



2024 FCYST Bird Bath Invitational

July 12-14, 2024

Approval # WI2024-555A



In granting this approval it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

GENERAL MEET INFORMATION

Meet Host: Fox Cities YMCA Swim Team (FCY)

Location: Erb Park
1800 North Morrison Street
Appleton, WI 54911

Entries Due: **Final Entries, July 1 by 6p**
Email Entries to: ao.fcyst@gmail.com

Meet Director: Bruce B. Romberg (bbr3864@gmail.com)
(ph: 920-993-1269 – land line)

Meet Referee: Brian Flanagan (bjflanagan@mac.com)
Administrative Official: Jeff VanGompel (jeffandtami07@att.net)

Officials from other teams will be needed. Contact Brian Flanagan if interested.

Meet Landing Page: www.foxcitiesbirdbath.com

General Meeting: Coaches, Officials and Timers Meetings will be held as determined by the Meet Referee. It is the responsibility and obligation of each team or unattached swimmer to be represented at all Coach's Meetings. Coaches or other team representatives are responsible for all information presented at these meetings including changes to the meet format or conduct. Coaches should check their team folder located at the computer table prior to each session.

Facility: 50 meter heated outdoor pool with eight 9' wide lanes, non-turbulent lane dividers, 11' starting depth and 3' 3" depth at the shallow end. The meet host will ensure the required course dimensions.

Timing System: Superior Swim Timing system (pads at both ends) and HyTEK Meet Manager software will be used in addition to manual stopwatches using 2 timers per lane and a backup button.

Deck Access: Deck access is limited to athletes entered in the meet, coaches, and meet personnel. Coaches and officials should display their USA Swimming card when on the pool deck. Spectators are allowed in the meet viewing zone only. No chairs or coolers are permitted in the meet viewing zone. Spectators with a disability should speak to the meet director for accommodations. Spectators not abiding by these rules will be asked to leave the facility. A live stream will be provided.

- Spectator Admission:** No spectator admission will be charged. General Admission fee will be included in the swimmer's facility fees.
- Concessions:** There will be a variety of foods and drinks available for purchase in the FCYST Concessions area located in the Erb Park Pavilion found just north of the Erb Pool.
- Lost and Found:** During the meet, please check the lost and found area next the gate entrance. FCYST and the City of Appleton are not responsible for lost items. Items not picked up by the end of the meet will be discarded or donated.
- Live Stream:** A live stream link will be provided at the meet landing page www.foxcitiesbirdbath.com
- Weather Delays:** In the event of threatening weather, the meet director will collaborate with the managing lifeguard and meet referee to assess the safety of both athletes and spectators. Lightning, heavy rain, and/or strong winds will cause meet delays. If weather delays are necessary, we will make every attempt to complete all events. If it is necessary to cancel events, entry fees will not be refunded. There is no rain date for this meet.
- First Aid:** Any first aid needs can be taken care of by seeing any of the facility lifeguards or by going to the lifeguard office by the main entrance of the facility.

RULES AND PROCEDURES

- Official Rules:** USA Swimming & Wisconsin long course rules prevail for the meet. Flyover starts will be used. MAAPP requirements will be followed.
- Disability Swimmers:** Coaches are encouraged to inform officials or the Meet Director of any special needs for a swimmer prior to warm-ups or with meet entries. This information will help the meet host and officials prepare.
- MAAPP Acknowledgement:** All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. Times achieved by an athlete member at a sanctioned meet who is over 18 years of age who had not completed the Athlete Protection Training (or whose APT training had expired) by the date of the swim, will not be able to be uploaded to SWIMS. This includes participation as a member of a relay. These athletes will also be considered "not in good standing" and can be subject to fines under Wisconsin Swimming Policy 11.2.1.
- Start Certification:** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. (Backstroke wedges will not be used.)
- Locker Rooms:** Pursuant to USA Swimming Safe Sport policy, access to the Erb Pool Locker Rooms is limited to Participating Athletes and designated Meet Marshalls.

Two Family Changing Rooms/Lavatories will also be available for those in need of additional assistance. These located between the two Erb Pool locker rooms. Deck changes are prohibited.

Video and Photo:

Pursuant to USA Swimming Safe Sport policy, no video or still photography is allowed behind the Erb Pool Starting Blocks. This area will be clearly posted with signage and fence lines.

Athlete and Parent Conduct:

Please follow the athlete and parent conduct guidelines below. All clubs will be responsible for the conduct of their own swimmers and parents. Anyone not following these rules may be subject to removal from the meet and facility. The Meet Host has the authority to disqualify swimmers found misbehaving.

In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices is prohibited in changing areas, restrooms or locker rooms. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

Teams are asked to pick up any garbage in their immediate team area after each session. By order of the City of Appleton, no tents, chairs, or shade structures will be allowed in the park overnight. If these items are left they will be removed and disposed of.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

WARM-UP AND MEET SCHEDULE

Warm-ups:

Warm-up schedules and lane assignments will be announced after Initial Entries are received. Feet first entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition. We expect 7a for the first assigned warm up but will change if the size of the meet dictates. If you have a preference for early or late warmup please include with your entry, but no guarantees.

ENTRY INTO THE MEET

Swimmer Eligibility:

USA and/or YMCA swimmers are welcome to participate (YMCA swimmers are not required to be registered USA). Age as of July 12, 2024 shall determine age group. Athletes that are not members of either USA or YMCA swimming must be pre-approved by the meet director no later than 14 days prior to the start of the meet.

Entry Limits:

Swimmers may compete in a maximum of three (3) individual events per day and six (6) individual events for the entire meet. Swimmers may enter one (1) relay event per session and two (2) for the entire meet. Coaches are encouraged to email a copy of the entries along with the zip file. We have strict session limits and pool capacity orders to follow. To meet these requirements or session timelines we reserve the right to make changes to entry limits and time standards as needed.

Seed Times: Submit most current achieved Long Course Meter or converted short course yard and meter times.

Qualifying times are required for all 200 and 400-meter events (details below).

Entry Deadline: Final Entries, July 1 by 6p
Email Entries to: ao.fcyst@gmail.com

Entry Fees: \$4 Wisconsin Swimming “splash fee”
\$20 facility fee (includes admission)
\$6 per individual event
\$20 per relay event
Checks payable to: YMCA of the Fox Cities. All fees must be hand delivered to the computer table at the start of the meet and are not refundable.

Deck Entries: After the Entry Deadline, Deck entries will be accepted at the AO’s discretion.

CONDUCT OF THE MEET

Format: All events will be Timed Finals swum slow to fast. Breaks may be added. The Meet Host reserves the right to make any format changes deemed necessary.

AWARDS

Awards: Individual events: Medals will be awarded 1st-8th, ribbons will be awarded 9th – 16th in the following age groups: 8U, 9-10, 11-12, 13-14, 15+.

Relay event medals will be awarded 1st – 3rd.

All awards will be picked up on site. They will not be mailed.

Results: Live results will be available on Meet Mobile, if technology allows. A link to meet results will be posted on the meet landing page at the conclusion of the meet.

Parking: **Coaches and Officials:** Reserved parking areas will be made available. These are located in the two parking lots adjacent to Erb Pool. These areas will be signed for easy recognition. <https://www.foxcitiesbirdbath.com/erb-pool>

Families and Participants: Street side parking is available directly adjacent to Erb Park and several nearby side streets. Caution: The Appleton Police Department does post several side streets with temporary ‘no parking’ signs. These must be obeyed. APD will cite and tow non-compliant vehicles.

MISC

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Order of Events

FRIDAY	GIRLS	<u>Friday Afternoon</u>	BOYS
	1	Open 400 Free*	2
	3	11+ 400 IM*	4
	5	11+ 800 Freestyle	5
	GIRLS	<u>Friday Evening</u>	BOYS
	7	Open 200 Free*	8
	9	Open 50 Backstroke	10
	11	12U 100 Butterfly	12
	13	11+ 200 Butterfly *	14
15	Open 50 Breaststroke	16	

SATURDAY	GIRLS	<u>Saturday Morning</u>	BOYS
	17	12U 200 Medley Relay	18
	19	8U 100 Breaststroke	20
	21	9-10 100 Breaststroke	22
	23	11-12 100 Breaststroke	24
	25	12U 200 Backstroke*	26
	27	8U 100 Freestyle	28
	29	9-10 100 Freestyle	30
	31	11-12 100 Freestyle	32
	33	8U 50 Butterfly	34
	35	9-10 50 Butterfly	36
	37	11-12 50 Butterfly	38
	GIRLS	<u>Saturday Afternoon</u>	BOYS
	39	13+ 400 Medley Relay	40
	41	13+ 100 Backstroke	42
	43	13+ 200 Breaststroke*	44
	45	13+ 50 Freestyle	46
47	13+ 100 Butterfly	48	

SUNDAY	GIRLS	<u>Sunday Morning</u>	BOYS
	49	12U Freestyle Relay	50
	51	9-10 200 IM*	52
	53	11-12 200 IM*	54
	55	8U 50 Freestyle	56
	57	9-10 50 Freestyle	58
	59	11-12 50 Freestyle	60
	61	8U 100 Backstroke	62
	63	9-10 100 Backstroke	64
	65	11-12 100 Backstroke	66
	67	12U 200 Breaststroke*	68
	GIRLS	<u>Sunday Afternoon</u>	BOYS
	69	13+ 400 Freestyle Relay	70
	71	13+ 200 IM*	72
	73	13+ 100 Breaststroke	74
	75	13+ 50 Butterfly	76
	77	13+ 200 Backstroke*	78
79	13+ 100 Freestyle	80	

***Qualifying times required for all 200M and 400M individual events**

(see next page for details)

2024 Bird Bath Invitational Qualifying Times

****Note - qualifying times only required for 200M & 400M events**

Event	GIRLS		Event Description	BOYS		Event
	Qualifying Time (LCM)			Qualifying Time (LCM)		
1	12&U	6:23.89	Open 400 Free	12&U	6:15.49	2
	13-14	6:06.79		13-14	5:49.09	
	15&O	5:58.49		15&O	5:33.69	
3	11-12	7:19.69	11+ 400 IM	11-12	7:09.89	4
	13-14	6:55.49		13-14	6:32.69	
	15&O	6:47.89		15&O	6:14.09	
7	10&U	3:45.79	Open 200 Free	10&U	3:33.49	8
	11-12	3:02.29		11-12	2:57.49	
	13-14	2:54.29		13-14	2:44.09	
	15&O	2:50.49		15&O	2:37.39	
13	11-12	3:24.89	11+ 200 Butterfly	11-12	3:20.49	14
	13-14	3:12.99		13-14	3:00.89	
	15&O	3:07.29		15&O	2:52.29	
25	12&U	3:24.49	12U 200 Backstroke	12&U	3:19.49	26
43	13-14	3:39.69	13+ 200 Breaststroke	13-14	3:25.49	44
	15&O	3:35.89		15&O	3:15.39	
51	9-10	4:09.39	9-10 200 IM	9-10	4:06.19	52
53	11-12	3:26.09	11-12 200 IM	11-12	3:23.79	54
67	12&U	3:52.59	12U 200 Breaststroke	12&U	3:44.69	68
71	13-14	3:15.79	13+ 200 IM	13-14	3:04.59	72
	15&O	3:11.89		15&O	2:56.59	
77	13-14	3:12.39	13+ 200 Backstroke	13-14	3:02.09	78
	15&O	3:08.39		15&O	2:53.79	

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2024 FCYST Bird Bath Invitational - Summary Entry Form

(Entries will not be accepted without waiver form)

In consideration of the acceptance of this entry: I/We hereby, for Myself/Ourselves, My/Our/Their, administrators and assignees, waive and release any and all claims against the YMCA of the Fox Cities, United States Swimming, the Wisconsin Swimming Inc, Fox Cities YMCA Swim Team, and their staff for the injuries and or expenses accrued by Me/Us at the meet, or while on the road to and from the meet. I/We are eligible to compete in all events I/We have entered. I/We also understand that our YMCA will be responsible financially for any damage done to the facility by our athletes during the meet. I/We also understand that it is our responsibility to ensure that all of our athletes and coaches are currently registered members of YMCA Swimming. I/We will be responsible for making our athletes/parents/coaches/club administrators aware of the waiver requirements in participation in this event. Please bring one copy of entry form, waiver and plus entry fees to the entry chair.

Club Name: _____ Abbr: _____

Signature of Club Official

Name: _____ Title: _____

Address: _____

City: _____ State: _____ Zip: _____

Entry Fee Recap:

Total No. of Swimmers in Meet _____ x Facility User Fee \$20.00 = \$ _____

Total No. of Swimmers in Meet: _____ x Splash Fee @ \$4.00 = \$ _____

Total No. of Individual Events in Meet: _____ x Ind. Entry Fee @ \$6.00 = \$ _____

Total No. of Relay Events in Meet: _____ x Ind. Entry Fee @ \$20.00 = \$ _____

Make Checks Payable to: "YMCA of the Fox Cities".

Your Check Number Is _____ Total Entry Fee = \$ _____

Name of coaches representing your team at meet:

Name: _____ Contact: _____

Name: _____ Contact: _____

Name: _____ Contact: _____