

## **On Faith**

### **I. The Church and Church Life**

#### ***1. The Church***

The Church is the training ground for life in Heaven.

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When you feel like coming to the Church, you should come. If you don't come, you should at least either see Family members or witness to other people. Otherwise, you will feel depressed spiritually.

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The reason you feel uneasy or feel like crying in the Church is that you are expecting a circumcision of heart.

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Don't ever treat guests coldly who come to your church.

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Three or more people should watch over a church at night, for no one knows what command of Heaven may be issued at any moment.

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In our Church, there are some who seem in the position of the highest glory and others who must bear the cross of the world in the worst position. Therefore, the church is the place where all kinds of people are gathered who must help and guide one another.

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You should know that when you joined the Unification Church, you brought with you the historical blessing (accomplishments) of your ancestors. But if you should leave the Church, you would leave these blessings behind. So, remain until the end in order to receive God's final blessing.

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The term "Family" will never disappear even after ages and generations pass. Therefore, true Family members should go over the cross not only on the national level but on the worldwide level. In our Church we call ourselves Family members now because we are destined to go over the cross on the worldwide level.

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Don't speak of the Church as if you were an outsider. Don't observe God from a distance, but feel that you are with Him.

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The Church is our home and our core family. In order for the core family to become good, its branch families must become good first.

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You should feel like visiting the Church early in the morning.

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Our Family members are the advertisements of the Church and of God.

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The time of worship service is the time of fighting to cut off Satan's chains and lead ourselves to the heavenly side. It is a most serious time in which we re-dedicate our hearts in order to revive our lives. In light of this, you should absolutely be punctual in attending worship service. If you are careless in this matter, your blessing will be taken away.

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Since you are called "Family members," you should go beyond a sense of self-centered ownership. In your relationship among yourselves everything is owned in Heavenly Father's name and shared by Him with each one of you. Because I do not think my body belongs to me, I can do anything when I am commanded by God.

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When you have meetings, have much time for testimonies and reports.

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If you go to a place of blessing, you feel that it is like a day of spring. Where a new movement sprouts, it is spring.

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You have to think of your church life before living your private life. You have to work with the determination to shed blood for the public in order to become a loyal subject of God.

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If someone's sacrifice can give life to the whole, everyone should follow that person's way to be a Family member.

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Are there young men and women in the Unification Church who can put up the flag of God's victory and give the glory of victory to all mankind?

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An area is made when three points are connected. Two points only make a line. If you want to tighten your belt, do so firmly.

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If there is anyone who is not dominated by the power of Satan but rather has an autonomous power to expel him, he can be connected with the Unification Church.

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In order to become a Unification Church member, you have to inherit and receive the internal desire of God and the True Parents.

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Unless you are officially approved by God in your church life, you cannot live for the Will of God in your social life.

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The headquarters gives and objective beings receive. The headquarters is responsible for the fact that there are not yet many Family members in the world,

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Church guidance cannot be performed by a means or a method. It should not be disconnected from the life of God, which is like our breath. Unite with the headquarters, which is your root.

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## ***2. Training in Life***

If you are a leader, you should treat your members with concern and care. You yourself must become intoxicated with the Will of God before you can convey it to others. When you meet your members late at night, do your best to forget time in giving yourself to increase blessing for them.

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Train your core members even all night. If you devote all your heart to them for three days in this way, they will feel so blessed and closely connected with you that they can never forget you for the rest of their lives.

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If you see the good in others and cover their defects with your love, they will follow you. If you see only weaknesses in others, your spirituality will be ruined.

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Once you become a Family member, you must establish the tradition of life and the tradition of the chosen people, centering around Father:

The principle of life and its system

Value education by Father

Relations with Father

Your own position as an individual

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The life of a leader consists in heartistically contributing something to others. If you are a leader of a thousand people, your heartistic standard should be higher than that of any of these people.

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Become a furnace of love.

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Study people. For example, study a man next to you when he is angry, when he is asleep, when he is happiest, when he is acting responsibly, when he is getting married. These can all be good material for learning.

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If you are a church leader, you should dedicate 10 percent of your time to God. After doing so, you should love your own family and nation. A third of your time should be devoted to your work. You should also pray at least two hours and twenty-four minutes a day (a tenth of the day). It is desirable that you pray early in the morning for two thirds of the daily prayer period.

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In order to draw all your church members to you in leading a church, you have only to attract those at the top and those at the bottom in the church and all the rest will follow automatically.

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Make up for your leader's shortcomings. He who criticizes his leader is the prince of Cains. He who wants to cover and take responsibility for the defects of his leader will eventually stand in the position of Abel.

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A true loyal subject, although he may be a man of more ability than his monarch, serves him to help him grow.

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Stop saying that you are not capable. If you are not capable, you must think that you can serve a man of ability as if he were your big brother and supply him with opportunities in which he can act in your place. Serve him more than the outside world would do, and try to establish a foundation next to his.

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Family members are flesh and leaders are bones. Bones are never exposed, so flesh must surround and cover them properly.

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If you must reprimand someone, first let him know that he made a mistake and then you can scold him.

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If you want to lead people, you should work harder than they. Be a better offering than they, and treat them with a warm and affectionate heart.

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A leader of a region is like a priest there. He must pray for that place even if it requires losing sleep. Since he should offer himself in order to give life to many people, he should toil with all his sincerity. God responds only when the leader (the substantial being) becomes one with Him (his master) in offering himself - His members (Family members) are not offerings; he himself (the leader) is the offering.

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You must investigate a crime in private, but you must judge it publicly.

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Now is not the time to live a lazy life. Your mind and body and your environment should be put in order. If you turn a screw tightly enough, no one will be able to loosen it. Now is certainly that kind of time.

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Wherever you Family members may be, you must stand in the position of a friend rather than in the position of a teacher. Even in the position of a friend, you will be able to reveal your value fully.

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When you appoint someone as your representative, you should use him with a prayerful attitude:

"Father! I myself should be doing this, but in order for me to accomplish a greater task, I need him as my representative. Please forgive me." Since he is your representative, your external self, you must work with him by loving, understanding, uniting with, and respecting him. You should have such a heart that he will feel like coming to see you again when he leaves you.

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When there is any special gathering, read *My Pledge* in unison.

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Be a leader who can move many Family members.

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Don't judge one another. I know thoroughly who are right and who are wrong. Conduct yourself according to my example.

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When the Church has things for you to do, it is an opportunity for you to meet God.

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Those who are not moved to tears or thankful are not qualified to work in the headquarters. Since the headquarters is the headquarters of building the Kingdom of Heaven, those who work there must be capable of distributing happiness to all mankind in the Will of God.

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If you help God ten or a hundred times more than He asks you to help Him, He will reward you ten or a hundred times more.

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If God can say to you, "Although many people don't know me, only you are far from not knowing me," you will be the greatest victor.

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We train you not for the purpose of making you members of the Church but for the purpose of making you patriots who can save the nation.

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Learn anew whenever you see anyone.

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When you walk a road, you must walk as if you were serving the True Parents by having them on each side.

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You can enjoy development if you report to your parents about what you do every day and thus make them rejoice.

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Whoever visits the headquarters should bring an offering with him. The offering is nothing else but his accomplishment of having loved the nation.

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My life and love exist in your life. Both you and I should add our conditions of indemnity to each other.

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You must report thoroughly. You must begin with whatever bad there is to report.

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You have to become a living seed.

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Parents want their children to become better than they. Children should resemble parents. But as your parent I love you to the degree that I want to resemble you.

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Your conquest in life should lead to your conquest of the environment. This is your personality. Thereafter, you have to be careful of the words which represent your personality.

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In the past we walked the path of sacrifice and sorrow in order to search for something, but now we have to walk that path in order to possess it.

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You must live the kind of life that cannot be replaced even by the whole world. You must live an idea-centered life.

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It is easy to live as you wish. It is more than twice as difficult to live for the sake of conscience and for the sake of God.

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If I visit a famous place, I see it by wondering how valuable it is centered on God's fortune. I also attempt to connect it with God's fortune.

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He who loves his birthplace loves his body. He who loves his body loves his mind. He who loves his mind loves God.

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If you marry someone who is from a different nation and give something to the people of the nation while you are hungry, then it will become a good problem.

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Without constant thought and concern you cannot succeed in doing anything.

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The victory of a man who has no confidence is a false victory.

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When someone gives you a warning, accept it 100%.

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It is good to make a determination in your mind. But your determination will restrict you if it ends in failure.

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When we Unification Church members go out to the world, it is desirable that we be needed in the field of reality and in the field of life.

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Nothing is more precious than today, which connects the past with the future. You must have something which you can be proud of at this present moment.

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When you like something, what are you centered upon? That is an important question. Unless you are connected with the whole, your seed neither sprouts, has leaves, blooms nor bears fruit. You will perish if you are only proud of yourself and neglect your surroundings.

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It is the sick who have others take care of them. You have to become a person who sheds tears to give something to others.

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A man of wisdom lives according to the true understanding of the time of the providence. He does not live centered upon the environment but centered upon time.

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He who accepts a prophesied time as his own instead of merely prophesying it is a wise man and can become a world figure.

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In what condition and in what place do you meet God? You always have to think of this question.

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Whenever you see your face in a mirror you have to ask that face, "Mr. So-and-so, have you always walked unchangingly since you started?"

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You have to pull your environment, not be pulled by it.

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How wonderful and fortunate you are who have passed through all the crossings of life and are running a straight road.

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If you have no concern, you cannot have any connection. Without connection you cannot have any relationship.

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Those who go the path of faith must be careful not to be proud and arrogant.

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If you work as a son or a daughter of a main house, can you live an easy life? You have to become a descendant of the Head House.

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We have to know that nothing in the world is more valuable than our contents now. Those who do not feel the infinite value of the present cannot inherit the infinite value of the future.

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You must certainly give. To give after you receive is not giving but paying your debts. In dealing with his servant, a master should give him food by saying, "I already ate," although he did not eat.

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Although you all walk together, there is only one who is most successful. Many are competing with you.

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So long as you were born, you have to give something to the world without having any debt. If a parent leaves something behind for his or her children, they will be grateful until their deaths.

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Those who waste every day meaninglessly are not needed anywhere.

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The longer you have been in the Church, the more you have to face providential realities as they are.

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Although you have experienced uncomfortable things, you can overcome them and do comfortable things. Then you can have the relief of forgetting all your uncomfortable experiences.

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If an opportunity for a happy meeting does not result in joy, it is worse than if the opportunity had not been given.

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The more distant is an object of desire, the bigger and longer is hope. If hope is near, it will be finished soon.

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There will be no conflict if two out of a group of three people are honest. But if they are dishonest, it will become the standard of judgment. For even if the two whisper to each other, it may be nothing to them, but they have already excluded the other person.

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All mankind adore and console those who have a degree of love in evil surroundings more than those who have the same degree of love in good surroundings.

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It is not that man creates goodness, but that goodness must create man.

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When you see someone in your life and feel that your mind does not harmonize with his centered upon God, you must leave that place. Escape from the control of that environment.

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Jacob was a futurist and Esau a realist.

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Those who know have to strive to serve those who are ignorant.

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The parent walks the path of a servant before the child until the child understands his parent.

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If a root is pulled out, don't think that it happened because of the strength of the wind, but because you didn't make the root grow deeply enough.

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A prison is the only place where you can feel the utmost joy and the highest nostalgia, and learn both the precious and the shameful. Therefore, not all about a prison is bad.

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A prison is the place where you can receive the best education of the Way because you have neither friend nor enemy there.

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Do your best to show loyalty and filial piety while you are alive. It is foolish to offer your wonderful things by thinking that through them you can show loyalty and filial piety after your death.

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When those who parted from each other with lonely tears see each other again, they shed tears of joy. If you do not understand this, you do not know what human life is like.

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If your family lives with me for three generations, then you family members will be unparalleled loyal subjects in the world.

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It is wiser to adjust yourself to time than to adjust yourself to someone who knows time.

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Even though the Will is realized by your leadership, you will be deprived of everything by others if you do not know time.

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My three major goals in life were:

to perfect self-domination before seeking to govern the universe,

to act each time after questioning, and

to act according to God's commandment.

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If you want to have access to the living room of someone's house, you have to make friends with either the master or his son.

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When something joyful happens to you, don't look upward but look downward.

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A sorrowful man should pay indemnity through his sorrows to gain joy. A joyful man should pay indemnity through his joy to go toward sorrow.

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Be honest. Those who are honest can survive, for they can inherit their surroundings.

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Mind is the apparatus which enables you to stand with God. Mind is not taken away. Only you know your mind.

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A judge seeks the victory of those who win by observing laws. He can tell these the secret of victory.

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If you want to live for a happy nation, you have to die for an unhappy nation.

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### **3. *Cain and Abel***

Cain cannot walk the Way of the Will except through Abel.

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The internal standard Abel must meet, in fact, is to love God and His works and become an offering for these works. Therefore, if you are in the position of Abel, you must have the attitude of wanting to take responsibility for what others hate and all that is difficult, not caring if what is good is given to you or not.

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The Abel position was set up so that through him Cain may be saved. In order to save Cain, Abel should give him all the love that he received from God and additionally his own love.

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In your daily life, distinguish between Cain and Abel. If anyone complains, he is a Cain. You must unite centering around your Abel.

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It was Abel's failure that he was not able to subjugate Cain. Jacob spent three years to establish sonship and four years to subjugate Esau. Just as Jacob won victory after he wrestled with the angel at the ford of Jabbok, you must establish the standard of internal victory. After that, you as an Abel should heartistically visit this nation and the earth and serve the True Parents and be blessed as a Third Israelite. In this kind of fight, you should not threaten or beat people. Does heavenly law allow Abel to beat Cain?

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God could not avoid having Cain even when He wished to have only Abel. The reason God had Cain was in order to raise Abel through him.

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Abel must dedicate himself and his offering to Heaven. After they are accepted by God, he must then give them to Adam and Eve who are his parents. In other words, Abel and his offerings are for the liberation of Adam and Eve.

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This world belongs to Cain. Cain has to give it gladly to Abel before Abel can have it.

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## **On Faith**

### **II. Life of Faith**

A life of faith consists in living always with an atmosphere of spring.



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Sleeping, waking up, going, coming, giving and receiving: do all these with God without reservation and with a peaceful mind.

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The safest way of life as a Unification Church member is to work on the front line bearing all the crosses on your shoulders. This is the true way of faith in the Unification Church. This course determines whether or not you are a child of filial piety, a loyal subject and chaste woman.

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In order to become an Abel, you must receive God's love and become one with Him. For this, you must learn God's ideal and then practice it in your witnessing. You must also love and subjugate Cain, following the example of God.

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The restoration of Abel and Cain will be no problem if both compete to volunteer for tearful suffering.

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Abel is the one who feels heartbreak centering on God. No one will complain about the person who sleeps less, eats less, and suffers more than others.

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In order to be an Abel, you must receive three great trials and three great persecutions from Cain.

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You should transcend the concept of "self," fulfill your mission as a person who is to be redeemed, and build a foundation of goodness. You are an individual, but you are also a historical revival of heart.

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Because blessing is dynamic by nature, you have to prepare yourself by becoming calm in order to receive it abundantly and digest it well. If you frolic too much after receiving blessing, you will become empty-hearted and lose it completely.

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Ask Heaven for wisdom rather than power.

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Doing spiritual work can be compared with flying an airplane: you must be accurate in the direction of the flight (purpose) and be sure to have your landing site (maintenance of self).

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Be a person who does not violate the heavenly way of life. Your life should begin with establishing a foundation of spiritual victory.

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There is no power greater than the power of faith. Why? Because even God takes it most seriously in doing His work. True faith is powerful enough to turn falsehood into truth.

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Don't get angry because others fail to give you recognition. I pray to Heavenly Father, "You may recognize me only after the I finish the trouble-ridden works of this earth and reach up to the point where I can appear in front of your throne."

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The best way to remove fallen nature is to serve millions of people as your Abels. If someone cannot recognize the value of your serving him this way, his blessing will be taken away from him to you.

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The bigger hope one has, the longer he perseveres.

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Grace is the source of life.

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Connect with God all that you see and think when you are awake. If you cannot do so, you have to repent. Devote your first words of the day to God.

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The way of repentance is not to strike your mind but your body. To strike your body, you must walk the kind of steep course that is disliked by your body. Christianity is the religion of suffering. All religions that are not deep will perish when they walk such a steep way.

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Sin has occupied history, but the base of sin is your body. Therefore, deny and strike your body.

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If you are occupied by your body, you are in the satanic world. If you are occupied by your mind, you are in heaven. Your conscience is the front line where God comes to visit you.

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The world of peace and happiness is for later. Let us first remove sin, for as long as it remains it will only drive away peace and happiness.

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Without exception treat each person cheerfully, speaking good words. if you do this ten times, ten people will become closer to you. When this becomes a habit, it will be good, and then you will not lose your standard of faith. If one could only do this. would prayer even be necessary?

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Don't have a sad face, but always keep a cheerful heart. When you have a peaceful and truthful heart, peacefulness and truth will begin. In fact, words found in the Bible, such as love, grace and salvation are indeed fearful words.

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Antagonism has no place in God's love, but only unity and harmony. In light of this, you can understand what the Bible means in saying that peacemakers will be called sons of God.

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When you receive some grace, do not boast about it but pray that you may best use it. And after praying one hour for this, you must spend three hours to actualize it.

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The way of faith is like maneuvering a boat. Rowing a boat can be compared to a life of faith: the moment you stop rowing, you are swept backward. Every single condition of evil society is an adversity which is not helpful for a life of faith.

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When you are scolded, it is actually Satan working behind you who is scolded. Therefore, you have to be admonished in the same position as Satan's.

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The only way to remove fallen nature is to surrender obediently. Sinful history was made because man did not obediently surrender to God's words and the archangel did not obediently surrender to Adam. The only way to indemnify this is to surrender obediently. To do so, you must begin with doing the most distasteful things.

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Living a life of faith is like a pair of scales. Your daily life should be such that you elevate it gradually by adding the weight of goodness on one side.

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If you sow the seeds of sincere dedication with all your effort, they will all come to bear fruit. The fruit of your wholehearted dedication cannot be conquered by anyone; it belongs to you. Satan can never rob you of your foundation of sincere dedication.

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At least don't belittle yourself when you die.

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When fruits start to be borne, flowers and leaves drop off. Similarly, when divinity grows in your heart, all your shortcomings will fall away.

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When one acts centered around and motivated by himself, he needs to fulfill his 5 percent responsibility. But if one acts centered around and motivated by God, his 5 percent responsibility is not necessary.

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If you do something only by consulting among yourselves, it will never be recognized by God no matter how well done it may have been. Everything should be reported to and connected with God so that it may be approved by Him. Work and live by always forming the God-centered four position foundation.

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If you live according to your true mind, 80 percent of all you do will always be on target.

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If you know the miserable situation of God, you will feel that you cannot stand before Him to repent; before you call, "Father!" you will cry over your defects first.

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Don't be angry with your enemies. In your mind, say to them: "You may be angry at me, but I thank God because I can think of this occasion as material to fill one page in the book about my life when I win victory."

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Do not conceal yourself behind a mask of falsehood. This would only give Satan a chance to attack you.

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You must realize that even for you as an individual there are three types of people: those who take care of you, those who pay indemnity in place of you, and those who oppose you.

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Yeast is the raw material for harmony. Become a yeast of love to be able to melt everyone together.

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Always reflect upon your life in order to know if it is inclined toward the side of goodness.

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Blessing exists not in front of God's throne but in front of Satan.

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When you fall into a miserable situation and hit rock bottom, it then becomes time for you to go up. One extreme seems to be distant from another, yet the two are connected with each other. Right behind Satan stands God.

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When your original mind operates, you are on the Abel side, so follow where your Abel mind will take you.

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Hell is the place where the groaning of self-pity is heard.

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The reason that you believe in God is that He had believed in you before you believed in Him. Therefore, you should believe and love the Will with your utmost gratitude and loyalty. Anyone who regrets that he is working for the Will would never be able to establish a foundation of existence in the ideal world.

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"For where your treasure is, there will your heart be also." (Matt. 6:21) You should keep your real treasure in your heart. That is why you should invite the most precious God into your heart.

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Grace is something God gives and transmits in order to save the world, so don't think it belongs only to you.

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After you dedicate yourself fully, do not be greedy to seek a reward.

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Let us dedicate our sincere heart for holy ground, holy temple, blessed families, and True Parents.

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Even when we are about to die, let us believe. Even when we are about to perish, let us believe.

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If a person has not experienced gaining or losing something, then you cannot guide him. Our Unification Church history was made through our heartfelt tears of gratitude.

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Be a person who can benefit everyone. Your life should be lived for the purpose of benefiting everyone.

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Never remember that you did good things for others. But never forget that you were taken care of by them.

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Your will to do together, gather together, and take the same direction together with others is precious. You must dedicate that will to God.

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If grace is given to you but your dedication no longer merits it, then that grace will be completely taken away.

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To give to others and not remember it is the way to accumulate goodness.

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He who has many people praying for him even though he does not ask them to do so will never perish.

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An individual or society that is based on the consciousness of authority will perish. Those in high places must be prepared to go down.

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How deeply do you realize that you are going to be saved through attending God?

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The way of faith is to live and walk the way of death.

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Man wants the best thing. It is good if in accordance with the Will you have something which you can boast of in front of others so they can learn from it.

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Religion has the inherent power to enable one to transcend life and death.

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The archangel never received perfect love from God, nor did he receive it from Adam and Eve who were to become perfect. That is why Satan has continued to rebel against God, and yet God has not been able to avoid seeing him. Here lies the reason why we must love even our enemies.



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When God completely abandons something, Satan takes it. In the Last Days, the most pitiful men are those who are judged by the Lord although they thought they believed and followed him. How pitiful is a bride, who, in spite of having believed her bridegroom, is discarded by him!

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Life of faith is a path of adventure. You must accomplish what others cannot before you can be listed in the historical book of Heaven.

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Believing has its limits. After you harmonize among yourselves, belief will no longer be necessary.

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Don't be proud that many here were Christians before joining the Family. Today, all Christians are avaricious people, who want to go to Heaven riding on Jesus' shoulders instead of taking him to heaven on their shoulders.

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You must make an effort if you are to possess the value of future resurrection.

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Don't bind but loosen things in your life.

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In your life of faith you should be thankful and satisfied without being noticed by others. If you cannot be that way, you should repent in sorrow, saying to God, "I am a sinner. Give me the power by which to become free from sin," If you can do neither of these things, you are no longer continuing a life of faith.

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Have a renewed mind. In your life of faith you must always rejoice and be thankful. When you rejoice in prayer and experience a constant welling-up of pride, your mind is a joyful mind.

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The purpose of faith is to conquer death on earth. If your awareness of death is weak, you cannot maintain a powerful life of faith.

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Who is the master of death and who is the master of life? People in the world ordinarily wonder who the master of life is. But we should know and serve the master of life, God, and find and conquer the master of death, Satan, in our real life. We must take over the place which death once occupied and set up the banner of life there.

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Do not leave any regret at the moment of death.

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If you have more than three enemies while on earth, you can never go to Heaven after you die. You must untangle this problem on earth, praying for them for at least three days.

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Religious men are those who wage war against death and win victory. What if, when you went to bed, it was your last moment in your sickbed? And what if, when you awoke in the morning, it was your first glimpse of the spirit world? Never take the matter of death lightly even for a moment.

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Death is the way to your original home. When going there, what sort of gift are you taking with you? If you think of this at least once, you cannot spend a single idle moment.

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The goal of education in the Unification Church is to train those people who can qualify to go to the highest spirit world.

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In order to enter Heaven, you should confer with God in prayer at least three times in the end.

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We should always pray about the problem of how to decisively win over and go beyond the boundary of death. How much have we thought of our original home where our Father, the very cause of our being, dwells? Fallen men never think about the problem of their own eternal life, so who will do it for them?

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You will go to that place of the spirit world which corresponds to your own spiritual level. On arriving at the spirit world, an average person must go through twelve great tests, and even those with much merit must go through three tests:

First, your worst enemy on earth appears to confront you.

Second, the historical enemy, Satan will come and accuse you, saying, "Your ancestors such as Noah, Abraham, Moses and Jesus toiled so hard and Master has taught you so much through his words. But did you become one with the words and carry them out?"

Third, the angelic world will test you, describing heavenly laws and asking if you yourself became the embodiment of them as a loyal subject.

Finally, Jesus and the Holy Spirit will ask you questions to see if you can qualify to be a child of the Lord, and when you pass that test, you will reach perfection.

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The reason why he who has received grace becomes uneasy is that he becomes like a spirit man without a body. He should make achievements because otherwise the grace will leave him.

---

The way to recover grace is to put into practice at least ten times that which you have prayed for.

---

In the way of faith, we need true companions of faith. When they can help each other, love each other, and radiate great beauty, thus becoming a source of pride among those around them, the Will of Heaven will automatically multiply.

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A man of faith must always have a renewed mind in order to grow. Morning makes you feel good because it refreshes you.

---

Your life of faith should always be calm and regular like breathing. And your life of faith should be such that you draw a certain line below which you will never go when you begin personal and social relations.

---

If you so strongly long for God that you forget your illness, you will get well.

---

Older Family members are sometimes in the position of Cain. Those younger members who receive grace are sometimes allowed to take the lead in indemnifying certain periods of history of restoration. Even in such cases, older members should not feel jealous of them.

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A person should be capable of dominating sin, maintaining himself peacefully and subjugating Satan naturally before he can be qualified as a man of Heaven.

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You should shed tears, sweat and blood, embracing history and the universe.

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To have regret after dedicating all one's sincere heart is a foolish act and against heavenly law.

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If you want to dedicate your heart to me, do so after you have dedicated your heart for the nation and mankind whom I love, and then create achievements.

---

When you die, you must be grateful to God, grateful to His Will, and feel sorry that you could not better fulfill the Will.

---

The reason you fear death is because you have not done the work you should have done on earth. Once you complete your work, you will never feel fear.

---

When I see those who dedicate their heart to me in hope of solving their problem of life and death and of receiving blessing, how can I, a subject, spend an idle moment?

---

When you are late to a worship service you should feel so repentant that you cannot raise up your head.

---

The only way to avoid accusation is to toil at the cost of your life. Who would dare to accuse you when you tearfully make up your mind to die for the Will?

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How long have you fought for the Will feeling the responsibility of restoration? You must struggle, either catching up with me or catching up with the front line; there is no other way you can go.

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Get up in the morning, saying, "Father!" with a smile, and go to bed at night, saying, "Father!" with a smile.

---

A son of filial piety lives by consulting his father concerning the most minute details.

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You have to proceed by holding the hands of the True Parents tightly.

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Humble yourself, thinking that all the evils and sins of the world happened because of you, worrying about them with an aching mind, and shouldering all responsibilities.

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In believing in Jesus, we have to know his heart.

---

Moses, who took charge of the Will of God, knew the destination and direction clearly, and expressed these things one or ten years later in his behavior. But the Israelites were not able to live that life which contained the destination and direction.

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Religious life emerged to unite man's idea, which governed history, and God's idea.

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God has been developing His providence for 6,000 years in order to have His idea of creation practiced in man's life.

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The ethical view of Christianity consists in welcoming even the enemy Satan and praying for his blessing.

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Civility means that the relationships of front and rear, right and left are in order.

---

A man of faith should shed three kinds of tears: tears of shame, tears of gratitude and tears of joy.

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Absolute faith can alter destiny.

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No matter how hard you may work or how many accomplishments you may have, you have to be with Heavenly Father. If you act by yourself, Satan will take everything away.

---

Salvation is obtained through attendance. How much have you felt that?

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Give something to your family, to your nation, and to the world. This is the triple-objective standard.

---

The purpose of life of faith is to realize self-perfection and feel infinite love, thereby enjoying infinite happiness.

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Life of faith consists in making a connection of yearning in the world of heart.

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Why do you have debts in your life, which exists only once? You must have others indebted to you instead.

---

God is with you only after you win over your environment.

---

Don't curse those who are punished, but pray for them. If you curse those who are cursed, you will be cursed.

---

The purpose of the action of conscience is to make the children of God attain perfection. We should find the place where conscience can. take rest.

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Unification Church members must live continually in tears and sweat.

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Don't live by holding your conscience in your hands, but by pioneering the foundation of conscience.

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The path of faith cannot be perfected by centering upon the vertical world alone, but by being supplemented by horizontal conditions.

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The place near to God is an extremely fearful place.

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"God, only You know." This is man's conclusion.

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Have you ever stopped to wonder to what degree God loves mankind?

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The Messiah is the standard of life of faith. Faith consists in resembling him.

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Going the path of faith means following the Messiah in Golgotha in order to inherit the pain which he has in walking in tears.



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Man is the fruit of the sin of his 6,000-year lineage. He is the exhibit of the 6,000-year sinful history. His cells contain the 6,000-year-old sin. Repentance is needed to liquidate this.

---

Pray without sleep and rest and guard the garden of Gethsemane.

---

Even when you die you have to leave a part of you behind. You have to say that you want to drop even one hair near the Temple at the time of your death. When you leave this world, what will you take with you? That is the question. To become a being means to prepare what you are going to take with you. If you become a being in your family, you will take blessing on the family level. If you become a being in your nation, you will take blessing on the national level.

---

You must not forget that God put you in this position by purchasing you for His sorrow, exchanging you for His sorrow, and seeking you for His sorrow.

---

You have to writhe in agony by asking if God can be consoled through you.

---

When you face a problem, don't solve it as your own but ask how God would solve it. Then the answer will come out naturally.

---

I thought of the fact that day and night occur at opposite times in East and West. I sometimes thought that God created the Eastern and Western Hemispheres in order that people might sleep peacefully, because otherwise all mankind would sleep at one time and be taken possession of by Satan.

---

You are normal only if you are more joyful than when you joined the Unification Church.

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Nothing whatsoever can destroy a father-child relationship. In the same way, you must absolutely be connected with God.

---

Where is the center of your center now? That is the question.

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Sunday is the day when you, having practiced self-restraint and planned for a week, give the Family members something which they can rejoice over.

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The reason you are not encouraged in your life of faith is that you cannot determine the internal place of God's existence in yourself. You have to unite with the place or point of His presence. Have more concern for the Center than for the universe. Do you think that God will leave you?

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Let us believe well. To believe well means to love our children and the world well.

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The faithful in the Last Days must complete all that the past saints were not able to do.

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The word honesty means to act straight. In order to become a man of honest faith, therefore, you have to govern your mind in a straight way.

---

Making excuses will be of no help at all in your path toward your goal, and will only lead you to a destination which has nothing to do with your goal. If you commit a sin of degree ten, yet feel with a sense of guilt of degree 100 that you are not qualified to

stand before God, then God will be able to regard your honesty as degree ten of loyalty. Therefore, a man of faith does not have to make excuses; he has to be honest.

---

A pioneer does not complain of coming trial and pain. A man of faith is a pioneer, so that he who complains in his life of faith is neither a pioneer nor a man of faith.

---

Where there is hope, there is development. Where there is no hope, there is at least retreat, if not utter cessation. Therefore, whether there is happiness or unhappiness is determined by hope. If there is no hope in a man of faith -- who should march toward tomorrow's hope -- he is an extremely unhappy man; his faith is only superficial.

---

All that you face as a pioneer is unexpected, so that you have to know how to judge and discern in serious situations.

---

God gives us experiences, not because He wants to do so, but because He wants us to have absolute faith thereby. He lets us have spiritual experiences because He must connect our desire with them.

---

Absolute faith is not the place of self-affirmation, but the place of self-negation. Life of faith is not limited to our spiritual life. What is important is how our spiritual sensitivity is applied to our relative environment.

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Knowledge cannot control life. Only religion can do so.

---

A person becomes a physician for the purpose of saving patients. In the same way, it is for the purpose of enabling unbelievers to go to the Kingdom of Heaven that you believe in Jesus.

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No one says that doing things for oneself is good. The thesis that doing things for others is good holds true.

---

God's providence of salvation does not begin with the salvation of those who are better-off. It must begin with the salvation of suffering people. Therefore, many men of faith are suffering, poor and hungry.

---

Life of faith is not life for yourself alone but the life of a sold servant. For since a servant is born as a child of a servant, he is approved and loved by his master only after he goes through the life of a servant.

---

Faith plays the role of guide. Therefore, it only takes you to the gate and not to the room.

---

The path of God is the path of pioneering. The path of a man of faith is the path of following.

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The course of faith does not need a long period. A day is essential to faith, and an hour of the day, too, is essential to it.

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Faith is the contract between God and man made through His word.

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Your faith should be such that you feel thirsty and always admit of your defeat. If so, you have no complaint. In that way you have to be able to support your leader when he is tired.

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A tree does not wither immediately. Before it senses whether or not it has withered, it is condemned to death. The same is true with faith.

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He who has no tears is not walking the orthodox path of faith. You have to shed tears of sorrow, tears of apology, and tears of gratitude. These tears develop the basis of heart.

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If in your path of faith you have no one who pulls you from above, you need someone who supports you at your side, or someone who sustains you from below. Thus, you need companions of faith.

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Let us lead the way instead of being pulled.

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Fortunate are those who have had a foundation of deep faith since their adolescence. Once you lose power in your life of faith you cannot regain it.

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In the path of faith you must stand by swearing a thousand or ten thousand times in your mind. Life of faith is the period in which you collect materials to pass through the summit.

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Life of faith consists of practicing conviction in life.

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Do not walk because you are commanded to do so but because you must do so. Thus, you must feel grateful to me for walking in your place and then commanding you to walk.

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## **On Faith**

### **III. Witnessing**

#### ***1. Witnessing***

Witnessing should be preceded by heart; to witness you should have so strong an emotion that you become a heartistic magnet who can draw the minds of all people.

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Witnessing is like creating a second self. It would be no problem if you dedicate as much heart as a mother does to nourish and care for her newborn baby.

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Have you ever heard the groaning and wailing of many people trapped in the tomb of Satan? And have you ever felt righteous indignation to liberate them?

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There are many who want to save good people, but few who want to raise bad and pitiful people so that they may become good and happy people. Since sinful history has lasted for 6,000 years, you must spend at least six months dedicating your heart in raising each person you have found.

---

Who are the persons who will cry out in my place, inheriting my desire to visit all corners of this land and cry out?

---

After you are sent by God, don't make Him worry about you but become the person who can make Him say, "I can have you go quickly in my place." This is the glory of the earth.

---

You must always be determined to explode with your body upon your area and make a foundation of service there worthy of inviting Heaven.

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Now is the time when fallen man's loud cry for help and salvation resounds throughout heaven and earth. Unless you can hear that cry, you cannot penetrate to the heart of restoration.

---

You must feel such sensitivity toward your witnessing area that your bones and flesh are melted. When you are about to speak on a stage, begin with this heartistic prayer: "Father, I am sorry that such an unworthy person as myself should speak." Don't be self-centered but regard yourself as a soldier of God, delivering messages from Him.

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Witnessing results depend 40 percent on the spirit world, 30 percent on one's understanding of the Divine Principle, and 30 percent on one's practice.

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In your witnessing area, you must have the conviction that you can confidently launch a competition of loyalty toward God by gathering all the residents and all the spirit men who lived there.

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To climb a tall tree, you must start from the bottom, which is usually dirty and muddy. Likewise, to restore a town or city, you must begin with solving the most miserable situation of that place.

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Be resolved to bring back even a handful of soil from the place where you shed your sweat and tears.

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Those who do much work for God in this God-given period will receive many blessings from Him. just as one's school records follow him throughout his life, your merits in this one period will follow you for eternity.

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Embrace many people from all walks of life, so that one day they may support your activities. You will find it necessary.

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Find and educate three men with whom you can go over the hills of life-and-death situations.

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The secret of witnessing to a person is to see him often with your eyes, talk to him often with your mouth, listen to him often with your ears, be concerned about him often with your heart, and give him much.

---

What is important is "myself." When I go someplace for witnessing, do I go as a "beggar", a "bystander" or a "master?" That is the question. Clearly know that you go witnessing not in order to be taken care of but in order to take care of people.

---

If you convey God's words to someone only with the intention to utilize him in some way, you will never be able to establish the standard of the "Way." Give what you have to others with your sincere heart.

---

When you, witness in your area and find a pitiful man there, you must be full of the heart to shed tears for him and to give something to him. If you witness and pray with this kind of heart, God will sympathize with you.

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Don't fool around. If you do, the time will come when you will regret it bitterly in tears.

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Don't say you can't do it. If you think you can't, then even force yourself to do it.

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There is always a way. just look for it.

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"Don't bother doing any work!" Doesn't this mean that you are unnecessary? There are no words more fearful than these.

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"I do not exist. I was already lost because of sin, so I must bury 'myself'." Go with this kind of attitude.

---

Before you deplore your inability to gain results in witnessing, you must first check if your mind and body are united and if you are God's substantial object to benefit all people.

---

To lay your foundation, you should pour out all your sincere effort. To do this, you should: (1) give God's words, (2) set the example of the words through your character and deeds, (3) make such bonds of heart with others that they will want to tell you everything about themselves, (4) leave them as many unforgettable memories of life of faith as possible, (5) have them work as hard as you have worked for them, and, (6) make them your representatives.

---

When your witnessing result is not satisfactory, don't get disappointed but continue to prepare. Until your chance comes, pour out all your sincerity and yearn for good people with your true heart.

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When you feel uneasy, be silent and make plans. If you cannot be successful even after that, it may be necessary for you to make totally different plans.

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If you want to save all men, you have to understand their circumstances. In witnessing to people, you yourself should go to see them instead of telling them to come.

---

Blessed families must always be ready to be called out. If I command them to cross the Pacific Ocean, they must do so even knowing that they might die by doing so.

---

How many tears have you shed to love and save people? Without true sacrifice you cannot truly give life to men.

---

In witnessing, begin with your relatives and friends. Years ago, you visited them to take blessings from them, but now you do so to give blessings to them. Therefore, they will not oppose us.

---

In witnessing to someone, listen to him thoroughly and be concerned with all his problems. Only after that should you talk to him about your situation.

---

Witnessing is an act of engrafting. In witnessing to someone, therefore, you should have common elements with him and eliminate all of the conflicting elements. You can begin witnessing to him after he desires to reveal to you all his circumstances and secrets that he cannot talk about even with his parents and his spouse.

---

Don't have regret, even though there is no result after you have worked with all your sincere effort. Since God's work must progress and develop, your wholehearted work may develop only after enduring ten or twenty years.

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Even when you work in a place outside of the Church, you should have such a heart that you can pray to God: "Let me manage to broaden your foundation here."

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Only when you have such a heart that you don't want your guests to go home and that you want to give them all that you have, can you succeed in witnessing to and reviving them.

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Any religion which aims solely at self-salvation will certainly perish. We should be saved together with all mankind.

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If you witness to people with good ancestors, the merits of those ancestors will be connected to you, even though your own ancestors may not have had as much merit.

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If you witness to the lowest people as though they were the highest, God will be impressed with you.

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Even if only we Family members are ignited, this nation will turn toward the dispensation. We must regard this land as our own land, this people as our own families, and act as a Moses and Caleb for this nation.

---

When going to bed, you must pray that God may forgive you for resting before you were able to accomplish His Will to restore mankind and to serve mankind enough.

---

When did you ever convey God's words at the risk of your life? If you appeal to the problems, heart and desire of the person you talk to by revealing God's situation to him, he will be moved.

---

When you witness to someone about God, a three-level relationship of God, yourself and that person is realized. Thus you are energized.

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My wish is to see the day when this nation and the world will cry together with me.

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The life of God is such that He embraces the world in His heart.

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For one hour of witnessing you should pray three hours. Before visiting a person you should shed tears. God works with those who shed tears.

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Only when you care for your guest so intensely that you don't want him to go home, even late at night, can your witnessing be successful. If you want him to go home soon, it will not be successful. If you want to give everything to him, the more he will be drawn to you. If you pray for him in the night without sleep, he will come to visit you in the night without sleep.

---

Make a point of witnessing to your relatives and friends. If you do not do this while on earth, you will never be freed from their accusation.

---

Check whether you narrowed or widened the gate of heaven for those who joined the Will later than you did.

---

Suppose that you become spiritually wounded on the front line of witnessing. If because of this you retreat without God's permission, you will never be able to get well. You should go out to the front line again and determine to volunteer for a place many times worse than the previous one.

---

When your conscience bothers you and yet you don't do any work, you will become ill.

---

Those who joined the Unification Church and never witnessed will become mute in the spiritual world.

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God sends you out for witnessing so that you may pay indemnity. Thus, He does this out of grace. If you have good ancestors then Satan cannot block your way. If Satan blocks your way, he will have to pay indemnity for you. Thus, even Satan helps you.

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When you subjugate three people who oppose you, the rest of your witnessing will become easy.

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When one gets up to a high place, he has to come down again. If he cannot come down on his own then he can come down to a humble position through his spiritual children.

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Can't we who are to unify this world even fill this small church?

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First, witnessing; second, witnessing; and third, witnessing.

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Even cattle can discern poisonous grass and keep away from it. They can also sense where the slaughterhouse is. How much more should men be able to distinguish a place of life from a place of death.

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When you pour your heart out to someone whom you wish to save and he does not respond, all of his blessings and merits will be transferred to you.

---

If you cannot do witnessing, your path will be blocked.

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Jesus, too, walked the course of the cross by discarding the environment of his family life, his position as a son, and his desire, after he started on the path of the gospel.

---

Don't disregard people. If you treat your visitors carelessly, your way will be blocked.

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He who can respond to the heart of a messenger rather than to the message itself becomes a family member of God.

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Convey the Will of God to others with your whole heart so that they may accept it with their whole heart.

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After you scold someone, pray for him. This is the way you can cope with and pass through the situation.

---

Have concern and love for people.

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In our movement, to witness by the Principle is the means of seeking love.

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Our goal of fighting at the risk of our lives is to find righteous people. How can we make them heavenly figures who can survive?

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You will perish if you give something to others with ridicule. You have to give with tears.

---

The sorrow of history is that those who have do not give, and that those who have learned do not teach and show.

---

When in your activity of conveying the Will of God you have to sleep outdoors, making a bed with your overcoat on a mountain, say to yourself, "Ah! I have become a wonderful movie actor. The day will come sometime when people will see this film and cry."

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Your Divine Principle lecture should cry out in God's place to reveal His internal situation. Worry about how your heart is more than how your lecture itself is.

---

Blessed families must certainly do witnessing on Sundays.

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There should be a difference between the time when you were engaged in activities centered on yourselves and when you followed me loyally in the past. When you followed, you restored a certain spiritual standard. But now is the time when you multiply after your inheritance.

---

You have to witness to at least three spiritual children, in a year.

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If a criminal is told that if he does not witness to three spiritual children every month he will be executed, then can he not do the task? Even we are in the sphere of natural execution because we will have to die some time in the future.

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If you have three fiercely hostile opponents, one person will certainly come to your side.

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Business should be done as a condition for witnessing.

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## ***2. Spiritual Children***

Unless you have three spiritual children, your seven-year course becomes void.

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You become a public person through your spiritual children.

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Don't be overly concerned with relationships with brothers and sisters until after you have raised three spiritual children. If you raise three spiritual children, you will be able to become like a family.

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You are very fortunate and should be grateful that you can have spiritual children at a younger age than I did.

---

In order to give life to spiritual children, you must make your own children endure hardships. In order to give life to this nation, the Unification Church members should undergo hardships.

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Before you can enter Heaven, You must go through a ceremony in which your three spiritual children offer you gold, frankincense and myrrh. Those without three spiritual children face a difficulty.

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Your three spiritual children are conditional objects which are equivalent to three offerings to God. Without three spiritual children, therefore, you will not be restored to God.

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You must have at least three spiritual children of yours blessed in holy matrimony before you yourself can advance to the position of parenthood. Therefore, it is imperative that you raise three spiritual children.

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You can love your own children only after raising three spiritual children.

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If your spiritual children fully serve your own baby when it is still in the womb, restoration through indemnity will be fully realized and Satan will be fully cut off from the lineage of your family.

---

Originally each person should raise three spiritual children before conceiving his own children. Thus the former should fully serve the latter while the latter are in the womb. Only in this way can he have physical children who can go to the Kingdom of Heaven.

---

There were three archangels who were to serve Adam. In order to have their position restored, you should raise three spiritual children who serve your own children while they are in the womb. Thus, your spiritual children should be absolutely obedient to you.

---

Your three spiritual children should (1) have the heart that they can go to a place of death in your place, and (2) serve your physical children, who are in the Abel position, from the time of conception until the time of marriage. Only then can your family be completely free from Satan's accusation.

---

To God, three spiritual children vertically signify Adam-Jesus-Lord of the Second Advent, and horizontally, Cain-Abel-Seth, Shem-Ham-Japeth, and Abraham-Isaac-Jacob.

---

Even Jesus, after losing his three spiritual children, fell to the position of fallen Adam and was pulled down to the satanic world. Thus, he had to be tested by Satan.

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Through the experience of having loved your spiritual children, you have to educate your own children.

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If Jesus' disciples had died with him, God would have resurrected them prior to him. Then Jesus would not have had to ascend to heaven but would have established the spiritual four position foundation to do his work on earth with the Holy Spirit. The appalling bloodshed of Christian martyrs would have been avoided, and the Will would have been quickly accomplished. The three disciples were Jesus' spiritual children.

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God visits those children who shed tears for Him.

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No matter how ugly your mother may be, she is your only mother.

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The greatest gift to God is to find fallen children and report to Him about them.

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The restoration of three spiritual children means: (1) the spiritual restoration of the three archangels, (2) the absolute condition to determine the position of a parent, and (3) the absolute condition to raise your physical children up to the perfectly victorious position.

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Those who joined the Unification Church later should compensate for the betrayal of those earlier members who left the Church.

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Can you give your spiritual children the highest place you ever enjoyed?

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Although you gave birth to three spiritual children, you have to be able to raise them one by one. Otherwise, you will not be able to expect heartistic unity,

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You must invest your utmost sincerity in one person.

## **On Faith**

### **IV. Test and Trial**

The secret of not failing in a trial is that you not live self-centeredly.

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All difficulties and trials confront you so that you may correctly understand God's past days. Therefore, when any difficulty comes upon you, you should rejoice and be thankful. It is the proof of God's love for you.

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God always strikes His loving children first and then strikes Satan.

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Punishment occurs when you leave the heavenly foundation of existence. God does not directly punish you.

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Don't dislike confrontation or conflict. The wider the range of your confrontation, the greater chance of your success.

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If you are unjustly struck when you are on the side of good then Satan will no longer be able to strike you. If you are not struck when you are on the side of good then Satan will test you by striking.

---

Instead of recognizing you, perhaps your leader recognizes someone lower than you, although you have devoted all your sincere heart. Instead of feeling discouraged you must pray as follows: "Father, you don't have to recognize me now. I will prepare myself until the time when you really rejoice because of me. I don't wish to be recognized by you when you are not yet happy."

---

If you can win God's sympathy and be remembered by Him, His power will be in action more than Satan's oppression.

---

My recent prayer is: "Please give Family members power to persevere even through great misery."

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Take responsibility even in the saddest, most unfair and mortifying situation. If you are determined in that way, all trials will pass away.

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No matter how Satan tries to test you, if you sacrifice yourself there won't be any problem. If you make excuses for yourself, however, Satan will come.

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Just as religions developed most amidst the struggles of martyrdom, you are free of corruption when under persecution.

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Christianity started from the cross and wherever it went was struck and shed blood. Christianity will not be able to dominate the world today unless it takes the position of being persecuted. Behold! On the top of Vatican Hill where the most martyrs died now stands the palace of Christianity.

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Heavenly strategy is to be struck and take things away from Satan. When you are struck, be struck well.

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My wrists have met handcuffs many times, but I am not a person who perishes because of imprisonment.

---

Don't get exhausted. As long as you stay within heavenly law, you will develop automatically. Don't die but stay alive.

---

If you escape from the gusty wind in your course of the wilderness, you will become the prey of vultures. Those who fear the period of wilderness are not true Israelites.

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Until now, prophets have been chained and beaten. Individuals and nations have been beaten. But as long as they are not swallowed by persecution they can subjugate it.

---

In the period of wilderness, don't complain about your environment. If you had excused yourself because you were a woman, or because you were too old, or whatever, how would you have been able to follow Moses and avoid death in the wilderness?

---

Pain and sorrow arise when you cannot establish an original, harmonious correlative standard and give and take action. When you don't take an objective position (especially in front of God, who is the essence of all things) then you are not living in a way that will guarantee the value of your existence.

---

Three years after one knows the Will, he will face a big trial. This is to individually indemnify the position of Peter, who followed Jesus for three years and then denied him.

---

Satan exists nowhere else than in "myself." Since ego exists, suspicion, jealousy, excessive desire and anger come about, so kill your ego. Everything that has to do with "I" is Satan. Scoff at and judge yourself. Satan always invades through someone or something that is closest to you.

---

Undergoing many trials in your life of faith, lay the foundation of victory and create a solid rock which Heaven can trust.

---

As a year consists of four seasons, in your life there is a spring-like period in which you receive blessing, a summer-like period in which the blessing grows, an autumn-like period in which you bear the fruit of the blessing, and then a winter-like period of trial. Therefore, be grateful for trials. They come from the love of God to separate us from Satan. If you endure and overcome them, a spring-like period of new blessing will follow.

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Grain kept in a barn after being harvested must still be further processed. It has to be husked more than three times and if it is crushed in the meantime it will never reach its master's table. Likewise, in our course of faith we must train ourselves amidst many trials and much pain. If we give way, we will be of no use.

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Just as stronger light casts stronger shadows, harsher trials yield stronger graces.

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To overcome a crisis you must have a deep religion, plans made in detail, and the ability to carry them out.

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"I" have been sought for, bought and exchanged at the price of the sorrow of Heaven. If you forget this, you will be unable to step over the historical current of death.

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I have gone through Satan's trial, but I have never been through the trials of true brothers and sisters, true parents and true children. Since you have gone through those three trials, you are better than me in that respect.

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Satan's trial comes at the peak of difficulty, on the cross. At that time not even God can interfere.

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If you act with the unshaken confidence that God acts following you, that His heart is with you, and that heaven and earth are under your direct control, you will be able to avoid Satan's invasion.

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Those who set up conditional objects and periods of indemnity by themselves can advance without going through trials by Satan.

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If you owe something to someone, you will have to become a servant for him. Otherwise, you will perish. You can establish your position only when others cannot accuse it although they may want to do so.

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Those who do not feel stimulation have roots that are decaying.

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When you meet persecution, you ascend vertically.

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Those who have desires only for themselves find themselves in darkness and shadow, but those who have desires for high purposes look refreshed and valuable.

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Among older members there are some who remember only the fact that they suffered, and who therefore have lost the power to march toward our purpose. These people are no different from the dead.

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When your faith is big, reality seems small. But when your faith is small, reality looms awesomely before you.

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When you confront a trial of degree ten, you should seek a trial of degree 100. If you do so, you will find yourself set free. If you visit a place even more miserable than the trial which you originally are to go through, God will support you.

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Never think you are facing all difficulties by yourself. Instead, think you are facing them along with Heaven. When you are facing great hardships, you must pray: "Father, I am willing to bear the indemnity for the mistakes of my ancestors. Please help me so that these mistakes may not be made anymore." Such a sincere prayer will fulfill your indemnity.

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Know what the critical problem of your central figure is and what your own critical problem is, and cross over them desperately.

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In order to walk the course of trial and pain, you need at least one comrade who can understand you in a situation where everyone else may discard you.

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Until you win a victory, you cannot put on a laurel crown after any trial.

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Jesus taught, "Be meek and humble. Surrender obediently. Serve in a sacrificial way." This was taught as the way to subjugate Satan.

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In order to become a victor you have to go through three trials: first, the pain concerning material; second, the trial concerning man; and third, Satan's direct trial or God's direct trial in place of Satan.



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Unless you overcome the trials of heaven and earth, you cannot restore the standard of goodness. The first trial is an environmental one; the second a human one, and the third a spiritual one.

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Trees send their roots deep into the ground in order to withstand a storm. In the same way, we have to be able to say, "Let the wind of Satan blow!"

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The Israelites perished because they did not know that there would come an even greater trial after they left their tribulation in Egypt for a path of freedom.

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God gives you grace in order to strengthen you for the path of suffering.

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Even if you wear a thin jacket, you can overcome winter if you run. In the same way, even if you are in a difficult situation you can overcome it if you are always ready to run.

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If you want to visit the unknown world you have to climb the highest summit. Thus, you will be able to look at the unknown world on the other side of the mountain. But it is not easy to reach the summit; you have to walk slopes of suffering and thorny paths.

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Patience and self-conquest are normal courses in the process of restoration.

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## **On Faith**

## **V. Sermons**

True sermons are words from a life that has been full of blood, tears and sweat.

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When you give a sermon, don't think you are speaking to the whole audience, but only to a certain person in it. If that person sheds tears because of the blessing he receives through the sermon, the whole audience will automatically be affected. Therefore, you must ask yourself for whom you give a sermon today and for whom you expend your spiritual energy, deciding clearly who the object of your sermon is.

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Before giving a sermon, I spend more time praying for Family members than for the sermon. I pray with all my sincere heart: "Father! What shall I do to raise these people?" and then I preach as my heart commands.

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When you stand at a pulpit, you must feel that you are there to meet those for whom Heaven has been searching.

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When you have given a poor sermon as a church leader you must shed three times as much blood and sweat as usual in your repentance. If you have failed to give blessing to others through your sermon, you must pay the price for it by other means such as serving others.

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A person who stands at a pulpit should bear in mind that when he fails to practice what he preaches, grace is going to be transferred to those who do practice it.

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By melting our bones and flesh, let us leave behind silent sermons to the generations to come.

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When you speak from the pulpit you have to feel as if You were going to Your execution. The pulpit has to be the kind of place where you shed tears, saying to God, "Father, I am starting now."

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The clergy should stand at the pulpit with the same frame of mind as a physician who takes care of a serious case.

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You should not stand at the pulpit in order to see people. What matters is not the preparation of the sermon itself but that of your heart.

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Prepare for three hours, exercising your utmost sincerity, before you attempt to give a three-hour sermon.

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The words you preach should not have their source in you but in God. You have to become an instrument which can contain the Word of God.

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You have to prepare your sermon by manufacturing it before preaching it. Therefore, first decide the sermon topic.

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When you light a fire you need kindling. In the same way, you need to find someone who heartistically is like kindling when you preach.

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When you give a sermon, don't try to make it sound good but speak truthfully.

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## **On Faith**

## **VI. Prayer**

When you pray, your heart should be as earnest as a baby who cries for his mother's milk.

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The way to pray is to:

Make God's heart of restoration of 6,000 years your own.

Understand Jesus' indescribable heart.

Console Father, who has the Will and who has gone such a painful course to achieve it.

Understand the hardships of Family members who are fighting for the Will.

Pray as an offering, centering upon your reflection and pledge.

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Even in this world, there are certain manners of greeting, aren't there? Therefore, you must study how to pray.

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There are two kinds of prayer. One is for a particular person, and the other for the realization of a public purpose. If the person you pray for does not respond, his blessing will be transferred to you. Your prayer for the public purpose will shorten the time of Judgment.

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Prayer is like a deepwater urn. Prayer is like the air of our spiritual life.

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When you pray to Heaven, it must be with the pure heart of a child asking his own father.

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Before you pray for the Will, separate the good and evil in your mind and body. Pray to God, being aware of your own sin.

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We have so far prayed that God may give us blessing, but now is the time to pray: "I will give my blessings to You, God, so please take them."

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Stand in a position where you can move Heaven. When you are hungry, do not think of yourself in prayer, but embrace Heaven and pray: "Father, how hungry these children going the path of restoration have been until today! And how sad you have been to watch them!"

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Equip even your face with spiritual dignity through a life of prayer. If you dominate the spirit world and are in accordance with the Principle, you will become confident.

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Emphasize prayer. If you pray, you will *never* feel lonely, even if you are alone. Prayer is like breathing. If you pray much, you will become spiritually brighter and your ability and sensitivity to distinguish good and evil will become keen.

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Always pray in your life . As you walk, pray that you may be able to live according to God's words, and that they may be transformed into flesh and blood and move within you.

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If you pray for all mankind rather than for yourself or for your family, the benefit of mankind's achievement will be returned to you.

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First attain peace in your mind and then pray.

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The "Father" you call and the "Father" I call are the same in name, but different in dimension.

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Pray, "Father, I would like to give to all people, so please enable me to do so."

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The subject of my prayer is to be one with God and to serve Him by rallying heaven and earth. What we yearn for, whether we are awake or asleep, is the establishment of one sovereignty, one mankind and one land for God.

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Prayer is the concentration of our sincerest heart.

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The time of prayer is not the time when we become proud but the time when we offer a sacrifice. You must earnestly ask God to exchange you as a sacrifice for His happiness.

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Don't pray centering around yourself, but around the heart of Heaven, who has watched over the long history of the dispensation.

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We must pray for people rather than for material. When you want to pray for material, do so after you set up the condition of dedicating all your possessions.

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I sometimes fear that my prayer will be answered because once it is answered our relationship with Heaven will be all over. As long as my prayer remains unanswered, God will continue to support the Unification Church.

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When you pray, you must be able to receive grace from your own voice of prayer. It becomes the source of grace.

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In your prayer you must first inspire your mind so that through it you may open the way to be able to pray. On this foundation the divinity of the Father, the Son and the Holy Spirit can be connected with your mind.

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Prayer is to be accompanied by sacrifice and sincerity.

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You have to pray for Family members three times a day. Pray for them especially every morning.

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Before evaluating Family members you have to pray for them. In that way you have to form a vacuum in yourself.

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Many religious people and sages call on God. You call on God too. You must feel that your voice calling is the biggest of all. Your prayer must be such that you can say God listens to your prayer alone.

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If you pray, "I will live with patience," then you will be energized.

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Was there ever such a nation so sincere that once it prayed it was able to wait a thousand years?

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God loves to hear the confident prayer of a brave man praying in the most lonely and adventurous situation.

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Don't seek repayment after you give. Pray that God may do something for you tens of thousands of years later. Don't remember that you helped someone.

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Show your utmost sincerity. Those parents who show their utmost sincerity can intuit unfortunate accidents which happen to their children who are not nearby.

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Ability illuminates one part, but sincerity can illuminate all parts because it is the center.

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A husband and wife should pray in tears early in the morning, holding the hands of their children. When this is experienced by the children, it becomes their tradition.

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You have to pray in order to be told in detail. You have to pray with all your heart.

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Whether or not your prayer is realized depends upon whether it is in accordance with God's purpose.

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Pray twice as long as your sermon.

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Prayer life consists in reporting to God honestly.

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The place where we have endeavored to show our utmost sincerity is just a starting point for the Kingdom of Heaven.

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I do not like to pray in public. If someone who has not shown utmost sincerity in his daily life prays in front of those whose sincerity is greater than his, it is stupid.

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Utmost sincerity is more fearful than poison.

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Those who can be remembered in history are those who show their highest sincerity and not their ability.

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When you pray early in the morning you have to be able to hear the beat of your heart.

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There are four types of men: east, west, north and south. Each person has a different time of prayer which gives blessing to him.

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## **On Faith**

### **VII. Tithing**

Tithing is a basic duty of the chosen children. When you offer the portion of the number one, that is, the number of God, you set up the condition of having offered the portion of the number nine. Therefore, you must think more of this one-tenth than of the remainder.

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Sunday is the day of tithing, not your own day. Thus, it is the day when you obey God as He commands. It is a sin to use that which belongs to God as if it were your own.

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Tithing applies to all things. Even in a school, one out of every ten classrooms should be used as a free class for unfortunate children.

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I must dedicate one of my own children to Heaven. If you cannot do that, then you must at least educate a child from another family and dedicate him to Heaven.

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Tithing in Church life is such that ten families must support one leader. Without doing this, they cannot receive heavenly citizenship.

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Ten people who live nearby must support one heavenly man.

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## **On Faith**

### **VIII. Official Money**

Official money is like a seed. When sown, it must come to bear fruit. If it does not, everything will be taken away.

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If anyone is not strict about not using official money for his private purpose, he will eventually fall away. Watch and wait. I know what will happen, but I wait for that time to present itself.

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Official money which I distribute should not be spent without permission. Those who are not exemplary in this respect will not retain their position. Wait and see. If the victorious standard on the national level is established, official money will no longer be necessary. But if we ignore the meaning of official money now, there would be no way for the nation to be restored. Therefore, we must endure this situation.

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## **On Faith**

### **IX. Holy Salt**

To sanctify a thing with holy salt, sprinkle holy salt in cross directions, from north to south and from east and west, after praying, "I bless this in the names of the Father, the Son, the Holy Spirit, the True Parents, and [your name]."

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Holy salt is like yeast. It is our basic rule to sanctify things with it when we buy them and that we sanctify ourselves with it at the door when we come back home from the outside world.

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Things which have been sanctified should never be given away to the satanic world. But when you cannot prevent that from happening, give them out with the left hand.

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When selling property that has been sanctified, it is our basic principle to do so only after obtaining the approval of the three stages of the local, regional and national headquarters.

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## **On Faith**

### **X. Holy Ground**

Holy ground is the central land which Heaven visits. Holy ground should be bought and then never sold. Visit holy ground often, and when you sleep, sleep as close to it as possible.

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Holy ground is the meeting place of heavenly sons and daughters.

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Holy ground is protected by the heavenly generals (i.e., angels).

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You are the ones whose bodies must be buried in the holy ground of God when you die.

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The standard of victory won in Korea has to be connected to the worldwide scale. That is, we need land in the world because the children of Korea raised all mankind up to the

level of Adam and Eve before the Fall. This is the reason why holy grounds were made in the world.

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Holy ground is like a miniature Korean peninsula.

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Those crops harvested in holy ground can be used without being sanctified.

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If one owns land bigger than holy ground, he will be accused by Satan. Our Family's devotion to heavenly land must be greater than that of everyday people to their own land.