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THE LATEST NEWS FROM THE CLARK COUNTY MEDICAL SOCIETY

THE VAPING EPIDEMIC
As more cases of pulmonary disease, severe respiratory disease, and even deaths are linked to e-cigarette use, local and national public health authorities speak out against vaping products.

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Local high school students experience a day in the life of a doctor
Students interested in a career in medicine will get to shadow CCMS physicians during the Youth Wear the White Coat Internship October 16-23.

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The Opioid Dilemma: Where We’ve Been and Where We’re Going
CCMS President Dr. Daniel Burkhead looks back on the progress and pitfalls of the past year of opioid regulation.

Inside Cover
PRESIDENT’S MESSAGE
The Opioid Dilemma: Where We’ve Been and Where We’re Going

By Daniel Burkhead, M.D.
President, Clark County Medical Society
Member Since 2002

When I look back over my 20-year career as a pain management physician, it is quite astounding how many philosophical changes the field has gone through. When I was finishing my training in the late 1990s, there was a huge cry for patient advocacy that led to the dictum that no patient should ever suffer from pain while under the care of a physician. Pain was considered the “5th Vital Sign” and at that time, a doctor might suffer significant consequences from hospitals and insurance carriers for “under treatment.”

Now that we are amid an opioid crisis the pendulum has swung in the opposite direction, and physicians are now encouraged to curtail their prescription of opioids for the treatment of pain. Nearly every state in the nation has passed laws regarding the prescription of opioid medications, and some have imposed very strict limitations on what a physician can prescribe. By comparison, Nevada’s Opioid Law (AB474) was fairly reasonable about allowing the doctor to make decisions regarding the dosing range and duration of medication prescribed. However, the law did present some administrative challenges for physicians to face, including cumbersome documentation of Informed Consent, Prescription Medication Agreements, and PDMP checks.

The Department of Health and Human Services in coordination with the Governor’s office recently held the second Opioid Summit on August 14 and 15 in an effort to bring together community stakeholders to discuss the successes and struggles of our overall attempts to battle the opioid crisis in Nevada. One statistic that was gleaned from the updated epidemiological research was that the number of opioid prescriptions in Nevada had been reduced significantly over the past several years. This seemingly positive statistic must be viewed in context of the possibility of other unintended consequences, such as legitimate patients being denied prescriptions and subsequently suffering, or worse, turning to illicit drugs such as heroin in order to self-medicate, either to prevent withdrawal, or to actually help with their chronic pain symptoms. These are statistics that will continue to be viewed very carefully over the next several years.

I feel it is imperative that doctors fight for the autonomy to be able to make clinically relevant decisions about their patients, and there is no way to legislate what is right for any individual patient. But one thing is clear, the doctors in Nevada are doing their part to abide by the law, and to use thoughtfulness, prudence, and patient involvement whenever considering the use of an opioid. In addition to following the law, physicians can help protect themselves and their patients by discussing and documenting the following general principles of opioid prescription:

- Encourage patients to try alternative treatments (physical therapy, chiropractic, TENs unit, acupuncture, etc.) or alternative non-opioid medications (acetaminophen, NSAIDs, anti-convulsants, anti-depressants, lidocaine patches, etc.) prior to the initiation of an opioid.
Discuss the risks and benefits of an opioid with the patient and their family.
Have a plan for the probable duration of opioid treatment, and how you intend to taper the opioids when the pain has subsided. Use function as a primary endpoint.
Use the lowest effective dose possible, and avoid rapid escalation of opioid dosages.
Avoid long-acting formulations of opioids unless the patient has been taking opioids for pain on an ongoing, chronic basis.
Consider referral to a pain management specialist if warning signs appear, or if dose escalation is apparent.
Consider the co-prescription of Naloxone for patients on higher dosages of opioids.
If tapering, do not be too aggressive. A 10% weekly opioid reduction is considered standard, but if withdrawal symptoms occur, consider being less aggressive in tapering plan.
Consider referral for Medication Assisted Treatment (MAT) if opioids are no longer necessary, but patient is unable to taper and/or discontinue.

If physicians continue to exercise sound judgement in prescribing, then we will hopefully preserve our ability to use our medical decision-making skills to determine what is best for our patients, without having to be faced with further pressures of legislative changes and possible persecution by regulatory bodies.

Inappropriate prescribing goes both ways. It is inappropriate to prescribe opioids without considering alternative and being responsible with the prescriptions, but it is also inappropriate to refuse to prescribe opioids altogether out of fear. We must continue to treat our patients with the dignity and respect they deserve, by providing them with the medications that are deemed necessary, while still taking the appropriate measures to minimize risk.

Sincerely,

Daniel Burkhead, M.D.
CCMS President 2019-20
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A synopsis of the August 20th Board of Trustees Meeting

**The meeting was called to order by Dr. Burkhead at 6:00 p.m.**

**Action Items:**

**Minutes: by Dr. Burkhead**
The minutes from the July 27, 2019 meeting were reviewed.

_Motion to approve the July 27, 2019 minutes (M/S Kuhls/Roth - Approved)_

**Financial Report: by Dr. McHale (verbal report)**
- Assets are down overall, largely due to building improvements which saw a $22k increase over last year.
- Total assets are approximately $951k.
- Health insurance costs have gone up.
- The clean-up accounting work is nearly finished.
- A W2 discrepancy was found, and forms have been requested to fix this discrepancy.

_Motion to approve the July Financial Report (M/S Brimhall/Kuhls - Approved)_

**Applicants to go before the BOT:**

_**New Physicians:**_ Anit Rastogi MD, Samuel Nyon MD, Victor Fong MD, Harold Hayes MD

_**Returning Physicians:**_ Luis Lopez-Benitez MD, Sean Duffy MD

_**Residents:**_ Melody Rasouli MD

_Medical Students:_ Brittney Trieu, Fabiha Hossain, Cameron Williams, Varchita Alishetti, Stephanie Bernardo, Brandi Hull, Sean Poole, Meena Vemuri, Abby Reyes, Ellyr Hirabayashi

_Motion to approve the Member Applicants (M/S McHale/Kuhls - Approved)_

Dr. Burkhead noted that he has been in the process of reaching out to lapsed members.

**Medical School Reports:**

_**Touro University: by Dr. Gilliar (written report submitted)**_

Written Report:
- The College of Osteopathic Medicine welcomed the Class of 2023 to the Touro University Nevada family during new student orientation. Orientation Week included Day of Service, where the Class of 2023 volunteered at several non-profit organizations around the Las Vegas Valley.
- Touro University Nevada College of Osteopathic Medicine successfully launched the “House” system which provides for student activities and intramural networking in the following six houses, named after giants in the osteopathic profession:
  - Dr. A.T. Still
  - Dr. Louisa Burns
  - Dr. Anne Wales
  - Dr. Barbara Ross-Lee
  - Dr. Mitchell Forman
  - Dr. Humayun Chaudhry
- Lindsey Leggett (DO21), received a scholarship from the International Association of Medical Science Educators (IAMSE) for her research titled “Determining the Best Strategy to Integrate Clinical Nutrition and Culinary Medicine for Preventative.”
- Joanne Muellenbach was elected Chair, Bylaws, Elections and Nominations for the Northern California and Nevada Medical Libraries Group, of the Medical Library Association, for 2019-2020.
- Megan De Armond was elected Secretary of the board for the Osteopathic Libraries Special Interest Group, Innovation & Research Domain Hub, Medical Library Association for 2019-2020.
- The Office of Advancement is hosting Desert Companion’s “Best Docs” part in the Michael Tang Regional Center for Clinical Simulation on Thursday, Aug. 15. Read the latest edition of Desert Companion Magazine for more information on the event.

_**UNLV School of Medicine: by Dr. Kuhls (verbal report)**_

- UNLVSoM is in the process of Dean Atkinson stepping down.
- Dr. John Fildes is acting as interim dean.
- The search committee for the new dean is open.

_**Roseman University: by Dr. Morgenstern (verbal report)**_

- Dr. Mark Penn is no longer the dean of Roseman.
- A national search is underway to find the new dean.

_**SNHD: by Dr. Iser (written report submitted with verbal additions)**_

Written Report:

**Measles Notification**
- On Aug. 15, 2019, the Southern Nevada Health District notified individuals and the public that they may have been exposed to a person who was confirmed to have a case of measles. Because measles can be highly contagious, the Health District advised people who may have been exposed to review their immunization status and contact their health care provider if they are not fully immunized against measles or have not already had the disease. This measles case was reported in a visitor.
- Clinicians were advised to consider measles in patients of any age who have fever AND a rash regardless of their travel histories. A Public Health Advisory with additional guidance is available on the Health District’s website.
- From January 1 to August 8, 2019, the Centers for Disease Control and Prevention (CDC) is reporting 1,182 confirmed cases of measles in 30 states. This is the greatest number of cases reported in the United States since 1992. More information on outbreaks occurring in the U.S. is available on the CDC website.

**Hepatitis A Outbreak**
- In June, the Health District declared an outbreak of acute...
hepatitis A in Clark County. Since November 2018, the Health District has reported 83 outbreak-associated cases of hepatitis A. In the past few years, total cases reported have been significantly lower: 39 cases reported in 2018; 13 cases in 2017; and six reported cases in 2016. Of the reported cases, more than 92 percent were among those who used drugs (injection or non-injection), and 80 percent were among those experiencing homelessness. Weekly hepatitis A outbreak reports are now available on the Health District's website at www.SNHD.info/hep-a-control. Other risk factors for infection include:

- Men who have sex with men.
- People with chronic liver disease, including cirrhosis, hepatitis B, or hepatitis C.
- People who have an occupational risk for infection.
- People traveling to or working in countries where hepatitis A is common.
- People with direct contact with people who have hepatitis A.
- People with clotting-factor disorders.
- People working with nonhuman primates.
- People who are currently or were recently incarcerated.

- Hepatitis A vaccination is the best prevention against the virus. Since the outbreak announcement, the Health District has administered 995 hepatitis A vaccinations to adults ages 18 and older. A total of 1,785 hepatitis A vaccinations have been administered to adults by all providers in Clark County. The Health District continues to recommend that health care workers review their immunization history to ensure staff who may be caring for ill patients are up to date with their hepatitis A vaccinations. Pre-vaccination serologic testing is not required for the vaccine to be administered.

**Arbovirus Update**

- As of Aug. 13, 2019, the Health District has received reports of 19 cases of West Nile virus, with 11 cases having had the more serious neuroinvasive form of the illness. The Health District's Mosquito Surveillance Program has submitted more than 38,000 mosquitoes to the Southern Nevada Public Health Laboratory for testing. Mosquitoes have tested positive for West Nile virus in 40 unique ZIP codes and St. Louis encephalitis in 15 ZIP codes. Currently, more than 19 percent of mosquitoes submitted have tested positive this season, compared to last year when 0.1 percent tested positive, and 2017 when 2.8 percent tested positive.
- The CDC reports as of August 6, a total of 36 states have reported West Nile virus infection in people, birds, or mosquitoes. There have been 128 cases of West Nile virus disease reported to the CDC as of this date. Of those cases, 89 (70 percent) were classified as neuroinvasive disease.
- The Health District continues to remind the public that illnesses caused by West Nile virus and St. Louis encephalitis can be prevented. The most effective way to prevent disease is to avoid getting bitten by mosquitoes. Use an Environmental Protection Agency (EPA)-registered repellent, wear long-sleeved shirts, pants, and treat clothing and gear to control mosquitoes. The Health District also urges the public to eliminate breeding sources around their homes.
- Health care providers should be vigilant for symptoms of these viruses and order appropriate testing when suspected. West Nile virus and St. Louis encephalitis are closely related, and both cause acute febrile illness and neurologic disease. There are commercially available laboratory tests for acute West Nile virus infection. All St. Louis encephalitis virus testing must be performed by a public health laboratory. More information and testing options are available on the Health District Public Health Advisories website.
- More information on the Health District's Mosquito Surveillance activities is available on its website at www.southernnevadahealthdistrict.org/programs/mosquito-surveillance/. For additional information and prevention tips visit the Centers for Disease Control and Prevention's website at www.cdc.gov/features/stopmosquitoes/index.html.ovirus

**Update**

**Verbal Additions**

- There are a significant number of Hepatitis A cases, and the SNHD has had trouble getting enough vaccine from the CDC.
- SNHD asks that providers refer at-risk patients to SNHD for immunization.
- SNHD is now fully accredited and has started their first resident. This residency program will have a total of 4 residents, with 2 graduating and 2 being added each year.
- The West Nile outbreak is still significant with 6-7 cases being reported each week.
- SNHD asks that anyone who works outdoors take precaution to avoid exposure.

**Committee Reports:**

**Bylaws Committee: by Dr. McHale (verbal report)**

- The committee is also working on finalizing Standard Operating Procedures for an updated CCMS Employee Handbook.
- The first draft will be submitted for comment prior to the next Board of Trustees meeting.

**CHPR & Subcommittees: by Dr. Fiore (written report submitted with verbal additions by Dr. Burkhead)**

Written Report:

**Physician Education**

- Comagine is in the process of providing CCMS with a link for a free online webinar on tapering opioids, which provides CME credit. Josh will distribute to the membership upon receipt of this added member benefit.
- The CHPR Committee is finalized plans to bring in speaker Travis Rieder on August 14th at Roseman and August 15th at Tuscany to coincide with the Opioid Summit. These events featured booking signing and were sponsored by PACT, Core Nevada, WestPac, The Dupras Group, and Jay DeVoy.
- The CHPR Committee is planning a CME on what physicians need to know about legalized marijuana in Q1,
likely January. The Las Vegas Medical District has shown interest in partnering on this event to make a combined CME/Town Hall, similar to the 2017 Opioid Town Hall.

**Wear the White Coat Internship Subcommittee**
- The Youth Wear the White Coat Internship is tentatively scheduled for October. CCMS Staff are in the process of reaching out to the Clark County School District to determine next steps.
- This program is currently seeking sponsorship, please contact Josh with any potential sponsor leads.

**Verbal Additions:**
- Dr. Burkhead thanked the physicians who attended the Travis Rieder events, as well as the sponsors.
- There will be updates to online CME opportunities coming soon.
- Both UNLVSoM and SNHD have expressed interest in hosting CCMS events.

**Membership Committee: by Dr. Reeves (written report submitted)**

**Database Update**
- CCMS and NSMA staff are working to bring our database fully online for renewals in August.
- Josh has been developing new tracking methods and cleaning up the processes for membership in anticipation of a new staff member taking the role.

**Other Business**
- The committee was approached by Apex CPR Las Vegas to potentially become a Member Benefit Affiliate offering discounts on ACLS and BLS training.
- Josh is developing a membership workbook to target lapsed and potential members.
- Efforts to attend grand rounds and present on behalf of CCMS are ongoing.

**Delegate Committee: by Dr. Lehrner (verbal report)**
- If you have not registered for the annual meeting and purchased your flights and hotels, now is the time to do so!

**Past Presidents’ Council: by Dr. Roth (verbal report)**
- Dr. Roth is currently looking at dates for a September Past Presidents’ Council meeting.

**Scholarship Committee: by Dr. Burkhead (verbal report)**
- The next Scholarship Committee meeting will be Tuesday, September 17th at 5:00 p.m. before the Board of Trustees meeting.

**Installation Planning Committee: by Dr. Burkhead (written report submitted)**
- First meeting was held on Tuesday, July 30.
- Members = Dr. Reeves, Dr. Kuhls, Dr. McHale, Dr. Hunt, Dr. Littman… Chair is Dr. Burkhead.
- The committee discussed the venue, and are currently obtaining quotes for 5 other options besides Bellagio (Mandalay Bay, Red Rock, Aria, Venetian/Palazzo, and the Cosmopolitan).
- Spreadsheet was reviewed.
- Sponsorship – personal outreach by physicians is critical for success.
- Next meeting: Monday August 26, 2019 at 6:00 p.m. (will review quotes for venues).
- New members are welcome!

**President’s Report: by Dr. Burkhead (written report submitted)**
- Continuing search for E.D. – Final determination is in the works.
- Met with US Congresswoman Dina Titus on August 9 to discuss federal healthcare issues.
- Presented a discussion on “Best Practice Strategies for Pain Management” on a Speaker Panel at Governor Sandoval’s 2019 Opioid Summit held August 14-15. Dr. Dickson was also on a Speaker Panel on “Strategies for Integration” at this summit and did an outstanding job.
- Met with CMS and DHHS Representatives regarding “Physician’s Report Card” and had detailed discussions regarding how this information would be used, etc… CMS is charged with the task of carrying out the requirements in the SUPPORT ACT of 2018, Sec. 6065, which requires reporting of outlier prescribers… CCMS and NSMA need to be involved in the development of these federal regulations, and this was the first meeting of CMS, DHHS, and community physicians.
- UNLV School of Medicine Orientation — CCMS provided a 15 minute power point presentation with Q&A with Dr. Kuhls, Josh MacEachern, and me which resulted in an overwhelming response of incoming UNLV Medical Students (Class of 2023) to become members of CCMS.
- Attended KODIN Legislative Planning Committee Meeting – August 2. Chaired by Dr. Rudy Manthei, and attended by videoconference by Cat O’Mara, Dr. Howard Baron, Dr. Andy Pasternak, and Dr. Ronald Swanger. Ryan Irwin of Red Rock Strategies, a strong lobbyist group, gave a compelling presentation as to why we need to be prepared now.
- Revisions of Employee Handbook by Bylaws Committee… thanks Dr. McHale and Dr. Reeves!
- CCMS/HEALS collaboration… Organizing a joint “Strategic Planning Committee”, met with Doug Geinzer on August 1.
- Very informative lecture by Travis Rieder on 8/14 at Roseman Univ. and 8/15 at Tuscany Suites.
- Great job by Josh and Lisa for pulling everything together!
- Both events were sponsored… Thanks to PACT Coalition, Dupras Group, WestPac Wealth Mgmt., and Core Nevada.
- Thanks to Dr. Hunt for stepping in as M.C. For Roseman event.
- Good profit for CCMS, but poor attendance (25 ppl first night, 20 ppl second night).
CCMS BOARD MINUTES continued...

- How can we encourage better turn-out and more involvement in the future?

**New Business**

- Dr. Julio Garcia has resigned from the CCMS Board of Trustees.
- Dr. Fiore suggested Dr. Ferenc Puskas, member and head of residency at Mountainview for the empty seat. Dr. Burkhead will send out a call for other potential candidates before the next Board of Trustees meeting.

Future Board of Trustees Meeting – September 17, 2019 at the CCMS Office.

Adjournment: 7:05 p.m.

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The Clark County Medical Society’s County Line Magazine is the best way to reach our membership here in Las Vegas.

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**CCMS ALLIANCE**

**2019-2020 CCMSA Co-Presidents**

Ginger Allen  
Michele Volker

It’s that time a year, we are gearing up for our Welcome Back Lunch on Sept 17 at Capital Grille and the launch of our Holiday Scholarship Project.

Since its inception in 1949, the Clark County Medical Society Alliance (“Alliance”) has provided scholarships to deserving, local nursing and medical students through the annual Holiday Greeting Card. We have awarded over $500,000.00. This year, the Alliance will be awarding scholarships only to a number of commendable medical and nursing students in Clark County, Nevada.

In 2017, the Alliance proudly launched an innovative, eco-friendlier and community-conscious alternative to the greeting card: The Holiday Scholarship Project. This Project entails recognition of our donors and an expression of their holiday greetings to the community on Billboards throughout Las Vegas. You will also be listed in our Fashion Show Program Book & Social Media Promotion. This year, the Billboards for our Holiday Greetings will be for the entire month of December 2019. Names of the sponsoring physicians, spouses, and medical community supporters will be listed by level of sponsorship. With your participation, you will be expressing holiday greetings to your colleagues and patients on Billboards all over the Las Vegas Valley viewed by thousands of eyes daily.

Do not miss this opportunity to have you or your business name included in our Holiday Scholarship Project, as all donors will be recognized on Billboards throughout Las Vegas, in our Fashion Show Program Book and part of our Social Media Promotion. We encourage all physicians, spouses, nurses, hospitals, and medical support businesses to help us make a real difference for as many medical and nursing students as possible. Your donation will endorse and advance our commitment to improving the health of Southern Nevadans. The net proceeds will benefit nursing and medical student scholarships.

Thank you for your continued support.

Michele Volker & Ginger Allen  
2019-2020 CCMSA Co-Presidents
HEALTH DISTRICT UPDATE

Southern Nevada experiencing active West Nile virus season
Joseph P. Iser, M.D., DrPH, MSc | Chief Health Officer, SNHD
Member since 2013

As of August 12, 2019, the Southern Nevada Health District has received reports of 17 cases of West Nile virus, with 11 cases having had the more serious neuroinvasive form of the illness. The Health District's Mosquito Surveillance Program has submitted more than 37,000 mosquitoes to the Southern Nevada Public Health Laboratory for testing during this time. Mosquitoes have tested positive for West Nile virus in 39 unique ZIP codes and St. Louis encephalitis in 15 ZIP codes. More than 17 percent of mosquitoes submitted had tested positive, compared to last year when 0.1 percent tested positive, and 2017 when 2.8 percent tested positive.

The Centers for Disease Control and Prevention reports as of August 6, a total of 36 states have reported West Nile virus infection in people, birds, or mosquitoes. There have been 128 cases of West Nile virus disease reported to the CDC as of this date. Of those cases, 89 (70 percent) were classified a neuroinvasive disease.

The arbovirus season in Southern Nevada can last until the end of September. The Health District is reminding the public that illnesses caused by West Nile virus and St. Louis encephalitis can be prevented. The most effective way to prevent disease is to avoid getting bitten by mosquitoes. The mosquitoes that carry West Nile virus are most active at dusk and dawn; however, mosquitoes bite during the day and night. Use an Environmental Protection Agency (EPA)-registered insect repellent, wear long-sleeved shirts, pants, and treat clothing and gear to control mosquitoes. Everyone should follow the label instructions on their chosen product. It is especially important to follow instructions when applying insect repellent to children.

The Health District is also urging the public to eliminate breeding sources around their homes. This includes items that can hold standing water such as tires, buckets, planters, toys, pools, bird baths, and trash containers. These items should be checked for standing water regularly, turned over, and emptied. Window and door screens should be checked for tears and holes and replaced if necessary.

Health care providers should be vigilant for symptoms of the viruses and order appropriate testing when suspected. West Nile virus and St. Louis encephalitis are closely related, and both cause acute febrile illness and neurologic disease. Most people infected do not develop symptoms. About one in five develop a fever with symptoms, including a headache, body aches, joint pain, vomiting, diarrhea, or rash. People with the non-neuroinvasive form of the illness recover completely. However, the fatigue and weakness can last for weeks or months afterward.

About one in 150 people infected with the virus develop a severe illness causing encephalitis or meningitis. Symptoms of severe illness include high fever, headache, neck stiffness, stupor, disorientation, coma, tremors, muscle weakness, and possibly paralysis. Recovery may take several weeks or months, and some effects may be permanent. Approximately one out of 10 people who develop the neuroinvasive form of the illness die.

There are commercially available laboratory tests for acute West Nile virus infection. All St. Louis encephalitis virus testing must be performed by a public health laboratory. More information and testing options are available on the Health District Public Health Advisories website.

There is no specific treatment for West Nile virus disease. Patients are offered supportive care. Those with severe illness should be hospitalized for monitoring and to receive the appropriate level of treatment needed to manage their symptoms.

The Health District will continue to monitor cases and conduct mosquito surveillance activities. Regular arbovirus updates are available on the Health District website at www.southernnevadahealthdistrict.org/programs/mosquito-surveillance/weekly-arbovirus-update/. Additional information about West Nile virus and CDC updates are available at www.cdc.gov/westnile/index.html.

Access your perks today!

For more information on redeeming your member perks, go to www.clarkcountymedical.org or contact us at (702) 739-9989 today!
The Southern Nevada Health District is reporting Clark County’s first confirmed case of severe respiratory illness linked to e-cigarette products in a person under the age of 18. The youth was hospitalized with respiratory symptoms that met the case definition established by the Centers for Disease Control and Prevention (CDC). A pulmonary infection has not been identified. The patient was released from the hospital and is recovering.

“Identifying a case in a young person who used vaping products that should not have been available to them is an unfortunate reminder of how pervasive these items have become and the danger they pose to our children and the public,” said Dr. Joe Iser, Chief Health Officer for the Southern Nevada Health District.

The Health District continues to advise people not to use vaping products and e-cigarettes. These products should never be used by youth, young adults, pregnant women, and people who do not currently use tobacco products. Even people who currently use tobacco products who wish to quit smoking should use FDA-approved therapies. Symptoms associated with the reported illnesses include:

- Respiratory symptoms (cough, shortness of breath, or chest pain)
- Gastrointestinal symptoms (nausea, vomiting, or diarrhea)
- Non-specific symptoms (fatigue, fever, or weight loss)

People who use e-cigarettes and experience any of these symptoms are advised to seek medical care right away. People seeking help quitting tobacco products, including e-cigarettes, can contact the Nevada Tobacco Quitline at 1-800-Quit-Now or 1-855-DÉJELO-YA (1-855-335-3569) from a Nevada area code.

There have been 450 possible cases reported and six deaths; the most recent reported on September 10. These numbers are changing frequently. The CDC continues to report that it has not identified any specific substance or e-cigarette product that is linked in all cases. Many but not all patients report using e-cigarette products that contain cannabinoid products such as tetrahydrocannabinol (THC). Up to date information is available on the CDC website.


We’re online!

Check out the new Clark County Medical Society website to renew your membership, read the latest news, and receive notice of upcoming CCMS events.

www.clarkcountymedical.org
ARE YOU HIPAA COMPLIANT?

- Is your network secure?
- Are you prepared for an audit?
- Do you have a disaster recovery plan?
- Do you have policies and procedures in place?
- Have all of your staff been trained on security practices?
- Are you prepared for a ransomware attack?
- What do you do if you have a breach?

Running a medical practice involves much more than treating patients. You must protect their personal information and we can help.

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TECHNOLOGY SOLUTIONS THROUGHOUT LAS VEGAS
As a health care provider, you can give your patients the power to quit smoking and vaping with the help of The Nevada Tobacco Users Quitline. It’s the only statewide phone-based and online resource to which health care providers can refer patients for tobacco cessation.

Electronic, Fax or Web-based Cessation Referrals.

It's free. It's easy. It works.

Let us help you set up your office, clinic or hospital. Contact us at TobaccoProgram@snhd.org for more information.
Your banker should say what they’ll do and do what they say.
Not one time, but every time.
One in eight women will face breast cancer in her lifetime. Which means one out of eight wives, sisters, aunts, daughters and mothers will be stricken. This is why Comprehensive is dedicated to expanding its breast care and surgery division. It is our mission to recruit the best of the best – so that we can deliver world class care to all of our patients across Southern Nevada.

Dr. Lin-Duffy will provide comprehensive care to patients with cancer and non-cancerous diseases of the breast. She will see patients at our location:

1485 Warm Springs Road, Ste. 105
Henderson, NV 89014
702.990.6360
CCMS MEMBER NEWS

NEW PHYSICIAN MEMBERS:

Victor Fong, M.D.
Diagnostic Radiology
Steinberg Diagnostic

Harold Hayes, M.D.
Diagnostic Radiology
Desert Radiology

Samuel Nyon, M.D.
Diagnostic Radiology
Steinberg Diagnostic

Anit Rastogi, M.D.
Diagnostic Radiology
Steinberg Diagnostic

RETURNING PHYSICIAN MEMBERS:

Luis Lopez-Benitez, M.D.
OB/Gyn
Centennial OBGyn

Sean Duffy, M.D.
Psychiatry
Ventana Health Associates

RESIDENTS:

Melody Rasouli, M.D.
OB/Gyn
UNLV School of Medicine

MEDICAL STUDENTS:

Britney Trieu
TUNCOM

Varchita Alishetti
TUNCOM

Sean Poole
TUNCOM

Ellyr Hirabayashi
TUNCOM

Fabhia Hossain
TUNCOM

Stephanie Bernardo
TUNCOM

Meena Vemuri
TUNCOM

Cameron Williams
TUNCOM

Brandi Hull
TUNCOM

Abby Reyes
TUNCOM
Join a Committee
More Involvement, More Impact

The Clark County Medical Society (CCMS) invites all members in good standing to participate in one or more of the standing committees. This offers members an opportunity to work with other physicians and influence CCMS policies on issues of interest.

You may choose to participate in more than one committee. We solicit active participation from committee members to achieve the most success in shaping the CCMS. Committee assignments begin in September and end in June 30th of the following year. Please provide a first and second choice of the committee that you are most interested in and email to membership@clarkcountymedical.org.

Name: ________________________________ Phone: ________________________________

Email: ________________________________ Fax: ________________________________

CCMS Standing Committees:

- Board of Trustees (Elected Position Only) - CCMS at 702.739.9989
- Building Committee
- Bylaws, Policies & Procedures Committee
- Community Health & Public Relations Committee (CHPR)
  - Sub-Committees under CHPR:
    - Mini-Internship
    - Speakers Bureau
    - Winged Heart Awards
    - Resident/Student Outreach
    - Continuing Medical Education
- Credentials Committee
- Ethics & Grievances Committee
- Government Affairs Committee
- Internal Affairs Committee
- Membership/Credentials Committee
- CCMS Delegate: Participate in the Nevada State Medical Association Annual Meeting

If you have any questions about the purpose and obligations of any committee please contact the Clark County Medical Society at 702-739-9969 | membership@clarkcountymedical.org
Cleveland Clinic Lou Ruvo Center for Brain Health Expands Caregiving Program to Establish Angie Ruvo Endowed Caregiving Chair

Lucille Carriere, Ph.D. to hold chair, among the first-of-its-kind, aimed at creating best practices for Alzheimer’s and other dementia caregivers through evidence-based research

Cleveland Clinic Lou Ruvo Center for Brain Health builds on its commitment to caregivers by enhancing its consortium with the addition of the Angie Ruvo Endowed Caregiving Chair, held by Lucille Carrier, Ph.D., clinical health psychologist.

The endowed chair is named after Angie Ruvo, original caregiver to the center’s namesake, Lou Ruvo, and mother of co-founder Larry Ruvo. It is also a tribute to Larry’s wife, Camille Ruvo, and her long-standing, tenacious fight to bring attention to the plight of all caregivers. In this role, Dr. Carriere will conduct evidence-based research to better understand the effects of caregiving and create tailored interventions that optimize the overall health and well-being of dementia caregivers.

“Every 65 seconds someone is diagnosed with Alzheimer’s disease, but in that same time, someone becomes a caregiver. As these numbers continue to skyrocket, it’s becoming increasingly important to understand the scope of the caregiver burden, economically, physically and mentally,” said Dr. Carriere. “While there are numerous types of programs and interventions currently available, the key is aligning the right intervention with the specific needs of an individual caregiver to create better outcomes, and I look forward to helping bridge this gap.”

The Angie Ruvo Endowed Caregiving Chair meets a critical need in today’s current landscape of neurodegenerative disease care. In the U.S., approximately 16.1 million Americans provide an estimated 18.4 billion hours of unpaid care to loved ones living with Alzheimer’s disease and other dementias. These caregivers are twice as likely to experience substantial emotional, financial and physical difficulties as their non-dementia caregiving counterparts.

Since opening its doors in 2009, caregiving has remained a pillar of Lou Ruvo Center for Brain Health, which offers a variety of no-cost educational support programming designed to inform, enlighten and empower both patients and caregivers as they navigate the extraordinary challenges of brain disease. Dr. Carriere will expand existing programming to include a curriculum that encompasses the entire physical and emotional health of the caregiver, including areas such as sleep and chronic pain, among others.

In alignment with the center’s goal to personalize the treatment of neurodegenerative disease through a complete spectrum of disease-modifying therapies, Dr. Carriere will offer programming that matches a caregiver’s individual needs throughout their loved one’s entire disease journey, from early onset to end of life. As part of her research, Dr. Carriere will measure caregiver response to these interventions to identify optimal programs, needs and effective targets for addressing the many facets of caregiving. The results of this research will help to improve the lives of individual caregivers, and can be used as recommendations for best practices across this entire caregiver population.

“Caregiving is a thankless job that is 24 hours a day, seven days a week. It is one that most of us will experience at some point in our lives, be it to a loved one suffering from a neurodegenerative disease or a friend or family member that falls ill,” said Camille Ruvo, co-founder of Lou Ruvo Center for Brain Health. “My husband and I turned our shared caregiving experience into purpose through the Lou Ruvo Center for Brain Health, which has been on the forefront of caregiver support and education for 10 years now. The Angie Ruvo Endowed Caregiving Chair is one way we are continuing to invest in these silent heroes and we will not stop until there is a cure.”

Dr. Carriere brings more than five years of experience to the center’s robust neuropsychology program. After graduating with her Ph.D. from Auburn University, she completed her fellowship at the Mellen Program for Multiple Sclerosis at Cleveland Clinic’s main campus. The Angie Ruvo Endowed Caregiving Chair complements her most recent work as a provider in geriatrics for the U.S. Department of Veterans Affairs where she provided evidence-based interventions and support to dementia caregivers within a home-based primary care program, enabling her to better understand the complex needs of caregivers outside of the traditional clinic setting.
The six hospitals of The Valley Health System have been honored by the American Heart Association (AHA) with its Mission: Lifeline® Quality Achievement Awards for implementing specific quality improvement measures outlined by the AHA for the treatment of patients who suffer severe heart attacks (ST-elevated myocardial infarction, aka STEMI).

Honors include:

- Centennial Hills Hospital – Mission: Lifeline® STEMI Receiving Center GOLD
- Desert Springs Hospital – Mission: Lifeline® STEMI Receiving Center SILVER
- Henderson Hospital - Mission: Lifeline® STEMI Receiving Center SILVER
- Spring Valley Hospital - Mission: Lifeline® STEMI Receiving Center GOLD
- Summerlin Hospital - Mission: Lifeline® STEMI Receiving Center GOLD
- Valley Hospital - Mission: Lifeline® STEMI Receiving Center GOLD and Mission Lifeline® NSTEMI Bronze Award

Each hospital earned its award by meeting specific criteria and standards of performance for quick and appropriate treatment through emergency procedures to re-establish blood flow to blocked arteries in heart attack patients coming into the hospital directly or by transfer from another facility.

Additionally, Valley Hospital also earned the NSTEMI Bronze Award for its quality improvement for patients with a partial blockage, called non-ST-elevation myocardial infarction. Once diagnosed, NSTEMI treatment differs from those of STEMI patients. According to the American Heart Association, treatment strategies may include continued medications to impede blood clot formation along with a procedure to examine the inside of the heart.*

According to the American Heart Association, coronary heart disease accounted for approximately 13 percent of deaths in the United States in 2016, equating to 363,452 deaths. Between 2006 and 2016, the annual death rate attributed to coronary artery disease (CAD) declined 31.8% and the actual number of deaths declined by 14.6 percent.**

“Our cardiac response teams have worked diligently since the mid-2000s to improve the evaluation, diagnosis and treatment of heart attack patients,” said Dan McBride, MD, Chief Medical Officer for The Valley Health System. “Desert Springs and Valley hospitals were the first to become accredited chest pain centers in 2006 and 2007, respectively.

“Time lost is heart muscle lost, so we’ve incorporated many partners in our care process, including first responders, hospital emergency, cardiac and follow-up teams, interventional cardiologists and cardiovascular surgeons who are vital to the treatment and recovery of patients,” said Dr. McBride.

The hospitals’ work also extends to the southern Nevada community by providing education on heart attack signs and symptoms and partnering with area EMS agencies to provide hands-only CPR demonstrations at the hospitals and various community events. Hands-only CPR is a life-saving technique for someone who collapses suddenly from cardiac arrest. The immediate application of hands-only CPR by family members, coworkers or bystanders is critical to the person's survival. According to the AHA website, every minute CPR is delayed, a person's chance of survival decreases by up to 10 percent. +

“We commend the hospitals of The Valley Health System for their awards in recognition for following evidence-based guidelines for timely heart attack treatment,” said Tim Henry, M.D., Chair of the Mission: Lifeline Acute Coronary Syndrome Subcommittee. “We applaud the significant institutional commitment to their critical role in the system of care for quickly and appropriately treating heart attack patients.”

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LET’S GET SOCIAL
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Community-minded company challenges first responders and community to pull an ambulance across New York New York Hotel & Casino’s Brooklyn Bridge to fight cancer.

“We are dedicated to being a part of this community through thick and thin, that’s why we’ve made our Pull for a Cure an annual event for the American Cancer Society’s Real Men Wear Pink campaign,” said Rob Richardson, Community Ambulance CEO and Partner.

Teams of six to eight and individual pullers can register now through the day of the pull. The event, which will include entertainment, raffles, and an after party.

“We are thankful for Community Ambulance’s generosity and pleased to have their continued support for another “Pull For a Cure,” said Jennifer Bradley, co-Chair with the American Cancer Society in Las Vegas. “It’s a fun community event, enjoyable by all, and for a worthy cause. The funds we raise in Pull For A Cure will help us in the critical fight against breast cancer.”

The team that pulls the more than 10,000 pounds of steel, metal, and supplies – the fastest – wins. The winning team will receive a rotating trophy and bragging rights for the year. There also will be award categories for the slowest team pull, the best dressed team and the most money raised. All teams will receive a team picture.

“We are honored to be part of Pull for a Cure, it is such a fun event and for a great cause,” said Cynthia Kiser-Murphey, President of New York New York Hotel & Casino. “MGM Resorts is deeply committed to partnering with our local neighbors to help strengthen our communities, and this event brings our hard working first responders together to show their might in the fight against cancer.”

WHEN:
September 28, 2019
9:00 AM – 10:00 AM Registration
10:00 AM – 12:00 PM Pull Competition
12:00 PM – 1:00 PM Award Ceremony, Raffle, Entertainment
1:00 PM After Party

WHERE:
New York New York Hotel and Casino, Brooklyn Bridge
3790 South Las Vegas Boulevard
Las Vegas, NV 89109

REGISTRATION:
$200 Full Team of 6-8 ($150 Returning Team)
$25 single puller
All proceeds benefit the American Cancer Society
Register at www.PullForACureLV.org
The American Medical Association (AMA) recognized 22 health care organizations as the first recipients of the inaugural Joy in Medicine™ Recognition. The new distinction offered by the AMA recognizes health care organizations that have committed to efforts that improve physician satisfaction and reduce burnout.

“It is a great honor to recognize the outstanding achievements of the organizations selected for the Joy in Medicine Recognition,” said AMA Board Chair Jesse M. Ehrenfeld, M.D., M.P.H. “These organizations are true leaders in promoting physician well-being and continue to make a difference in the lives of our nation’s health care workforce.”

Candidates and their achievements to reduce physician burnout were evaluated against criteria demonstrating competencies in commitment, assessment, leadership, efficiency of practice environment, teamwork and support.

The recipients of the inaugural Joy in Medicine Recognition are:
- Ascension Medical Group, St. Louis, Mo.
- Beth Israel Deaconess Medical Center, Boston, Mass.
- Boston Medical Center, Boston, Mass.
- Cleveland Clinic, Cleveland, Ohio
- Geisinger Health System, Danville, Pa.
- Gould Medical Group, Modesto, Calif.
- Heartland Health Centers, Chicago, Ill.
- Icahn School of Medicine Mount Sinai, New York, N.Y.
- Mayo Clinic, Rochester, Minn.
- National Capital Region Military Health System, Bethesda, Md.
- Northwestern Medicine, Chicago, Ill.
- Oak Street Health, Chicago, Ill.
- Ochsner Health System, New Orleans, La.
- Southern California Permanente Group, Calif.
- St. Vincent Medical Group, Ind.
- Stanford Health Care, Palo Alto, Calif.
- University of Colorado School of Medicine, Aurora, Colo.
- UNC Health Care, Chapel Hill, N.C.
- UPMC, Pittsburgh, Pa.
- University of Rochester Medical Center, Rochester, N.Y.
- Virginia Mason Medical Center, Seattle, Wash.
- Wake Forest School of Medicine, Winston-Salem, N.C.

The Joy in Medicine Recognition Program is a component of the AMA’s Practice Transformation Initiative, an ambitious new course of action to advance evidence-based solutions that fill the knowledge gap in effective solutions to the physician burnout crisis.

“The Joy in Medicine Recognition Program is designed by the AMA to serve as a guide and catalyst for organizations who are interested, engaged and committed in efforts to fight the root causes of physician burnout,” said Dr. Ehrenfeld. “The AMA is optimistic that the program will serve as a roadmap to reduce burnout within organizations and unite the health care community around systematic changes that will energize physicians in their life’s work of caring for patients.”

The founding of the Joy in Medicine Recognition Program was influenced by three timely and prominent sources—a call-to-action blog post in Health Affairs titled Physician Burnout is a Public Health Crisis: A Message to our Fellow CEOs, a research article published in JAMA Internal Medicine titled The Business Case for Investing in Physician Well-being, and the multi-stakeholder effort resulting in the Charter on Physician Well-being.

The AMA continues to work on every front to address the physician burnout crisis. Through our research, collaborations, advocacy and leadership, the AMA is working to make the patient-physician relationship more valued than paperwork, preventive care the focus of the future, technology an asset and not a burden, and physician burnout a thing of the past.
Local high school students who are interested in a career in medicine will get the opportunity to shadow a doctor for a day, courtesy of the Clark County Medical Society’s Youth Wear the White Coat Internship Program.

The program, which will take place October 16-23, helps students from local magnet, private, and public high schools who are interested in a career in medicine experience a half or full day “internship,” where they will be able to follow a physician through appointments, surgeries, and more.

“It’s a fantastic opportunity to encourage these students to pursue a career in medicine,” said Dr. Thomas Hunt, Trustee of the Clark County Medical Society (CCMS), Program Director of the VHS consortium Family Medicine Residency program and Chair of Family Medicine at Roseman University. “Not only does the Clark County Medical Society help practicing physicians here in Southern Nevada, we also work very hard to help cultivate the next generation of doctors in our community, and then keep them here.”

This year physician members of the Clark County Medical Society will provide shadowing experiences for about 75 high school students from around the valley.

CCMS Physicians interested in being shadowed during this program can fill out the application on Page 25 or via www.clarkcountymedical.org/whitecoat

### CLASSIFIEDS

#### Job Postings:

Looking for a Part-Time Licensed Medical Doctor in Henderson, Nevada. Competitive Compensation. Must have CONTROLLED SUBSTANCE LICENSE. Must have a Valid MEDICAL DOCTOR license in the state of Nevada, and a controlled substance license. Must be able to go over medical history, and perform physical exams. Interested applicants can email resume to advmed@aol.com or fax to 702-897-9795.

Looking to post a classified ad? Contact us at communications@clarkcountymedical.org
CMS Announces New Enforcement Authorities to Reduce Criminal Behavior in Medicare, Medicaid, and CHIP

The Centers for Medicare & Medicaid Services (CMS) today issued a final rule that strengthens the agency’s ability to stop fraud before it happens by keeping unscrupulous providers out of our federal health insurance programs. This first-of-its-kind action – stopping fraudsters before they get paid – marks a critical step forward in CMS’ longstanding fight to end “pay and chase” in federal healthcare fraud efforts and replace it with smart, effective and proactive measures. Today’s action is part of the Trump Administration’s ongoing effort to safeguard taxpayer dollars and protect the core integrity of the critical Medicare and Medicaid programs that millions rely on.

The final rule, Program Integrity Enhancements to the Provider Enrollment Process (CMS-6058-FC), creates several new revocation and denial authorities to bolster CMS’ efforts to stop waste, fraud and abuse. Importantly, a new “affiliations” authority in the rule allows CMS to identify individuals and organizations that pose an undue risk of fraud, waste or abuse based on their relationships with other previously sanctioned entities. For example, a currently enrolled or newly enrolling organization that has an owner/managing employee who is “affiliated” with another previously revoked organization can be denied enrollment in Medicare, Medicaid, and CHIP or, if already enrolled, can have its enrollment revoked because of the problematic affiliation.

“For too many years, we have played an expensive and inefficient game of ‘whack-a-mole’ with criminals – going after them one at a time -- as they steal from our programs. These fraudsters temporarily disappear into complex, hard-to-track webs of criminal entities, and then re-emerge under different corporate names. These criminals engage in the same behaviors again and again,” said CMS Administrator Seema Verma. “Now, for the first time, we have tools to stop criminals before they can steal from taxpayers. This is CMS hardening the target for criminals and locking the door to the vault. If you’re a bad actor you can never get into the program, and you can’t steal from it.”

The rule also includes other authorities that will effectively improve CMS’ fraud-fighting capabilities. Similar to the affiliations component, these authorities provide a basis for administrative action to revoke or deny, as applicable, Medicare enrollment if:

- A provider or supplier circumvents program rules by coming back into the program, or attempting to come back in, under a different name (e.g. the provider attempts to “reinvent” itself);
- A provider or supplier bills for services/items from non-compliant locations;
- A provider or supplier exhibits a pattern or practice of abusive ordering or certifying of Medicare Part A or Part B items, services or drugs; or
- A provider or supplier has an outstanding debt to CMS from an overpayment that was referred to the Treasury Department.

The new rule also gives CMS the ability to prevent applicants from enrolling in the program for up to 3 years if a provider or supplier is found to have submitted false or misleading information in its initial enrollment application. Furthermore, the new rule expands the reenrollment bar that prevents fraudulent or otherwise problematic providers from re-entering the Medicare program. CMS can now block providers and suppliers who are revoked from re-entering the Medicare program for up to 10 years. Previously, revoked providers could only be prevented from re-enrolling for up to 3 years. Additionally, if a provider or supplier is revoked from Medicare for a second time, CMS can now block that provider or supplier from re-entering the program for up to 20 years.

These important new authorities and restrictions, effective November 4, 2019, ensure that the only providers and suppliers that will face additional burdens are “bad actors” — those who have real and demonstrable histories of conduct and relationships that pose undue risk to taxpayers, patients and program beneficiaries. This new rule ushers in an important new era of smart, effective, proactive and risk-based tools designed to protect the integrity of these vitally important federal healthcare programs we rely on every day to care for millions of Americans.

This new rule builds on CMS’ previous successful efforts to protect beneficiaries and taxpayer dollars while limiting burden on our provider partners without whom we could not deliver high quality care to the millions of people we are honored to serve. “Every dollar that is stolen from federal programs is a dollar that will never contribute to paying for an item or service for seniors and eligible people who need them,” said Administrator Verma.

The Trump Administration’s program integrity activities saved Medicare an estimated $15.5 billion in Fiscal Year (FY) 2017, for an annual return on investment of $10.8 to $1. The 2018 Medicare fee-for-service (FFS) improper payment rate was 8.12%, the lowest since 2010. This translates to about $4.5 billion less in estimated improper payments from 2017. For Medicaid, in FY 2018 CMS recovered $10.5 billion in FFS improper payments. An improper payment is any payment that should not have been made or that was made in an incorrect amount under statutory, contractual, administrative or other legally applicable requirements.

In addition to today’s rule, CMS has implemented several new initiatives to increase provider and supplier transparency and accountability while reducing burden in the Medicare and Medicaid programs. To learn more, go to www.cms.gov.
AMA encourages all media to reject e-cigarette ads

As e-cigarette product use among America’s youth continues to soar, the American Medical Association (AMA) today calls on all media companies to reject future advertising related to e-cigarette and vaping products, particularly ads targeting young people. In the absence of federal regulations that would prevent marketing practices that enhance the appeal of e-cigarette products to youth, the AMA applauds the responsible stance that some media companies have already taken to suspend these ads and encourages others to follow suit.

“The use of e-cigarettes by young people is a growing public health epidemic that must be addressed. That’s why we’re calling on media organizations to help us promote public health and reject any advertisements that market e-cigarette products to youth,” said AMA President Patrice A. Harris, M.D, MA. “While we’re pleased to see some media companies denying e-cigarette product ads during the current lung illness outbreak, we also encourage them and others to extend bans on e-cigarette product ads beyond the outbreak to help stem the rising use of these products among youth.”

According to data from the 2019 Monitoring the Future study of students in the eighth, 10th and 12th grades published Sept. 18 in the New England Journal of Medicine, there has been a dramatic increase in nicotine vaping in all three grade levels within the past year. Overall, the survey found that e-cigarette use has doubled among teens since 2017, and that one in four high school seniors now reports vaping nicotine within the past month.

The AMA has long called for e-cigarettes to have the same marketing and sales restrictions that are applied to tobacco cigarettes, including bans on television advertising. The AMA will continue to support policies and regulations aimed at preventing another generation of Americans from becoming dependent on nicotine. Most recently, the AMA endorsed the Stop Vaping Ads Act and urges Congress to take swift action to adopt legislation to ban e-cigarette product ads.

We want to hear from you!

Do you have an idea for a story for the County Line Magazine, or an important update about your practice?

Contact us today at communications@clarkcountymedical.org
Carson City Health and Human Services, Southern Nevada Health District, and Washoe County Health District are warning the public of the potential for severe lung illness associated with the use of electronic cigarettes (e-cigarettes). The public health authorities are advising people not to use vaping products and e-cigarettes. These products should never be used by youth, young adults, pregnant women, and people who do not currently use tobacco products.

The Centers for Disease Control and Prevention (CDC) reported 450 potential cases and three deaths associated with severe lung illness. At this time, investigators have not identified any specific product or compound that is linked to all cases; however, all patients have reported e-cigarette product use or vaping. In many cases, but not all, patients reported recently using products containing tetrahydrocannabinol (THC).

There have been no reported cases in Nevada. The public health authorities will work with health care providers to investigate suspected cases in their respective jurisdictions.

The patients who have been hospitalized have reported experiencing a gradual start of symptoms, including:

- Respiratory symptoms (cough, shortness of breath, or chest pain)
- Gastrointestinal symptoms (nausea, vomiting, or diarrhea)
- Non-specific symptoms (fatigue, fever, or weight loss)

The Nevada health authorities advise people who use e-cigarettes to seek medical care right away if any of these symptoms are experienced. People seeking help quitting tobacco products, including e-cigarettes, can contact the Nevada Tobacco Quitline at 1-800-Quit-Now. Additional information for the public includes:

- Never buy these products off the street (for example, e-cigarette products with THC or other cannabinoids).
- Avoid modifying e-cigarette products or adding any substances to these products that are not intended by the manufacturer.
- Tobacco users who are attempting to quit should use evidence-based treatments, including counseling and FDA-approved medications.
- If you need help quitting tobacco products, including e-cigarettes, contact the Nevada Tobacco Quitline at 1-800-Quit-Now.

Finally, the Food and Drug Administration encourages the public to submit detailed reports of any unexpected tobacco or e-cigarette–related health product issues at its Safety Reporting Portal or by calling 1-800-222-1222. More info on the risks of vaping can be found in a report published today by the New England Journal of Medicine.
EMPOWERING ENTREPRENEURS

for over 25 years

Troy and Stephanie Herrera had office jobs but dreamed of building their own business. They started Adventure Pet with the simple mission to get dogs in nature. As new entrepreneurs, they sought out Clark & Associates to handle the important business details like insurance and HR. Business boomed.
Physicians Needed!

Our Youth Wear the White Coat Internship is dedicated to students from local magnet, private, and public high schools who are interested in a career in medicine. Help us build a bridge from high school to medical school by volunteering to be shadowed for a day!

To apply as a physician volunteer head to www.clarkcountymedical.org/whitecoat

For additional information, call the CCMS Office at 702.739.9989 or email communications@clarkcountymedical.org
Applications must be returned to communications@clarkcountymedical.org.

Youth Wear the White Coat | PHYSICIAN APPLICATION

October 16 – October 23, 2019

Applications must be returned to communications@clarkcountymedical.org.

PHYSICIAN INFORMATION – Please print or type

Name: ___________________________ Title: ___________________________

Practice Name: ___________________________

Practice Address: ________________ City: ___________ St: ___________ Zip: ___________

Specialty: ___________________________ Email (if available): ___________________________

Phone: (______) ________ - _________ Req. Mobile: (______) ________ - _________ Req. Fax: (______) ________ - _________ Req.

Please select your available dates, write/type in time and office location. Must specify a time

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Recognition Dinner Wednesday, October 23, 2019 | Southwest Career & Technical Academy

5:30 pm Registration | 6:00 pm Dinner & Program
7050 W. Shelbourne Ave., Las Vegas NV 89113

Will you be attending to talk about your experiences?

☐ Yes, I will be attending the recognition dinner  ☐ No, I am unable to attend the recognition dinner

_________________________ __________________________
Signature Date
Inspire the next generation of medicine!

Volunteer to be shadowed by a high school student during the Youth Wear the White Coat Internship
Oct. 16-23rd, 2019

The Youth Wear the White Coat Internship relies on the participation of local physicians to help students from local magnet, private, and public high schools who are interested in a career in medicine. Help us build a bridge from high school to medical school by volunteering to be shadowed for a day!

For more information, contact CCMS at (702) 739-9989 or by emailing communications@clarkcountymedical.org