HELP. HOPE. OPPORTUNITY. SINCE 1954.

The Bridge was founded by people with serious mental illness as a supportive network of peers. Today we are a $65M agency providing housing, healthcare and rehabilitative services to 2,800 people each year. Our trauma-informed approach to care and client-centered service delivery reflect this community-building legacy.

HOW WE HELP

The Bridge offers a comprehensive range of interconnected, evidence-based services to address the complex needs of adults with serious mental illness (SMI).

- mental health services
- substance-abuse treatment
- transitional + permanent housing
- primary care + referrals
- linkages to community resources
- assistance with benefits
- case management + care coordination
- community-based services
- temporary shelter
- vocational training
- job placement + support
- psychoeducation
- creative arts programming
- urban farming

1,385 New Yorkers housed

2,800 people served in 2018

121,000 services provided
DEAR FRIENDS,

Since The Bridge’s founding as a peer-led self-help organization, our philosophy has been simple: give people living with mental illness the tools and support they need to develop their own path to living with independence and dignity.

Growing over the years into one of NYC’s most respected social-service agencies, our clients serve as equal participants in the process of recovery. Our aim is to enable our clients to manage their mental health and build meaningful lives connected to the things and people they love.

This year, we expanded our housing portfolio, grew our community-based outreach and crisis-management services and continued to develop the special programs that help our clients define and pursue personal goals.

Bridge programs, from housing to vocational support, help vulnerable members of our NYC communities to stay hopeful, feel supported and move forward to live more independent, healthy and fulfilling lives.

Thank you for supporting our work.

Cynthia C. Wainwright
President, Board of Directors

Susan Wiviott
Chief Executive Officer
OUR APPROACH

PERSON-CENTERED CARE

At The Bridge, our skilled and compassionate staff strive to reject labels, fight stigma, and engage each client on a human level. We seek each client's full partnership in a collaborative effort to realize their unique potential, encouraging them to define their goals and focus on their strengths.

By creating a safe, respectful, clinically comprehensive environment that encourages individual growth as well as relationship-building, we empower clients to pursue their own paths toward recovery.

INNOVATIVE SERVICE DELIVERY

Our comprehensive range of services enables our clients to meet their individual needs on an ongoing basis, responsive to health, family and life changes. We help our clients address all aspects of living with serious mental illness, to stay engaged in their treatment, and to remain committed to behavioral change. Offering community-based, outpatient, and residential services, we design our programs to meet our clients where they are.
MEETING CLIENTS WHERE THEY ARE

1. COMMUNITY-BASED SERVICES

Many of the clients in greatest need will experience barriers to care in office settings. Traveling to meet clients where they feel comfortable helps maximize treatment adherence + outcomes. Multidisciplinary teams provide wraparound services to address the problem from all angles. Staff travel to meet clients in their home or community—wherever the individual client is most comfortable receiving services and accepting help meeting their health and housing needs. Community-based services aim to help clients move past crisis and get connected to longer-term services.

2. OUTPATIENT SERVICES

For adults with SMI, 85% of unexpected deaths are due to conditions preventable with primary care. Co-occurring substance-abuse problems are prevalent for individuals with SMI. The top predictor of success in recovery is a sense of support and community. Our Clinical HQ on Manhattan’s Upper West Side offers mental health services, primary care, substance-use treatment and group-based Personalized Recovery Oriented Services (PROS), where clients choose from extensive course offerings to build a personal curriculum that supports their life goals.

3. RESIDENTIAL PROGRAMS

Individuals with serious mental illness face a higher risk of homelessness. Serious mental illness when homeless often means shuttling in and out of the hospital. Housing the average adult with SMI would save Medicaid $9k/year. The Bridge considers safe, affordable, and stable housing the foundation of any process of recovery. By offering a full spectrum of housing opportunities, we ensure each client’s housing situation is tailored to their needs—and provide a clear pathway for them to move between levels as their health/recovery dictate.
2018 HIGHLIGHTS: HOUSING

HOUSING VULNERABLE NEW YORKERS

In 2018, we opened two new Bridge residences and broke ground on our largest building yet.

New this year: Melrose Commons provides 58 permanent homes with preference for chronically homeless veterans, and Maple Street Residence offers 66 units of supportive and affordable housing.

We began construction on the 115-unit 3500 Park Avenue Apartments and continued to develop innovative housing solutions in the Bronx and Brooklyn.

+ 124 units opened + filled
+ 115 units under construction
+ 268 units in development
SUPPORTING COMMUNITY INTEGRATION

Mental illness disrupts one's ability to carry out essential activities of daily life, like self-care and household management, and may prevent people from forming or maintaining stable relationships. Homelessness impacts physical health, cognitive functioning, social supports and community-living skills like cooking, cleaning, budgeting and banking. In Bridge supported housing, onsite staff provide support to address these knowledge gaps, helping our residents build independence, stay in the community and live with dignity.

HELPING CLIENTS "AGE IN PLACE"

Serious mental illness significantly lowers life expectancy, and almost 50% of Bridge residents are age 60 or older. Our unique Aging Services program provides targeted interventions and in-home support from a mobile team of geriatric specialists, helping seniors with complex needs avoid unnecessary institutionalization by providing the support they need to safely "age in place" in the community.

We gratefully acknowledge the support of the van Ameringen Foundation, the Fan Fox and Leslie R. Samuels Foundation, The NY City Council, & the Dammann Fund.
EXPANDING OUR OUTREACH

+ 3 new shelter-based ACT teams
+ new community-based CORE program
+ Marmion Safe Haven's first year of operation

Many of the people most in need of our services will experience unique barriers to care. In 2018, we continued to develop programs that put their needs first.

**Assertive Community Treatment (ACT)**
This year, we added three new shelter-based ACT teams that offer person-centered care to New Yorkers living in city shelters.

**Marmion Safe Haven**
The Bridge's first Safe Haven offers shelter and services to men with histories of chronic street-homelessness. For this hard-to-reach population, low demands and high expectations help people set their own pace in the process of transitioning from streets and subways to permanent housing of their own. While Marmion Safe Haven clients have been street-homeless for an average of 8 years, this person-centered approach has enabled **15+ clients** to make the move to permanent homes.

**Community Outreach for Recovery and Engagement (CORE)**
Our newest community-based program helps people reduce their reliance on emergency services and get connected to preventive care.
ACT + CORE: COMMUNITY-BASED TEAMS

Many of the people most in need of our services experience barriers to care that people in less-acute situations do not encounter. Our interdisciplinary community-based teams meet clients where they feel safe, offer wraparound services with 24/7 phone lines, motivate clients to prioritize their well-being and help them build lasting relationships with providers they trust.

SAFE HAVEN: A NEW KIND OF SHELTER

A small, intimate facility that houses two to five clients per room, the Safe Haven model is effective for many people who have behavioral health diagnoses or histories that may make them reluctant to access large shelters. Taking a client-centered approach, Marmion Safe Haven prioritizes harm reduction and seeks to meet clients where they are. When someone living on the street or subway agrees to accept shelter from an outreach team, their outreach worker will accompany them to the Safe Haven for a "warm hand-off" and trauma-informed intake process. Onsite services and monthly Community Meetings make clients feel respected as individuals, which is possibly the secret behind Safe Haven's success in helping hard-to-reach clients achieve housing readiness.
CREATING COMMUNITY
+ 3 gallery exhibitions of client artwork
+ 100 Open Studio hours
+ 300 pounds of cucumbers

Building stability means finding new ways to live with purpose. Special programs help Bridge clients move past the isolation of psychiatric crisis to learn and grow.

Creative Arts Program
Three exhibitions of client artwork.
Three new residences.

Urban Farming Program
Six farms citywide. 600 pounds of produce in the 2018 season.

Pursuing personal goals like work, school, or relationships is vital to a self-directed, long-term recovery.

In our outpatient PROS program, one-on-one support helps Bridge clients choose from 50+ weekly groups to build a personalized and goal-oriented curriculum.

At Bridge residences, Creative Arts and Urban Farming programs help clients build skills and interests, and relationships with their neighbors.
CREATIVE ARTS

The Creative Arts program offers resources, support, and a respectful creative environment to all Bridge clients who wish to express any part of their experience through the art-making process. In line with our integrative approach, clients choose their own reasons for participating. Group environments, Open Studio hours, and gallery exhibitions of client artwork help participants develop creative coping tools, cultivate personal growth, and build peer relationships.

*We gratefully acknowledge the support of the Fifth Avenue Presbyterian Church, the Milton and Sally Avery Arts Foundation, the Moses L. Parshelsky Foundation, and the NYC Department of Cultural Affairs.*

URBAN FARMING

At six farms and gardens throughout New York City, Bridge clients interested in horticulture manage stress, build physical health and confidence, and connect with their peers as well as the environment.

Part of our vocational services, urban farming offers interested clients skills, knowledge, and experience. Members of our Horticulture Team receive stipends for their work and have gone on to pursue jobs, credentials, and further education in horticulture.

*We gratefully acknowledge the support of the Burpee Foundation, the Wells Fargo Foundation, Con Edison, Enterprise Community Partners, and the Inwood Charities Fund.*
Here at The Bridge, we are grateful for the network of partners, donors and friends who help make our work possible. From community boards to property developers, private foundations to generous individuals, happy-hour fundraisers to volunteer events, our supporters give us hope!

The energy and encouragement of this diverse group helps sustain our work and propel us forward.

SPECIAL THANKS

At the 2018 Partners in Caring Awards Gala, honorees Gary Hattem and Leslie Jamison helped us raise over $640k for Bridge programs. The dedicated and dynamic Junior Board continued to grow, raising $80k at their third annual Costumes & Cocktails fundraiser and $40k at their first-ever golf outing. And we could not be more grateful to the devoted volunteers who beautify our residences, support our events and share their time with our clients.
THE BRIDGE COMMUNITY

LEADERSHIP + GOVERNANCE

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Gregory Weston
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Anthea Sutherland
SVP, Human Resources

Jenna Tine
SVP, Outpatient Services

Taso Vassiliou
SVP, Real Property and Asset Management
Revenues

Program Service Fees $23,258,042
Grants and Government Support $21,765,734
Contributions and Fundraising $1,188,026
Management Fees/Other $2,126,433

Total Revenue $48,338,235

Expenses

Program Services $39,908,013
Management and General $5,154,171
Fundraising $298,066
Depreciation Total $553,981

Total Expenses $45,914,231

Increase in Net Assets $2,424,004

Net Assets at Beginning of Year $8,762,875
Net Assets at End of Year $11,186,879
FY18 DONOR LIST

$25,000 and above
Anonymous
Barker Welfare Foundation
The Burpee Foundation
Capital One
Chute Plus
Enterprise Community Partners
Amy Larovere, A. Larovere Consulting
Mental Health Workers Without Borders
NEF/LISC
Oak Foundation
The Fan Fox and Leslie R. Samuels Foundation
van Ameringen Foundation
Cynthia C. Wainwright and Stephen Berger

$10,000 to $24,999
Benchmark Title Insurance Co
Carol Buckler and Robert Muffy
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Purepoint Financial/MUFG Bank Foundation
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WML Enterprises, Inc.
Wells Fargo Foundation
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$5,000 to $9,999
63 West 104th Street Holdings
Alan Bernstein Realty Services
Boston Financial Investment Management
Brown Harris Stevens/Halstead/Vanderbilt Insurance
W. Atlee Burpee Co
The Capacity Group, Roger Fuydal
Con Edison
Dammann Fund
Dean Contracting
The Durst Organization
Edelman Sultan Knox Wood Architects
FP5 Contracting
Nick Garin and Liz Dee
Ed Gray
Cindy Harden, EQ Architecture
Dave and Rita Hatton
Gary Hattem and Frazier Holloway
Susan and Thomas Hudgins
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Ruth Corn Roth and Gordon Roth
Howard and Amy Rothschild
The May and Samuel Rudin Family Foundation
Aaron Sarkodie-Mensah
Beverly Sommer

$2,000 to $4,999
Anonymous
32 BJ SEIU
AAJ Lock & Key
Rosie Abernethy
Milton and Sally Avery Arts Foundation
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BNY Mellon
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Collins Building Services
Ronald G. Cruikshank
CSC Service-arks
CTA Architects
Nan and Richard Davis
Deutsche Bank
Energy Mechanical
Fata Equities
George Garfunkel
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HealthFirst
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Hudson Housing Capital
Interior Resources, Sharelle Hicks
Investors Bank
JP Morgan Chase, Andrew Young
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Local Initiatives Support Corp.
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Lloyd Lynford
Albert E. and Francine C. Mayas
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Pearlgreen Corporation
Philadelphia Insurance Companies
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PWB Management
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David and Susan Rahm
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ShermanLaw
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Strauss Paper Company
Skyline Contracting
Sterling National Bank
Turnkey Consulting Group
Jan Van Arnam Architecture
Vassallo Associates Architects, LLP
Steven Wechsler
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Epstein Engineering PC
Demetrios Frangiskatos
Liz and John Fromstein
Goetz Fitzpatrick, Gerald Morganstan
Goldman Sachs
GOOGLE
Swadesh Gopal
Susannah Gray
Michael and Sandy Hecht
Hercules Corp.
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Hirschen Singer & Epstein LLP
HPM Partners
Hydrokinetic Plumbing and Heating
Inwood Charities
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JMA Consultants
Steve Jorgensen
JP Morgan Chase, Peter Piazza
JP Morgan Chase, Jane Silverman
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The Fay J. Lindner Foundation
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Living Cities
Manhattan Resident Managers
Maxons Restoration
Bruce and Lorrie Millman
Krissy Moore, Partnership for NYC
Mutual of America
Orda Management
Melissa Pianko
Real Page, Anne Kempsell
Richard Roberts
The Ryan Center
The Susan S. Shiva Foundation
Silverstein Properties
St. Nicks Alliance
Deborah Stewart
Margaret Stone and Jon Dee
Think! Architecture and Design
Heather Thomas, Hewitt Benefit Services
Gregory M. Weston
Ellen and Steve Wilner
Esther and Fred Wiviott

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Erica Forman
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Genat V LLC
GGA Architecture
GMDC, Brian Coleman
Roberta Gratz
Francis Greenburger
H & D Maintenance
Halstead Property LLC, Diane Ramirez
Ella Harris
Hercules Corporation
Glenn and Constance Hubbard
Hudson Moving and Storage
Joshua Hurwitz
Kahn Brothers Advisors
Debra Kaye
Madison Investment
George and Harriet McDonald
Meketa Investment Group
Vinnie Moscati
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National Maintenance Supply
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Orsid Realty Co.
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Cheryl Roberts
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Stuart and Stephanie Saff
The Steven Sampson Charitable Fund
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Signature Bank, Morey Danon
Signature Construction Group
Fred Smith Plumbing & Heating Company
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Public Agencies
New York City Council
NYC Department for the Aging
NYC Department of Cultural Affairs
NYC Dept. of Health & Mental Hygiene
NYC Department of Homeless Services
New York State Office of Mental Health
New York State OASAS
U.S. Dept. of Housing&Urban Development
HOW TO HELP

Make a difference in the lives of vulnerable New Yorkers at www.thebridgeny.org/donate.
From the entire Bridge community: thank you!

Felicia  Abraham  James  Nancy