ABOUT BCHN

Founded in 1996, Bronx Community Health Network (BCHN) is an innovative, caring organization that is making an impact on the lives of Bronx residents every day. BCHN assures access to quality, affordable medical, behavioral and oral health and related services for over 118,000 children and adults annually at 21 network community and school-based health centers. In addition, some 40,000 people are connected to social support services through our robust health and wellness programs.

LIVING OUR MISSION

Improve the health of people and families in the Bronx • Provide access to affordable, quality health care especially for uninsured person. • Promote disease prevention, early treatment and healthful lifestyles. • Secure resources for programs and services.

LEADERSHIP TEAM

Board of Directors

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VICE PRESIDENT
Eduardo Alayon, LMSW

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John Ruiz, BLA

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David Fletcher, Ph.D.

RECORDING SECRETARY
Charles Barnett, BBA

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Marjorie Cadogan, JD
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Tanya Pridgen, MS
Millie Pacheco, BA
Sandra Piggee, LCSW
Victor Quarshie, BSc
Richard Thomas

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CHIEF FINANCIAL OFFICER
Sharon Edwards, MBA

CHIEF MEDICAL OFFICER/QUALITY IMPROVEMENT DIRECTOR
Jay Izes, MD

DIRECTOR OF PROGRAMS
Tashi Chodon, BSN, MPH

BCHN Board of Directors members Zahra Elmekkawy (President), Tanya Pridgen, Victor Quarshie, Arthur G. Edwards, Richard Thomas, Marjorie Cadogan, John Ruiz (Treasurer), Millie Pacheco, Charles Barnett (Recording Secretary) and Eduardo Alayon (Vice President)
119,858
Bronx Residents received medical, behavioral, pediatric and oral health care and related services

418,798
visits were made by patients at 21 community and school-based health centers

41%
Hispanics/Latinos and

28%
Blacks/African Americans

36%
children and youth

64%
adults 18 and older

418,798
visits were made by patients at 21 community and school-based health centers

41%
Hispanics/Latinos and

28%
Blacks/African Americans

61%
Medicaid, CHIP or other public insurance for primary care

5%
no health insurance

16%
uninsured patients had incomes below 200% of the Federal Poverty Level ($12,060 for an individual)

85%
pregnant women had access to prenatal care in the first trimester

11%
diagnosed with diabetes

80%
controlled diabetes

18%
diagnosed with hypertension

11%
diagnosed with asthma

100%
newly diagnosed HIV patients received follow-up treatment within 90 days

90%
HIV+ patients that received care through the CICERO program were undetectable and untransmittable (U=U)
449 pregnant women and families in the Healthy Start program received maternal and child education and support (safe sleep, breastfeeding, childbirth classes, etc.)

The Bronx has a higher infant mortality rate per 1,000 live births (4.4) than Manhattan (2.8) or all of New York City (4.1). In 2016, 21.3% of live births were to women receiving inadequate care.

When Naomi joined the Healthy Start program, she was only weeks away from delivering her baby boy. Unfortunately, she was living in a fourth floor walk-up building and had trouble making it to her apartment without passing out. Once she met BCHN community health worker Patricia, things began to change. Within two days, Patricia helped secure a new apartment for the mom-to-be, who was able to deliver a healthy baby without the additional stress of an unacceptable housing situation.

Naomi is one of 449 women who attended workshops on safe sleep and breastfeeding, childbirth education, postpartum depression, car seat safety, and how to baby-proof homes. She credits the program with providing much-needed training assistance, and items such as a baby stroller and diapers, to ensure a healthy start for her family.

“I am so thankful to BCHN for all the training I received through the Healthy Start program,” she says.

55 Bay Eden Senior Center members successfully participated in the blood pressure program pilot.

Hypertension rates in the Bronx (34%) are higher than the New York City average (28%).

Participants in BCHN’s six-month Blood Pressure Program pilot at Bay Eden Senior Center were celebrated during a special recognition event. Every Wednesday during the pilot, free screenings were provided, along with education on blood pressure monitoring and management. Our outreach team helped the seniors create action plans with objectives focused on exercise and healthy eating.

“I came here two weeks ago and my heart rate was 34,” explained Bay Eden member Edith. “I didn’t realize my heart rate was so low. I had to go to the emergency room so they could monitor my heart. I really appreciate the good job they are doing.”

As a result of overwhelmingly positive results and feedback, Bay Eden Senior Center has added blood pressure monitoring to its schedule for the next year. BCHN will expand the program to barber and beauty shops in the community.
Ms. Camara was referred to community health worker Janet after being displaced from her home, and forced to move into a shelter. As a single mother with four children, Ms. Camara became discouraged as her attempts to receive assistance were denied. Janet always encouraged her and continually found new applications and options for the family to try.

“I always told her there was something waiting for her right around the corner,” Janet explains.

And she was right.

Thanks to Janet’s assistance and her own determination, Ms. Camara was successfully placed in permanent housing, obtained her CNA certification, and even obtained her United States citizenship.

“I can not thank Janet enough for making such a huge impact on my life,” she says.

Naloxone is a medication used to stop an opioid overdose. BCHN’s community health and wellness team provides education on the growing epidemic and distributes life-saving naloxone kits to patients, community members and organizations. One of the many workshops conducted included the Fordham Plaza security team.

Just days after receiving a naloxone kit during the workshop, a security guard received an alert that a woman was overdosing on the plaza. The guard used the kit to save the woman’s life.

Since that day, the kits have been used to save additional lives. The security team has now made naloxone training an annual event.
BCHN’s outreach team hosted 33,373 Bronx residents at health promotion and wellness events.

Through BCHN’s health literacy program, 937 Bronxites learned about health insurance and how to navigate the healthcare system.

2,397 emergency department patients were referred to a primary care physician.

126,013 patients now have access to a community health worker for care coordination and to connect them to social support services.

3,342 people enrolled in New York State of Health Marketplace (Obamacare).

BCHN’s Social Determinants of Health work was shared at multiple conferences, including the National Association of Community Health Centers (NACHC) Community Health Institute & Expo in Orlando.

BCHN celebrated healthcare superheroes during the 13th Annual Community Health Champions Recognition Dinner.
**PROGRAMS**

BCHN teamed up with Bissel Gardens for a National Health Center Week event.

New and expectant moms played “Breastfeeding Jeopardy” and during a monthly Healthy Start workshop at Family Health Center.

BCHN provided Worksite Wellness training for local organizations and businesses on eating healthier in the office.

BCHN launched Breathe Free Bronx, a home-based asthma program to help children and adults improve asthma symptoms and reduce emergency room visits and hospitalizations due to preventable complications.

BCHN sponsored and provided health education at the 46th Precinct’s National Night Out event.

A weekly patient walking group at West Farms Family Practice travels from the health center to the Bronx Zoo.
For the past two decades, BCHN has invested $132.9 million in federal grant funding to help improve the health and wellness of the Bronx community.
## Financial Performance

### Statement of Financial Position

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>2018</th>
<th>2017</th>
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</thead>
<tbody>
<tr>
<td><strong>Current Assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cash</td>
<td>$805,004</td>
<td>$429,391</td>
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<tr>
<td>DHHS Grants Receivable</td>
<td>$1,179,677</td>
<td>$1,557,370</td>
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<td>Other Grants Receivable</td>
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<td>Prepaid Expenses/Other Current Assets</td>
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<td>$16,063</td>
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<td><strong>TOTAL ASSETS</strong></td>
<td>$2,308,690</td>
<td>$2,300,442</td>
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<tr>
<th>Liabilities &amp; Unrestricted Net Assets</th>
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<tbody>
<tr>
<td>Liabilities-Accounts Payable &amp; Accrued Expenses</td>
<td>$1,820,696</td>
<td>$2,126,395</td>
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<tr>
<td>Unrestricted Net Assets</td>
<td>$487,794</td>
<td>$174,047</td>
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<td><strong>Total Liabilities &amp; Unrestricted Net Assets</strong></td>
<td>$2,308,690</td>
<td>$2,300,442</td>
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### Statement of Operations & Change in Net Assets

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<tr>
<th>REVENUE</th>
<th>2018</th>
<th>2017</th>
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<td>DHHS Grants</td>
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<td>Other Grants</td>
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<td>Donated Space</td>
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<tr>
<td>Other</td>
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<td><strong>TOTAL REVENUE</strong></td>
<td>$10,374,800</td>
<td>$9,082,879</td>
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<table>
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<tr>
<th>EXPENSES</th>
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<tr>
<td>Program Services</td>
<td>$7,984,270</td>
<td>$7,129,488</td>
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<tr>
<td>General and Administrative</td>
<td>$2,076,783</td>
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<tr>
<td><strong>Total Expenses</strong></td>
<td>$10,061,053</td>
<td>$9,086,482</td>
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Increase in Unrestricted Net Assets $313,747 ($3,603)

**UNRESTRICTED NET ASSETS, Beginning** $174,047 $177,650

**UNRESTRICTED NET ASSETS, Ending** $487,794 $174,047
OUR HEALTH CENTERS

Adlai E. Stevenson Educational Campus Health Center | 1980 Lafayette Avenue, Bronx, NY 10473
Castle Hill Family Practice (CHFP) | 2175 Westchester Avenue, Bronx, NY 10462
Claremont Family Care Center | 264 East 174th Street, Bronx, NY 10457
Clay Avenue Family Health Center | 1776 Clay Avenue, Bronx, NY 10457
Comprehensive Family Care Center (CFCC) | 1621 Eastchester Road, Bronx, NY 10461
Comprehensive Health Care Center (CHCC) | 305 East 161st Street, Bronx, NY 10451
DeWitt Clinton High School Health Center | 100 West Mosholu Parkway South, Bronx, NY 10468
Family Health Center (FHC) | 1 Fordham Plaza, 5th Floor, Bronx, NY 10458
I.S. 217 Entreda Academy | 977 Fox Street, Bronx, NY 10459*
Marble Hill Family Practice (MHFP) | 5525 Broadway, Bronx, New York 10463
Morris High School Campus | 1110 Boston Road, Bronx, NY 10456
Mott Haven Campus Health Center | 730 Concourse Village West, Bronx, New York 10451
Park Ave Health Center | 4196 Park Avenue, Bronx, NY 10457-6009
P.S. 55 Benjamin Franklin | 450 St Pauls Pl, Bronx, NY 10456
South Bronx High School Health Center | 710 Saint Anns Avenue, Bronx, NY 10455
University Avenue Family Practice | 105 West 188th Street, Bronx, NY 10468
Via Verde Family Practice | 730 Brook Avenue, Ground Floor, Bronx, NY 10455
Walton Campus Health Center | 2780 Reservoir Avenue, Bronx, NY 10468
West Farms Family Practice | 1055 East Tremont Avenue, Bronx, NY 10460
William Howard Taft Campus Health Center | 240 E. 172nd Street, Bronx, NY 10457
Williamsbridge Family Practice (WBFP) | 3011 Boston Road, Bronx, NY 10469