



# 2019 ANNUAL REPORT



The Bridge

290 LENOX AVENUE, 3<sup>RD</sup> FLOOR  
NEW YORK, NY 10027  
[www.thebridgeny.org](http://www.thebridgeny.org)

# LETTER FROM LEADERSHIP

**DEAR FRIENDS,**

Over four percent of all adults in the United States live with serious behavioral health concerns. This past year there were 63,000 homeless people in New York City sleeping in shelters or on the street. The majority of street homeless New Yorkers are individuals living with serious mental illness. By 2030 the number of people over the age of 65 will triple, and require increased healthcare and behavioral healthcare services.

We are so proud of the Bridge community in addressing these important social issues. We give our clients, most of whom have a serious mental illness as well as histories of homelessness, incarceration and substance use, the tools to live with independence and dignity in their communities.

This 2019 annual report discusses our innovative services, our reach and impact, our key accomplishments, and honors all of our donors. We appreciate the help of our supporters who are so committed to helping our clients.

**Thank you for supporting our work.**

**Cynthia C. Wainwright**  
**President, Board of Directors**

**Susan Wiviott**  
**Chief Executive Officer**



**WE ENVISION A WORLD WHERE  
ADULTS WITH SERIOUS MENTAL  
ILLNESS CAN LIVE WITH  
DIGNITY AND RESPECT AND  
THRIVE IN THEIR  
COMMUNITIES.**

**HELP.  
HOPE.  
OPPORTUNITY.**

The Bridge, founded in 1954, is a leading New York City based nonprofit whose mission is to change lives by providing help, hope, and opportunity to the most vulnerable New Yorkers. We offer a comprehensive range of services to over 3,300 men and women with serious behavioral health concerns and help them build their own path towards healing, growth, and stability.

Many of our clients have persistent mental illnesses such as schizophrenia, bipolar disorder and major depression and often suffer from social isolation. We provide, outpatient, residential and community based services to help adults lead safe and productive lives. Our services are person centered and support clients on their path to coping, healing and recovery.

Thousands of men and women have benefited from Bridge services, leading more independent and satisfying lives.

# OUR APPROACH



## OUR THREE-PRONGED APPROACH TO SUPPORT THE RECOVERY OF THE MOST VULNERABLE NEW YORKERS.

### SUPPORTIVE HOUSING

The Bridge considers safe, affordable and stable housing the foundation of any process of recovery. Supportive housing not only resolves homelessness, but also improves health and lowers public costs by reducing the use of publicly funded crisis services, including shelters, hospitals, psychiatric centers and prisons.

The Bridge provides supportive housing to 1400 people who live in our 26 buildings and more than 500 scatter-site apartments in Manhattan, the Bronx, and Brooklyn. The Bridge also operates two small shelter programs for homeless adults.



# OUR APPROACH

## COMMUNITY BASED SERVICES

Recognizing that office settings can be a barrier to care for clients with complex behavioral healthcare needs, the Bridge offers community-based services in a client's home, in a shelter, at the hospital or at any public location where the client feels comfortable.

For individuals needing a higher level of support, Assertive Community Treatment (ACT) teams offer an innovative approach that seeks to eliminate the barriers that prevent these individuals from receiving the help they need. Our seven ACT teams in Manhattan and the Bronx are essentially clinics on wheels, providing a variety of medical, psychiatric and other social services.

## OUTPATIENT SERVICES

The Bridge's clinical hub in Upper Manhattan includes a mental health clinic, substance use treatment program, onsite primary and urgent care health services, and a Personalized Recovery Oriented Services (PROS) day program for adults with serious mental illness. Our adjunctive recovery services focus on vocational training, the arts and urban farming.



# WHERE WE WORK



- |  |  |
|--|--|
| <p><b>MANHATTAN</b></p> <ul style="list-style-type: none"> <li>1. Manhattan and BX Care Coordination</li> <li>2. Old Broadway House /CORE</li> <li>3. Bishop House</li> <li>4. Weston TLC /Pathway Homes</li> <li>5. Administrative Offices</li> <li>6. Manhattan Shelter ACT I &amp; II</li> <li>7. East River House</li> <li>8. Casa Renacer</li> <li>9. East Harlem House</li> <li>10. Manhattan ACT</li> <li>11. Bridge House</li> <li>12. Weston House</li> <li>13. Park West House</li> <li>14. Park West House II</li> <li>15. Park West House III</li> <li>16. Clinical Hub</li> <li>17. OASAS</li> <li>18. Iyana House</li> <li>19. Rita Berger House</li> <li>20. East House</li> <li>21. 6th Street Residence</li> <li>22. Murray Itzkowitz House</li> <li>23. East Houston St Residence</li> </ul> | <p><b>BRONX</b></p> <ul style="list-style-type: none"> <li>24. Bridge Gardens</li> <li>25. Peter Beitchman House</li> <li>26. Morris Avenue Residence</li> <li>27. Harmony Court</li> <li>28. Safe Haven</li> <li>29. Park Avenue Apartments*</li> <li>30. BX ACT I &amp; II /FACT/BX Shelter</li> <li>31. HUD McKinney #5</li> <li>32. Betance Apts*</li> <li>33. Melrose Commons</li> <li>34. Boone Ave*</li> <li>35. Bronx Psychiatric Housing*</li> </ul> <p><b>BROOKLYN</b></p> <ul style="list-style-type: none"> <li>36. Brooklyn/Queens Care Coord.</li> <li>37. Herkimer Street Residence</li> <li>38. Maple Street</li> <li>39. Tilden Gardens</li> <li>40. Bridge Rockaway*</li> <li>41. Linden Boulevard*</li> </ul> <p><b>OFFICES</b></p> <p><b>WESTON</b></p> <p><b>RESIDENCES</b></p> <p><small>*IN DEVELOPMENT<br/>AS OF FEBRUARY 2020</small></p> |
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# HIGHLIGHTS OF 2019

In 2019, our multi-service, multi-site approach had the following impact:

**3,239** people served



**1,385** people currently housed

**569** new housing units in development



**48** programs throughout New York City

**152** people received specialized help from our aging services team

# 2019 Opening of Maple Residence in Crown Heights, Brooklyn



This newly constructed 66-unit, 8 story building features 3 outdoor yard spaces, including a vegetable garden maintained by the clients. There is a community room and kitchen as well as a game room used for therapeutic groups and activities.

Onsite services for supportive housing residents include case management, linkages to services in the community, benefits assistance and therapeutic recreation and socialization groups.





# HELPING CLIENTS AGE IN PLACE



*The Bridge provides the first and only mobile treatment services team for aging seniors*

In New York City, the number of homeless adults 55+ is predicted to triple in the next ten years. Many experience age-related challenges, such as decreased mobility, chronic illness, forgetfulness and anxiety which are exacerbated by serious mental illness.

This vulnerable population requires specialized services tailored to their needs, but struggle to obtain them. Lack of transportation, social isolation and severe psychiatric symptoms create barriers to finding the care they need.

The Bridge provides the only mobile, multidisciplinary treatment team focused on geriatric health and mental health within supportive housing in NYC. We address multiple medical conditions that are worsened and accelerated by age, psychiatric medication, drug and alcohol use and homelessness.

By addressing the barriers to aging in place, hospitalizations and nursing home placements are reduced, and community tenure and quality of life increase. Our mobile team helps vulnerable seniors navigate their environments and remain in community housing for as long as possible.

## Bridge Resident Nominated as Tenant of the Year



Staff from The Bridge's Herkimer Street Residence and The Supportive Housing Network of New York with Doniqua

Three years ago, Doniqua moved to permanent supportive housing at the Bridge with services specifically for young adults. When she first arrived, Doniqua, who was previously in foster care and other residential treatment programs, tended to remain alone and had trouble trusting people.

As she settled into Herkimer Residence she saw that the staff was committed to helping and supporting her. Doniqua started working with her case manager, Liana, on reaching her goals and has made huge strides ever since.

Doniqua has worked incredibly hard over the past few years. She obtained her Certified Nursing Assistant license and became CPR and First Aid trained. She received her learner's permit, took driving lessons, become an active volunteer, learned to ride a bike, and built positive relationships with her fellow tenants.

Doniqua was honored at the Supportive Housing Network of New York's 2019 Awards Gala. Congratulations, Doniqua!



## OUR SUPPORTERS

Here at The Bridge, we are thankful for the network of partners, donors, and friends who support our work. From community boards to property developers, private foundations to generous individuals, happy-hour fundraisers to volunteer events, you make our work possible!

The energy and encouragement of this diverse group helps sustain our work and propel us forward.

## SPECIAL THANKS

At the 2019 Partners in Caring Awards Gala, honorees **Hon. Ruben Diaz ,Jr.**, **Jonathan D. Resnick**, and **Dynamic Air Conditioning Company** helped us raise over \$600k for Bridge programs. The dedicated **Junior Board** continued to expand, raising \$34K at their second annual golf outing in September and \$87k at their fourth annual Costumes and Cocktails fundraiser in October. We could not be more grateful to the devoted **volunteers** who beautify our residences, support our events and share their time with our clients.

**THE BRIDGE  
COMMUNITY**

# LEADERSHIP & GOVERNANCE

## BOARD OF DIRECTORS

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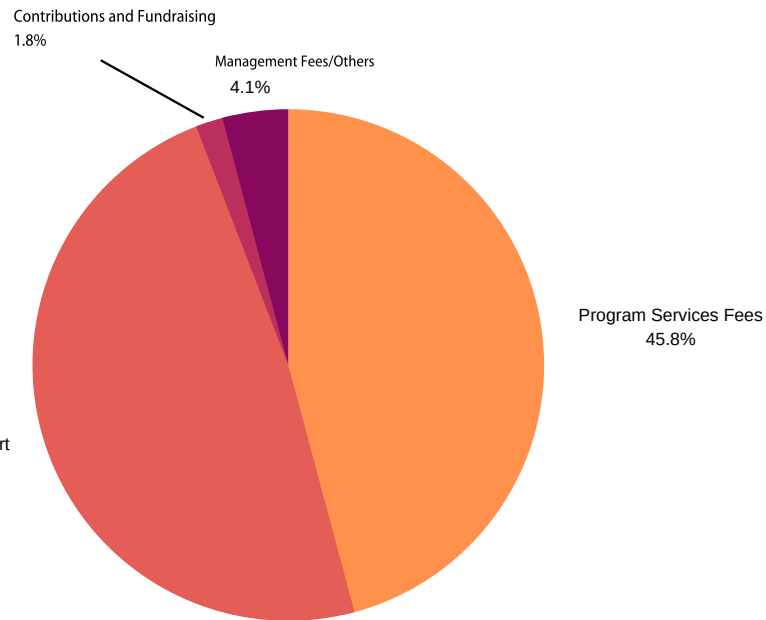
**TASO VASSILIOU**

SVP, Real Property and Asset Management

# FINANCES

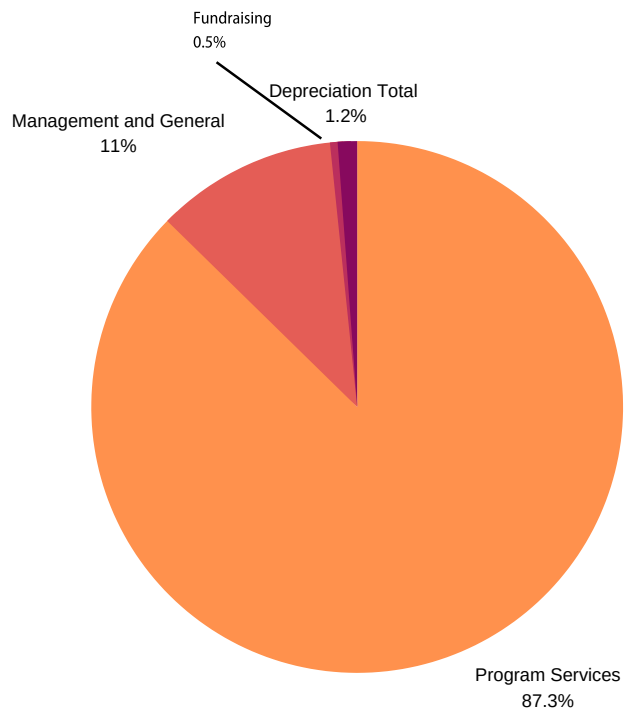
## REVENUES

Program Service Fees	\$23,652,421.00
Grants and Government Support	\$24,926,941.00
Contributions and Fundraising	\$888,719.00
Management Fees/Others	\$2,138,780.00
<b>Total Revenue</b>	<b>\$51,606,861.00</b>



## EXPENSES

Program Services	\$43,037,688.00
Management and General	\$5,434,731.00
Fundraising	\$228,166.00
Depreciation Total	\$578,956.00
<b>Total Expenses</b>	<b>\$49,279,541.00</b>



<b>Increase in Net Assets</b>	<b>\$2,327,320.00</b>
Net Assets at Beginning of Year	\$11,186,879.00
Net Assets at End of Year	\$13,514,199.00

# FY19 DONOR LIST



## \$50,000 and above

The Fan Fox and Leslie R. Samuels Foundation  
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## Public Agencies

NYC Department for the Aging  
NYC Department of Cultural Affairs  
NYC Department of Health and Mental Hygiene  
New York State Office of Mental Health

Every effort was made to correctly list the names of our donors.

If you find an error or omission, please email  
development@thebridgeny.org

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The Bridge

## HOW TO HELP

Make a difference in the lives of vulnerable

New Yorkers at [www.thebridgeny.org/donate](http://www.thebridgeny.org/donate)

From the entire Bridge Community: Thank you!



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