

Early Childhood Developmental Milestones

Each child develops at his/her own pace, so it may be difficult to tell exactly when yours will learn a given skill. These developmental milestones are designed to give you a general idea of the changes you can expect as your child grows.



0-6 months

6-12 months

Rolls belly to back	Briefly retains object placed in hand	Coos, gurgles, and sighs	Pulls to stand at furniture	Self feeds with fingers	Holds cup and drinks
Head control in all positions	Strong hand to mouth pattern	Imitates some movements and facial expressions	Gets into hands and knees position	Assists with cup and spoon feeding	Bangs objects together
Kicks legs reciprocally	Shakes and bangs toys	Turns head at name	Crawls	Uses hands to push, pull, squeeze, rotate	Produces p,b,t,d,m, & n

2-3 years

18 months-2 years

Stands alone well
Creeps upstairs
Walks backward

Unscrews and screws jar lids	Climbs well	Responds to yes/no questions (head shake)	Scribbles spontaneously	Kicks a ball forward	Follows simple, 1-step commands	Places tiny objects in small mouth container
Uses scissors to snip paper	Pedals tricycle	Combines 2 words	Uses both hands together at middle of body	Squats in play without losing balance	Attends to book	Points with index finger
Listens to 5-10 minute story	Catches large ball, using body to help	Engages in pretend play 50% speech intelligibility		Runs fairly well	Requests objects by pointing and vocalizing	

12-18 months

3-4 years

4-5 years

Hops on one foot	Completes 3-8 piece inset puzzle	Follows 3-4 step directions	Skips, alternating feet	Laces sewing card	Can maintain conversation for 3 turns
Walks on a line	Imitates, then copies a cross	Understands & uses prepositions (in, on, under, etc)	Throws a ball at target	Imitates a square and triangle	Able to take others perspective
Gallops	Snaps clothing	100% speech intelligibility	Somersaults	Dressing self	