

VOICES

of Gout



“

The pain from gout is real. **It is nothing to take lightly.**”

- Bessie C

“

Trying to work during a **flare** is the most challenging aspect of living with gout.”

- Henry D



“

I thought my foot pain was due to bad shoes, **I WAS TOTALLY SURPRISED THAT I HAD GOUT.**”

- THOMAS T



“

Three words that describe gout are **PAINFUL, THROBBING AND FIRE.**”

- GLEN C



“

Gout is **VERY PAINFUL**, but with a combination of medications it is manageable.”

- BARBARA C

JOIN THE CONVERSATION
#GoutAwarenessDay