This activity is designed to help you think about the types of experiences that shape young person’s identity and self-concept. Understanding where identity-related issues might undermine a future oriented identity gives insight into how/where our work can support a healthy future orientation. After reading/hearing the This American Life excerpt, consider the following questions:

1) When you heard this story, what comes to mind? What aspects of Jonathan or Raquel’s identity strike you?

2) Can you think of other students who sound like Jonathan?

3) What is shaping Jonathan’s future oriented aspirations?

4) How are Jonathan’s sense of self impacting his behaviors?

5) Do you have a sense, from the clip, about Jonathan’s self-efficacy or outcome expectations?

6) Can you identify any places you might have intervened to promote a different outcome?