

# KIDS

SERVED WITH - Sliced Apple and Roasted Sweet Potato \*

## BOWL - 6

quinoa and barley, chicken, roasted carrot

## TOAST - 5

almond butter, seasonal jam, whole wheat

## SAMMIE - 6

veggie sloppy joe

# SNACKS

## DATE

### OATMEAL BAR

4

oat-coconut crust,

date and valrhona

chocolate

(GF, V)

# N.A. BEVERAGES

<b>ALMOND DATE SHAKE</b>	8	Stumptown Cold Brew	4
almond milk, almond butter, banana, dates, cocoa, cold brew coffee		Hibiscus Lemonade	4
<b>TURMERIC TONIC</b>	5	Cucumber-Coconut Water	4
fresh turmeric, ginger, lemon, orange, peppercorns, soda water		GT Classic Trilogy Kombucha	4.5
<b>dtox x Recess</b>	8	Yerba Mate Mint	3.5
dtox Pink Power - grapefruit, cranberry, pear, lemon, maple syrup, coconut water		Montane Sparkling Water	3
		Boxed Water is Better	1.5

*alcoholic beverages - only available at the bar!*

## BREAKFAST - SAT & SUN AT 11 AM

### GOLDEN CHIA - 6

chia, turmeric almond milk, banana, mango, pomegranate, toasted coconut (GF, V)

### BREAKFAST BOWL - 7

barley, quinoa, green goddess, feta, avocado *add-on: 7-min egg \$1*

### BREAKFAST SAMMIE - 7

soft scramble egg, kale, sweet potato hash, roasted tomato, kale pesto, swiss on multigrain



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**BOWL & SALAD ADD-ONS**

7-min Egg \$1    Any Veg Side \$1.5    Avocado Half \$2    Chicken \$3    Salmon \$5.5    Lamb \$6

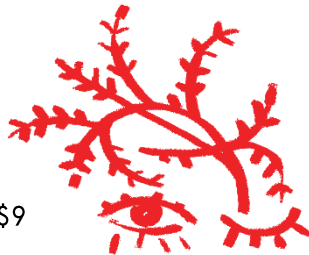


- BOB BARLEY** / barley, red quinoa, eggplant-tahini puree, carrots, zucchini, kale, red onion-apple agrodolce, sprouts (V)
- CASABLANCA** / beluga lentils, buckwheat crunchies, puffed rice, moroccan-spiced carrot purée, swiss chard, seared okra, feta, herb salad (GF)
- SUPER BOWL** / quinoa, coconut brown rice, sweet potato, daily greens, pickled beets, chickpeas, tahini dressing, dried mango, dates (GF, V)
- MY FARRO LADY** / kale pesto, broccoli, butternut squash, pickled red onion, arugula, radish, golden raisins (V)



**SALAD**

ALL SALADS \$9



- KALE CAESAR** / tuscan & green kale, butternut squash, cherry tomato, radish, crouton, caesar dressing
- DIRT CANDY** / arugula, beets, carrots, fennel slaw, savory granola, turmeric-black pepper vinaigrette (GF, V)
- GREEN GODDESS** / baby lettuces, fresh herbs, celery, radish, cucumber, snap peas, hakurei turnip, vegan green goddess (GF, V)
- MEX-SO-CALI** / romaine, corn and pomegranate salsa, mango, cotija, corn nuts, serrano chile, lemon, EVOO (GF)
- POPEYE** / spinach, red cabbage, celery, roasted grapes, pecorino, hazelnuts, katz red wine vinaigrette (GF)

**TOASTS**

ALL TOASTS \$6

Served with - Whole Grain or Gluten-Free Bread (+ \$1)

- AVOCADO** / avocado, radish, sprouts
- BROCCOLI** / smoky ricotta, tomato jam, pepitas
- RASPBERRY + BANANA** / sunflower butter, dark chocolate, lemon cream

**VEG SIDES**

EACH \$3.5    QUART \$12

**VEG PLATE** – Pick any 3 / \$10

- CURRIED CAULIFLOWER**, apple, celery, golden raisins, almond (GF, V)
- ROASTED SQUASH**, spaghetti and kabocha squash, glass noodle, sesame-chili dressing (GF, V)
- BEETS + FENNEL**, slow roasted beets, fennel, citrus, feta, mint (GF)
- POTATO SALAD**, red-skin and sweet potatoes, kale, dried cherry, jalapeño, moroccan dressing (GF, V)
- HEIRLOOM CARROT**, pistachio, tarragon vinaigrette (GF, V)

**SANDWICH**

- MUSHROOM PATTY MELT**..... 9  
shiitake + cremini patty, swiss cheese, red cabbage, mustard aioli, rye bread
- CLUB MED** ..... 9  
chickpea-lentil smash, arugula, fennel slaw, roasted red pepper, cashew parm, green olive hot sauce, ciabatta (V)
- CHICK FLICK** ..... 9  
roasted chicken, hummus, walnut-raisin pesto, butternut squash, pickled red onion, multigrain bread
- HB&J**..... 9  
benton's country ham, brie, fig jam, spinach, multigrain bread
- LAMB SAMMIE** .....11  
roasted leg of lamb, minty pea mash, ricotta soprafina, pickled fennel, ciabatta

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