

To access Occupational Therapy services

Discuss with your physician
or contact

Sunset Country Family Health Team

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(807) 468-6321

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Sunset Country Family Health Team

Located in the
Paterson Medical Centre
1-35 Wolsley Street
Kenora, ON

In association with
Kenora Medical Associates
1-45 Wolsley Street
Kenora, ON

Keewatin Medical Clinic
904 Ottawa Street
Keewatin, ON

Docside Clinic
524 1st Ave S
Kenora, ON

OCCUPATIONAL THERAPY



Sunset Country

Family Health Team

www.scfht.ca

Occupational Therapists are registered health care professionals.

Occupational Therapy (OT) is a form of rehabilitation therapy that focuses on promoting and maintaining a person's function, independence and safety.

OTs follow a holistic approach to care, by addressing all aspects of a person's life.

Function

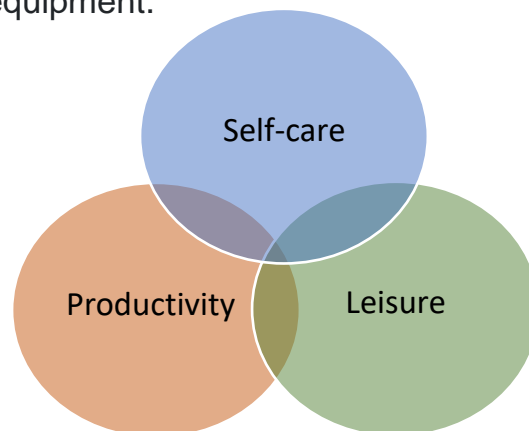
Engage

Person-centered

Ability

Occupational Therapists (OTs) work with you to *create goals* and *problem solve* barriers that may be preventing you from participating in your chosen and meaningful **self-care** (bathing, dressing, feeding, etc.), **productivity** (work, volunteer, etc.), **and leisure** (gardening, sports, crafts, etc.) activities.

OTs use a variety of approaches to care, such as teaching different ways of doing things, changing the environment, and/or providing equipment.



Services offered through the SCFHT OT program include,

- Home environment safety assessment (within pre-determined boundary)
- Daily living skills assessments & recommendations
- Fall prevention & management
- Mobility aids/adaptive equipment assessments & support
- Chronic disease & pain management
- Sensory processing
- Cognitive and perceptual assessments & interventions
- Community Stroke-Rehabilitation
- Return to Work and Ergonomic assessments