HOW TO STAY SAFE DURING A PROTEST OR ACTION

#WeKeepUsSafe

Things happen fast at a protest or action – it’s important to be ready on the ground for what might come up.

**SITUATIONAL AWARENESS**

Observe, Orient, Decide, and Act to come up with a plan of action to keep yourself and others safe.

**DE-ESCALATION**

De-escalate yourself and your people in order to stay safe and grounded.

**EXIT STRATEGY**

Always be aware and keep an eye out for exits in case you need to leave a dangerous situation.

**COVID SAFETY**

Practice social distancing, wear a mask and sanitize your hands to keep your community safe.

**SENSES OPEN**

Keep an eye and ear on the cops & other white supremacists to create a plan in real time in case there is violence.

**PROOF AND EVIDENCE**

Document everything! Film, photograph, or write down police/white supremacist actions, brutality, and injuries.

**REGULAR CHECK-INS**

Regularly check in with yourself and your buddy/team to support one another in the heat of the action.

**COMMUNITY CARE**

Care for those around you, whether you know them or not. Care is an act of resistance.

This is part of our Protest Safety Series to help you stay safe out on the frontlines! More at: acrossfrontlines.org/protestsafety.