

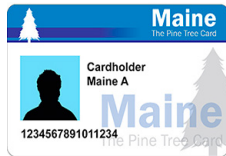
Androscoggin County Community Food Resources

Nutrition Assistance Programs

Supplemental Nutrition Assistance Program (SNAP)

Formerly known as food stamps—a federal nutrition program that helps you stretch your food budget and buy healthy food. Apply for benefits online: www.maine.gov/mymaineconnection.

The fastest way to apply for benefits is to visit the Department of Health and Human Services (DHHS) at 200 Main Street, Lewiston, Maine 04240.



Maine SNAP-Ed

Maine SNAP-Ed teaches people how to shop, cook and eat on a budget. Visit mainesnap-ed.org to find a class near you.



Maine Harvest Bucks

When you use SNAP at farmers markets, you receive Maine Harvest Bucks to save on fruits and vegetables. Visit www.maineharvestbucks.org.

Women, Infants and Children (WIC)

You may qualify if you are pregnant or have children under five years old. Household income limits apply. Call the Auburn Office at 207-795-4016 or visit www.wicforme.com.

Senior Food Program

Meals on Wheels, senior brown bags and Community Senior Dining Sites are available in Androscoggin County. For more information, call 207-795-4010 or, toll-free, 1-800-427-1241. You can also visit www.seniorsplus.org to find meal locations and monthly menus.

Meals for Kids

Free and Reduced-Price School Meals

Contact your child's school for information.

Summer Food Service Program (18 & under)

For more information, visit www.fns.usda.gov/summerfoodrocks.

Additional Resources

Need help?

Sometimes assistance programs can be difficult to navigate. If you need help applying or have questions about health and human services programs, you can call **2-1-1 Maine** by dialing **2-1-1** or visiting online at www.211maine.org.

Local Food Pantries & Soup Kitchens

AUBURN

7th Day Adventist Church Pantry

316 Minot Ave.

207-782-3663

Tuesday: 9 a.m. - 12 p.m.

High Street Congregational Church Food Pantry

106 Pleasant St.

207-784-1306

Thursday: 9:30 - 11:30 a.m.

You can visit once per month

Capped at 60 attendees

GREENE

Greene Baptist Church Food Pantry

102 Main St.

207-946-5505

First and third Thursdays of the month: 1 - 3 p.m.

Call if emergent need arises

LEEDS

Leeds Food Pantry - Leeds Community Church

123 Church Hill Rd.

207-524-7151

First and third Thursdays of the month: 6 - 7 p.m.

Leeds residents only

Call if emergent need arises

LEWISTON

Calvary United Methodist Church, Calvary City Mission Meals Program

59 Sabattus St.

207-782-3221

Sunday Breakfast: 8 a.m. & Wednesday Dinner: 5 p.m.

Doors open 30 minutes early

Call if emergent need arises

Hope Haven Gospel Mission

209 Lincoln St.

207-783-6086

Food Pantry:

Monday, Wednesday, Friday: 9:30 a.m. - 3 p.m.

Soup Kitchen:

Daily Breakfast: 7:30 - 8 a.m.

Monday-Saturday Dinner: 4:30 - 5:30 p.m.

Sunday Lunch/Dinner: 2:30 p.m.

Hope House Network

91 College St.

207-577-1165

Wednesday: 10 a.m. - 12 p.m.

New Beginnings

134 College St.

207-795-4077

Tuesday & Thursday: 5:30 p.m.

Limited to youth age 22 and younger

Local Food Pantries & Soup Kitchens

LEWISTON CONT.

Pathways Vineyard Church

9 Foss Rd.

207-784-9500

Soup Kitchen & Food Pantry:

Friday: 11 a.m. - 12:30 p.m.

Kids Store open during soup kitchen hours

Emergency - Call preferred, walk-ins accepted

Tuesday-Friday 8 a.m. - 5 p.m.

Application to be filled out online at

www.pathwayvineyard.com/community-center or

during first visit

The Root Cellar

89 Birch St.

207-782-3659

Monday, Wednesday and Friday:

10 a.m. - 12 p.m.

You can go once per month.

Lewiston residents only

Ask about "Friends and Neighbor Food Network"

St. Mary's Food Pantry

208 Bates St.

207-513-3841

Tuesday & Friday: 9 - 11 a.m.

Thursday: 2 - 6 p.m.

You can go once per month

Salvation Army

67 Park St.

207-783-0801

Food Pantry:

Monday, Tuesday, Thursday, Friday:

9 a.m. - 2 p.m.

Soup Kitchen:

Saturday: 4 - 5:30 p.m.

You can visit once every 3 months

Appointment recommended

Must be 15 days past date of food stamps

Bring ID and Proof of Income

Serves only Androscoggin County residents

Trinity Jubilee Center

247 Bates St.

207-782-5700

Food Pantry:

Thursday: 7:45 a.m. - 12 p.m.

Soup Kitchen:

Monday - Saturday: 11 a.m.

Provide proof of address for first visit

LISBON

Lisbon Area Christian Outreach

Marion T. Morse Community Center

18 School St.

207-353-6002

Wednesday: 6 - 8 p.m.

Thursday: 10 a.m. - 12 p.m.

Saturday: 8 - 10 a.m.

Clothing bank open at the same time

MECHANIC FALLS

VFC - Bread of Life Food Pantry

90 Lewiston Rd.

207-345-9501

Second Tuesday of the month:

9:30 a.m. - 12 p.m.

Serving Minot, Mechanic Falls, Poland and Hebron

POLAND

Poland Community Church Food Bank

1208 Maine St.

207-998-7118 or 207-998-4069

Wednesday: 2 - 5 p.m.

Saturday: 10 a.m. - 1 p.m.

You can visit once per month.

ID Required

Emergency food bank for

Minot, Mechanic Falls, and Poland

SABATTUS

Loaves & Fishes Food Pantry

61 Lisbon Rd.

207-754-1229

Monday: 1 - 2 p.m.

Tuesday & Wednesday: 9 - 10 a.m.

You can visit once per week.

Bring ID and fill out income sheet

Closed on national holidays

No residents from Lewiston or Auburn

Call if emergent need arises

Community Baptist Food Pantry

9 Main St.

207-375-4337 or 207-212-5300

First and third Wednesday and

second Saturday of the month:

9 a.m. - 12 p.m.

You can visit once per month

Sabattus residents only

TURNER

North Turner Presbyterian Church Pantry/Turner Community Food Pantry

Boofy Quimby Memorial Hall

Route 219, North Turner

207-224-8007 or 207-225-3414

Fourth Wednesday of the month:

6 - 8 p.m.

Register first at the town office

Call if emergent need arises

Turner Food Bank

96 Howes Corner Rd.

207-395-5256

Fourth Wednesday of the month:

1 - 3 p.m. (seniors)

6 - 8 p.m.

After first visit, eligible to receive laminated card

from Turner Town Office with proof of residency

Nov. and Dec. - Call for dates and times

WALES

Wales Presbyterian Church Food Pantry

668 Pond Rd.

207-375-6604, 207-754-9604 or

207-375-6618

First and third Thursdays of the

month: 1:30 - 3:30 p.m.

You can visit once per month

Wales residents only. Open by appointment



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Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; Fax: (202) 690-7442; or Email: program.intake@usda.gov.

This institution is an equal opportunity provider. Maine SNAP-Ed is funded by the USDA's Supplemental Nutrition Assistance Program, or SNAP, which is administered by the Maine Department of Health and Human Services (DHHS) and implemented statewide by the University of New England (UNE) through contracts with local community coalitions. Maine SNAP-Ed educates low income families on low-cost, healthy eating and active lifestyles.

Contact mainesnap-ed@une.edu or 207-221-4560 for more information.

Thank you to
our partners

