



Somers Town Community Newsletter

**“IT’S
ALLLL
GOOD!”**

**SOMETIMES MEANS I’M
STRESSED AND BURNED OUT**

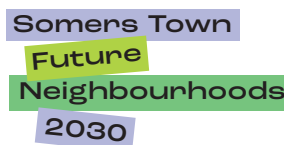
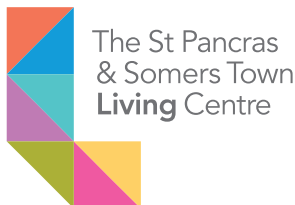
Time to Talk Day is the perfect opportunity
to start a conversation about mental health

#TimeToTalk

**time to
talk day**

01/02/24

In partnership with



LOCAL NEWS AND INFORMATION



Cycle Lessons for Women

- Free - every Thursday at 9.15am
- Women only
- Bikes and Helmets available
- Outside Edith Neville Primary / Polygon Road

info@joyriders.org.uk
www.joyriders.org.uk



SUPPORTED BY MAYOR OF LONDON SOMERS TOWN NEIGHBOURHOOD FORUM Somers Town Community Association Camden

STORY TELLING SESSIONS

PUPPETS, TOYS, MUSIC AND MORE!

Salina Khatun | Founder and CEO
07949 068 885
Kindlecornerkids
Kindle_corner
Kindle corner



EVERY THURSDAY FROM 18 JANUARY
0 - 4 YEAR OLDS
10am - 12pm
LIMITED SPACES AVAILABLE!
SCAN HERE FOR MORE INFORMATION



FREE FOOD AND DRINKS AVAILABLE

BRITISH LIBRARY

THINK&DO SHARING SPACE AT THE BRITISH LIBRARY

Join us for Earth Stories at 'The Last Word' a new community space at the British Library

Starting Tuesday 16th January 5:30pm-6pm

Together let's share stories, food, skills and ideas.

ALL FREE!

What's on...
3.30pm: Come and join us for a climate cafe with tea and cake
4.30pm: Earth Stories and art with guest storytellers
5.30pm: Delicious veggie food. More details to share soon

Join the whatsapp community group via this link

The Climate is changing...so must we

Location: The Last Word Community Space, British Library, 96 Euston Rd., London NW1 2DB

PEOPLE'S MUSEUM NEWS

RUHUMAN EXHIBITION + WORKSHOPS

Local artist + Disabled activist Keith Armstrong, exhibition. Workshops in People's Museum. Watch out for the February launch event date. Contact info@spaceforus.club

STORYBIKE

Need a ride? Looking for partners in social prescribing. Find out more... Contact info@spaceforus.club

FRONT OF HOUSE ROLE

2 days a week. People person, responsible, reliable. Barista + sales skills, training provided. Contact info@spaceforus.club

SYLHETI STORIES WOMEN CLUB

Thursdays 6pm. Contact shahnaz.ahmed@gmail.com

VOLUNTEERS

Volunteer to help make our museum better! Contact diana@spaceforus.club

People's Museum
52 Phoenix Road, London NW1 1ES

LOCAL NEWS AND INFORMATION

Volunteering Opportunities as part of Somers Town Future Neighbourhoods 2030

Sustainability
All volunteer projects aim to be sustainable and will seek to evolve and continue, creating legacies.

Economic Growth
Residents improvement to their overall quality of life and well-being by providing opportunities to upskill and find employment/training via the Job Hub.

Intergenerational
Skill sharing, ideas and expertise, social inclusion, betterment of mental health.

- Global Generation, inclusive of recycling, composting and seeding – workshops to be run in this area through STCA and Global Generation 'Grow it yourself'. Give us a call.
 - Learning more about how to 'Reduce Food Waste' inclusive of effective use of food grown/sourced locally, nutritionally beneficial food and low cost, there will also be cooking sessions, recipe ideas/cards making, which will all be part of our 'Cook it yourself' activities/sessions. Give us a call.
 - 'Fashion Market Stall' anyone who has an interest in fashion and would like to give running your very own fashion stall on Chalton Street Market a go then get in contact.
 - 'Make Space' get involved with making your very own Buggingham Palace BuG House or help to build tri-composters. Sounds fun, want to get involved? Then give us a call.
- Contact Kylie Rahman
email kylie@thelivingcentre.org Tel 07483 312 211

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PARTY TIME

BOOK SOMERS TOWN COMMUNITY CENTRE FOR YOUR CHILD/CHILDREN'S BIRTHDAY

CONTACT
bookings@thelivingcentre.org
or call 020 7380 0453 for more details and our availability

Somers Town Community Association
150 Ossulston Street
London NW1 1EE

The St Pancras & Somers Town Living Centre

Somers Town Community Association

New Year, New Opportunities. Come and speak to The Somers Town Job Hub.

Working for the community. Getting the community working!

Somers Town Job Hub
Goobta Shaqo কাজের হাব
Raadinta

We offer 1-2-1 advice and support by appointment, please contact us to book your slot.
Telephone 020 7380 0453
or email jobhub@somertown.org.uk

Opening hours
Monday to Friday 9.00am to 5.00pm

Address
The St Pancras & Somers Town Living Centre
2 Ossulston Street, London NW1 1DF

FAMILY SATURDAYS

FREE WEEKLY ACTIVITIES FOR FAMILIES AT OUR STORY GARDEN SITE IN KINGS CROSS EVERY SATURDAY: 11:00AM - 12.30PM & 1.30PM - 3:00PM

FREE ACTIVITIES INCLUDE:

- COOKING IN OUR COMMUNITY OVEN OR OVER A FIRE
- GARDENING
- ARTS & CRAFTS
- POTTERY, CLAY, CERAMICS
- WOODWORK, DIY & COB BUILDING
- BUSHCRAFT AND FOREST SCHOOL ACTIVITIES
- MINDFULNESS
- SINGING & STORYTELLING

DIFFERENT ACTIVITIES EVERY WEEK!

To sign up, find out what's on and to book your free family place, scan the code to register or email linda@globalgeneration.org.uk if you have any questions.

LOCAL NEWS AND INFORMATION

Groups supported by Somers Town Community Association at Christmas

Centro Hispano UK

Contact Dawits Buitrago, Director of the Hispanic Centre UK at admin@centrohispanouk.org for information on how to get involved

Gingerbread NW London

Supported by Hasbro Kindness Offensive Somers Town Community Association and The Living Centre

Contact Ema Howling at ema@thelivingcentre.org for information on how to get involved

Connecting Boroughs

Contact Sarah Elie at sarah@somertown.org.uk for information on how to get involved

WEEKLY FITNESS, HEALTH ADVICE & MINDFULNESS ACTIVITIES

WELLBEING WEDNESDAYS

SELF CARE COMES FIRST

IN COLLABORATION WITH THE SOMERS TOWN COMMUNITY ASSOCIATION

Register your interest at somertownmedical@nhs.net to book a session

Weekly from Wednesday 10th January 2024 at the Somers Town Community Centre
12pm - 3pm

150 Ossulston Street
London
NW1 1EE

HEALTHY - mind - HAPPY - life -

WORKING WITH YOU. FOR YOU

NHS Operose Health[®] with great care

The St Pancras & Somers Town Living Centre

Somers Town Community Association

Somers Town
Future
Neighbourhoods
2030

CHALTON STREET MARKET
Come and visit your growing local market
EVERY WED-FRI 10am-4pm

CAMDEN MARKETS

SUPPORTED BY
MAYOR OF LONDON

SOMERS TOWN NEIGHBOURHOOD FORUM

Somers Town Community Association

Camden

HOW TO FIND US

The St Pancras and Somers Town Living Centre
2 Ossulston Street, London NW1 1DF

Tel 020 7380 0453
email hello@thelivingcentre.org
www.thelivingcentre.org

The Living Centre is supported by the Francis Crick Institute

