

THE BOOK OF  
**HEBREWS**

*A Call to Faithful Perseverance*

**The Lord Disciplines Those He Loves**

(The Rod of God)

Hebrews 12:4-13

*“Divine discipline is the Biblical teaching that God chastises and trains his children by means of difficulties and hardships in life.*

**Richard Phillips**

*“Affliction can teach us many lessons. It shows us our emptiness and weakness. It draws us to the throne of grace, weans us from the world, and makes us long for the hope of heaven.”*

**J.C. Ryle**

*When a believer enters a season of trial or hardship, it must be remembered that God has allowed it and has ordained it for their personal good.”*

**Richard Phillips**

*“Faith enables us to kiss the hand of the Lord who lovingly strikes us.”*

**Samuel Rutherford**

*“I have learned to kiss the wave that throws me against the Rock of Ages.”*

**Charles Spurgeon**

- I. **Discipline is HARD** “Hardship” and the context of Hebrews and Ch. 11  
Prov. 3:11-12
- II. **Discipline HURTS** Prov. 13:24  
Isaiah 10 and the Assyrian Rod in the Hand of God
- III. **Discipline GROWS US** “Pruning” for healthy growth
- IV. **Discipline SHAPES US**
- V. **Discipline HUMBLER US**
- VI. **The Lord’s Discipline is GOOD**
  - A. In Love,
  - B. Because we are Legitimate Sons,
  - C. To make us more like our Heavenly Father (Holy)

**Isaiah 53:3-6, 10-11**

### **Hebrews 12:4-13**

4 In your struggle against sin, you have not yet resisted to the point of shedding your blood.

5 And have you completely forgotten this word of encouragement that addresses you as a father addresses his son? It says,

*“My son, do not make light of the Lord’s discipline,  
and do not lose heart when he rebukes you,*

*6 because the Lord disciplines the one he loves,  
and he chastens everyone he accepts as his son.”*

7 Endure hardship as discipline; God is treating you as his children. For what children are not disciplined by their father? 8 If you are not disciplined—and everyone undergoes discipline—then you are not legitimate, not true sons and daughters at all. 9 Moreover, we have all had human fathers who disciplined us and we respected them for it. How much more should we submit to the Father of spirits and live! 10 They disciplined us for a little while as they thought best; but God disciplines us for our good, in order that we may share in his holiness. 11 No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it.

12 Therefore, strengthen your feeble arms and weak knees.

13 “Make level paths for your feet,” so that the lame may not be disabled, but rather healed.

### **Proverbs 3:11-12**

11 My son, do not despise the Lord’s discipline,  
and do not resent his rebuke,

12 because the Lord disciplines those he loves,  
as a father the son he delights in.

### **Proverbs 13:24**

Whoever spares the rod hates their children, but the one who loves their children is careful to discipline them.

### **Proverbs 12:1**

Whoever loves discipline loves knowledge, but whoever hates correction is stupid.

### **2 Timothy 3:10-15**

10 You, however, know all about my teaching, my way of life, my purpose, faith, patience, love, endurance, 11 persecutions, sufferings—what kinds of things happened to me in Antioch, Iconium and Lystra, the persecutions I endured. Yet the Lord rescued me from all of them. 12 In fact, everyone who wants to live a godly life in Christ Jesus will be persecuted, 13 while evildoers and impostors will go from bad to worse, deceiving and being deceived. 14 But as for you, continue in what you have learned and have become convinced of, because you know those from whom you learned it, 15 and how from infancy you have known the Holy Scriptures, which are able to make you wise for salvation through faith in Christ Jesus.

### **2 Timothy 3:16-17**

16 All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, 17 so that the servant of God may be thoroughly equipped for every good work.