

- **Outcomes.** What key changes in skills, knowledge, values, attitudes, behaviors, conditions, etc., will result from your activities? These differences might
be made in individuals (students will learn life-saving skills), communities (reduction in the incidence of a disease), or organizations (clinic will be more responsive to patients). List only those outcomes that you intend to achieve within the grant period.

- **Indicators.** Sometimes called evaluations, indicators are observable and measurable data that you can collect to track your success in achieving your outcomes. Strong indicators such as statistical data are not always available. Well-designed and objective surveys, interviews, and analyses may produce sufficient indicators.

- **Description of your organization and its qualifications.** Stronger proposals also indicate that the organization has the necessary support of other organizations and people who will be involved in the project.

- **Budget.** Indicate the amount you are requesting, the proposed use of funds, and other sources of funding currently being sought.

3. Copy of your current IRS determination letter indicating tax-exempt status.

4. List of the organization’s officers and directors and their affiliations.

5. Recent annual financial statements of the organization.

6. Relevant letters of support.

7. Other relevant appendices (qualifications of key staff, sample program materials, etc.).

Two copies of the proposal (the original and one copy) should be submitted to:

- **Executive Administrator**
- **HMSA Foundation**
- **P.O. Box 860**
- **Honolulu, HI 96808-0860**

**Deadlines and Meeting Dates**

You may submit your proposal at any time. However, requests will be reviewed according to the schedule indicated below:

**Received or postmarked by......Reviewed**

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If the date falls on a weekend or holiday, the deadline will be the next working day. Generally, only one request per organization will be considered in a calendar year.

**Responsibilities if Grant is Awarded**

Grantees will be required to sign a grant agreement that will specify the terms of the grant and to provide a formal acknowledgement of receipt of the contribution. Grantees will be expected to meet Foundation requirements for submission of periodic reports, including a written final report to be submitted within three months after completion of the grant. Failure to meet the requirements of the grant agreement may preclude future grants from the Foundation.
WHO WE ARE

MISSION

The mission of the HMSA Foundation is to extend HMSA’s commitment to providing access to cost-effective health care services; health promotion, education and research; and the promotion of social welfare.

HISTORY

The HMSA Foundation was established in 1986 by the Hawaii Medical Service Association to stimulate research of issues that confront Hawaii’s health care industry. The Foundation is dedicated to improving health in Hawaii through grantmaking, strategic initiatives, publications and communitywide programs.

In response to tough economic times and the ever-growing need for education, research, information and financial support to help people understand and adapt to the rapidly changing health care market, the HMSA Foundation became a private foundation and established a grantmaking program in 1998. The HMSA Foundation provides a vehicle by which HMSA can invest resources in a cost-effective manner to enhance the overall health and quality of life for the communities we serve.
HMSA FOUNDATION ANNUAL REPORT 2008

Ho‘omau!
Never give up!