Program Components

MEMBER EXPECTATIONS

Commitment
Members are expected to be fully committed to the program and available based on community need. This includes some nights and weekends.

Members serve an average of 40 hours/week over a 46-week term commitment. This time accounts for all program components.

Professionalism
Members are expected to promote the NHC AmeriCorps program in a professional manner at all times.

Participation
Members are expected to fully participate in all program components.

Host Site Service
- Members serve the bulk of their hours at their host sites, providing direct service in the form of outreach, health education, screenings, in one or more of these areas:
  - Nutrition and Physical Activity
  - Improving older adult quality of life
  - Addressing Opioid Use Disorder (OUD)
- Members’ schedules vary depending on the host site’s needs.
- Members are assigned a site supervisor for support at their host sites.

Committees
- Members participate on National Health Corps committees that are vital to the program’s success and sustainability.
- Committees coordinate service projects, schedule guest presenters, facilitate monthly trainings, and promote the program through media engagement.
- Committees offer members the opportunity to practice skills such as project coordination, health communication, group facilitation, networking, and teamwork.

Administrative Tasks
- Members must complete a variety of administrative tasks, including documenting their time, inputting performance measure data, managing e-mails, and keeping meeting minutes.

NHC San Francisco Program Staff will provide host sites with a training schedule before the service term begins.

Member Meetings
- Members meet one or two Fridays each month throughout the service term, in order to attend additional trainings and committee-driven activities.
- Members are provided opportunities to share and reflect on their experience with fellow members.
- Additional meetings days occur for pre-service orientation, team-building days, a retreat, and a recognition ceremony.

Additional Trainings
- Members will have opportunities to attend optional trainings throughout the service term based on their personal or career interests. Members will find and share these opportunities with other members.

Off-Site Hours
- Members provide extra service each month throughout the service term in the form of Saturday Service Projects.
- Members are encouraged to find additional opportunities to serve the community individually or with a small group of members.

Member Time Commitment
- 150 Hours per month at Host Site Service
- 4 hours per month with committees
- 1 Saturday Service Project per month
- 8-16 hours per month for In-Service Days
- 40 hours avg. per week commitment