



Pool Rules and Procedures

The following rules and procedures have been deemed necessary for the continued safe operation of our pool area. We respectfully require each member to read and be familiar with each one. These rules and regulations have been established for your pleasure and safety and they will be strictly enforced.

GENERAL POOL RULES

- No one is allowed in the pool or on the pool deck unless a JCC lifeguard is on duty.
- For safety reasons, conversations with lifeguards who are actively watching the swimming pools are not permitted in addition to staying behind the 6 foot markings.
- The Aquatics Staff have final authority to enforce all rules of the pool.
- Please walk at all times when on the pool deck.
- Food and drink are allowed on the pool deck. Food must be kept at least four feet away from the pool and gum is not allowed in the swimming pools.
- No glass containers or potentially dangerous objects may be brought on the pool deck. All trash and litter is to be placed in proper containers.
- Gambling or tobacco will not be allowed on the pool deck. Pets are not permitted in the pool area.
- Horse play and foul language are not permitted in the pool area.
- Swim attire is required. No one will be allowed to swim in the pool in street clothes.
- Swim diapers and/or rubber pants are to be worn by children who are not toilet trained.
- Diaper changes should occur in the bathrooms. Please do not change children on the pool deck.
- Please do not hang on lane lines and safety ropes.
- No sitting or standing on kickboards.
- Lap swimmers have first priority in the lap lanes.
- Diving is permitted in designated areas only.
- The JCC assumes no responsibility for loss, theft, or damage to personal articles.
- No children over the age of 5 are allowed in the baby pool
- Children in the baby pool must have an adult with them inside the baby pool fence.
- A child with a red band or less that swims with an adult into the green or yellow band area must be within the adult's arm length at **ALL** times.
- Guests will be allowed at the pool for a \$5 per person fee. Only four guests are allowed per family. Guests must sign in at the check in desk and all payments must be made with a credit or debit card. **NO CASH WILL BE ACCEPTED.**

SLIDE RULES

- To use the slide, children must be either a green band or have an adult catching them in the water.
- No goggles, sunglasses or floatation devices of any kind (including floaties) allowed on the slide.
- No diving, running, standing, kneeling, rotating, turning or stopping on the slide.
- Patrons must go feet first, on their back, down the slide. No traveling head first down the slide. One person at a time allowed down the slide. Groups or forming chains is not allowed.
- You must keep all parts of the body within the slide.
- After exiting from the slide, you must swim away from the slide promptly.
- The Aquatics Staff have final authority to enforce all rules of the pool.

DIVING BOARD RULES

- No one is allowed to use the diving board unless a lifeguard is on duty. If the area is marked closed by a sign or other device, no one is allowed to use the diving board.
- To use the diving board, children must be a green band or have an adult catching them in the water.
- Dive from the end of the board only and straight out. Diving to the side is prohibited.
- No goggles, sunglasses or flotation devices are allowed on the diving board.
- Only one person may be on the diving board at a time (including the ladder). The next person should wait on the deck until swimmers reach the side ladder.
- Multiple bounces, hanging from the diving board, running on the diving board, or swimming under the diving board is not allowed.
- Divers should promptly exit the water at the nearest pool ladder.
- The Aquatics Staff have final authority to enforce all rules of the pool.

SWIM TESTING AND CORESPONDING CHILD SUPERVISION POLICY

JCC Facility Policies and Procedures state that member children ages 14 and older are permitted to be unaccompanied in the JCC facilities including the pool without parental or adult supervision. All children under 14 years of age will NOT be allowed on the pool deck unless accompanied by a responsible adult (18 years or older) AT ALL TIMES.

All individuals under 14 years old must be swim tested. Please see our Swim Testing and Policy and Procedures for specifics.

Patrons must be re-tested at the beginning of EVERY pool season.

HOURLY REST PERIODS

There will be 10-minute rest periods every hour. The rest period will begin at 10 minutes before each hour and all children under 18 must clear out of the pool. Rest periods are for both children and staff. Many children are not aware of how tired they become when playing and swimming in the water. The rest period gives each of them the chance to come out of the water, rest and build up oxygen levels, and prepare to go back into the water. For the staff, they have the opportunity to clear their heads and allow their eyes to rest and refocus, get out of the sun for a short period of time, and get fluids into their systems.

WEATHER CLOSINGS AND DELAYS

In the event of thunder, everyone must immediately clear the pool for thirty (30) minutes. No one is allowed back in the pool until the thunder has subsided for thirty (30) minutes and until the Pool Manager gives the okay. If the thunder begins 90 minutes prior to closing time, the Pool Manager may close the pool for the remainder of the day. In the case of inclement weather, such as heavy rain with no thunder and lightning, fog or temperatures below 70 degrees, the pool will close at the discretion of the Pool Manager.

Updated 4-15-23