

## 2021 HEARTLAND WELLNESS PASSPORT

## **BIOMETRIC SCREENING**

## Form due by: September 15, 2021

	Circle one: MEN	MBER SPOUSE
First name:	Screening Test	Screening
Last name:	Screening rest	Result
Last 4 digits of SS#:	Height	
Date of birth: / /	Weight	
Email:	Blood Pressure	
Telephone:	Total Cholesterol	
Address:	HDL Cholesterol	
City:	LDL Cholesterol	
State: Zip code:	Triglycerides	
	Blood Glucose	

I understand this form must be fully completed and legible to be processed. Results must be from a 2021 biometric screening to be eligible. **Please remember to fast 12 hours in advance**. By signing this form, I agree with the health screening results provided. I hereby authorize the medical health care provider and/or medical facility to release the health data to the Fund's wellness and claims analysis providers and the Heartland Health & Wellness Fund.

(Print name of in-network provider)

Date of screening: /

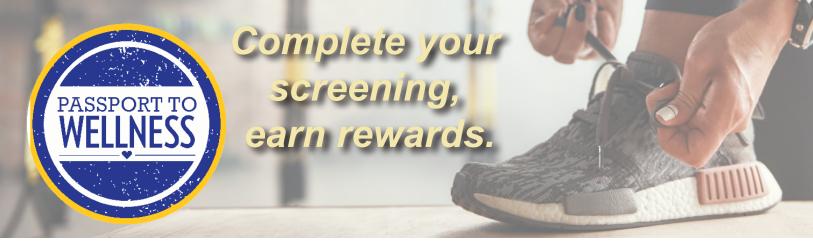
(Signature of person screened)

(Signature of in-network provider)



(2021\_Kroger227\_Passport)

Submit form attn: Eric Mueller, Wellness Director Mail: Heartland Health & Wellness Fund 7250 Poe Avenue, Suite 300, Dayton, OH 45414 Email: *wellness@ufcwbenefitplan.com* Fax: 937.665.0462 Questions? Call Heartland at 937.665.1900 or visit our website *heartlandwellnessfund.com*.



## Why Participate?

Stay healthy, and earn rewards along the way for participating! Complete a biometric screening at The Little Clinic, Kroger Pharmacy, or with your in-network primary care physician by **September 15, 2021**. Doing so, you'll earn the biometric screening rate on your premium for 2022. The biometric screening rate can save you up to 30% on the weekly premium. Information regarding your wellness incentive is located in your local collective bargaining agreement.

Instructions to participate are below. If you have any questions please contact the Fund office by calling **937.665.1900** or emailing **wellness@ufcwbenefitplan.com**.



- 1. Make an appointment for a biometric screening with a Kroger Pharmacy (877.444.9689), walk into a Kroger Little Clinic or visit your in-network primary care physician between January 1 and September 15, 2021.
- 2. Bring a wellness passport and medical ID card to your appointment. Fill out the form on the back, have health care provider enter results and sign.
- 3. It is YOUR responsibility to mail, email or fax your completed wellness passport to the Fund.

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Incentives available to participants for participating in Heartland Health & Wellness Fund wellness program are also available to participants with disabilities who are unable to participate in the screening. Contact Heartland at 937.665.1900 to learn more about your incentive or to determine eligibility to participate in an alternative wellness program with the same incentives.