It’s important to know your rights, especially since law enforcement often does not honor those rights.

**PROTECTION OF THE RIGHT TO FREEDOM OF ASSEMBLY**
Law enforcement must facilitate and not restrict a peaceful public assembly.

**FREEDOM FROM THE USE OF EXCESSIVE FORCE**
In the policing of non-violent protests, police must avoid the use of force.

**RIGHT TO MEDICAL ASSISTANCE**
If you are injured you have a right to medical assistance without delay.

**FREEDOM FROM ARBITRARY ARREST AND DETENTION**
If you are arrested you have a right to be told of the reason for your arrest, you also have the right promptly after your arrest to have access to a lawyer and to your family.

**IF YOU FEEL YOUR RIGHTS ARE BEING VIOLATED**
- Make sure to state “I do not consent…”
- Document everything! Film, photograph, or write down in as much detail as you can.
- Call the National Lawyers Guild Legal Support Hotline. Look up the phone number for your location: nlg.org/massdefenseprogram/

**RIGHT TO COMPLAIN**
If your rights have been violated you have a right to file a complaint and to be provided information on how to do so.

This is part of our Protest Safety Series to help you stay safe out on the frontlines! More at: acrossfrontlines.org/protestsafety.