



8921 SODOM ROAD,
NIAGARA FALLS, ONTARIO
L2E 6S6

(905) 295-4436

ENTRÉES

FISH & CHIPS / 15.99

The finest haddock, lightly battered and deep fried, served with fresh cut french fries (or mashed potato) and coleslaw. The fish can be ordered grilled (lightly breaded) or baked for 1.00 more. Single portion is 13.99

SEAFOOD PLATTER / 17.59

Fillet of fish, shrimp, potato, and coleslaw.

SHRIMP DINNER / 16.59

Lightly battered jumbo shrimp, potato, and coleslaw.

HALIBUT DINNER / 17.59

Halibut fillet baked, grilled (lightly breaded), or deep fried, served with potato and coleslaw.

SALMON DINNER / 17.59

Fresh Atlantic salmon baked, grilled (lightly breaded), or deep fried, served with potato and coleslaw.

CHICKEN FINGERS / 15.59

Served with fries and coleslaw.

LIVER & ONIONS (OR BACON) / 16.59

Served with a potato and vegetables.

CHICKEN PARMIGIANA / 16.59

Includes penne with our homemade tomato and fresh basil marinara sauce. Served with garlic bread. Gluten free option available.

VEAL PARMIGIANA / 16.59

Includes penne with our homemade tomato and fresh basil marinara sauce, served with garlic bread.

CHICKEN CUTLET / 16.59

Breaded boneless chicken breast served with potato and vegetables.

HAM HAWAIIAN / 16.59

Includes pineapple, potato, and vegetables.

ROAST BEEF DINNER / 16.59

Includes potato and vegetables.

STEAK DINNER / 19.99

10 oz. New York steak, served with mushrooms or onion rings, potato, and vegetables. With 3 jumbo shrimp for 22.99

VEGETARIAN DINNER / 16.59

A medley of seasonal vegetables, including peppers, onions, and mushrooms, served with penne noodles with vinaigrette dressing. Gluten free option available.

LASAGNA / 16.59

Our signature meat and four cheese lasagna with our homemade tomato and fresh basil marinara sauce, served with garlic bread.

ADD GRAVY FOR 1.00

ADD SOUP OR SALAD 2.29

ADD CAESAR OR GREEK 2.79

ALL DINNERS AVAILABLE WITH MASHED POTATO, FRENCH FRIES, OR RICE.



If you ask anyone what Betty's is famous for,
they'll tell you the fish & chips.

What makes Betty's fish & chips so good?

Sorry, it's a secret - you'll just have to try them for yourself.

SENIOR SPECIAL

Single Fish & Chip Dinner / 15.99

Includes pie.

For those 60 and over.

DAILY SPECIALS

MONDAY

BEEF ON WECK / 8.79

Includes soup or fries

CABBAGE ROLLS &
PEROGIES / 15.29

Includes vegetables.

LIVER & ONIONS / 17.29

Includes dessert.

TUESDAY

STEAK ON A BUN / 11.79

Served with mushrooms,
peppers, cheese, and onions.

Includes soup or fries.

SPAGHETTI AND
MEATBALLS / 15.29

WEDNESDAY

HOT TURKEY SANDWICH / 15.29

Includes potato and
vegetables.

ROAST TURKEY DINNER / 17.99

Includes dessert.

THURSDAY

MEATLOAF DINNER / 15.29

Includes potato and
vegetables.

STEAK ON A BUN / 11.79
With mushrooms, peppers, cheese,
and onions. Served with soup or
fries.

LASAGNA / 17.99

Includes dessert.

FRIDAY

SEAFOOD PLATTER / 18.99

Includes dessert.

SALMON SALAD SANDWICH / 8.99

Includes soup.

HALIBUT CREOLE / 17.59
Fillet of halibut baked with tomato, onion
and spice, served with rice and
coleslaw.

PRIME RIB DINNER / 21.59

Includes dessert.

SATURDAY

HOT TURKEY SANDWICH / 15.29

Includes potato and vegetables.

ROAST TURKEY DINNER / 17.99

Includes dessert.

PRIME RIB DINNER / 21.59

Includes dessert.

SUNDAY

ROAST BEEF & YORKSHIRE / 18.59

Includes dessert.

PRIME RIB DINNER / 21.59

Includes dessert.

SUNDAY BRUNCH

Come by for a casual meal,
or make it a special occasion.

**Served every Sunday from
10:30am - 2:30pm for 19.99**

Children 2-4 5.49

Children 5-10 10.99

KIDS DINE FOR 8.99

FISH & CHIPS

GRILLED CHEESE & FRIES

HAMBURGER & FRIES

CHICKEN NUGGETS & FRIES

PENNE & TOMATO SAUCE

INCLUDES BEVERAGE AND ICE CREAM. FOR CHILDREN 10 AND UNDER.

PRIVATE ROOMS FOR GROUPS, CATERING & TAKEOUT

Betty's Restaurant offers private rooms for groups and functions, as well as catering and takeout service.

CALL US:

(905) 295-4436

BREAKFAST

till 2:00pm

BREAKFAST SPECIAL / 9.29

Two eggs, home fries, toast, and choice of bacon, ham, or sausage, served with coffee.

BETTY'S OMELETTE / 9.79

Any combination of ham, cheese, or mushroom omelette, served with home fries, toast, and coffee.

DELUXE OMELETTE / 10.29

Ham, cheese, mushroom, onion, pepper, and tomato omelette, served with home fries, toast, and coffee.

PANCAKES OR FRENCH TOAST / 9.29

Served with your choice of bacon, ham, or sausage, and coffee.

WAFFLES / 9.79

Served with your choice of bacon, ham, or sausage, and coffee.

KIDS BREAKFAST SPECIAL / 6.59

(10 AND UNDER)

Choice of pancakes, french toast, or eggs and toast, served with bacon or sausage, and a beverage.

Substitute peameal bacon 1.99

Toast and Coffee 3.99

STARTERS & SALADS

JOE'S FAVOURITE

GOLDEN

DEEP FRIED

JUMBO SHRIMP

4 FOR 5.99

OR PLATTER OF

10 FOR 13.99

CHEF'S SALAD / 4.59

CAESAR SALAD / 4.99

GREEK SALAD / 4.99

CHICKEN CAESAR SALAD / 9.99

JULIENNE SALAD / 9.99

HOMEMADE SOUP DU JOUR / 3.99

HOMEMADE COLESLAW / 2.99

FRESH CUT FRENCH FRIES / 3.49

ONION RINGS / 3.99

CHICKEN WINGS (1LB) / 10.99

INCLUDES CELERY AND BLUE CHEESE

(2LB FOR 16.99)

MOZZARELLA STICKS / 5.29

SANDWICHES & BURGERS

CHARBROILED CHICKEN ON A BUN / 7.99

- with Swiss cheese and mushrooms

CHICKEN PARMIGIANA ON A BUN / 7.99

WESTERN SANDWICH / 6.79

BACON LETTUCE TOMATO / 6.79

PEAMEAL BACON ON A BUN / 6.99

PEAMEAL BACON ON A BUN / 7.79

- with Swiss cheese and mushrooms

Add fries to any sandwich 1.99

CORNED BEEF ON RYE / 6.99

GRILLED FISH ON A BUN / 7.79

REUBEN SANDWICH / 7.99

CLUB SANDWICH / 11.29

- served with fries

BEEF ON A BUN / 9.79

- served with fries

HAMBURGER PLATTER / 10.79

- served with fries

CHEESEBURGER PLATTER / 11.29

- served with fries

Add bacon to any burger .99

DESSERTS

TRUDY'S FAMOUS HOMEMADE PIE

\$4.49

A LA MODE / WITH SEASONAL FRESH FRUIT SPECIALS

\$5.99

RICE PUDDING

\$4.49

ICE CREAM

\$3.79

SUNDAES (CHOCOLATE OR BUTTERSCOTCH)

\$4.99

FRESH FRUIT PLATE

\$4.49

We also sell whole pies. Please call ahead: (905) 295-4436

WINE

WHITE

Riesling Megalomaniac - NIAGARA, SEMI-DRY	6 oz	BOTTLE
Chardonnay Konzelmann - NIAGARA, UNOAKED	\$7.99	\$28.99
Pinot Grigio Reif - NIAGARA	\$7.99	\$28.99

RED

Merlot Konzelmann - NIAGARA	6 oz	BOTTLE
Cabernet Sauvignon Megalomaniac Homegrown - NIAGARA	\$7.99	\$28.99
Shiraz Reif - NIAGARA	\$7.99	\$28.99

ROSÉ

Zinfandel	6 oz	BOTTLE
	\$7.99	\$28.99

HOUSE WHITE

6 oz LITRE
\$6.99 \$24.99

HOUSE RED

\$6.99 \$24.99

JOE'S CELLAR

A selection of premium wines is available.

Please ask your server for the listing.

BEER & SPIRITS

BEER

Domestic	\$5.79
Alexander Keith's Ale	\$5.99
Alexander Keith's Red	\$5.99
Corona	\$5.99
Stella Artois	\$5.99
Oast Barn Raiser	\$6.79

DRAUGHT

10 oz	\$4.79
16 oz	\$5.99
Pitcher	\$14.99

COOLERS

Wildberry, Smirnoff Ice	\$6.99
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SPIRITS

Bar stock 1oz	\$5.99
Premium spirits	\$6.29
Cocktails	\$6.99
Caesars	\$6.99

BEVERAGES

Coffee		\$2.99
Tea		\$2.99
Specialty Tea		\$3.39
Soft Drinks		\$2.99
Milk	\$2.99	\$3.79
Chocolate Milk	\$3.29	\$3.99
Iced Tea, Lemonade		\$2.99
Hot Chocolate		\$3.39
Root Beer		\$3.99
Milk Shakes		\$5.29
Perrier		\$3.39
Juice - tomato, orange, or apple		\$3.39

Menu item price(s) & availability are subject to change without notice.