The referral service is at no extra cost to you. You only pay the cost of any services you decide to use, like these:

Helping you find services to help you enjoy life

Health isn't just physical. Happiness and peace of mind play an important role in living your best life. With just one call, a life consultant can help you find services, like the ones shown below, to make life easier and more enjoyable. There are no phone menus or voice commands. You get to talk to a real person right away. And the phone call doesn't cost you anything. We can research options and refer you to resources in your area.

The referral service is at no extra cost to you. You only pay the cost of any services you decide to use, like these:

Help at home
- Cleaning
- Cooking
- Grocery shopping
- Personal hygiene
- Home-delivered meals
- Maintenance and repairs like plumbing, electrical, heating/air conditioning, appliances
- Car care/maintenance
- Pet care
- Lawn and landscape
- Housing (short- and long-term)
- Realtors

Out and about
- Classes to learn skills and explore personal interests
- Transportation
- Social and recreational activities

Help for your caregivers
- Caregiver support groups
- Respite facilities for short-term care to relieve caregivers
- Life assistance to manage everyday issues

Want to know more?
Call us at 1-XXX-XXX-XXXX (TTY: 711), Monday – Friday, 8 a.m. to 6 p.m. all time zones.
Aetna Medicare is a PDP, HMO, PPO plan with a Medicare contract. Our SNPs also have contracts with State Medicaid programs. Enrollment in our plans depends on contract renewal. This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply. Benefits, premium and/or co-payments/co-insurance may change on January 1 of each year. See Evidence of Coverage for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area.

©2018 Aetna Inc.
GRP_4010_1510 05/2018
72.03.907.1 (5/18)