## TRAILS AND WATER ACCESS

The Presumpscot Regional Land Trust is a nonprofit that engages with communities to conserve, steward, and provide access to local lands and clean water for current and future generations to enjoy.

### BLACK BROOK PRESERVE
- **Trail:** 2.5 miles, Easy-Moderate
- **Highlights:** Mature forests and abundant wildlife
- **Directions:** Windham Center Road, Windham

### CHESEY PRESERVE
- **Trail:** 1 mile, Easy-Moderate
- **Highlights:** Trail ends at Browns Pond
- **Directions:** Near 187 Hancock Pond Road, Sebago

### CUMMINGS PRESERVE
- **Trail:** 0.8 miles, Easy-Moderate
- **Highlights:** Cumberland-Oxford Canal Towpath, views of Presumpscot River
- **Directions:** End of Dundee Road, Gorham

### FRAZIER PRESERVE
- **Trail:** 0.75 miles, Easy
- **Highlights:** Family-friendly forested trail
- **Directions:** Access Road to Gorham High School

### GAMBO PRESERVE
- **Trail:** 1-2 miles, Easy
- **Highlights:** Gunpowder mill ruins and Cumberland-Oxford Canal Towpath
- **Directions:** Gambo Rd, Windham; Shaw Park, Gorham

### HAWKES PRESERVE
- **Trail:** 1 mile, Easy-Moderate
- **Highlights:** River walk and water access for paddling the Presumpscot River
- **Directions:** Towpath Road, Gorham or at Great Falls Elementary School (park at back of lot)

### LITTLE RIVER PRESERVE
- **Trail:** 1.5 miles, Moderate-Challenging
- **Highlights:** Scenic views of Little River, fishing
- **Directions:** Rt 202, near Little River Drive, Gorham

### MILL BROOK PRESERVE
- **Trail:** 5 miles, Moderate-Challenging
- **Highlights:** Fish migration, scenic brook and forest
- **Directions:** North trailhead: Methodist Rd at Rt 302, Center trailheads: Willow Dr and Methodist Rd, South trailhead: Perry Court, Westbrook

### MILL BROOK PRESERVE SOUTH
- **Trail:** 1.5 miles, Easy-Moderate
- **Highlights:** Fish migration, scenic brook and forest
- **Directions:** Millbrook Estates, 300 E Bridge St, Westbrook

### NELSON PRESERVE
- **Trail:** 1.5 miles, Easy-Moderate
- **Highlights:** Old growth oak trees
- **Directions:** Flaggy Meadow Rd, Gorham

### PRINGLE WILDLIFE PRESERVE
- **Access:** Wildlife observation deck overlooking wetlands
- **Highlights:** Views of Otter Brook
- **Directions:** At Windham Center Rd and River Rd, Windham

### RANDALL ORCHARDS
- **Trail:** 3 miles, Easy - Moderate
- **Highlights:** Sweeping views of this 500-acre forever conserved family-run orchard, farm and forest
- **Directions:** 1 Randall Rd or Colonial Marketplace, Standish

### SEBAGO TO THE SEA TRAIL
- **Trail:** 28 miles Standish to Portland, Easy
- **Highlights:** Scenic views of the Presumpscot River. Paved rail trail in Gorham and Windham.
- **Directions:** Gambo Rd, Windham; Shaw Park, Gorham; Route 237 Portland Water District, Standish

### ST. PIERRE LANDING
- **Access:** Water Access for paddling and fishing
- **Highlights:** Paddle on the Little and Presumpscot River
- **Directions:** East side of Rt 237 at Little River bridge, Gorham

### WEST SKY PRESERVE
- **Trail:** 0.5 miles, Easy-Moderate
- **Highlights:** Peaceful forest walk
- **Directions:** At Rt 202 and Osbourne Road, Gorham

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**INTERACTIVE TRAIL & WATER ACCESS MAP:** To see our regional online map and detailed maps for each trail go to: [WWW.PRLT.ORG](http://WWW.PRLT.ORG)