

KIDS

BOWL - 6
farro, chicken,
roasted carrot, sweet potato

SANDWICH - 5
almond butter, seasonal jam,
whole wheat bread
sweet potato

SNACKS

**DATE
OATMEAL BAR - 4**
oat-coconut crust, date
and valrhona chocolate
(GF, V)

N.A. BEVERAGES

		Stumptown Cold Brew	4
ALMOND DATE SHAKE	7	Hibiscus Lemonade	4
almond milk, almond butter, banana, dates, cocoa, cold brew coffee		Herbal Iced-Tea	2.5
TURMERIC TONIC	5	GT Classic Trilogy Kombucha	4.5
fresh turmeric, ginger, lemon, orange, peppercorns, soda water		Yerba Mate Mint	3.5
		Montane Sparkling Water	3
		Boxed Water is Better	1.5

*alcoholic beverages - only
available at the bar!*

BREAKFAST - SAT & SUN AT 11AM

GOLDEN CHIA - 6
chia, turmeric almond milk, banana, mango, pomegranate,
toasted coconut (GF, V)

BREAKFAST BOWL - 7
barley, quinoa, green goddess, feta, avocado *add-on: 7-min egg \$1*

BREAKFAST SAMMIE - 7
soft scramble egg, kale, sweet potato hash, roasted tomato, kale
pesto, swiss on multigrain



99-V KROG STREET ATLANTA GA 30307
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BOWL & SALAD ADD-ONS

7-min Egg \$1 Any Veg Side \$1.5 Avocado Half \$2 Chicken \$3.5 Salmon \$6 Steak Tri-Tip \$5

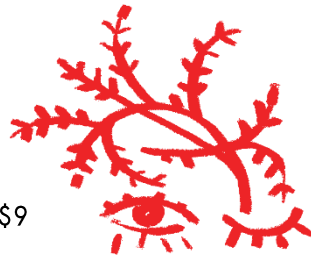


- BOB BARLEY** / barley, red quinoa, tomatillo hummus, blistered cherry tomato, eggplant, kale, peach chutney (V)
- CASABLANCA** / beluga lentils, buckwheat crunchies, puffed rice, moroccan-spiced carrot purée, swiss chard, seared okra, feta, herb salad (GF)
- SUPER BOWL** / quinoa, coconut brown rice, sweet potato, daily greens, pickled beets, chickpeas, tahini dressing, dried mango, dates (GF, V)
- MY FARRO LADY** / farro, kale pesto, artichoke, cucumber-zucchini pickle, arugula, radish, golden raisins (V)



SALAD

ALL SALADS \$9



- KALE CAESAR** / tuscan & green kale, artichoke, cherry tomato, radish, parmesan, crouton, caesar dressing
- PICNIC BASKET** / power baby lettuce mix, summer cabbage slaw, cucumber, baby sweet peppers, miso-candied pecan, turmeric-black pepper vinaigrette (V, GF)
- MEX-SO-CALI** / romaine, corn and pomegranate salsa, mango, tomato, cucumber, cotija, corn nuts, serrano chile, lemon, EVOO (GF)
- PEACHY KEEN** / power baby lettuce mix, pearson peaches, scallion, daikon radish, crispy shallot, feta, basil dressing (GF)

TOASTS

ALL TOASTS \$6

Served with - Multigrain or Gluten-Free Bread (+ \$1)

- AVOCADO** / avocado, radish, sprouts
- PEACH'n'PECAN** / pearson peaches, pecan mascarpone, miso-candied pecan

VEG SIDES

EACH \$3.5 QUART \$12

VEG PLATE – Pick any 3 / \$10

- CURRIED CAULIFLOWER** / apple, celery, golden raisins, almond (GF, V)
- ZOODLE NOODLE** / zucchini, red peppers, onion, napa cabbage, glass noodle, cashew, sesame-chili dressing (GF, V)
- BEETS + FENNEL** / slow roasted beets, fennel, citrus, feta, mint (GF)
- POTATO SALAD** / red-skin and sweet potatoes, kale, dried cherry, jalapeño, moroccan dressing (GF, V)

SANDWICH

- MUSHROOM PATTY MELT** 9
shiitake + cremini patty, swiss cheese, red cabbage, hazelnuts, mustard aioli, rye bread
- HIPPIE MARIO** 9
chickpea crepe, romesco, marinated eggplant, sweet pepper, vegan mozzarella, lemon-oregano vinaigrette, ciabatta roll (V)
- CHICK FLICK** 9
roasted chicken, hummus, walnut-raisin pesto, cucumber and zucchini pickle, multigrain bread
- HEMINGWAY'S REVENGE** 10
spice rubbed tri-tip, romesco, crispy shallot, roasted garlic, tomato, arugula, ciabatta roll