



# KIM LEWAND MARTIN

EVERYDAY ECO-HABITS FOR EVERYDAY PEOPLE

## HOLIDAY TIPS

### RE-THINK HOLIDAY SHOPPING:

- Bring [reusable bags](#) when you go holiday shopping for food or gifts.
- Carpool, walk, bike, or take alternative transportation when you do your shopping to reduce your [emissions](#).
- Bulk your shopping errands together so you can save on emissions and time.
- If ordering gifts online, try to consolidate your orders so they can be delivered at the same time, cutting down on emissions and excess packaging.

### RE-THINK HOLIDAY CARDS:

- Send [e-cards](#) instead of mailing cards.
- Send cards on [recycled paper](#).

### RE-THINK WRAPPING PAPER AND PACKAGING:

- When you [wrap](#), consider re-using material you have around the house. Old maps, the comic strips of newspaper, and catalog magazines are all fun, crafty ways to wrap presents.
- Consider “wrapping” your presents in a reusable bag. It’s like two gifts in one!
- Save and reuse wrapping paper, gift bags, and ribbons for the next Holiday Season.
- If you receive any gifts in cardboard boxes, be sure to either re-use or recycle them.
- When shipping, [purchase 100% recycled shipping boxes](#) and use old newspaper or magazines as fillers.



# KIM LEWAND MARTIN

EVERYDAY ECO-HABITS FOR EVERYDAY PEOPLE

## HOLIDAY TIPS

### RE-THINK GIVING:

- Consider [making your own gifts](#).
- Give an [eco-friendly gift](#).
- Give an experience (movie tickets, concert tickets, [National Park Passes](#) etc.).
- Donate to a charity in your recipient's name. A few of my favs include: [Grades of Green](#), The [Leonardo DiCaprio Foundation](#), The [Waterkeeper Alliance](#); [LA Waterkeeper](#), [Heal the Bay](#), and the [Coalition for Clean Air](#).

### RE-THINK HOLIDAY TRAVEL:

- If you plan to travel this Holiday, you can [offset your carbon footprint](#). [You can read more about it in my Emissions-LESS post](#).

### RE-THINK DÉCOR:

- Switch to LED or [solar](#) holiday lights this year to save over 95% of your energy use.
- Put your holiday lights on a timer so they aren't on all night.
- Rent a [live Christmas Tree](#).
- Use [eco-friendly methods](#) to make your home smell like the Holidays.