**Kit Contents**
- 1 jar of Bronze dye
- 2 applicator bottles of dye (Olive Green and Jet Black)
- soda ash dye fixer
- gloves
- rubber bands
- instructions
- bucket
- drop cloth or plastic (to protect work area)
- paper towels

**You’ll Need**
- 100% natural fiber t-shirts or garments
- plastic bag or plastic wrap

**Main Directions**
1. Prepare your work area by spreading drop cloths or plastic to protect surfaces. Put on gloves.
2. Empty the jar of Procion MX Bronze dye into a bucket filled with about 3 gallons of hot tap water. Stir to dissolve.
3. Thoroughly pre-wet the shirts. Place all shirts to be dyed in the bucket.
4. In separate container, pre-dissolve soda ash in 1 quart hot tap water and stir well. Add soda ash to dye bucket and stir. Let shirts soak in dye for about 20 minutes. **NOTE: Longer soaking will yield a darker bronze color. Dyeing the shirt bronze will ensure that there aren’t white spots in your results.**
5. While your shirts are soaking, fill dye applicator bottles (containing Olive Green and Jet Black) with warm water to about ½ inch from the top. Recap bottle and shake to mix.
6. Wring out your shirts from the dyebath. Do not rinse.
7. Tie up your shirts and dye in one of the following patterns or make up your own! There’s no right or wrong way to do it.
8. After you have applied the dye, place shirts in a plastic bag or wrap in plastic. Let sit 12 to 24 hours. Rinse, wash, and enjoy!

**Patterns**

**Classic Camo**
1. After removing the shirt from the dyebath, lay the shirt out flat onto a protected surface. (a)
2. Spreading your fingers wide and place them on the shirt. Draw your fingers in and repeatedly scrunch up the fabric in a kind of a brain looking bundle. (b)
3. Loosely apply rubber bands to hold the bundle together. (c)
4. Apply the dye randomly in spots, using more of the Olive dye than the Black. You can push the nozzle of the applicator bottle into some of the folds as you squeeze.
5. After applying the dye, finish as in Main Directions - Step #8.

**Spiral**
1. Lay the shirt out flat, and pick a point on the shirt where you want the spiral to be centered. At that point, pinch a bit of the fabric and begin to twist. Keep twisting the shirt around until all the fabric is in a big flat spiral. (a)
2. Place rubber bands around your bundle to keep the spiral shape round and flat. (b)

*continued…*
Accordion Folds

1. This is a simple back and forth fold. You can get creative by where you start your folding. Try some of these ideas:
   - Start from one edge of the shirt (top, bottom, or side and work your way across. (a)
   - Start from one corner. (b)
   - Fold only a part of the shirt making a pattern along the bottom, middle, or top of the shirt. (c)
   - Fold from a pivot point, such as in folding a fan. (d)

2. After folding, place rubber bands tightly around the folded area.

3. There are endless ways to apply the dye:
   - Make stripes of varying widths.
   - Apply the dye randomly.
   - Make stripes in one color and the rest of the shirt in the other color.

4. After applying the dye, finish as in Main Directions - Step #8.

Spiral (continued)

3. With the Olive dye, apply 3 triangular shapes out from the center of the spiral. Leave some undyed areas in between each section. (c) Work the nozzle of the applicator bottle into some of the folds to get dye into the inner areas. Flip your item over and apply the same color matching the shapes on the first side.

4. Apply the Black dye between (or along side) the Olive color. You’ll want to make smaller triangles (or just lines) beside the Olive color. Repeat on the other side. (d)

5. After applying the dye, finish as in Main Directions - Step #8.

Circles or Spots

1. Pull up the fabric at any point and put a rubber band tightly around it. (a)

2. Repeat wherever you want to make another spot.

3. There are many ways to apply the dye. Try any of these ways or just experiment with your own:
   - Put one color around the spot and the other color on the rest of the shirt.
   - Alternate the Olive color and Black color on the spots only.
   - Apply both colors in stripes along the pulled up area of your spot. (b)

4. After applying the dye, finish as in Main Directions - Step #8.