BRONX COMMUNITY HEALTH NETWORK, INC.

2015
ANNUAL REPORT

HEALTHY LIVING

Healthy Bronx
TABLE OF CONTENTS

SECTION                                      PAGE
About BCHN, Mission, Leadership Team          2
Letter from the Board President and CEO        3
BCHN By The Numbers                           4
Quality Improvement, Health Centers            5
A Look Back, BCHN 1996-2015                   6
Healthy Community                             8
Patient Stories                               9
Bronx REACH CHAMPS, Engage NYC                10
Financials                                     11
In Memoriam                                   12

LEADERSHIP TEAM

BOARD OF DIRECTORS

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                                               Florence Criscuolo, BA
                                               Arthur G. Edwards, MPA
                                               Victor Quarshie, BSc.

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CHIEF EXECUTIVE OFFICER                        Eleanor Larrier, MPA
CHIEF FINANCIAL OFFICER                        Sharon Edwards, MBA
CHIEF MEDICAL OFFICER/QUALITY IMPROVEMENT DIRECTOR
                                               Jay Izes, MD
DIRECTOR OF PROGRAMS                           Tashi Chodon, BSN, MPH

ABOUT

Founded in 1996, Bronx Community Health Network, Inc. (BCHN) is a not-for-profit organization and Federally Funded Health Center that sponsors 17 community and school-based health centers in the Bronx.

MISSION

Improve the health of people and families in the Bronx • Provide access to affordable, quality health care especially for uninsured person. • Promote disease prevention, early treatment and healthful lifestyles. • Secure resources for programs and services.
LETTER FROM
EDUARDO ALAYON, LMSW &
ELEANOR LARRIER, MPA

Dear Supporters and Friends:

As a Federally Funded Health Center, Bronx Community Health Network has been eliminating barriers to comprehensive, affordable, quality health care for thousands of people in medically underserved Bronx communities since 1997. Lessons learned from the 50-year old community health center program are being applied nationally. With the evolving health care system, there is renewed recognition of the importance of educating and empowering communities to take responsibility for individual and community health, access to primary care and a broad array of social support services, and the imperative of a skilled, culturally competent workforce.

Healthcare access is central to BCHN’s mission. A record total of $10.1 million grant funding during 2015 assured access for 107,636 patients (403,418 visits) at 17 health centers, including new network members, Stevenson Campus School-Based Health Center and Via Verde Family Practice. Certified Application Specialists enrolled 4,022 more patients in New York State Marketplace insurance plans, reducing the percentage of uninsured patients in the Bronx by 12% percent since the program began in December 2013.

Our contractors, Acacia Network/Promesa Systems and Montefiore Health System, are leading impressive performance improvement efforts to ensure patient care quality, safety and better health outcomes. Interdisciplinary health care teams, coaching, workforce training/retraining to support efficient, redesigned workflows, and patient engagement through internet accessible personal health records are embedded at all health centers. BCHN’s multicultural staff grew 35 percent. The new cadre of community health workers are well qualified to be valued members of the centers’ care coordination and patient-centered medical home teams, as evidenced by their successful integration into the behavioral health and Healthy Start initiatives at Comprehensive Family Care Center, Comprehensive Health Care Center, Claremont Health Center and Family Health Center.

Our Board of Directors has expanded opportunities for broader public participation by establishing the BCHN Advisory Council. We are grateful for the continuing support of Board and Advisory Council members. We recognize the contributions of two stalwart Board members, Elizabeth Brown, past chairperson, and, Judith Carol, past vice president, as we acknowledge their passing in 2015. We express deep gratitude to BCHN’s executive and support teams for their diligence and attention to mission. We appreciate and thank contractors, supporters and friends for their collaboration and participation in our programs and services.

We are proud to be part of America’s network of community health centers. Begun as a small pilot program in President Johnson’s War on Poverty, health centers are surviving and thriving as the largest, most cost-effective primary care system in the nation, and as economic anchors in the communities they serve. In 2015, BCHN’s 19-year aggregate grant funding surpassed 100 million dollars, an investment in the health of the Bronx.

Together, we can ensure that Bronxites are #not62!

Eduardo Alayon, LMSW  
President, Board of Directors

Eleanor Larrier, MPA  
Chief Executive Officer
Living our mission: Eliminating access barriers to comprehensive, quality, affordable health care services and improving health outcomes for Bronx residents have always been our priorities. In 2015, we exceeded previous levels of federal grants and set records for the number of new patients and health center visits. The new resources were invested in the expansion, co-location and integration of behavioral and oral health care professionals and services in community and school-based health centers’ primary care settings, and in community health promotion and education.

**107,536** children and adults made **402,413** visits to **17** community and school-based health centers.

- **22,573** Dental
- **8,805** Mental Health
- **10,570** Social Support Services
- **68,688** Medical

**$10,126,648** helped cover the cost of care for **6,459** patients without health insurance (6%).

- **$991,303** Ryan White
- **$976,900** CDC
- **$8,158,445** Section 330

**77%** increase of the number of patients served by BCHN health centers over the past decade.

**$3,135,821** in new funding from 7 grant awards/sub-awards helped improve the health of Bronxites.

- **$976,900** CDC
- **$976,900** Healthy Start
- **$150,065** CDC
- **$2,008,856** HRSA
Monitoring quality of care is essential for BCHN and its contractors. Multiple performance improvement projects are done throughout the year. Each health center focuses on making enhancements to the patient experience, and reviews reports on their interest areas.

Some selected results are:

<table>
<thead>
<tr>
<th>HEALTH CENTER</th>
<th>QUALITY INDICATOR</th>
<th>OUTCOME %</th>
<th>HEALTHY PEOPLE 2020 STANDARD %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acacia Promesa</td>
<td>Hypertension Control</td>
<td>69%</td>
<td>61.2%</td>
</tr>
<tr>
<td>CHCC</td>
<td>Adolescent Sexual Activity Screening</td>
<td>92%</td>
<td>-</td>
</tr>
<tr>
<td>MSHP</td>
<td>Adolescent Sexual Activity Screening</td>
<td>96%</td>
<td>-</td>
</tr>
<tr>
<td>CHFP</td>
<td>Colorectal Cancer Screening</td>
<td>69%</td>
<td>52.1%</td>
</tr>
<tr>
<td>CHCC</td>
<td>Immunizations for Children &lt;3 Years</td>
<td>94%</td>
<td>90%</td>
</tr>
<tr>
<td>FHC</td>
<td>Immunizations for Children &lt;3 Years</td>
<td>92%</td>
<td>90%</td>
</tr>
</tbody>
</table>

** HEALTH CENTERS **

Acacia Network/Promesa Systems
Claremont Family Care Center (CFCC)
Clay Avenue Health Center (CAHC)
Park Avenue Family Care Center (PAFCC)

Montefiore School Health Program (MSHP)
Adlai E. Stevenson Educational Campus Health Center*
DeWitt Clinton School Health Center
Mott Haven Campus School Health Center
South Bronx Campus Health Center
Taft Campus School Health Center
Walton Campus School Health Center

Montefiore Medical Group
Castle Hill Family Practice (CHFP)
Comprehensive Family Care Center (CFCC)
Comprehensive Health Care Center (CHCC)
Family Health Center (FHC)
University Avenue Family Practice (UAFP)
Via Verde Family Practice *
West Farms Family Practice (WFFP)
Williamsbridge Family Practice (WFP)

* Added to BCHN network in 2015
BCHN received $2.9 million in grant funding, with grants for Ryan White and health center programs. The first members joined the BCHN network: Montefiore’s CFCC, CHCC and FHC, and Promesa’s CFCC and PAHC. Sharon Edwards joined BCHN.

“BCHN linked 48,000 patients with affordable quality healthcare in 1999, and 108,000 in 2015. Let’s continue to work together to move the Bronx for #Not62...”

Sharon Edwards, Chief Financial Officer

South Bronx Campus became the first BCHN school-based health center, funded by the Healthy Schools, Healthy Communities program.

“I joined BCHN in 2000 as an Administrative Assistant, bringing the number of BCHN associates to 3. Since then I have watched BCHN’s growth and expansion and the development of many new and exciting areas of healthcare. I look forward to more exciting years ahead.”

- Winsome Ramsey, QI Coordinator

BCHN moved its administrative offices to Wayne Avenue.

1996

BCHN founded. Edwin Rivera served as Board President, with Anita Wilenkin as Executive Director. The first office was located on Rochambeau Avenue.

1997

1998

1999

2000

2001

2002

2003

2004

2005

Theodore Wilson elected Board President

Community Outreach Worker Dorothy Edafe funded by NYC HHC CAP subcontract.

Elizabeth Brown elected Board President. Eleanor Larrier became Executive Director.

“I am constantly inspired by the tenacity of Bronxites. I’m proud of the role BCHN plays in providing access to health care and other resources.”

- Eleanor Larrier, Chief Executive Officer

BCHN secured 3-year, $2.6 million HCAP Diabetes Prevention grant.
BCHN moved to 1 Fordham Plaza. Healthy Family campaign funded by subcontract with The Bronx Health Link. Nancy Manus joined BCHN.

“BCHN had a staff of 8 when I started in 2006, and 7 of those people are still here! I have so many wonderful memories of working with our team over the past decade.”
- Nancy Manus, Project Director

Affordable Care Act passed leading to ARRA funding for DeWitt Clinton SBHC, OB/GYN suite at CHCC, Centricity EHR at FHC and CFCC. BCHN hosted its first annual health fair. Bronx BREATHES smoking cessation partnership with AECOM.

2006

Healthy Heart/Healthy Brain campaign funded by American Heart/American Stroke Associations. Dr. Jay Izes became new Chief Medical Officer.

“BCHN has enjoyed meteoric growth in programs, sites where care is provided, staff and budget. Most important is the benefit of all this to the health and welfare of our patients and community.”
- Dr. Jay Izes Chief Medical Officer / Quality Improvement Director

2007

CHPEP launched with Emergency Department Diversion and Patient Navigation. BCHN hosted first gala event, “Jazz for Peace,” at Lehman College.

2008

Arthur P. Edwards replaced Mutya San Agustin as Board President. Samuels Foundation funded Project Impact. Mott Haven and Taft became BCHN SBHCs. Tashi Chodon joined BCHN as Director for Programs.

“BCHN grew significantly over the last 2-3 years as a result of receiving several new grant awards. In 2012, BCHN had one CHW and now 4 years later, we have 10.”
- Tashi Chodon, Director for Programs

2009

Richard Thomas elected Board President. OB/GYN suite opened at CHCC. BCHN’s Emergency Department Diversion program presented to delegation from Grady Hospital and Atlanta health centers.

2010

BCHN awarded 3-year REACH grant for $3 million. BCHN hosted Bronx Centennial Symposium on Health.

2011

Stevenson SBHC opened. BCHN hosted its first annual health fair. Bronx BREATHES smoking cessation partnership with AECOM.

2012

Community health worker team launched.

2013

Healthy Family, Healthy Baby campaign funded by subcontract with The Bronx Health Link. Nancy Manus joined BCHN.

“BCHN had a staff of 8 when I started in 2006, and 7 of those people are still here! I have so many wonderful memories of working with our team over the past decade.”
- Nancy Manus, Project Director

2014

Eduardo Alayon elected Board President. Via Verde Family Practice joined BCHN network. Community Health Worker program expanded to behavioral and oral health. AECOM Healthy Start subcontract began.
BCHN’s nationally-recognized Community Health Promotion and Education Program (CHPEP) was launched in 2007 with three components: health center and community-based health and nutrition education; patient navigation; and emergency room diversion. Over the years our CHPEP team, many of whom live in our target neighborhoods and reflect the cultural and ethnic diversity of Bronx residents, have broken down barriers to care for thousands of patients. With comprehensive training and re-training, our team of health educators, nutritionists, community health workers and patient navigators know, within their job scope, how to engage individuals, build trust, identify needs and resources, and when appropriate, provide “a warm hand-off” to another professional, and follow-up to ensure the connection is satisfactory. The stories below underscore the importance of addressing the social determinants of health if positive health and social outcomes are to be achieved.

**LINKAGES**

The CHPEP team reached 32,995 individuals in 2015, an 83% year-over-year increase. 56% of outreach encounters led to a referral.

**REFERRALS**

Referrals for Housing, Employment and SNAP were the most common in 2015.

- Housing: 36%
- Employment: 27%
- SNAP: 25%
- Education: 15%
- Benefits Screening: 15%
- Immigration: 12%
- Other: 3%

**Stats**

- Outreach: 33% of referrals
- Health Education / Promotion: 11% of referrals
- Referrals: 56% of outreach encounters

**Workshops**

- 569 workshops, training sessions, and health education events conducted by BCHN.

**Patients**

- 3,704 patients participated in BCHN’s Emergency Department diversion program.

**Enrolled**

- 4,187 Bronx residents were enrolled in Medicaid and New York State Affordable Care Act Marketplace health insurance plans.
Anjean (name changed) is an adolescent mother of a one-year old. She has not had postpartum care nor seen an internist since the birth of her baby. She is a client at an agency where she is getting some help for emotional and other concerns. Our community health worker received a request for assistance scheduling an OB/GYN visit from a counselor and colleague at Anjean’s agency. Working with the health center team, the CHW is able to expedite the appointment. Anjean is relieved to learn she is not pregnant and meets with health center staff for family planning and pregnancy prevention counseling. She wants to return to school but needs support for day care, housing and other services. The CHW helps to coordinate these and other services with Anjean’s agency and via the Food Bank for New York City’s award-winning Tiered Engagement Network, an on-line referral resource with built-in “warm hand-offs” to the over 150 network members. Happily, Anjean now has day care services and is preparing to continue her education. She is keeping her appointments with her counselor and our CHW receives regular progress reports!

“The care I received at BCHN’s Via Verde Family Practice far exceeded my expectations. My son had been treated at another health center, and it wasn’t until we arrived at Via Verde that he began to get better. I can’t thank BCHN enough for your expertise and support.”

– Mother of Patient, Via Verde Family Practice

Story by BCHN CHW Cindy Mendoza:
As a community health worker, part of my job is connecting people with various support services. A social worker at the health center referred Mr. Juarez (name changed) to me for assistance with housing, one of the major concerns in our community. I helped him complete a special housing application and several others during the initial appointment and two follow-ups at a housing agency. I interpreted for him and helped him understand the process. During our last visit to complete intake, Mr. Juarez had a seizure. He hadn’t taken his medication that day. It was a difficult situation, but I remained calm. Agency staff helped also. I called an ambulance, and then Mr. Juarez’s primary care doctor for advice. The ambulance took him to the emergency room. There, I was able to provide important information about his medical history and medication. Mr. Juarez thanks me and tells me he now knows how important it is to take his medication on time. I am just glad I was there and able to help.”

“BCHN and its health team members helped me understand the importance of eating healthy and being more active. Before coming here, I wouldn’t even have breakfast. I learned to eat better and learned new ways to be more active. Today I eat better and I do my work outs every day.”

– William, Patient at University Avenue Family Practice
OFFICIAL LAUNCH
This past year Bronx REACH CHAMPS (BRC) helped Bronxites make the Healthy Choice the Easy Choice. BRC collaborated with multi-sector stakeholders to help reduce obesity in targeted Bronx communities. We helped with six grocery stores become Shop Healthy Stores, three earning NYC Shop Healthy Proclamations from the Office of the Bronx Borough President. Our Health Center partners implemented Green Prescription programs to provide patients with 3,000 NYC Health Bucks to purchase fresh produce at local Farmers’ Markets, and the potential to connect 54,000 patients to needed health and social services. Our work in schools and day care centers enabled more than 16,000 students increase opportunities for physical activity throughout the day, and our parks and open spaces initiative will help 87,000 Bronx residents utilize these spaces for physical and social engagement.

IMPACT
In 2015, Bronx REACH CHAMPS initiatives reached over 246,000 Bronx residents. BRC helping Bronxites live healthier lives and improving health outcomes for all.

CICERO / ENGAGE NYC
In 1981, the Centers for Disease Control and Prevention published its first paper on five cases of pneumocystis carinii pneumonia in young gay men in Los Angeles, marking the beginning of the AIDS epidemic. Thirty-five years later, an HIV/AIDS diagnosis is no longer a death sentence. The advent of HIV/AIDS anti-retroviral therapy (HAART) which helps to suppress HIV viral loads and pre-exposure prophylaxis (PrEP) have changed the course of the disease and the ability to prevent infection.

While mortality rates have dropped significantly, the Bronx remains the NYC epicenter for new cases. Today, those most at risk of HIV are youth-gay, lesbian, bi-sexual, queer and transgender, but especially black men who have sex with men. Engage-NYC is a joint BCHN & Montefiore Medical Group strategy to reach at-risk groups via social media ads, and provide access to high quality, integrated health care by HIV specialists co-located with primary care doctors. Rango, a Facebook-esque social media portal for BCHN/MMG patients was also introduced in 2015.

Comparison of HIV Care Continuums

<table>
<thead>
<tr>
<th>Metric</th>
<th>USA 2012%</th>
<th>NY State 2012%</th>
<th>NYC 2012%</th>
<th>CICERO % 10/14 - 9/15</th>
</tr>
</thead>
<tbody>
<tr>
<td>Estimated HIV Infected Persons</td>
<td>100</td>
<td>100</td>
<td>100</td>
<td>100</td>
</tr>
<tr>
<td>Persons Living with Diagnosed HIV Infection</td>
<td>90</td>
<td>90</td>
<td>90</td>
<td>90</td>
</tr>
<tr>
<td>Cases with any HIV During the Year</td>
<td>80</td>
<td>80</td>
<td>80</td>
<td>80</td>
</tr>
<tr>
<td>Cases with Continuous Care During the Year</td>
<td>70</td>
<td>70</td>
<td>70</td>
<td>70</td>
</tr>
<tr>
<td>Prescribe ART</td>
<td>60</td>
<td>60</td>
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<tr>
<td>Virally Suppressed</td>
<td>50</td>
<td>50</td>
<td>50</td>
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## Statement of Financial Position

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<tr>
<th>ASSETS</th>
<th>2014</th>
<th>2013</th>
</tr>
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<tbody>
<tr>
<td><strong>Current Assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cash</td>
<td>$542,039</td>
<td>$738,015</td>
</tr>
<tr>
<td>DHHS Grants Receivable</td>
<td>$1,019,150</td>
<td>$1,574,543</td>
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<tr>
<td>Other Grants Receivable</td>
<td>$0</td>
<td>$0</td>
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<tr>
<td>Prepaid Expenses</td>
<td>$16,202</td>
<td>$48,096</td>
</tr>
<tr>
<td><strong>TOTAL ASSETS</strong></td>
<td>$1,577,391</td>
<td>$2,360,654</td>
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<table>
<thead>
<tr>
<th>Liabilities &amp; Unrestricted Net Assets</th>
<th>2014</th>
<th>2013</th>
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<tbody>
<tr>
<td>Liabilities-Accounts Payable &amp; Accrued Expenses</td>
<td>$1,384,704</td>
<td>$2,172,203</td>
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<tr>
<td>Unrestricted Net Assets</td>
<td>$192,687</td>
<td>$182,451</td>
</tr>
<tr>
<td><strong>Total Liabilities &amp; Unrestricted Net Assets</strong></td>
<td>$1,577,391</td>
<td>$2,360,654</td>
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</table>

## Statement of Operations & Change in Net Assets

<table>
<thead>
<tr>
<th>REVENUE</th>
<th>2014</th>
<th>2013</th>
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<tbody>
<tr>
<td>DHHS Grants</td>
<td>$6,883,802</td>
<td>$6,964,361</td>
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<tr>
<td>Donated Space</td>
<td>$106,828</td>
<td>$106,828</td>
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<tr>
<td>Fundraising</td>
<td>$0</td>
<td>$0</td>
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<tr>
<td>Other</td>
<td>$11,132</td>
<td>$31,790</td>
</tr>
<tr>
<td><strong>TOTAL REVENUE</strong></td>
<td>$7,001,762</td>
<td>$7,132,280</td>
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<table>
<thead>
<tr>
<th>EXPENSES</th>
<th>2014</th>
<th>2013</th>
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<tbody>
<tr>
<td>Program Services</td>
<td>$5,438,687</td>
<td>$6,516,390</td>
</tr>
<tr>
<td>General and Administrative</td>
<td>$1,558,839</td>
<td>$1,573,820</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td>$6,997,526</td>
<td>$7,090,210</td>
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</table>

Increase in Unrestricted Net Assets | $4,236 | $42,070

<table>
<thead>
<tr>
<th>UNRESTRICTED NET ASSETS, Beginning</th>
<th>2014</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>UNRESTRICTED NET ASSETS, Ending</td>
<td>$192,687</td>
<td>$189,451</td>
</tr>
</tbody>
</table>
IN MEMORIAM

BCHN fondly remembers two former members of our Board of Directors who passed away in 2015:

Elizabeth Brown  
Judith Carol

CONNECT WITH BCHN

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SOCIAL MEDIA  
Join @BCHNHealth on social media for the latest news, updates and events.

WEBSITE  
bchnhealth.org