

Kit Contents

- 2 applicator bottles of dye (Main color and Accent color)
- soda ash dye fixer

You'll Need

- 100% natural fiber t-shirts or garments
- plastic bag or plastic wrap

- + gloves
- rubber bands
- instructions
 - bucket
- drop cloth or plastic (to protect work area)
- + paper towels
- Prepare your work area by spreading drop cloths or plastic to protect surfaces. Put on gloves.
- 2. Add packet of soda ash into a bucket filled with about 2 gallons of hot tap water. Stir to dissolve. Thoroughly soak shirts to be dyed in bucket.
- Fill dye bottles with warm water to about ½ inch from the top of the bottle. Recap the bottle and shake to mix.
- Test your colors on a paper towel. Choose one color as your main color and the other as your accent color.
- 5. Wring out your shirts from the soda ash mixture. Do not rinse.
- Tie up your shirts and dye in one of the following patterns or make up your own! There's no right or wrong way to do it.
- After you have applied the dye, place shirts in a plastic bag or wrap in plastic. Let sit 12 to 24 hours. Rinse, wash, and enjoy!

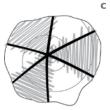
PATTERNS

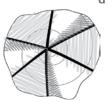
Spiral

- Lay the shirt out flat, and pick a point on the shirt where you want the spiral to be centered. At that point, pinch a bit of the fabric and begin to twist. Keep twisting the shirt around until all the fabric is in a big flat spiral. (a)
- Place rubber bands around your bundle to keep the spiral shape round and flat. (b)
- With your main color, apply the dye in 3 triangular shapes out from the center of the spiral. Leave some undyed areas in between each section.
 (c) Work the nozzle of the applicator bottle into some of the folds to get dye into the inner areas. Flip your item over and apply the same color matching the shapes on the first side.
- With your accent color, apply the dye between (or along side) the main color. You'll want to make smaller triangles (or just lines) beside the main color. Repeat on the other side. (d)
- After applying the dye, finish as in Main Directions - Step #7.









More pattern suggestions on back...



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Circles or Spots

- 1. Pull up the fabric at any point and put a rubber band tightly around it. (a)
- 2. Repeat wherever you want to make another spot.
- 3. There are many ways to apply the dye. Try any of these ways or just experiment with your own:
 - Put the accent color around the spot and the main color on the rest of the shirt.
 - Alternate the main color and accent color on the spots only.
 - Apply both colors in stripes along the pulled up area of your spot. (b)
- 4. After applying the dye, finish as in Main Directions Step #7.



Accordion Folds

- This is a simple back and forth fold. You can get creative by where you start your folding. Try some of these ideas:
 - Start from one edge of the shirt (top, bottom, or side) and work your way across. (a)
 - + Start from one corner. (b)
 - Fold only a part of the shirt making a pattern along the bottom, middle, or top of the shirt. (c)
 - Fold from a pivot point, such as in folding a fan. (d)
- After folding, place rubber bands tightly < around the folded area.
- 3. There are endless ways to apply the dye:
 - + Make stripes of varying widths.
 - + Apply the dye randomly.
 - + Make stripes in one color.
- 4. After applying the dye, finish as in Main Directions Step #7.

d

C



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