Workshops

Partner with us in supporting the impact of our leadership work and visibly demonstrating your commitment to uncap Asian and Pacific Islander talent.

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21st Century Leader
What is a leader? In this interactive workshop, participants will be guided through an exploration of LEAP’s cultural values-based leadership model—one that challenges individuals to be comfortable with their own identity and enable the ability to operate effectively in a diverse, multicultural environment. An overview of the history, demographics, and diversity of the Asian American population will be included to provide a professional and social context for the state of Asian Americans in corporate workplaces. Participants will be encouraged to incorporate key elements of this leadership model into their own lives so that they can become successful 21st century leaders.

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Art of Confrontation
Have you ever had to confront others for bad behavior, or missed expectations? These conversations can become emotionally charged and end up damaging a relationship, with no guarantee of actually solving the problem. In this workshop, learn how to deal with these scenarios in a way that gets results, strengthens your relationship, and establishes you as a leader.

“If you are passionate and you want to make a difference, LEAP would begin that pathway of becoming an effective leader.”

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Han-Ting Wang
LEAP Alum ’15
Executive Content Supervisor
Yahoo! Finance

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**Assertive Communication**

Do you hate to “make waves?” Are you succeeding in making yourself heard? Asian and Pacific Islanders who do top-notch work sometimes find themselves being overlooked because they do not assert themselves in the workplace in the same ways as other employees. This workshop tackles possible reasons for these problems and offers practical ways for Asian and Pacific Islanders to get the recognition they deserve.

**Bridging the Gap: Understanding Asian and Pacific Islanders**

This LEAP workshop is a comprehensive primer on Asian and Pacific Islanders—who are we, what is our history in the United States, what are the issues facing our communities, how are we perceived and misperceived by others, and how does our culture influence behavior. Using a multifaceted approach that examines history, demographics, diversity, community issues, stereotypes and culture, LEAP trainers get to the heart of what it mean to be “Asian American or Pacific Islander.”

**Build Your Personal Brand: Marketing & Managing You**

When people hear your name, what comes to their mind? If you were a product, how would you market yourself? In an increasingly competitive workplace, individuals can use branding strategies to grab the attention of their managers and colleagues and boost their career marketability. Through this session, participants will explore the definition of branding; consider Asian cultural perspectives on personal branding; discuss strategies for personal branding; and gain insights into their first impressions. Participants will develop a personal branding action plan so you can be deliberate and intentional about developing and communicating your personal brand.

**Creating Inclusive Space**

“Because diversity of thought and perspective continue to be an asset, how do you create a space that encourages your team to openly communicate with each other? In this workshop, participants will identify their own multiplicity, practice reflective listening skills which are key to strengthening group dynamics and identify best practices for creating inclusive spaces.

**Effective Work and Communication Styles**

We all have different preferences when it comes to communicating and working with those around us. Greater awareness of your own workstyle and communication preferences will help you to not only seek a better “fit” or alignment with the work or tasks you perform but with the people around you as well. Being more aware of the preferences of others will enable you to build better work and personal relationships, influence more “win-win” outcomes, and more effectively handle a broader range of potential conflict situations. Requires advance purchase for and use of online assessment instrument by each expected participant.
Getting Ahead: Skills for Career Success
Discover why some people climb the ladder to corporate success while others don’t. In this workshop participants will discover ways to help them build their image, develop good relations with their boss, acquire power and gain recognition. In addition, participants will learn ways to promote oneself, find a mentor and proactively manage your career.

Giving & Receiving Feedback
Giving and receiving feedback is typically framed as a necessity for individual and organizational performance. However, the act of delivering and receiving meaningful feedback is not always an easy thing to do. What is the best approach to offering and accepting feedback that is shared in an objective, proactive, and constructive way?

How to Get to Yes from No
Hearing “No” to a proposal, project, or request that you care about can feel frustrating, and final. But when you are a skilled influencer, you know that is just a part of the process of getting to “Yes.” If you have important things to advocate for, you will learn how to navigate the No’s that you encounter, and how to use them to create the Yes’s that you want.

Leading from Your Culture and Values
Do you ever wonder why you are the way you are and why you do what you do? Is it your style or your personality? Have you ever considered how the influences of early messaging from your Asian cultural/ethnic upbringing may shape your style, behavior, and perspectives? In this session, we’ll discuss and explore the relationship between values, behaviors, and perceptions along with the core values that most strongly influence you. The impact of leadership enhancing and leadership limiting behaviors will be explored and techniques for managing perceptions and leading from your Asian cultural values will be discussed.

Managing and Growing Your Career
A successful career does not just happen, it requires thoughtful planning. In this session, participants will be provided with a framework, which draws upon participants’ cultural values, beliefs and attitudes, to examine their current career and lifestyle. Participants will then be led through a process to assess their desired career and lifestyle goals, needs, preferences and choices in the context of today’s changing workplace and help participants develop a career/lifestyle strategy plan that leverages their strengths and values in support of their personal & career vision.

ReModel Minority
This LEAP workshop serves as an introduction to Asian and Pacific Islander history. This presentation will highlight the evolution of the “Model Minority” Myth and how it impacts the API community’s ability to be recognized and valued as leaders. Participants will walk away with some tools and strategies to check internal biases and strengthen inclusive practices.
Risk Taking: Making Changes Happen
Though often feared, taking risks is essential to personal and professional development. Participants will define risk taking, explore why people do or do not take risks and discuss possible cultural influences on risk-taking. Through this practical, cultural-based workshop, Asian and Pacific Islanders will learn the strategies of how and when to use a risk-taking process model to think “out of the box” and go beyond their comfort zone.

The Emotionally Intelligent Leader
Emotional Intelligence (EQ) is one of the fastest growing professional communication tools. It is consciously choosing thoughts, feelings and actions to get optimal results in your interactions on a professional and personal level. Increasing EQ skills equips leaders, managers, and individual contributors to improve listening skills, make better decisions, communicate more effectively and build stronger relationships. EQ training taps into individual human potential and is a natural fit for leadership and diversity training as well as building skills in effective communication and conflict resolution.

The Power of Networking
Networking is an often used and misused word. At its worst, it conjures images of someone trying to shake hands and exchange business cards with as many people as possible. At its best, it’s a meaningful introduction that develops into a mutually beneficial relationship. The purpose of this workshop is to expand our definition of networking and develop an understanding of how our Asian cultural values impact our attitudes and effectiveness toward networking. You will define goals and strategies for an effective job search through networking.

Understanding the Asian American Workforce
Equip managers with the knowledge they need to be effective in today’s multicultural workplace. In the context of the tremendous growth and complexity of Asian Americans in the workforce, the participants are provided with an in-depth knowledge about the history, demographics, and diversity of this population. Participants will also learn about the cultural values, myths and stereotypes associated with Asian Americans and discuss the answers to their frequently asked questions about Asian Americans in the workplace.

Your Leadership Journey
Times of great change also create multiple opportunities - it just might not be clear at the start. Be ready to recognize and take advantage of opportunity by preparing and investing in yourself now so you can thrive and achieve career success. High points, low points, and turning points. What are the themes in your leadership journey based on these moments in your life? During this session, participants will reflect and discuss these key moments and the impact on your leadership journey.