

## The power of True Love and True Parents' and Heavenly Parent's teaching

Sun Jin Moon  
January 13, 2018  
The Heart to Heart Session  
YAYAM Leadership Retreat, IPEC, Las Vegas



*During the YAYAM Leadership Retreat Winter 2018 (January 12-14) Sun Jin Nim, accompanied by her husband In Sup Nim, guided young people in a Heart-to-Heart session at IPEC in Las Vegas on January 13, 2018. She read from True Father's autobiography and then lovingly answered questions from the audience. Late in the program she guided them in a meditation for the revival of their spirits, and concluded by giving special gifts to some lucky members of the audience.*

*As with previous occasions, Sun Jin Nim sought to connect very personally with each audience member's heart and to help them understand True Mother's work for the global providence and her love for the members worldwide.*

### **Hoon Dok Hae: Leaving Behind a Legacy of Love** (p.226 – p.231, *As a Peace-Loving Global Citizen*)

*"A true life is a life in which we abandon our private desires and live for the public good. This is a truth taught by all major religious leaders past and present, East and West, whether it be Jesus, Buddha, or the Prophet Mohammed.*

*It is a truth that is so widely known that, sadly, it seems to have been devalued. The passage of time or changes in the world cannot diminish the value of this truth. This is because the essence of human life never changes, even in the midst of rapid change all around the world.*

*The teacher with whom we have the closest relationship is our heart. Our heart is more precious to us than our closest friends and even more precious than our parents. So, as we live our lives, we need periodically to ask our hearts, "Am I living a good life now?" Anyone can hear his heart speaking to him.*

*If he comes to the realization that his heart is his master, he "polishes" his heart and maintains a close relationship with his heart throughout his life. If a person hears the sound of his heart tearfully sobbing, then he needs to stop immediately whatever he is doing. Anything that makes the heart suffer will ruin him. Anything that makes the heart sad will eventually make the person fall into sadness.*

*For a person to polish his heart to the point that it becomes as clear as crystal, he absolutely must spend time in direct conversation with his heart in an environment where he is away from the world and alone with his heart. It will be a time of intense loneliness, but the moment that we become close to our hearts is the time of prayer and meditation.*

*It is a time when we can take ownership over our hearts. When we isolate ourselves from the noise around us and allow our thoughts to settle, we can see into the deepest parts of our hearts. It will take a lot of time and effort to go all the way down to where the heart has settled. It will not happen in a day. Just as love is not for our own sake, so happiness and peace are not for ourselves. Just as love can never exist without a partner, happiness and peace cannot exist without a partner. All these can exist only in the context of a relationship with a partner.*



*Nothing can be accomplished if we love alone. We cannot be happy alone or speak of peace alone. Since a partner is what enables us to have happiness and peace, the partner is more important than we are.*

*Think about a mother carrying a baby on her back, sitting at an entrance to the subway, selling homemade snacks to the people passing by. To be at that spot in time for the morning rush hour, she will have spent the whole night preparing the snacks and put her fussing child on her back to come to the station.*

*People passing by might say, "Oh, you could get along well if only you didn't have that child to care for," but it is for the sake of the child that the mother lives her life. The child on her back is the mother's lifeline.*

*Today people can expect to live about eighty years. Eighty years of joy, anger, sorrow, happiness, and all the other emotions mixed together may seem like a long time. But if we take away the private time that a person spends sleeping, working, and eating, and then the time we spend talking, laughing, and having fun with family members and friends, attending weddings and funerals, and time spent lying sick in bed, only about seven years will remain. A person may live eighty years but only spend about seven years living for the public good. Life is like a rubber band. The same seven years, given to two different people, can either be spent as seven years or as seventy.*

*Time, by itself, is empty. We need to put things in it. The same is true about a person's life. Everyone wants to live his life with a comfortable place to sleep and good things to eat. Eating and sleeping, however, are simply ways of letting time slip by.*

*In the moment that a person has lived out his life and his body is laid to rest in the ground, all wealth and glory become nothing more than a bubble and disappear at once. Only the seven years that he lived for the public good will remain and be remembered by posterity. Those seven years are the trace that is left in the world of a life that lasted eighty years.*

*We do not come into this world, or depart from it, of our own accord. We have no ability to make choices with regard to our fate. We are born, though we did not choose to be born. We live, though we did not choose to live. We die, though we do not choose to die. We have no authority over these aspects of our lives, so how can we boast that we are somehow better than others? We cannot be born by our own wish, possess things that will forever be our own, or avoid death.*

*So any boasting on our part would only be pathetic. Even if we rise to a position higher than others, the honor is only temporary. Even if we gather more possessions than others, we must leave them all behind at the gates of death. Money, honor, and knowledge all low away from us in time, and all disappear with the passing years. No matter how noble and great a person might be, his is nothing more than a pitiable life that will end the moment he loses hold of his lifeline.*



*Human beings have always struggled to understand who we are and why we must live. We must realize that, just as we were not born of our own accord, so also we are not meant to live our lives for our own sakes. So the answer to the question of how we should live our lives is simple.*

*We were born of love, so we must live by traveling the path of love. Our lives were created by receiving the boundless love of our parents, so we must live our entire lives repaying that love. In the course of our lives, this is the only value we can choose on our own. The success or failure of our lives depends on how much love we are able to pack into those eighty years that are given to us.*

*At some point, everyone will shed his physical body like old clothing and die. In Korean, "to return" is a common expression for dying. To return means to go back to where we came from, that is, to go back to*

*our fundamental roots. Everything in the universe moves in cycles. The white snow that collects on the mountains will melt and flow down the slopes, first forming streams and then a river, and eventually go into the ocean.*

*The water that flows into the ocean will absorb the heat of the sun's rays, become water vapor, go back up into the sky, and prepare to become either snowflakes or drops of rain. To return to our original place in this way is what we call death. Then, where do we human beings return to when we die? Body and heart come together to bring about human life, and death is the act of shedding the body. So we go to the place from which the heart came.*

*We cannot talk about life without also talking about death. We must accurately understand what death is, even if we do so only to understand the purpose of life. The type of life that has true value can be understood only by the person who finds himself in a difficult situation when death appears imminent and he cries out to Heaven in desperation, pleading to be allowed to live even just one more day. If our days are as precious as this, how should we live them? What are the things we must accomplish before we cross over the boundary line of death?*

*The most important is not to commit sin and live a life that is without shadows. There is much religious and philosophical debate over what constitutes sin, but what is clear is that we should not engage in acts that give pause to our conscience. When we do things that give us a guilty conscience, it always leaves a shadow in our heart.*

*The next most important thing is to resolve to do significantly more work than others have done. All of our lives are limited, whether that limit is sixty years, seventy years, or some other time period.*

*Depending on how we use that time, we can live a life that is two or three times more abundant than others. If you cut your time into segments and then live each segment in a meaningful way, your life will be truly precious.*

*Live your life with an attitude of devotion and diligence, telling yourself, for example, that you will plant two or three trees in the time it takes others to plant one. Do not live for yourself. You must live not for yourself but for others; not for your family but for your neighbors; not for your own country but for the world. All sin in the world comes about when the individual is put first. Individual desires and ambitions harm a person's neighbors and ruin the society at large.*

*Everything in the world will eventually pass. The parents we love, the husband or wife we love, and the children we love will all pass away. All that remains with us at the end of our lives is death. When a person dies, only his legacy remains. Please consider for a moment what you can do to show that you lived a life of value. The possessions and social position you have accumulated during your life will pass away from you. Once you cross the river of death, such things will have no meaning.*

*Because we were born in love and lived our lives in love, love is also the only thing that remains with us when we are in our graves. We receive our lives in love, live by sharing love, and return into the midst of love. It is important that we live our lives in a way that we can leave a legacy of love behind us."*



## **Meditation**

Brothers and sisters, I would now like to lead you in a meditation which will strengthen your mind and heart to meet life's challenges. We are going to fill you with peaceful gentle kindness, True Love and God's divine unconditional love and light energy. I call this the Crown of glory meditation. Aju!

Please find a comfortable seated position. Let your sit bones deeply take root into your seat. From the base of your spine feel a lengthening of the spine up towards the crown of your head. Gently close your eyes, and feel a glorious golden ray of divine light shine and illuminate your crown.

From the center of this illuminated crown feel the light lift you up higher, lengthening your spine. You are Heavenly Parent's divine true child. Feel this loving warm light raise you up and lift you away from any tension or anything that weighs you down. Notice the body let go and release itself from things that pull it down.

Relax your shoulders away from your ears; lengthen the neck, relax the jaw; let go of tension. Feel your head become weightless and balanced at the top of the neck. From your grounded seat, feel yourself grow beautifully tall, up toward this light at the crown. Stay here for a moment to bask in this divine energy.

In this tall balanced, seated position, take a moment to notice your breath. At its natural pace, is it short, long, choppy, even fast paced, labored, light or deep? Whatever it is, just take this moment to notice your breath. Your breath is the mirror of the mind.

When we are sad, stressed, nervous or angry, it shortens and tightens. When we are happy, loving, calm and relaxed, it lengthens and deepens. When we feel hatred, our breath shortens, our life force shortens. When we love, our breath extends and our life force extends.

Breathing in, inhale life, oxygen, peace, and love. Exhale and let go of all that no longer serves your life. Inhale, welcome life, the divine gift of air and let it fuel a greater flame in your divine light. Exhale, letting go and giving gratitude for all the life force that has been given.

Let your breath bring in abundant blessings and gifts of life from the universe, and exhale joy and gratitude. In the simple act of taking notice of your breathing, you can feel eternally loved and nourished. Breathing is give and take action with the divine. Notice how in each and every moment God is serving you, filling your lungs, giving you blessings and this precious life; in return we offer gratitude, joy, and love.

Breathing at your natural pace think of a loved one. Imagine this loved one, being or thing. Visualize it. How does this being make you feel? What are the things it does that bring you joy? Replay those joyful loving moments in your mind. Take the time to notice how they make you feel in your heart.

Hold that image and feeling; let it deeply nourish your heart. Feel that loving energy fill your being. Feel your heart open and bask in this love. As you share love, feel it grow and multiply even greater. Feel that deep heartistic connection, that loving union, that complete freedom, happiness, and harmony in the embrace of loved ones.

Feel the complete give and take of boundless love, forever filling you with abundant joy. Stay here for a moment and let this loving vision deeply take root in your heart and mind. Feel the completeness and total oneness, harmony and joy of this union. This is Cheoon Il Guk. When we are one.

Now think of someone or thing that is neutral to you. It might be the mailman, or a person serving you coffee; just anyone in your daily life who you may pass by casually and have no deep connection with. Focus on that neutral person and imagine that same loving feeling for this person as you would have for your loved one.

Visualize sending or treating this neutral person with the same openness and loving joy that you share with your loved one. Imagine smiling, saying kind words, offering a helping hand, a handshake or a big hug. Notice the change in that neutral person as you love them. Visualize their response, as they respond in kind, smiling back, saying thank you or some kind words, connecting on a higher level of love, and hugging you back.

Take the time to notice how this divine love in you can elevate any relationship. Notice a confidence and a joyful return that comes with opening your heart and loving all your neighbors. Your love has the power to change the world. You are no longer separate from others. By choosing to love, you bring all beings together in God's divine love. You are CIG. We are all one.

Now imagine someone or something you don't like, that may have caused you pain, suffering, heartache, loss, betrayal, fear, anger, hate, or who you do not respect. If you have no one or nothing that comes to mind, we all know the archangel. So try to visualize your archangel whoever or whatever it is.

You may notice around this difficult being, your heart feels like its shrinking away or clenching into a fist. You may notice your breath shorten or tighten or you may labor to breathe. Remember your breath is the mirror of the mind.

So, I want you now to imagine this enemy as a loved one. Do not let someone's darkness extinguish or diminish the light of God's love in you. Use the power of the divine breath of life in you. You choose to breathe in deeply and allow life and love to flourish, and let go of all fears and things that no longer serve you. Allow your mind to focus on those feelings for your loved one.

Feel the deep love, openness, eternal divine light and goodness flow from your heart to this enemy. Notice how the image of this enemy changes, as you share deep compassion, care, kindness, higher consciousness and divine love. Visualize the shift in your heart as it opens and loves your enemy as your loved one.

Notice how this difficult person you hug, hugs you back. Feel your heart open freely in this embrace. Feel the healing and forgiveness, replace all loss and darkness. And see a golden light of love at both of your heart centers grow and warm each other in this embrace.

Notice the difference one heart, your heart, can make when it chooses love over hate. Notice your breath and your being glow even brighter and deeper as you invite God's light and love completely into your

heart and you share it with the world. You are CIG. We are all one.

Take a moment to feel this loving victory. Feel the divine light energy that is in your heart carry and give life to each living being and the whole of creation. When we all live as one united family under God, there can be no darkness.

Notice the ray of light at the crown of your head illuminate brighter and flow all over your being in a blanket of love, joy, fulfillment and everlasting peace. You are the Crown of glory. What you focus on becomes your reality. CIG is alive in you. You are victorious! We are all one. Aju.

Gently opening the eyes. Feel God's love and True Parents' love fill your heart with unconditional love and infinite peace. Turn to your neighbor and share a glorious hug with each other and offer a deep Kamsahamnida. Salanghamnida. Namaste.

**Conclusion: Practice True Love**

How do you feel? Loved, powerful, energized, and victorious! Yes! You should! This is the power of True Love and True Parents' and Heavenly Parent's teaching.

Please practice this and Hoon Dok Hae every day. These are the pillars of light and wisdom that will allow you to overcome any obstacle! Aju!

Thank you all for your lifetime of love, care, dedication, and sincere effort for Heavenly Parent and True Parents.

May Heavenly Parent and True Parents bless all your precious families forever!

Any, may your time here in True Parents homeland be productive, inspiring and empowering, so that you return to your mission countries revitalized and energized. Remember you are CIG and we are all one! Aju.

Can we as one family under god and True Parents all give 3 victorious cheers of sungli, sungli, sungli! Thank you very much...Namaste.



## Sun Jin Moon and In Sup Park visit the YAYAM Leaders' Retreat in Las Vegas

Richard Buessing  
January 13, 2018



On Saturday, January 13, FFWPU International President Sun Jin Moon and her husband, In Sup Park were welcomed by 85 Youth Ministry, Young Adult Ministry, and Collegiate Association for the Research of Principles (CARP) leaders in Las Vegas during the semi-annual Youth and Young Adult Ministry (YAYAM) Leaders' Retreat.

In preparation for Sun Jin Moon's visit, the YAYAM participants prepared questions for her to answer that were relevant to their field of ministry. She remarked that she was impressed by the questions and shared that she often turns to True Parents' words to help her find the answers to such questions. She shared that because of our access to True Parents' words, we have the "truth at our fingertips at all times."



She opened the session by reading a section from True Father's autobiography, *As a Peace-Loving Global Citizen*, called "Leaving Behind a Legacy of Love." The passage highlighted that within our 80-year lifespan, after taking out all of our personal time sleeping, eating, and hanging out with friends and family, we will have spent about 7 years of our life living for a public purpose. Our challenge is to discover how to use those 7 years well and leave behind a legacy of love that will be remembered for generations.

After reading from her father's autobiography, Sun Jin Moon began to answer some of the questions prepared by the group. When asked, "How can we reach out to other Unificationists who are no longer active in the movement?" she shared that the most important starting place is love and that in our relationships, we should always start from the place of love. She asked to look at our own lives of when we have been hurt and reminded the participants:

*"We have to go back to love, even though that's the last place we want to go. When you're disconnected or hurt, it's the hardest to open up and love. But when you forgive, love, and unite, you let go whatever someone else did to you. You choose love. You choose to invite forgiveness and unity."*



Sun Jin Moon then began to focus on how the principles of yoga directly relate to Divine Principle and our lives of faith. She particularly emphasized the practice of surrendering to God and how important that is to follow in our daily spiritual practices.

At the conclusion of her session, she led the group through a meditation focusing on having a loving heart to all those that we encounter.

Sun Jin Moon also blessed the YAYAM group with special gifts including a water bottle, donuts, and Kona coffee. The YAYAM group felt so loved by the FFWPU International President and so grateful for her authentic and genuine sharing with the group. "True Mother's heart and spirit were felt through her presence, her sharing, and her love," remarked Tasnah Moyer, YAYAM Program Coordinator. Throughout the rest of the retreat, many of the participants continued to remark on how much Sun Jin Moon's session impacted them and how it was a major highlight of the weekend.

### **Reflections**

"I really felt like she was my older sister, not just our international leader or someone who's really distant. I've only heard her speak twice in person, but I can really feel she's my older sister and someone I can connect to." – S. Takhar, YM Leader, CA

"When she brought out the autobiography, she had so many post-its in it. I realized we take this book for granted and someone like her studies it so much was inspiring." – M. Homma, YM Leader, CA

## Guidance for Youth Ministers and Young Leaders - Part 1

Sun Jin Moon

January 13, 2018

Excerpt

YAYAM Leadership Retreat Winter 2018

International Peace Education Center (IPEC) in Las Vegas, Nevada



**Question:** *What helps you to have clarity and strength to do what you do?*

That's simple; we just did it today. We did Hoon Dok Hae. This is the route to Heavenly Parent and True Parents. I am no greater than anybody else in this room. Everything good in my life has been gotten from Hoon Dok Hae, prayer and meditation. Anybody can do this. Don't miss the chance to bring this into your life every day as a daily practice, just as you brush your teeth and comb your hair -- Hoon Dok Hae, meditation and yoga are what I do. I think I sent the yoga principles to you guys. Did you have a chance to look them over? It is interesting, right? Good. I can get into that, because when I was growing up in the movement, we didn't have the completion stage yet. It was still the indemnity phase. Mother was still indemnifying Eve. Everything wasn't completed and liberated. A lot of what we were taught was what not to do. The culture we grew up in was scary -- fighting all the time. Satan's attacking you! You always had to be on the defensive. You were constantly in a state of fight or flight. It was like cortisol [a hormone similar to adrenaline]. Crazy! It is not good for you.

True Mother said True Parents have completed everything. The indemnity phase is completed. We are now in completion and liberated from indemnity. This is the stage where we should be creating a culture of heart. What is that? One where we live with joy and love, and peace is our mission.



**Transformation at a price**

I went into my first yoga training when True Father passed away. I was asking Father after he had passed away to guide me. Guide me! I have to help Mother and I have no clue what to do. I am so unworthy. I need guidance. Then, I prayed and of course cried all night and the next morning I got an email about a yoga teaching opportunity exactly at a time I had free before Mother was going to come to Hawaii after Father passed away. I thought, Maybe this is a sign. When you pray or have a dream or something, God is talking to you; when you have these moments, take them.

I took it. I enrolled myself in two weeks of yoga, two hundred hours of yoga in two weeks; that's over ten hours a day. From the break of dawn, about 5:00, until 10 pm we were doing yoga, meditation, teaching, postures and other things for two weeks straight. I completely turned vegetarian because they wanted you to detox and spiritually center yourself and be committed to the course. It was a shock to the body. We grew up in a meat eating, McDonald's family. [She laughs] Imagine not eating meat and detoxifying. It was an amazing experience. Those crazy things that are hard to do transform your life. When you can get out of a way that wasn't working for you, to find a way that is working for you, do it. Do it. Embrace it. Share it with other people; share ways that you find helpful. This is one of the principles. The first thing you learn in yoga -- before you do all of the funny poses that you all know from watching TV or reading fitness magazines -- is that the most important thing is centering the mind and the intention. These ten principles are the *yamas* and *niyamas* [in Sanskrit, the liturgical language of Hinduism]. They help you

focus on individual perfection -- how you can unify mind and body to be at peace and centered with God at all times. That is the first step. When I started learning these, I realized that they connect in many ways with True Parents' teachings. This was an "Aha" moment.



### Graciousness

The first one is "ahimsa." Does anybody know what that means? "Non-harming." What can we relate that to in Divine Principle? [The third blessing] Yes. Non-harming means loving everything, because it means not to harm anything or energy -- whatever. You need to have absolute unconditional love for all things in creation and for yourself. Not to harm anything is like loving everything -- loving everything with that kind of energy and heart. That's the first principle. Ahimsa is non-violence and non-harming. Because what is the opposite of love? Hate; when you hate, you

harm. The opposite is non-harming, loving everything.

### Honesty and fairness

The next one is "*satya*," "truthfulness." This is important. I think everybody has to be true to her heart. Like Father says, only you can polish your heart, but you need to think about it with the first principle: How can you be true to yourselves without harming anyone else? This means, [as came up in one of your questions] how can I be a true, principled person to someone who is homosexual? Be truthful in your belief and your cause, but in being truthful, do not harm. Do it in a loving way. These are simple ways to guide you to balance your mind, your thinking, to always stay on the path of love and not omitting, being truthful, keeping that consciousness balanced in love. You might want to be truthful to your parent that has hurt you or someone in the movement that has hurt you or some leader but in a way that you do not do it as an act of hate or aggression but as some way to love or heal. These are ways, tools with which to think, to help you navigate whatever comes your way.

The third one is "*asteya*," which means "non-stealing." This doesn't just mean monetary stealing. Of course, Father says stealing public money is the worst thing you can do, but you could steal someone's heart. You could steal someone's time, energy, space -- all these things. So how can I be conscious of others at all times and not take more than what is given to me or what I have earned? That's a good thing to do; it's a fair practice.



### Self-control

The next one is *brahmacharya*. In the yoga tradition, the only people who did yoga were male Buddhist monks. Women weren't allowed to do yoga because they weren't clean, but now that era is transcended! [She laughs] ...because Mother is opening the door to a balanced world. "Brahmacharya" is in the same line as when Father says "absolute sex." Why, for all those in the first generation, was everything -- Don't drink, don't smoke, don't do this or that? We have to be absolutely clean, pure and free from all sensory things that bother our ability to connect with a higher consciousness.

Anything that takes your energy away from God's conscious energy is a disturbance. You want to moderate that. Have you ever listened to loud, angry music? What kind of head-space does that put you in? Everything affects you. Can anyone think of another sensory [input]? Smart phones!

Our attachment to interconnected devices... You could be on one all day and not be focusing on your children, your pets, your school, your congregation. Does anybody play video games here? How much time does that take from you? It's a full-body experience. Nothing can remove you from the game. Video games aren't bad. iPhones aren't bad. Devices aren't bad. Chocolate cake isn't bad in itself. A loving relationship with your blessed partner is not evil or bad. It's how you use it, how that energy is balanced to do good.

Has anybody ever been on a diet? If I tell you, Don't eat chocolate cake. Don't eat sugar. Don't drink coffee: What are you going to do? Exactly! You're going to crave those things. Instead of that say, Have a good relationship with all foods. If you eat food with fear, it doesn't help digestion. You are not getting the nutrients, physiologically. You are harming yourself.

### **Live within limits**

All these things are interconnected. Don't harm yourself. Have balance. Be truthful and stay in the non-grasping, non-stealing area. The fifth one also goes into that. "*Aparigraha*" means "non-grasping." To want things in life is natural. Everybody wants something. Has anyone ever gone shopping, wanted something badly, bought it and about two weeks later, you don't even notice it's there? You bought an iPhone you really wanted and then a new one comes out and you cannot even like your own phone any more, you just want the new one. It is dissatisfaction 24/7. How can you practice non-grasping? If you're not attached to it like that, it can't traumatize you. [Laughs] It's true. How do I let stuff go? Do I really need this stuff in my life? Would I rather spend that money saving dogs in Korea from dog meat farms and donate it to the ASPCA [American Society for the Prevention of Cruelty to Animals]? Think about it. You could be doing a lot of good. It's a mind-shift. When you start becoming conscious of these practices, you will notice your mind starting to change and wanting to do better things. In yoga, we call it good karma, doing positive good acts.



### **Pure water**

The next is "purity;" it's called "*saucha*." This is like we have in the Principle. We want to purify. When Mother says all those in the second generation are pure water; many acts of indemnity and restoration had to go into our being able to be here today. In that same way, we want to purify and maintain and thank and appreciate that previous generation that helped get us to this point. From this point, we want to broaden and build more joy, more purity a better world a more peaceful world.

The next one is "*santosa*," which means "contentment" -- finding joy in just being. Has anybody ever felt like that? You're just complete in your being. You're grateful in your being. You're just OK. When I get to that place is usually when I welcome God into my heart and everything is complete.

This one goes with the next one, "*tapas*," "the right effort." It means doing the work. Doing the good karma in your life, because none of these things is automatic, as Father said. Everything has to be done by doing good. So when we're to plant one tree, we are going to invest extra effort to plant two or three trees. We want to have this heart. "*Svadyaya*" is "self-study," so you are not going to learn anything or you are not going to have transformation and change unless you do the work, you put in the practice. This is where you do it -- in the Hoon Dok Hae, in the workshops in your daily life, in your daily practices.

The last one is "*ishvara pranidhana*." That is the big one. It is the tenth principle but it's actually the biggest principle -- "surrendering to God." That might be a hard, when you think about it, surrendering your entire being to God. The reason that is the tenth principle is because when you practice all the nine others you are slowly starting to understand walking in the ways of God. You realize that through all these conscious steps of how to live your life -- with love, with goodness, with right effort and right speech for everybody -- you are walking in the way of God, creating peace, creating love and creating joy. When you realize that you have the ability to do this and act on it and create it every day, this last principle becomes true. Because you are Heavenly Parent. You are the divine representation of Heavenly Parent on earth. You choose to express him or her, Heavenly Parent, in your life. That is the important principle. Many people think that God is separate, somewhere beyond, like there, True Parents in a picture. It's in you. When you surrender to the God in you, Heavenly Parent in you, the divine light in you, you realize you have all the power, like a super hero. [She laughs] It's true; you can do anything. You can overcome anything. You can love anyone. I hope that that was helpful. These are practical ways to figure out how to love people. We hear all the time that we should love people but no one gives us practical A-B-C, ten steps, how to do it.

## I Got a Lot Questions from this Ministry Group, the Youth Ministry

Sun Jin Moon

January 13, 2018

To 85 leaders at the International Peace Education Center (IPEC) in Las Vegas, NV



Good morning, everybody, I'm so happy to be here. All of you make me so happy. Thank you for welcoming us here to Las Vegas.... I got a lot questions from this ministry group, the youth ministry, and I hear that you're all amazing brothers and sisters, taking care of the younger generation while you yourselves as young people are finding and following your faith and bringing victory with sincere hearts, wanting to create victory for True Parents. I want to say thank you and I'm deeply honored to meet you.

I would like to start.... So many tough questions you guys have for me! [She laughs] You can imagine -- I was like, Oh, my gosh! How do I answer all these questions?

### Go to the source

Whenever a question is in my heart or when I get a question that I have to figure out for somebody else, I always turn to Heavenly Parent and to True Parents' words because all the answers are in here.

With any question, anything you're grappling with, the truth is all written down already so you have the gift at your fingertips at all times. Utilize this as a tool, whatever you're struggling with, even when you pray, you could open up to a page of Hoon Dok Hae and it might be answered. That is how powerful this resource is. So, to answer these questions, I found a Hoon Dok Hae passage, which I think is relevant to answering as best I can those questions. If it doesn't answer a question, we'll have a heart-to-heart session after Hoon Dok Hae where you guys can ask questions and we can grow together because we're all.... Is there anybody in this room that's perfect? Raise your hand. No, right? I'm not raising my hand. The only people who have perfected their true beings are True Parents. True Father and True Mother are the first examples of perfected man and woman and through them, we can learn. This is why it is so important to go to the source. The best master is True Parents in the physical world and beyond that, it's God, Heavenly Parent. They inherited everything from Heavenly Parent. So, to start, I am going to read; we are going to do Hoon Dok Hae. We love Hoon Dok Hae. We're going to read "Leaving Behind a Legacy of Love."

*The teacher with whom we have the closest relationship is our heart. Our heart is more precious to us than our closest friends are and even more precious than our parents. So, as we live our lives, we need periodically to ask our hearts, "Am I living a good life now?" Anyone can hear his heart speaking to him. If he comes to the realization that his heart is his master, he "polishes" his heart and maintains a close relationship with his heart throughout his life.*

*"Today people can expect to live about eighty years. Eighty years of joy, anger, sorrow, happiness, and all the other emotions mixed together may seem like a long time. But if we take away the private time that a person spends sleeping, working, and eating, and then the time we spend talking, laughing, and having fun with family members and friends, attending weddings and funerals, and time spent lying sick in bed, only about seven years will remain. A person may live eighty years but only spend about seven years living for the public good."*

### Resumption

You asked many questions about all the difficulties in life all the things that are going on and how to forgive and how to heal hurts and even in Father's chapter he says the most important thing is to polish our relationship with the heart. I know you guys have been studying hyo jeong, understanding a filial heart. This is the start of it all....

At this stage, how can we cultivate more love in our hearts, have a more loving heart and create more joy in our churches and in our experience with each other in our daily lives? That was the intention of all creation, right?...

I'll try to tackle these questions that you guys gave me. These are ten very difficult homework questions. [She laughs].... I'll try to get through these questions in twenty minutes and then open the floor for anybody who has a question. You can think about it as we answer these questions.

## Restoring trust and love

How can we reach people who are disconnected or who have been hurt by our movement? That question got the most votes as a major question that you guys are tackling in the field, where people are hurt by the movement or by certain families. How do we help people feel reconnected or gain that sense again? How do we open our hearts once we've been hurt?

The answer to that is, number one, the heart. We have to stop. We have to go back to love. It is the hardest thing to do when you're hurt. When someone hurts you, the last thing you want to do is open your heart. It is just a natural response. You either fight or flee, or you close yourself off, you separate yourself or distance yourself. You do not want to go anymore to that painful place. But then, what happens in your life? Your heart shrinks and your world gets darker. When you're disconnected or hurt, to open your heart and to love is the hardest act, but that's the only way you are going to heal.

Many people think, I'm hurt and if I hold on to this hurt, somehow justice can come. It doesn't come. You are just holding on to anger and your heart darkens, your life darkens, but when you love, when you forgive love and unite -- this is what Father teaches and this is why it works -- you let go of whatever someone else did to you. You choose; you choose to love. You choose to invite in forgiveness or unity, and by doing that, you transcend that darkness. You are growing the light in you. You don't lose anything if you're hurt but still love and forgive. You gain.... This is what Father teaches; love your enemy. This is how we save the world. This is how we surpass all divisions. Even seeing racism in America, religious discrimination -- everything we see in the world is based on people being hurt by people or groups, holding on to hate from past experiences and living that out. That just divides people, separates people. That's the opposite of God's heart. God is here to unite us.



## Hurt members are only the start

You're the Unification Church. We're supposed to embrace and bring back everybody and love them. There is always going to be hurt because we still live in an imperfect world. This is not the garden of Eden fully perfected until we reach the 7.6 billion people that Mother is trying to save -- until that day happens, which is going to be 2020 national restoration, until Cheon Il Guk is realized, there will always be an element of hurt. We need to polish our hearts to be able to love beyond that. That's our choice. Only we can do that. When you do that, you'll find that you're free from all that pain, misery and suffering. You might find that when you reconcile or when you forgive, you have greater love and joy. When you overcome a difficulty, when you overcome a hurtful relationship and can forgive a person and reconnect, sometimes that relationship becomes deeper.

As you grew up, you may have fought with your siblings, but did you never talk to them again? You worked it out. Sometimes you fight with your parents but do you disown them or do they disown you? No. We work it out. If we look at the whole human family as our family in the same way we don't quit on family but keep loving them unconditionally--this practice is the only thing that is going to unite us, and the world. So if you have people disconnected and hurt, find their heart of love. Help them polish their hearts to love and forgive, because Satan's tactic is to separate and divide, so bad things happen. People get cut off, separated, divided. They leave -- estrangement. What good does that do? It gets us into more trouble in the world. We have seen that. So, to not let that happen, to proactively make the choice to love is powerful. I hope you choose that and can try that in your lives....

## Substance abuse

[She reads] "Alcohol seems to be a topic with many opinions among those in our generation. How should we approach alcohol when addressing those who are younger and peers?" I guess you are all youth ministers and are taking care of young kids now. [Sotto voce] Scary!

I can't imagine being a young person now with social media and all this influence all around you all the time. But... A simple thing is that alcohol is a controlled substance. They're controlled substances because why? Dangerous, right? People when they drink are not responsible. They can hurt themselves or others. First of all, how do we address it? Number one: it's a controlled substance by law. Even "outside law," not spiritual law or church law, says you cannot drink until you are twenty-one. You shouldn't because it's a crime. Just as Father's teachings say, anything that pricks your conscience or could put you in jail, don't do it. Just say No. Don't go to jail. You are so young. You have so many great things to do. You don't want a DUI [driving under the influence of alcohol] on your record.



### **Sexual practices**

The next question is, "How can we approach homosexuality with a loving heart and maintain a righteous perspective?" I guess that's an issue in the modern day with young people. So these kinds of questions I would say, number one, follow the law. Don't disrespect persons if they are of whatever choosing in their lives. We do not hurt people; we don't want to attack people for their choices because that doesn't make us good. By attacking someone doing bad, we just double the bad. Instead of judging them, condemning or attacking them, if we are going to love our community and help our young people get past this, we need to give them practical tools to do that.

Number one, follow the law and then ask, Why would you want to do this to yourself when you could potentially hurt others? Do you want to go down this road? Usually, you will find that people turn to alcoholism, drugs or even homosexuality because they are missing something. They are filling it with these things. They are missing love, true love. Without true love, how are you going to find the will or the heart to live a joyful life? The lack of love in your life is numbing.

If you're counseling young people and they are having issues with this, go to the source of why. What starts the addiction? What starts the want for that? What are you missing in your life? Where is that hole in your heart that needs to be filled with more joy and more love. That is what we should be fortifying. In our communities or in raising children, we want to enhance the joy so that they do not even turn to those things.

I want to sing in a band or I want to swim in the ocean, enjoy nature or play sports, whatever their joy is is what we should be focusing on. Instead of focusing on what not to do, I hope we can learn as a community to focus on what to do. Find better ways for young people to spend their time. Maybe they are bored. How can you make it more enjoyable to be excited about life in these eighty years? You want to milk those seven years of greatness for the sake of the world. If you're speaking to a five year old, it's easy to say, Don't drink. Don't smoke. Don't have sex until you're married or blessed. Being gay is bad. This is bad. That is bad, but beyond that, if you are going to witness to young people and to outside people, just telling people these things are bad is not going to get your foot in the door to witness to them....

Instead of hating it, look for compassion, empathy and think of ways to love the person more. How can I help this person find the truth, find a happier place, find the blessing, find God and True Parents? That should be your intention. You are all smart young people. Don't start getting on a track, saying, Don't do this, don't do that. They are past kindergarten age. Think of what we should be doing and how we can make an environment in which no one wants to waste time doing those things....

# Sun Jin Nim at the Heart to Heart Session in Las Vegas

Las Vegas, USA, January 12 – 14, 2018



During the YAYAM Leadership Retreat Winter 2018 (January 12-14) Sun Jin Nim, accompanied by her husband In Sup Nim, guided young people in a Heart-to-Heart session at IPEC in Las Vegas on January 13, 2018. She read from True Father's autobiography and then lovingly answered questions from the audience. Late in the program she guided them in a meditation for the revival of their spirits, and concluded by giving special gifts to some lucky members of the audience.

As with previous occasions, Sun Jin Nim sought to connect very personally with each audience member's heart and to help them understand True Mother's work for the global providence and her love for the members worldwide.

**A**true life is a life in which we abandon our private desires and live for the public good. This is a truth taught by all major religious leaders past and present, East and West, whether it be Jesus, Buddha, or the Prophet Mohammed.

It is a truth that is so widely known that, sadly, it seems to have been devalued. The passage of time or changes in the world cannot diminish the value of this truth. This is because the essence of human life never changes, even in the midst of rapid change all around the world.

The teacher with whom we have the closest relationship is our heart. Our heart is more precious to

us than our closest friends and even more precious than our parents. So, as we live our lives, we need periodically to ask our hearts, "Am I living a good life now?" Anyone can hear his heart speaking to him.

If he comes to the realization that his heart is his master, he "polishes" his heart and maintains a close relationship with his heart throughout his life. If a person hears the sound of his heart tearfully sobbing, then he needs to stop immediately whatever he is doing. Anything that makes the heart suffer will ruin him. Anything that makes the heart sad will eventually make the person fall into sadness.

For a person to polish his heart to the point that it becomes as clear as crystal, he absolutely must spend time in direct conversation with his heart in an environment where he is away from the world and alone with his heart. It will be a time of intense loneliness, but the moment that we become close to our hearts is the time of prayer and meditation.

It is a time when we can take ownership over our hearts. When we isolate ourselves from the noise around us and allow our thoughts to settle, we can see into the deepest parts of our hearts. It will take a lot of time and effort to go all the way down to where the heart has settled. It will not happen in a day. Just as love is not for our own sake, so happiness and peace are not for ourselves. Just as love can never exist without a partner, happiness and peace cannot exist without a partner. All these can exist only in the context of a relationship with a partner.

Nothing can be accomplished if we love alone. We cannot be happy alone or speak of peace alone. Since a partner is what enables us to have happiness and peace, the partner is more important than we are.

Think about a mother carrying a baby on her back, sitting at an entrance to the subway, selling homemade snacks to the people passing by. To be at that spot in time for the morning rush hour, she will have spent the whole night preparing the snacks and put her fussing child on her back to come to the station.

People passing by might say, "Oh, you could get along well if only you didn't have that child to care for," but it is for the sake of the child that the mother lives her life. The child on her back is the mother's lifeline.

Today people can expect to live about eighty years. Eighty years of joy, anger, sorrow, happiness, and all the other emotions mixed together may seem like a long time. But if we take away the private time that a person spends sleeping, working, and eating, and then the time we spend talking, laughing, and having fun with family members and friends, attending weddings and funerals, and time spent lying sick in bed, only about seven years will remain. A person may live eighty years but only spend about seven years living for the public good. Life is like a rubber band. The same seven years, given to two different people, can either be spent as seven years or as seventy.

Time, by itself, is empty. We need to put things in it. The same is true about a person's life. Everyone wants to live his life with a comfortable place to sleep and good things to eat. Eating and sleeping, however, are simply ways of letting time slip by.

In the moment that a person has lived out his life and his body is laid to rest in the ground, all wealth and glory become nothing more than a bubble and disappear at once. Only the seven years that he lived

for the public good will remain and be remembered by posterity. Those seven years are the trace that is left in the world of a life that lasted eighty years.

We do not come into this world, or depart from it, of our own accord. We have no ability to make choices with regard to our fate. We are born, though we did not choose to be born. We live, though we did not choose to live. We die, though we do not choose to die. We have no authority over these aspects of our lives, so how can we boast that we are somehow better than others? We cannot be born by our own wish, possess things that will forever be our own, or avoid death.

So any boasting on our part would only be pathetic. Even if we rise to a position higher than others, the honor is only temporary. Even if we gather more possessions than others, we must leave them all behind at the gates of death. Money, honor, and knowledge all flow away from us in time, and all disappear with the passing years. No matter how noble and great a person might be, his is nothing more than a pitiable life that will end the moment he loses hold of his lifeline.

Human beings have always struggled to understand who we are and why we must live. We must realize that, just as we were not born of our own accord, so also we are not meant to live our lives for our own sakes. So the answer to the question of how we should live our lives is simple.

We were born of love, so we must live by traveling the path of love. Our lives were created by receiving the boundless love of our parents, so we must live our entire lives repaying that love. In the course of our lives, this is the only value we can choose on our own. The success or failure of our lives depends on how much love we are able to pack into those eighty years that are given to us.

At some point, everyone will shed his physical body like old clothing and die. In Korean, "to return" is a common expression for dying. To return means to go back to where we came from, that is, to go back to our fundamental roots. Everything in the universe moves in cycles. The white snow that collects on the mountains will melt and flow down the slopes, first forming streams and then a river, and eventually go into the ocean.

The water that flows into the ocean will absorb the heat of the sun's rays, become water vapor, go back up into the sky, and prepare to become either snowflakes or drops of rain. To return to our original place in this way is what we call death. Then, where do we human beings return to when we die? Body and heart come together to bring about human life, and death is the act of shedding the body. So we go to the place from which the heart came.

We cannot talk about life without also talking about death. We must accurately understand what death is, even if we do so only to understand the purpose of life. The type of life that has true value can be understood only by the person who finds himself in a difficult situation when death appears imminent and he cries out to Heaven in desperation, pleading to be allowed to live even just one more day. If our days are as precious as this, how should we live them? What are the things we must accomplish before we cross over the boundary line of death?

The most important is not to commit sin and live a life that is without shadows. There is much religious and philosophical debate over what constitutes sin, but what is clear is that we should not engage in acts that give pause to our conscience. When we do things that give us a guilty conscience, it always leaves a shadow in our heart.

The next most important thing is to resolve to do significantly more work than others have done. All of our lives are limited, whether that limit is sixty years, seventy years, or some other time period. Depending on how we use that time, we can live a life that is two or three times more abundant than others. If you cut your time into segments and then live each segment in a meaningful way, your life will be truly precious.

Live your life with an attitude of devotion and diligence, telling yourself, for example, that you will plant two or three trees in the time it takes others to plant one. Do not live for yourself. You must live not for yourself but for others; not for your family but for your neighbors; not for your own country but for the world. All sin in the world comes about when the individual is put first. Individual desires and ambitions harm a person's neighbors and ruin the society at large.

Everything in the world will eventually pass. The parents we love, the husband or wife we love, and the children we love will all pass away. All that remains with us at the end of our lives is death. When a person dies, only his legacy remains. Please consider for a moment what you can do to show that you lived a life of value. The possessions and social position you have accumulated during your life will pass away from you. Once you cross the river of death, such things will have no meaning.

Because we were born in love and lived our lives in love, love is also the only thing that remains with us when we are in our graves. We receive our lives in love, live by sharing love, and return into the midst of love. It is important that we live our lives in a way that we can leave a legacy of love behind us.”



- [view more pictures](#)

## True Parents Were Born On the Same Day In Accordance With Heaven's Will

Sun Jin Moon  
February 20, 2018  
True Parents Birthday Welcoming Remarks  
Cheongshim Peace World Center



Excellencies! Distinguished delegates from around the world, gathered for the International Leadership Conference sponsored by the Universal Peace Federation. Ladies and Gentlemen! Cheon Il Guk leaders and Brothers and Sisters from around the world!

It is my special privilege and honor to share a few words with you today on this historic and special occasion as we gather to celebrate the birthday of our beloved True Parents of Heaven, Earth and Humankind, I first wish to thank Heavenly Parent and True Parents. Furthermore, as the daughter of True Parents, I would like to congratulate my parents, the source of my existence, on their birthday.

True Parents were born on the same day on January 6 not by coincidence but in accordance with Heaven's Will. On this day, not only in the Cheongshim World Center, but in all 194 nations of the world, countless people have joined us to celebrate True Parents' birthday. As a member of the True Family, I would like to thank everyone in attendance.

Beloved leaders, brothers and sisters,

My parents never lived their lives for individualistic or private purposes. As their child, I have witness how my parents lived each and every day in service to God, our Heavenly Parent, and in service to humanity, guided by a single vision of building one universal human family under God. Their lives have always been defined by public purposes. Before I could truly understand the tremendous difficulty of leading such a life, there were so many instances when, as a child, I yearned for my parents' love. However, it is because True Parents established a tradition of public life that we have a reference point, an anchor that makes it possible for us to live a life of filial piety toward Heavenly Parent. This is why we say this birthday celebrations is for the sake of the public purpose.

Respected dignitaries, ladies and gentlemen!

My parents consistently led lives of sacrifice characterized by true love for our vertical and eternal True Parent, the Heavenly Parent, as well as for humanity, always seeking to realize Heavenly Parent's ideal of creation, one cosmic family.

Contrary to Heavenly Parent's ideal, today's world is filled with conflict and confusion, discord and pain. To realize the ideal world originally intended by our Heavenly Parent, True Parents have planted seeds of peace in every corner of this planet.

The recent World Summit in Africa 2018, convened in Dakar, Senegal, drew together more than 1200 of the highest level leaders from throughout Africa, including heads of state, speakers of parliament, government ministers, traditional rulers and religious leaders all centering on True Parents' vision of interdependence, mutual prosperity and universal values.



The dignitaries who gathered for this program resolved to build an African continent that attends Heavenly Parent, the "Heavenly Africa." The Africa Summit was an astounding and overwhelming success, and is an example of the abundance of fruit being harvested from the seeds of peace that have been sowed by my parents.

Today, the seeds of peace my parents planted not only in Africa but throughout the world are being manifested as Cheon Il Guk, the realization of the ideal world of peace, that reaches to every continent, 194 nations, and all areas of society including government, religion, education, academia, publishing, media, the arts, sports, and business.

My Father was a truly remarkable man. Larger than life. A man of history. Generous, charismatic, driven by a passion for goodness and a love for God. His vision had no limitation. He was a man who I believe moved and transformed history.

Since my Father's ascension I have come to recognize that my beloved Mother is equally remarkable. Larger than life and a true shaper of history. Since her birth in 1943, she has lived her life entirely in service to heaven's will, as the true daughter of God. She married my Father, in 1960, and together they took on the position, and the responsibility of the True Parents.

She has led our movement over the past five years with unwavering conviction and clarity of vision and purpose. Each and every day, we see the results of her steady, wise and innovative leadership. She is taking our entire worldwide movement to a new level, just as she pledged she would.

To my beautiful mother, my True Mother, you are the embodiment of unconditional true love, my eternal role model and my hero! I love you, salanghamnida!

On this day we sincerely offer True Father and True Mother our eternal gratitude and love, for the gift of their vision, their example, and their guidance.

True Mother we love you forever! Together Omoni Salanghamnida!

True Father we love you forever! Together Abogi Salanghamnida!

Together Chambumonim kamsahamnida!

Chambumonim Songtan Chukhadelimnida!

Happy True Parents' Birthday.

# International President Sun Jin Moon Special Gathering

Cheong Pyeong Training Centre, February 20, 2018



On February 20, 2018, during the 2018 Hyojeong Cheongpyeong Great Works Commemorating True Parents' Birthday and the 5th Anniversary of Foundation Day, FFWPU International President Sun Jin Moon spoke to more than 5,000 members at a special meeting in the main hall of the CheongPyeong training center and answered their questions with a loving heart.

Hoon dok material, from True Father's autobiography, read by International President:

## **Global Harmony Starts on the Korean Peninsula** (As a Peace-Loving Global Citizen, p.276-p.281)

I miss my hometown so much that I visit it often in my dreams. My hometown is far beyond Seoul, in Jeongju, North Korea. It is an area that has both mountains and the sea. Wherever I am and whatever time it may be, my heart is always reaching out to that place where there is love and life.

**A**ll of us are born into our parents' lineage, and as we grow up we are nourished by our parents' love. We cannot forget our hometowns because that is where the ground is soaked with our parents' love. That is why the older we get, the more we miss our hometowns. It is where our roots are and where we must return. It is difficult for

people to cut themselves off from things that are fundamentally important to them. In 2004, I ended my activities in the United States after thirty-four years and returned to the Korean peninsula, where heavenly fortune resides.

We are not aware of the exact time when morning becomes noon. Neither are we aware of the exact time when evening becomes night. In the same way, human beings have no way of knowing the moment when Heaven does its work. That is how it is with our lives as well. Our moments of success and failure all pass us by without our being fully aware of exactly when they began to unfold. The same is true with nations. We cannot know the moment when good or ill fortune comes to a nation. Heavenly fortune is a force that moves the world; it is a principle that makes the universe go around. Though we may not know it, there is clearly something called heavenly fortune,

which the One who created this world uses to conduct His providence.

The universe moves in perfect accordance with its own order. All beings in the world bear within them a certain principle that is put there even before they exist. When a baby is born, no one has to teach it how to breathe or to open its eyes. The baby does these things without being compelled. Things that happen on their own hold within them important keys to the secrets of the universe.

Many natural phenomena seem to just happen on their own. In reality, though, they don't happen in this way. Hidden within natural phenomena in the universe is a directional force that we are not aware of and do not understand. This is the same with the forces of fortune in the universe, or heavenly fortune.

As the universe turns, it is certain that there will be a period of powerful fortune. If we understand the principle of the universe whereby spring follows winter and is then followed by summer, then we can foresee a bright future for Korea after a long winter of misfortune.

Those who are wise will align themselves with the laws and rhythms of the universe. When I was in America I would often fish in the Hudson River near my home. I have been a very skilled fisherman since I was a young boy, but there were days on the Hudson when I could not catch so much as a tiny minnow and had to return home disheartened. Fish have paths that they travel and certain times when they pass along those paths. If we don't know where these paths are and what times they are on these paths, we won't catch any fish. Just because there is water, it does not mean that there will always be fish passing by. A person who doesn't understand this could keep his line in the water all day and all night, and it won't do him any good. The same is true with heavenly fortune. If we don't have an eye to see the future, we will not see heavenly fortune, even if it is staring us in the face. That is why it is important to have a keen understanding of heavenly fortune and an ability to sense its movements.

Human civilization has developed throughout history in a westerly direction. Egypt's continental civilization gave way to the peninsular civilizations of Greece and Rome and then developed to the island civilization of Britain before moving on to another continental civilization, this time in America. Civilization continued its westerly move, crossing the Pacific Ocean to Japan. The movement of civilization didn't stop there. The force that raised Japan up to such a great position is now moving to the Korean peninsula. Civilization is about to come to its fruition on the Korean peninsula.

For Japan's island civilization to link up with the continent, it must pass through a peninsula. Asia, of

course, has other peninsulas, but only Korea possesses sufficient foundation to inherit contemporary civilization. The Korean peninsula is in a most exquisite geopolitical position. It faces Japan and the United States across the Pacific Ocean. It also is connected to the continents of Asia and Europe and shares common borders with China and Russia. This is the reason that Korea has been a focal point in the power struggles among the world's great powers and has suffered a great deal as a result.

During the Cold War, we fought for our very existence in a war against communism. Even now, the concerns and interests of the world's great powers continue to involve the Korean peninsula, so Korea remains a divided country unable to be completely at peace. The time has come when the Korean peninsula, where the interests of the great powers collide, will take on an important role in preventing conflict between these countries. As a result it will be in a position to lead the rest of the world into prosperity and peace.

Heavenly fortune comes with tremendous responsibility. Now that the Korean peninsula has come into its heavenly fortune, it must play a role similar to a ball bearing, making sure that these countries not only do not collide with each other but instead cooperate closely for the sake of the prosperity and peace of the world. The functions of a ball bearing are to hold the axle of a machine in place while also allowing the axle to rotate freely. Korea needs to maintain smooth relationships with the great powers and thus become a ball bearing that allows peace to rotate freely throughout the world.

For a long time I have been making intensive preparations for Korea to play this role. I supported the glasnost policies of President Gorbachev and pushed the goal of improving relations with the Soviet Union. I also supported the reform and openness policies of Deng Xiaoping in China, starting in the late 1980s. I began my work in China by supporting Yanbian University to establish a college of engineering. Even after the Tiananmen Square incident, when foreign capital was leaving China, we remained in China and invested hundreds of millions of dollars in Huizhou, in Kwangtung Province.

I did not do this just for economic reasons. I am a religious person, not a businessman. A religious person is someone who sees into the future and prepares for it. Russia, China, Japan, and the United States must learn to cooperate with each other while using the spiritual bearings of the Korean peninsula. The Korean peninsula is destined to become the axis for world peace.

When I began working to improve relations between Korea and the Soviet Union and China, I discovered that Korea did not even have something as basic as a Russian or Chinese dictionary. Very little was going

to get done as long as we could not understand each other's languages. When I heard that there were groups of academics who had the foresight to begin work on a Chinese–Korean dictionary and a Russian–Korean dictionary, I supported these two projects.

The Chinese–Korean Dictionary Project was led by Professor Il Seok Hong of the Korea University's Institute of Korean Culture, and several professors in the university's Russian Studies department were behind the effort to publish a Russian–Korean dictionary. These dictionaries are playing crucial roles in the exchanges between the two Koreas and China and Russia.

When a rock sits atop the highest mountain peak, once it begins to fall it will fall all the way to the deepest part of the valley. This describes the changing fortunes of Western civilization. It is common knowledge that the West achieved incredible development through the use of science, but now moral decay is sending it down to the depths of the valley floor. That valley floor is the East, which has been developing a spiritual culture for thousands of years.

In particular, the Korean peninsula is the place where Eastern and Western cultures meet, as well as the place where continental and oceanic civilizations meet. The historian and philosopher Oswald Spengler put forth a cyclical theory of the rise and decline of

civilizations that took a dim view of democracy and described it as the type of government that is leading Western civilization into decline. He argued that democracy is driven by money and that democracy's corrupting power and its signs of moral decline include the rise of materialism and cults of science.

Looking at today's Western culture, it appears that some of his thoughts were prophetic. The Atlantic civilization that has prospered until now is clearly facing a new era, the era of a pan-Pacific civilization that is on the rise. Asia, with Korea poised to take a central role, is becoming the lead actor in a new world history. Two-thirds of the world's population lives in Asia. All the world's major religions began in Asia. It has long served as humanity's spiritual root.

It is inevitable that the Western and Eastern civilizations come together in harmony on the Korean peninsula. As the world rapidly changes, heavenly fortune is moving in Korea's direction at an ever-increasing speed. However, if the Korean peninsula is to properly perform its important role in leading the world to harmony and peace during an era of chaos, then it must prepare itself well. It must do away with a past marked with prejudice and selfishness and greet the new age with clear eyes and a new heart.

[Click here to see more pictures.](#)



**When we wholeheartedly believe in True Parents, God blesses us with miracles!**

Sun Jin Moon  
February 23, 2018  
2018 Cheon Il Guk Leaders' Assembly Opening Address  
Chung Pyung Training Center



Respected Cheon Il Guk Leaders from 7 Regional Groups and from more than 120 nations. Beloved brothers and sisters!

Welcome to this Cheon Il Guk Leaders Assembly 2018!

Happy Heavenly Parent's Day! And Happy Lunar New Year.... the glorious Year of the Golden Dog!

According to the lunar calendar, 2018 is "무술년 (Moo-Sul-Nyeon)" which means "the year of the Golden Dog". "Moo" (무) means Yellow/Golden Earth, "Sul" (술) means dog, and "Nyeon" (년) means year. This "Moo-Sul Nyeon", the year of Golden Dog, comes every 60 years.



The Golden Dog (Moo (무)-Sul (술)) symbolizes good harvest and fertility; in other words, 2018 is a year that brings affluence.

People say that throughout history the fortune of the nation rose in the years of "Moo (牟)". For example, the Silla Kingdom unified the nation in the Three Kingdoms period in the year of "Moo-Jin Nyeon".

The Bohai Nation was established in the year of "Moo-In Nyeon".

The Goryeo Nation was established in the year of "Moo-Shin Nyeon."

Also, the establishment of the Republic of Korea occurred in the year of "Moo-Ja Nyeon". The 1988 Seoul Olympic Games were held in the year of "Moo-Jin Nyeon". Thirty years later, the Pyeongchang 2018 Winter Olympic Games are being held in the year of "Moo-Sul Nyeon".

Dogs have especially strong Yang energy. That's why they have dynamic and active characters. And the color gold indicates wealth and abundance.



With this in mind, I believe we can expect that the year of 2018 will be a year filled with prosperity and abundance.

Therefore, I wish you and your family, tribe, and nation a year of glory, heavenly wealth and victory!!  
Namaste.

When you spell DOG backwards you get the year of GOD! I know that this will be the year of victory for all filial sons and daughters around the world. You will all be victorious for GOD! You will all be Shining Rays of Hope Around the World with a Filial Heart for Heaven!

If we remain loyal and true to our Heavenly Parent and True Parents, we will naturally receive abundant joy, success, and blessings. We will achieve heavenly national victory and realize Cheon Il Guk, One Family Under God!

When we wholeheartedly believe in True Parents, God blesses us with miracles! We have witnessed this reality throughout 2017, with so many accomplishments and positive developments.

Looking back on 2017, I am reminded of True Mother's victorious rallies in the USA, in Korea, in Asia and 4 amazing ones in Japan. These victories have provided heavenly momentum for our worldwide movement as we go forward in 2018. We have seen the result already in Senegal, with the World Summit Africa!

Our True Parents are the Alpha and the Omega. They are the only begotten son and the only begotten daughter of Heavenly Parent. Together, they have laid the foundation for bringing an end to human suffering and conflict, uniting all people with True Love, and ushering in an era of peace and mutual prosperity.

As I mentioned in my speech for True Parents Birthday, the seeds our True Parents planted over many decades are bearing fruit today. Increasingly we see distinguished heads of state, religious leaders, parliamentarians, great leaders from all fields, who represent every religion, nationality, race, gender, age, and creed, welcoming and accepting our True Parents Divine truth.

Wasn't the interfaith prayer that began the main program wonderful. I felt that all religions were paying their respects and honoring our True Parents.

We are living in the midst of a Hyojeong revolution. We are experiencing the amazing power that emerges when we unite together as one global family, as victorious true sons and daughters of True Parents and Heavenly Parents!



Thank you Brothers and sisters for your sincere true love, pure devotion, absolute faith, and filial heart. Thank you for making Heavenly Parent's dream of Vision 2020 and Cheon Il Guk a reality! From the bottom of my heart Salanghamnida and Kamsahamnida.

Each year we gather together at this time to honor our True Parents. It is like a homecoming. As such, let me joyfully welcome you all back home! Welcome back to True Parents homeland of Korea and Chung Pyung where True Mother is investing her whole heart and every ounce of her energy to fulfill Heavenly Parent's dream of Cheon Il Guk for all humankind and for the entire creation, past, present, future, infinity, and beyond.

This is a holy land blessed by God. I sincerely hope that while you are here for this Cheon Il Guk Leaders' Assembly you can feel True Parents' deep eternal love for you and be nourished, healed, rejuvenated, and revived as you move forward from here in your respective missions, bearing the fruit of countless great achievements and miracles for heaven.

We also see that the entire world has come together in Korea, for the Winter Olympics, held in Pyeongchang. It was hard to imagine, some months ago, that the Olympics would even occur, given the rising tensions on this peninsula. Some worried that it might be cancelled.

And yet, just a few days ago, we witnessed the emergence of an opening for dialogue between North and South Korea. Kim Jong Eun's sister came to South Korea as a gesture of peace and diplomacy. Even the little angels performed in the opening ceremony.

I believe this sudden shift came as a result of True Mother's global tour 2017 and the Africa Summit, demonstrating her unwavering Hyojeong commitment to ending the era of suffering and indemnity for all humankind and creating a world of lasting peace. I believe our True Mother has laid the foundation for the pendulum of history to swing in the favor of heavenly fortune and peace.

I truly believe that Heavenly Parent and True Father are working with True Mother to help bring peace to this peninsula. However, if true peace is to be achieved it will require that both South Korea and North Korea connect to our Heavenly Parent and center on the vision and values taught by True Parents.

I long for the day when President Moon Jae In and President Kim Jong Eun sit down with our beloved True Mother, just as President Macky Sall did in Senegal.

I long for the day when True Mother can offer her prayer of liberation in North Korea and return to their hometowns of Anju and Jung Ju. True Father said global harmony will come when peace is realized on the Korean peninsula.



Now more than ever we need peace on the peninsula to be the fulcrum of peace in Asia and the world. I pray for this, and I know with True Mother we will make True Father's dream come true.

With heavenly Korea heeding the call to have major breakthroughs in the fatherland, I believe this year of the golden dog and the super blue blood moon will open this sacred land to heavenly fortune! AJU!

Let us also not forget the importance of the spiritual world.

I believe that the great works being carried out here in Chung Pyung are having their own powerful impact on the providence. By educating, purifying, reviving, restoring and recording all blessed central family members, and anchoring them to Heavenly Parent and True Parents, a true road-map to peace has opened up. We can now move forward, directed by our true conscience and the compass of Hyojeong.

In January True Mother asked me and Insup to lead an educational program in Las Vegas for the youth of our movement in America. It was, for me, a deep and inspiring experience.

When I asked True Mother what points she wanted me to focus on, she said that we needed to teach our youth about Heavenly Parent, True Parents Hyojeong culture of heart and True Love. She said she wants to end the era of indemnity and she wants the lives of our future generations to be filled with True Love, grace, joy, Hyojeong, and life for the sake of others.

She said that all the suffering must end through Tribal Messiah victories; people must "know", not "no," who True Parents truly are and fulfill HP's dream. Only then can the era of Cheon Il Guk be realized. She said I should teach the young people that they must fulfill their portion of responsibility and have victory for Vision 2020.

With this direction and great message of hope from True Mother, I prepared to go to America. I also prayed to True Father to guide me with his truth and wisdom. That night he answered me in my dream, which woke me up at 2am. In the dream, Father uttered the words "E pluribus unum", a Latin term meaning "out of many, one." Father also spoke the word "fulcrum", which is a pivot point that gives leverage, making it possible to apply greater power with less effort.

With True Mother's guidance and with these words from True Father, I prepared for the event in Las Vegas.

We had a wonderful event, thanks to our youth ministry leaders and thanks to all the amazing young people who participated from all different nationalities and states. We were united as one family under God and shared the HyoJeong heart. We became a fulcrum and pivot of true love for the sake of bringing about true change in America, and we made ONE family out of MANY families.... e pluribus unum.

True Father's words reminded me that our Blessed children are the world's hope, and teaching them about True Love, True life and True Lineage is the key to restoring this world.

Anywhere I go in the world where I meet blessed families, I get inspired. I can see very vividly that if we truly practice the love of being a true family, living as filial son and daughter of True Parents, we are able to transcend all barriers and divisions and achieve peace and joy.

When I returned from America we caught the super flu, not the Forgive, Love, Unite True Parents Flu, but the record breaking flu that many Americans suffered from this year. Many people even passed away from the flu this year.

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During this time, I had a dream of True Mother and of a portrait of the little mermaid and a super moon that hangs on the wall in her living room. This image, from my dream, of this beautiful joyful portrait brought so much healing to my heart, and I was reminded of so many warm and precious memories in Hawaii with our beloved True Mother.

By some coincidence, I had this dream just two days before the Super blue blood moon. I felt it was a loving and guiding sign from True Father to remind us that True Parents are always with us no matter what we are suffering through and that True Parents will show us the divine truth and the way to Heavenly Parent's light.

Did anyone catch the Super blue blood moon? It moved my heart and I saw it had a powerful message of hope. So I would like to share it with all of you.

Video 1 and 2 of moon (explain off script)

*"Jan. 31, 2018 Super Blue Moon and Lunar Eclipse" (1'00)*



"Super Blue Moon Lunar Eclipse" (3'45) (no-narration video)



This once in a lifetime celestial event called a lunar trifecta is visible only every 150 years. For it to happen right after all the global victories of 2017, and right before God's day, True Parents birthday and foundation day, made me feel that True Father also giving us the message of how important Tribal Messiahship is and how True Father from the heavens is speaking to the world through this auspicious event in the cosmos. It is only by restoring the true blood lineage through True Parents blessing and by understanding their divine truth that the world can be reborn and achieve true peace.

When I saw this eclipse overshadowing the glorious light of the moon, it was eerie; it consumed all the light and left the world in darkness. This sad, dark, and empty feeling must have been like Heavenly Parent's breaking heart due to the Fall.

When the eclipse gradually opened it cast an amber fire-like glow, like orange embers in a warm fireplace in the dead of winter. As it continued to turn deeper and deeper amber and eventually turned red, I saw this as Heavenly Parent's heart still keeping the light of love open for the world. Inch by inch the embers were struggling to light the torch of hope as the moon opened full circle.

The reddish hue heating the moon to cast its blood moon glow made me feel that this symbolized Heavenly Parent's eternal unconditional love for all his lost children. Even the name of this event, Super blue blood moon, made me think of the pure blood lineage.

Witnessing this event, I felt Heavenly Parent's eternal heart of True Love and his hope that we must restore the blood lineage of fallen mankind through Tribal Messiahship.

As the moon grew larger, turning into the super moon, it seemed to shine as bright as sunlight, illuminating the night sky. I felt True Father's presence. I felt that he is always with us and sending his love and sharing his hopes to realize Heavenly Parent's dream.

True Parent's message spoke to me directly through this natural wonder, reminding me that the only way for darkness to be lifted and for humanity to be reborn, with its fallen nature removed, is to inherit the HyoJeong heart of True Parents and receive True Parents Blessing.

This entire experience was for me a celestial sign indicating that this would be a year of victories and heavenly fortune! What is even more auspicious was when I finally saw True Mother and explained this event, I saw that it was already hanging on her dining room wall.

*Picture of mother's blood moon (explanation)*



If that is not miraculous I do not know what is? This is the power of absolute FLOW with True Parents, when you believe or call them into your heart they always answer. They are always with each one of us, giving true love and divine truth.

This was only the beginning of 2018!

What did you think of the celebration of True Parents' Birthday? Wow! Wasn't that magnificent? Aju?

Isn't our True Mother amazing? True Mother looks so radiant and beautiful, and the entire day of celebration was inspiring and uplifting, the musical, the various performances, the spectacular Sleeping Beauty performance. Even the special lunch box was prepared with True Mother's love.

What a whirlwind of activity True Mother is inspiring and generating. These two weeks are packed with programs. There are well over 20 separate programs taking place between True Parents' Birthday and Foundation Day.

I know that UPF convened ILC 2018 at the Lotte Hotel, including IAPP and IAPD programs. The IAPP program was held at the National Assembly. It is very encouraging to see that parliamentarians and religious leaders and other high officials from all over the world are working together collaboratively. UPF is creating a new model of leadership and good governance, centered on True Parents vision.

I also understand that there's a very, very high level group of VIPs from Africa who are having their own special educational program running concurrently with our Leaders Assembly, and including visits to Sun Moon University, Yong Pyeong resort, and a tour of the Cheonwon Complex. They are special guests of True Mother.

There is also an ICUS conference going on at this same time, in Seoul. This morning True Mother spoke to the conference.

The list goes on and on.

And, this is all in addition to this Cheon Il Guk Leaders Assembly, which is surely among the most important. For this is the gathering of our worldwide movement's highest level leaders from every sphere.

We have this precious time together to hear reports, receive our True Mother's direct guidance and direction, and network together as we prepare to return to our respective areas of responsibility.



Our entire movement is represented here, including FFWPU, UPF, WFWP, CARP, and many other providential organizations, businesses and initiatives founded by our True Parents.

True Mother is leading us forward with remarkable vision and clarity.

She wastes no time in moving forward.

She launched the IAPP only two years ago, and it has been growing and expanding ever since. Now, more than 4000 members of parliament have participated, and chapters launched in more than 75 nations. Just a few days ago, UPF Korea organized an IAPP program at the National Assembly.

In addition, just two months ago, in November at the UPF's ILC, True Mother launched the Interreligious Association for Peace and Development (IAPD). IAPP and IAPD are working together so that both the international governmental sphere and the interreligious sphere are collaborating for the sake of peace, just as True Parents taught when they spoke about the "Abel UN."

True Mother has also been guiding the expansion of Tribal Messiah victors, and she has been promoting the development of educational curricula for young people, through Youth and Students for Peace.

As we have observed, the Africa Summit 2018, convened in Senegal in January, exceeded all expectations and established a new paradigm for victory. True Mother declared the beginning of "Heavenly Africa."

The liberation ceremony at Goree Island represented the liberation of the heart of all Africans. The current head of state, President Macky Sall, treated our True Mother with utmost respect and reverence, welcoming her like a visiting head of state, and offering all manner of hospitality and gracious care.

I want to express my deep gratitude to our beautiful, hard-working African brothers and sisters. Heaven is filled with joy and hope as it observes this historic moment of transformation and victory for all of Africa. The Africa Summit marks a new beginning not only for Africa, but for the entire world.

True Mother is now encouraging our other Regional Groups to prepare their own Summits. I understand that in Latin America our leaders are preparing programs in Brazil and Paraguay, and our brothers and sisters in the Asia Pacific Region are preparing their Summit in Fiji and Nepal.

I also understand that Europe is preparing to receive our True Mother in Vienna in April with a special rally and the launch of the IAPD for Europe and the Middle East. I am sure there are many other plans in other regions as well.

It has been more than five years since True Father's Seonghwa, and we are moving forward like never before. We are moving more rapidly, and with greater wisdom and understanding, toward the fulfillment of vision 2020 and Cheon Il Guk. We are all indebted to True Father and his glorious legacy as the Messiah! Equally



it is because our True Mother is the only beloved daughter of our Heavenly Parent and because True Parents holy wedding and complete victory has opened the gates of liberation that the providence is now soaring towards victory.

As our True Father shines from the heavens and cosmos, our True Mother is our guiding light, the beacon of hope and victory that shows us the way to Cheon Il Guk.

I believe this is why we are witnessing so many miracles from Heaven. Don't you agree! YES!

These amazing victories, however, would not happen without the sacrificial work that each of you as her filial son and daughter are doing, all over the world. You are the spiritual pillars of the providence as it builds upward into a new era of victory.

Based on True Mother's guidance and direction, our worldwide movement has three areas of focus:

Witnessing and Tribal Messiahship, centering on FFWPU

Preparing the Environment for Witnessing, centering on UPF and other providential organizations

Preparing and raising up future generations through UPA, YSP, CARP, etc.

These form the foundation of our road map for National Restoration. I know during this leaders' assembly you will hear more about these three essential components of our global strategy.

### **Conclusion**

When we unite with True Mother miracles happen. When we unite with True Mother, True Father supports us with all his heart from heaven.

True Mother is not thinking only about today or the rest of this year, or even just about 2020. Her thoughts go far into the future and out into the cosmos. Just like the picture of the blood moon, True Parents are in unison with Heavenly Parents frequency and antenna.

True Father in heaven lives and breathes in unison with True Mother as she carries out her daily work to fulfill his dreams. She is kept awake at night thinking about how she can make this world better for future generations, how she can overcome all obstacles and change this world for the better.



She said this past Christmas that she wants to end all indemnity forever. True Mother is taking on all the burden and clearing a path of complete peace, love and joy. Is that not the dream we wish to realize? Therefore, we must be absolutely one with True Parents, with absolute faith love and obedience and in oneness with their word. We must go with the absolute heavenly FLOW of fortune.

Let us go forward in 2018 with a heart of HyoJeong, restoring the true blood lineage of all mankind, ushering in a victorious reign of lasting peace. Aju?

For all the great leaders from around the globe I want to share True Mother's lunar New Year blessing.

This lunar New Year True Mother invited a select group of elder leaders to a God's day breakfast where she nourished us with tuk mandoo guk and the traditional Korean delicacies families share at this time of year. She harmonized our hearts with songs from brothers and sisters and bought us together as One Family Under God leading us in joyful song.

In closing she said "be healthy and be victorious," words of a true mother who knows the burdens you carry are great. She lovingly reminded us to have balance in our lives and to take care of ourselves and others.

So go out this glorious year of the DOG with GOD and with heavenly fortune completely at your side, knowing that True Parents' love, care and guidance are with you always.

May you all be victorious in your region or field, unifying this globe into one family under God!

Can we do it? Yes! Aju!

Thank you brothers and sisters. You have my sincere love, deep appreciation and eternal respect.

May Heavenly Parent always bless you and your precious families! AJU!

Salngamnida kamsahamnida, namaste.

# 2018 Cheon Il Guk Leaders' Assembly

Opening Address

By Sun Jin Moon, International President of FFWPU

Cheong Pyeong Training Centre, February 23, 2018



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The Golden Dog (Moo(□)-Sul(□)) symbolizes good harvest and fertility; in other words, 2018 is a year that brings affluence.

People say that throughout history the fortune of the nation rose in the years of "Moo (□)". For example, the Silla Kingdom unified the nation in the Three Kingdoms period in the year of "Moo-Jin Nyeon".

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As I mentioned in my speech for True Parents Birthday, the seeds our True Parents planted over many decades are bearing fruit today. Increasingly we see distinguished heads of state, religious leaders, parliamentarians, great leaders from all fields, who represent every religion, nationality, race, gender, age, and creed, welcoming and accepting our True Parents Divine truth.

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bottom of my heart Salanghamnida and Kamsahamnida.

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[“Jan. 31, 2018 Super Blue Moon and Lunar Eclipse”](#)

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Picture of mother’s blood moon (explanation)

If that is not miraculous I do not know what is? This is the power of absolute FLOW with True Parents, when you believe or call them into your heart they always answer. They are always with each one of us, giving true love and divine truth.

This was only the beginning of 2018!

What did you think of the celebration of True Parents’ Birthday? Wow! Wasn’t that magnificent? Aju?

Isn’t our True Mother amazing? True Mother looks so radiant and beautiful, and the entire day of celebration was inspiring and uplifting, the musical, the various performances, the spectacular Sleeping Beauty performance. Even the special lunch box was prepared with True Mother’s love.

What a whirlwind of activity True Mother is inspiring and generating. These two weeks are packed with programs. There are well over 20 separate programs taking place between True Parents’ Birthday and Foundation Day.

I know that UPF convened ILC 2018 at the Lotte Hotel, including IAPP and IAPD programs. The IAPP program was held at the National Assembly. It is very encouraging to see that parliamentarians and religious leaders and other high officials from all over the world are working together collaboratively. UPF is creating a new model of leadership and good governance, centered on True Parents vision.

I also understand that there’s a very, very high level group of VIPs from Africa who are having their own special educational program running concurrently with our Leaders Assembly, and including visits to Sun Moon University, Yong Pyeong resort, and a tour of the Cheonwon Complex. They are special guests of True Mother.

There is also an ICUS conference going on at this same time, in Seoul. This morning True Mother spoke to the conference.

The list goes on and on.

And, this is all in addition to this Cheon Il Guk Leaders Assembly, which is surely among the most important. For this is the gathering of our worldwide movement's highest level leaders from every sphere.

We have this precious time together to hear reports, receive our True Mother's direct guidance and direction, and network together as we prepare to return to our respective areas of responsibility.

Our entire movement is represented here, including FFWPU, UPF, WFWP, CARP, and many other providential organizations, businesses and initiatives founded by our True Parents.

True Mother is leading us forward with remarkable vision and clarity.

She wastes no time in moving forward.

She launched the IAPP only two years ago, and it has been growing and expanding ever since. Now, more than 4000 members of parliament have participated, and chapters launched in more than 75 nations. Just a few days ago, UPF Korea organized an IAPP program at the National Assembly.

In addition, just two months ago, in November at the UPF's ILC, True Mother launched the Interreligious Association for Peace and Development (IAPD). IAPP and IAPD are working together so that both the international governmental sphere and the interreligious sphere are collaborating for the sake of peace, just as True Parents taught when they spoke about the "Abel UN."

True Mother has also been guiding the expansion of Tribal Messiah victors, and she has been promoting the development of educational curricula for young people, through Youth and Students for Peace.

As we have observed, the Africa Summit 2018, convened in Senegal in January, exceeded all expectations and established a new paradigm for victory. True Mother declared the beginning of "Heavenly Africa."

The liberation ceremony at Goree Island represented the liberation of the heart of all Africans. The current head of state, President Macky Sall, treated our True Mother with utmost respect and reverence, welcoming her like a visiting head of state, and offering all manner of hospitality and gracious care.

I want to express my deep gratitude to our beautiful, hard-working African brothers and sisters. Heaven is filled with joy and hope as it observes this historic moment of transformation and victory for all of Africa. The Africa Summit marks a new beginning not only for Africa, but for the entire world.

True Mother is now encouraging our other Regional Groups to prepare their own Summits. I understand that in Latin America our leaders are preparing programs in Brazil and Paraguay, and our brothers

and sisters in the Asia Pacific Region are preparing their Summit in Fiji and Nepal.

I also understand that Europe is preparing to receive our True Mother in Vienna in April with a special rally and the launch of the IAPD for Europe and the Middle East. I am sure there are many other plans in other regions as well.

It has been more than five years since True Father's Seonghwa, and we are moving forward like never before. We are moving more rapidly, and with greater wisdom and understanding, toward the fulfillment of vision 2020 and Cheon Il Guk. We are all indebted to True Father and his glorious legacy as the Messiah! Equally

it is because our True Mother is the only beloved daughter of our Heavenly Parent and because True Parents holy wedding and complete victory has opened the gates of liberation that the providence is now soaring towards victory.

As our True Father shines from the heavens and cosmos, our True Mother is our guiding light, the beacon of hope and victory that shows us the way to Cheon Il Guk.

I believe this is why we are witnessing so many miracles from Heaven. Don't you agree! YES!

These amazing victories, however, would not happen without the sacrificial work that each of you as her filial son and daughter are doing, all over the world. You are the spiritual pillars of the providence as it builds upward into a new era of victory.

Based on True Mother's guidance and direction, our worldwide movement has three areas of focus:

Witnessing and Tribal Messiahship, centering on FFWPU

Preparing the Environment for Witnessing, centering on UPF and other providential organizations

Preparing and raising up future generations through UPA, YSP, CARP, etc.

These form the foundation of our road map for National Restoration. I know during this leaders' assembly you will hear more about these three essential components of our global strategy.

## CONCLUSION

When we unite with True Mother miracles happen. When we unite with True Mother, True Father supports us with all his heart from heaven.

True Mother is not thinking only about today or the rest of this year, or even just about 2020. Her thoughts go far into the future and out into the cosmos. Just like the picture of the blood moon, True Parents are in unison with Heavenly Parents frequency and antenna.

True Father in heaven lives and breathes in unison with True Mother as she carries out her daily work to fulfill his dreams. She is kept awake at night thinking about how she can make this world better for future generations, how she can overcome all obstacles and change this world for the better.

She said this past Christmas that she wants to end all indemnity forever. True Mother is taking on all the burden and clearing a path of complete peace, love and joy. Is that not the dream we wish to realize? Therefore, we must be absolutely one with True Parents, with absolute faith love and obedience and in oneness with their word. We must go with the absolute heavenly FLOW of fortune.

Let us go forward in 2018 with a heart of HyoJeong, restoring the true blood lineage of all mankind, ushering in a victorious reign of lasting peace. Aju?

For all the great leaders from around the globe I want to share True Mother's lunar New Year blessing.

This lunar New Year True Mother invited a select group of elder leaders to a God's day breakfast where she nourished us with tuk mandoo guk and the

traditional Korean delicacies families share at this time of year. She harmonized our hearts with songs from brothers and sisters and brought us together as One Family Under God leading us in joyful song.

In closing she said "be healthy and be victorious," words of a true mother who knows the burdens you carry are great. She lovingly reminded us to have balance in our lives and to take care of ourselves and others.

So go out this glorious year of the DOG with GOD and with heavenly fortune completely at your side, knowing that True Parents' love, care and guidance are with you always.

May you all be victorious in your region or field, unifying this globe into one family under God!

Can we do it? Yes! Aju!

Thank you brothers and sisters. You have my sincere love, deep appreciation and eternal respect.

May Heavenly Parent always bless you and your precious families! AJU!

Salnghamnida kamsahamnida, namaste.

## One family under God, our Heavenly Parent, and united together for world peace

Sun Jin Moon  
April 28, 2018  
Inauguration of YSP Europe and Middle East - Keynote Address  
Vienna, Austria



YSP Vienna!

How are you feeling today? Good! Yeah! I hope you are all feeling awesome, excited, filled with love, joy, liberation and peace? Yes? Wow, love the energy in this room!

Good afternoon everyone!

It's wonderful to see all of you gathered here today. Thank you for attending today's program. It makes me absolutely delighted and hopeful for our future seeing all of you gathered as one family under God, our Heavenly Parent, and united together for world peace.

I am sure that at tomorrow's victorious rally with our beloved True Mother, you will light up not only the auditorium, but all of Europe and the Middle East with your loving energy and bright glowing spirit!

Please give yourselves a thunderous round of applause for all your sincere hard work, True Love, absolute faith, and victory! AJU.

Being alive at this time with our True Parents is such a precious blessing, and, ideally, each and every moment should be filled with experiences of abundant joy, true love, unity, harmony, and happiness.

Who doesn't want this for themselves and their loved ones, even for the whole world and creation, to live together in peace? Right? Yes!

Furthermore, just as much, and even more than each one of us longs for a world of lasting peace, our Heavenly Parent, too, longs for this dream of peace to become a living reality.

Sadly, however, and as I'm sure many of you have experienced, the world we see today does not measure up to this great ideal. Too often, there is conflict or struggle all around us, even within ourselves. Our planet is threatened by environmental degradation, climate change, rising sea levels, and extreme weather patterns.

Family breakdown is widespread with devastating social consequences. On a social level, differences often become barriers, with boundaries marked by race, religion, nationality, ethnicity and social status. We fail to recognize that we are one interconnected global family. Instead of experiencing the warm embrace of family, neighborly love, and community, many feel isolated and alone.

We seek peace and fulfillment, but often search for it in the wrong places, seeking wealth, prosperity, or fame without a focus on higher values and virtues.

How do we build healthy families if marriage is no longer held sacred? How do we build community when we no longer care for our neighbor, but live in competition, us vs. them, on every level.

Externally, we are now linked together closer than ever. But even as we are all linked, many have lost sight of our divine origin, that which unites us and all life as one universal family under God, our Heavenly Parent?



Any reasonable person, even a child, when observing the situation of our planet—east, west, north or south—must ask, where is the love? Where is the peace? Sometimes it seems nowhere in sight!

We cannot continue to blindly turn away from the problems that our future descendants will inherit. We must become the leaders who teach and heal the hearts, minds, and souls of humanity, guiding all people to live under Heavenly Parent's ideal.

How many of you have thought about these things? Have any of you who are now gathered in this room encountered moments of disconnection or worry like this? Please raise your hands if you have.

Of course, most all of us will raise our hands, right?

How does that make you feel? Pretty sad, conflicted, worried, mad, dejected, or just bad right? This is not OK! We must raise the bar! We must strive higher! We must live for love, peace, and prosperity for all. This is Heavenly Parent's dream!

We were created to experience the good in life and to give absolute joy, love, fulfillment and peace to all. So how do we get to peace?

Where does peace begin? It begins with each one of us. Peace begins with Me!

The solutions to our world's problems begins with each and every one of you.

We must make a change within ourselves and raise our voices and live our lives courageously, spreading Heavenly Parent's truth and healing the world with forgiveness, love and unity. We must follow in our True Parents' footsteps; we must meditate, mobilize, and march together for peace.

True Mother is standing at the forefront, leading our global movement to bring an end to ignorance, hate, division, pollution, violence, prejudice, greed, and war. She is mobilizing the world to no longer stand by and accept the destruction, death, and degradation we see around us. She is calling out to the world's 7.5 billion people. She is rallying God's sons and daughters from every corner of the earth, charging each one

to rise up and become the solutions and the saviors to all humankind and creation, embodying Heavenly Parent's peaceful ideal and dream for a universal culture of True Love and Hyojeong.

Every life has a divine light and when you allow that light to shine, you brighten the world. You expand our Heavenly Parent's light of familial love or Hyo Jeong love. In this way love may grow and thrive universally.

When young people such as yourselves tap in to this universal truth, you will help create a new Hyo Jeong culture of filial heart that will liberate Heavenly Parent's heart and restore harmony and balance to the world.



Do not think you are too young or that you do not have the ability to change the world?

Remember that what you think becomes your reality. So, do not limit your mind, body, heart, and soul. As a son or daughter of Heavenly Parent, you share in God's infinite purity, goodness, vitality, and unlimited life potential. Do not block your heart.

Liberate your heart! Liberate your soul! Liberate your true self!

Liberate yourself through the power of true love. Then peace will start with you.

True Father, when he was 16 years old, wrote the poem entitled "Crown of Glory." He knew and testified to the truth that peace started within his own heart.

I want to share this poem with all of you. It will be our Hoon Dok Hae.

### ***Crown of Glory***

*When I doubt people, I feel pain.  
When I judge people, it is unbearable.  
When I hate people, there is no value to my existence.*

*Yet if I believe, I am deceived.  
If I love, I am betrayed.  
Suffering and grieving tonight, my head in my hands,  
Am I wrong?*

*Yes I am wrong.  
Even though we are deceived, still believe.  
Though we are betrayed, still forgive.  
Love completely, even those who hate you.  
Wipe your tears away and welcome with a smile*

*Those who know nothing but deceit,  
And those who betray without regret.*

*O, Master, the pain of loving.  
Look at my hands.  
Place your hand on my chest.  
My heart is bursting, such agony.*

*But when I love those who acted against me,  
I brought victory.  
If you have done the same things,  
I will give you the Crown of Glory.*

Wow. Those are powerful words right? He was just 16 when he wrote this poem, and committed himself to the path of peace, beginning in his own heart. He never failed to live according to that commitment. Together with our True Mother, they created a worldwide peace movement, doing an amazing and unprecedented array of good works all over the globe.



And, he has given us the inheritance that makes it possible for us to spread the truth, to ignite the spark of love all over the world, to build a global culture of HJ heart, and to liberate all mankind and creation from the chains of heartlessness. In this way we can transform the world into the peaceful ideal of love that our Heavenly Parent originally intended.

Can we do it? Yes!

Are there any 16 year olds or younger gathered here today? Show me your hands. WOW! Now, if you are 16 years and older, please show your hands?

Whatever age you are, young or old, can we as one universal family under Heavenly Parent and True Parents share the heart of Hyojeong and bring glory to our parent's legacy for peace? Yes! Aju!

I know each of you share our True Parents' heart and will be victorious! AJu!

I have absolute faith that all of you shall receive True Father's crown of glory.

Of course, this is not a simple course to follow. It took True Father many decades to master his heart of Hyojeong True Love for Heavenly Parent, even till his last days on earth, as he lived earnestly and continuously trying to better his heart of love, grace, and wisdom to share with all humanity.

When we as youth try to follow in True Parents' footsteps, the road ahead sometimes seems impossible and too hard, right? True Parents' perfection is so far from where we are starting out, right?

We may psyche ourselves out before we even begin to try, right?

That is all normal. No one is born perfect. We all need to practice, right?

Over time only practice makes perfect. It is a growth process. There is formation, growth and perfection. Only with absolute FLOW—Faith, love, obedience, and wisdom of the word—can we achieve these higher levels of love and truth with ease.

One practice I have found that grounds and centers my heart no matter what goes on in the angry world at large is meditation and yoga. It has been my spiritual and physical lifeline, and I attribute all the good in my life with this practice as a foundation of mind and body unity and oneness with the divine light in all living beings and creation. It has been what has saved me countless times, allowing me to live and lead with the light shining in my heart, rather than succumbing to the darkness that surrounds us. I would like to share this practice with you, because it has brought peace into my heart, and I hope this Crown of Glory meditation will bring peace, love and light into your lives.



#### **COG Meditation:**

Brothers and sisters, I would now like to lead you in a meditation which will strengthen your mind and heart to meet life's challenges. We are going to fill you with peaceful gentle kindness, true love, and God's divine unconditional love and light energy. I call this the Crown of glory meditation. AJU!

Please find a comfortable seated position. Let your sit bones deeply take root into your seat. From the base of your spine feel a lengthening of the spine up towards the crown of your head. Gently close your eyes, and feel a glorious golden ray of divine light shine and illuminate your crown.

From the center of this illuminated crown feel the light lift you up higher, lengthening your spine. You are Heavenly Parent's divine true child. Feel this loving warm light raise you up and lift you away from any tension or anything that weighs you down. Notice the body let go and release itself from things that pull it down.

Relax your shoulders away from your ears; lengthen the neck, relax the jaw; let go of tension. Feel your head become weightless and balanced at the top of the neck. From your grounded seat, feel yourself grow beautifully tall, up toward this light at the crown. Stay here for a moment to bask in this divine energy.

In this tall balanced, seated position, take a moment to notice your breath. At its natural pace, is it short, long, choppy, even fast paced, labored, light or deep? Whatever it is, just take this moment to notice your breath. Your breath is the mirror of the mind.

When we are sad, stressed, nervous or angry, it shortens and tightens. When we are happy, loving, calm and relaxed, it lengthens and deepens. When we feel hatred, our breath shortens, our life force shortens. When we love, our breath extends and our life force extends.

Breathing in, inhale life, oxygen, peace, and love. Exhale and let go of all that no longer serves your life. Inhale, welcome life, the divine gift of air and let it fuel a greater flame in your divine light. Exhale, letting go and giving gratitude for all the life force that has been given.

Let your breath bring in abundant blessings and gifts of life from the universe, and exhale joy and gratitude. In the simple act of taking notice of your breathing, you can feel eternally loved and nourished. Breathing is give and take action with the divine. Notice how in each and every moment God is serving you, filling your lungs, giving you blessings and this precious life; in return we offer gratitude, joy, and love.

Breathing at your natural pace think of a loved one. Imagine this loved one, being or thing. Visualize it.

How does this being make you feel? What are the things it does that bring you joy? Replay those joyful loving moments in your mind. Take the time to notice how they make you feel in your heart.

Hold that image and feeling; let it deeply nourish your heart. Feel that loving energy fill your being. Feel your heart open and bask in this love. As you share love, feel it grow and multiply even greater. Feel that deep heartistic connection, that loving union, that complete freedom, happiness, and harmony in the embrace of loved ones.

Feel the complete give and take of boundless love, forever filling you with abundant joy. Stay here for a moment and let this loving vision deeply take root in your heart and mind. Feel the completeness and total oneness, harmony and joy of this union. This is CIG. When we are one.

Now think of someone or thing that is neutral to you. It might be the mailman, or a person serving you coffee; just anyone in your daily life who you may pass by casually and have no deep connection with. Focus on that neutral person and imagine that same loving feeling for this person as you would have for your loved one.



Visualize sending or treating this neutral person with the same openness and loving joy that you share with your loved one. Imagine smiling, saying kind words, offering a helping hand, a handshake or a big hug. Notice the change in that neutral person as you love them. Visualize their response, as they respond in kind, smiling back, saying thank you or some kind words, connecting on a higher level of love, and hugging you back.

Take the time to notice how this divine love in you can elevate any relationship. Notice a confidence and a joyful return that comes with opening your heart and loving all your neighbors. Your love has the power to change the world. You are no longer separate from others. By choosing to love, you bring all beings together in God's divine love. You are Cheon Il Guk. We are all one.

Now imagine someone or something you don't like, that may have caused you pain, suffering, heartache, loss, betrayal, fear, anger, hate, or who you do not respect. If you have no one or nothing that comes to mind, we all know the archangel. So try to visualize your archangel whoever or whatever it is.

You may notice around this difficult being, your heart feels like its shrinking away or clenching into a fist. You may notice your breath shorten or tighten or you may labor to breathe. Remember your breath is the mirror of the mind.

So, I want you now to imagine this enemy as a loved one. Do not let someone's darkness extinguish or diminish the light of God's love in you. Use the power of the divine breath of life in you. You choose to breath in deeply and allow life and love to flourish, and let go of all fears and things that no longer serve you. Allow your mind to focus on those feelings for your loved one.

Feel the deep love, openness, eternal divine light and goodness flow from your heart to this enemy. Notice how the image of this enemy changes, as you share deep compassion, care, kindness, higher consciousness and divine love. Visualize the shift in your heart as it opens and loves your enemy as your loved one.

Notice how this difficult person you hug, hugs you back. Feel your heart open freely in this embrace. Feel

the healing and forgiveness, replace all loss and darkness. And see a golden light of love at both of your heart centers grow and warm each other in this embrace.



Notice the difference one heart, your heart, can make when it chooses love over hate. Notice your breath and your being glow even brighter and deeper as you invite God's light and love completely into your heart and you share it with the world. You are Cheon Il Guk. We are all one.

Take a moment to feel this loving victory. Feel the divine light energy that is in your heart carry and give life to each living being and the whole of creation. When we all live as one united family under God, there can be no darkness.

Notice the ray of light at the crown of your head illuminate brighter and flow all over your being in a blanket of love, joy, fulfillment and everlasting peace. You are the Crown of glory. What you focus on becomes your reality. CIG is alive in you. You are victorious! We are all one. AJU.

Gently opening the eyes. Feel God's love and True Parents love fill your heart with unconditional love and infinite peace. Turn to your neighbor and share a glorious hug with each other and offer a deep Kamsahamnida. Salanghamnida. Namaste.

Beloved brothers and sisters. It has been a true honor to be with all of you today. I sincerely hope that all your dreams come true and I know that you will become great leaders for peace that will work to transform this world back to HP dream.

Wishing that you will nurture and cherish your divine light of truth, goodness, love, joy and peace and please never forget that peace does start with you. I look forward to seeing this bright amazing energy and love you will bring tomorrow when we will hear the precious message from True Mother at the "peace starts with me" rally.

Are you ready for true peace! Yes! Do you feel the peace in your mind body and soul? Yes! This is how HPs meant for us to live! Aju!

Namaste!



# Sun Jin Nim Speaks at the Inauguration of YSP Europe & Middle East

Keynote Address

By Sun Jin Moon, International President of FFWPU

Stadthalle, Vienna, April 28, 2018



**Y**SP Vienna!

How are you feeling today? Good! Yeah! I hope you are all feeling awesome, excited, filled with love, joy, liberation and peace? Yes? Wow, love the energy in this room!

Good afternoon everyone!

It's wonderful to see all of you gathered here today. Thank you for attending today's program. It makes me absolutely delighted and hopeful for our future seeing all of you gathered as one family under God, our Heavenly Parent, and united together for world peace.

I am sure that at tomorrow's victorious rally with our beloved True Mother, you will light up not only the auditorium, but all of Europe and the Middle East with your loving energy and bright glowing spirit!

Please give yourselves a thunderous round of applause for all your sincere hard work, True Love, absolute faith, and victory! AJU.

Being alive at this time with our True Parents is such a precious blessing, and, ideally, each and every moment should be filled with experiences of abundant joy, true love, unity, harmony, and happiness.

Who doesn't want this for themselves and their loved ones, even for the whole world and creation, to live together in peace? Right? Yes!

Furthermore, just as much, and even more than each one of us longs for a world of lasting peace, our Heavenly Parent, too, longs for this dream of peace to become a living reality.

Sadly, however, and as I'm sure many of you have experienced, the world we see today does not measure up to this great ideal. Too often, there is conflict or struggle all around us, even within ourselves. Our

planet is threatened by environmental degradation, climate change, rising sea levels, and extreme weather patterns.

Family breakdown is widespread with devastating social consequences. On a social level, differences often become barriers, with boundaries marked by race, religion, nationality, ethnicity and social status. We fail to recognize that we are one interconnected global family. Instead of experiencing the warm embrace of family, neighborly love, and community, many feel isolated and alone.

We seek peace and fulfillment, but often search for it in the wrong places, seeking wealth, prosperity, or fame without a focus on higher values and virtues.

How do we build healthy families if marriage is no longer held sacred? How do we build community when we no longer care for our neighbor, but live in competition, us vs. them, on every level.

Externally, we are now linked together closer than ever. But even as we are all linked, many have lost sight of our divine origin, that which unites us and all life as one universal family under God, our Heavenly Parent?

Any reasonable person, even a child, when observing the situation of our planet—east, west, north or south—must ask, where is the love? Where is the peace? Sometimes it seems nowhere in sight!

We cannot continue to blindly turn away from the problems that our future descendants will inherit. We must become the leaders who teach and heal the hearts, minds, and souls of humanity, guiding all people to live under Heavenly Parent's ideal.

How many of you have thought about these things? Have any of you who are now gathered in this room encountered moments of disconnection or worry like this? Please raise your hands if you have.

Of course, most all of us will raise our hands, right?

How does that make you feel? Pretty sad, conflicted, worried, mad, dejected, or just bad right? This is not OK! We must raise the bar! We must strive higher! We must live for love, peace, and prosperity for all. This is Heavenly Parent's dream!

We were created to experience the good in life and to give absolute joy, love, fulfillment and peace to all. So how do we get to peace?

Where does peace begin? It begins with each one of us. Peace begins with Me!

The solutions to our world's problems begins with each and every one of you.

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When young people such as yourselves tap in to this universal truth, you will help create a new Hyo Jeong culture of filial heart that will liberate Heavenly Parent's heart and restore harmony and balance to the world.

Do not think you are too young or that you do not have the ability to change the world?

Remember that what you think becomes your reality. So, do not limit your mind, body, heart, and soul. As a son or daughter of Heavenly Parent, you share in God's infinite purity, goodness, vitality, and unlimited life potential. Do not block your heart.

Liberate your heart! Liberate your soul! Liberate your true self!

Liberate yourself through the power of true love. Then peace will start with you.

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I want to share this poem with all of you. It will be our hoondokhwe.

### **Crown of Glory**

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When I judge people, it is unbearable.

When I hate people, there is no value to my existence.

Yet if I believe, I am deceived.

If I love, I am betrayed.

Suffering and grieving tonight, my head in my hands,  
Am I wrong?



Yes I am wrong.  
 Even though we are deceived, still believe.  
 Though we are betrayed, still forgive.  
 Love completely, even those who hate you.  
 Wipe your tears away and welcome with a smile  
 Those who know nothing but deceit,  
 And those who betray without regret.

O, Master, the pain of loving.  
 Look at my hands.  
 Place your hand on my chest.  
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But when I love those who acted against me,  
 I brought victory.  
 If you have done the same things,  
 I will give you the Crown of Glory.

Wow. Those are powerful words right? He was just 16 when he wrote this poem, and committed himself to the path of peace, beginning in his own heart. He never failed to live according to that commitment. Together with our True Mother, they created a worldwide peace movement, doing an amazing and unprecedented array of good works all over the globe. And, he has given us the inheritance that makes it possible for us to spread the truth, to ignite the spark of love all over the world, to build a global culture of HJ heart, and to liberate all mankind and creation from the chains of heartlessness. In this way we can transform the world into the peaceful ideal of love that our Heavenly Parent originally intended.

Can we do it? Yes!  
 Are there any 16 year olds or younger gathered here today? Show me your hands. WOW! Now, if you are 16 years and older, please show your hands?  
 Whatever age you are, young or old, can we as one universal family under Heavenly Parent and True Parents share the heart of Hyojeong and bring glory to our parent's legacy for peace? Yes! Aju!

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Over time only practice makes perfect. It is a growth process. There is formation, growth and perfection. Only with absolute FLOW—Faith, love, obedience, and wisdom of the word—can we achieve these higher levels of love and truth with ease.

One practice I have found that grounds and centers my heart no matter what goes on in the angry world at large is meditation and yoga. It has been my spiritual and physical lifeline, and I attribute all the good in my

life with this practice as a foundation of mind and body unity and oneness with the divine light in all living beings and creation. It has been what has saved me countless times, allowing me to live and lead with the light shining in my heart, rather than succumbing to the darkness that surrounds us. I would like to share this practice with you, because it has brought peace into my heart, and I hope this Crown of Glory meditation will bring peace, love and light into your lives.

### **COG Meditation:**

Brothers and sisters, I would now like to lead you in a meditation which will strengthen your mind and heart to meet life's challenges. We are going to fill you with peaceful gentle kindness, true love, and God's divine unconditional love and light energy. I call this the Crown of glory meditation. AJU!

Please find a comfortable seated position. Let your sit bones deeply take root into your seat. From the base of your spine feel a lengthening of the spine up towards the crown of your head. Gently close your eyes, and feel a glorious golden ray of divine light shine and illuminate your crown.

From the center of this illuminated crown feel the light lift you up higher, lengthening your spine. You are Heavenly Parent's divine true child. Feel this loving warm light raise you up and lift you away from any tension or anything that weighs you down. Notice the body let go and release itself from things that pull it down.

Relax your shoulders away from your ears; lengthen the neck, relax the jaw; let go of tension. Feel your head become weightless and balanced at the top of the neck. From your grounded seat, feel yourself grow beautifully tall, up toward this light at the crown. Stay here for a moment to bask in this divine energy.

In this tall balanced, seated position, take a moment to notice your breath. At its natural pace, is it short, long, choppy, even fast paced, labored, light or deep? Whatever it is, just take this moment to notice your breath. Your breath is the mirror of the mind.

When we are sad, stressed, nervous or angry, it shortens and tightens. When we are happy, loving, calm and relaxed, it lengthens and deepens. When we feel hatred, our breath shortens, our life force shortens. When we love, our breath extends and our life force extends.

Breathing in, inhale life, oxygen, peace, and love. Exhale and let go of all that no longer serves your life. Inhale, welcome life, the divine gift of air and let it fuel a greater flame in your divine light. Exhale, letting go and giving gratitude for all the life force that has been given.

Let your breath bring in abundant blessings and gifts of life from the universe, and exhale joy and gratitude. In the simple act of taking notice of your breathing, you can feel eternally loved and nourished. Breathing is give and take action with the divine. Notice how in each and every moment God is serving you, filling your lungs, giving you blessings and this precious life; in return we offer gratitude, joy, and love.

Breathing at your natural pace think of a loved one. Imagine this loved one, being or thing. Visualize it. How does this being make you feel? What are the things it does that bring you joy? Replay those joyful loving moments in your mind. Take the time to notice how they make you feel in your heart.

Hold that image and feeling; let it deeply nourish your heart. Feel that loving energy fill your being. Feel your heart open and bask in this love. As you share love, feel it grow and multiply even greater. Feel that deep heartistic connection, that loving union, that complete freedom, happiness, and harmony in the embrace of loved ones.

Feel the complete give and take of boundless love, forever filling you with abundant joy. Stay here for a moment and let this loving vision deeply take root in your heart and mind. Feel the completeness and total oneness, harmony and joy of this union. This is CIG. When we are one.

Now think of someone or thing that is neutral to you. It might be the mailman, or a person serving you coffee; just anyone in your daily life who you may pass by casually and have no deep connection with. Focus on that neutral person and imagine that same loving feeling for this person as you would have for your loved one.

Visualize sending or treating this neutral person with the same openness and loving joy that you share with your loved one. Imagine smiling, saying kind words, offering a helping hand, a handshake or a big hug. Notice the change in that neutral person as you love them. Visualize their response, as they respond in kind, smiling back, saying thank you or some kind words, connecting on a higher level of love, and hugging you back.

Take the time to notice how this divine love in you can elevate any relationship. Notice a confidence and a joyful return that comes with opening your heart and loving all your neighbors. Your love has the power to change the world. You are no longer separate from others. By choosing to love, you bring all beings together in God's divine love. You are Cheon Il Guk. We are all one.

Now imagine someone or something you don't like, that may have caused you pain, suffering, heartache, loss, betrayal, fear, anger, hate, or who you do not respect. If you have no one or nothing that comes to

mind, we all know the archangel. So try to visualize your archangel whoever or whatever it is.

You may notice around this difficult being, your heart feels like its shrinking away or clenching into a fist. You may notice your breath shorten or tighten or you may labor to breathe. Remember your breath is the mirror of the mind.

So, I want you now to imagine this enemy as a loved one. Do not let someone's darkness extinguish or diminish the light of God's love in you. Use the power of the divine breath of life in you. You choose to breathe in deeply and allow life and love to flourish, and let go of all fears and things that no longer serve you. Allow your mind to focus on those feelings for your loved one.

Feel the deep love, openness, eternal divine light and goodness flow from your heart to this enemy. Notice how the image of this enemy changes, as you share deep compassion, care, kindness, higher consciousness and divine love. Visualize the shift in your heart as it opens and loves your enemy as your loved one.

Notice how this difficult person you hug, hugs you back. Feel your heart open freely in this embrace. Feel the healing and forgiveness, replace all loss and darkness. And see a golden light of love at both of your heart centers grow and warm each other in this embrace.

Notice the difference one heart, your heart, can make when it chooses love over hate. Notice your breath and your being glow even brighter and deeper as you invite God's light and love completely into your heart and you share it with the world. You are Cheon Il Guk. We are all one.

Take a moment to feel this loving victory. Feel the divine light energy that is in your heart carry and give

life to each living being and the whole of creation. When we all live as one united family under God, there can be no darkness.

Notice the ray of light at the crown of your head illuminate brighter and flow all over your being in a blanket of love, joy, fulfillment and everlasting peace. You are the Crown of glory. What you focus on becomes your reality. CIG is alive in you. You are victorious! We are all one. AJU.

Gently opening the eyes. Feel God's love and True Parents love fill your heart with unconditional love and infinite peace. Turn to your neighbor and share a glorious hug with each other and offer a deep Kamsahamnida. Salanghamnida. Namaste.

Beloved brothers and sisters. It has been a true honor to be with all of you today. I sincerely hope that all your dreams come true and I know that you will become great leaders for peace that will work to transform this world back to HP dream.

Wishing that you will nurture and cherish your divine light of truth, goodness, love, joy and peace and please never forget that peace does start with you. I look forward to seeing this bright amazing energy and love you will bring tomorrow when we will hear the precious message from True Mother at the "peace starts with e" rally.

Are you ready for true peace! Yes! Do you feel the peace in your mind body and soul? Yes! This is how HPs meant for us to live! Aju!

Namaste!

<https://vimeo.com/267976434>

[view more pictures](#)



## Sun Jin Moon Speaks to Chung Pyung Azalea Festival Participants

Julian Gray  
May 4, 2018



*May 4, 2018, Chung Pyung Heaven and Earth Training Center*

*[The following is from notes taken during Sun Jin Nim's interactive session with the participants of the Azalea Purification Festival at Chung Pyung Heaven and Earth Training Center earlier today. We hope to have captured some of the essence of what Sun Jin Nim said to the assembled members, but as this is not a transcript, please do not rely on it as an official record.]*

### **Sun Jin Nim:**

It is Heavenly Parent's dream that we live in joy. Here in Chung Pyung, True Parents have laid the foundation for Cheon Il Guk; here we all have one nationality -- Cheon Il Guk! -- so this is a hometown for all of us. I want to welcome all you true sons and daughters home!

We returned with True Mother from Vienna yesterday. There, Mother poured out all her love and light. Previously Mother was in the United States, which is called the New World, and then in Europe, which we sometimes call the Old World. But Mother is creating the Heavenly World! Our Heavenly Parent wants to fulfil the dream of everyone living in true love. True Mother is at Cheon Jeong Palace at this moment. Can we, as one family, pledge our victory for Vision 2020 with three cheers of "victory" to True Mother so that she can hear us from there? [Yes!]

(Participants follow Sun Jin Nim in cheers of *Seungni! Seungni! Seungni!*)

I want to begin with what I call "Heart to Heart."

I receive and answers your questions, connecting your heart to mine, and we learn together. These are questions about how Mother is working, and how to overcome spiritual challenges and the like.

*First Question [from Reiko Tanaka, Japan, 23 years old]  
Please tell me about the attitude and lifestyle towards Heaven that you have learned from watching True Mother.*

### **Sun Jin Nim:**

Very good question! It was not until after True Father ascended that I came into a closer relationship with Mother. True Parents had been very involved in their mission throughout our lives, and it is really only in the last 5 years I have been close to Mother.

I have learned from watching True Mother. Mother has lived her life in prayer with Heavenly Parent and True Father, as the true daughter of our Heavenly Parent. Mother's prayer is parental prayer expressing Heavenly Parent's heart. Her prayerful heart is absolute, complete and unchanging; it is prayer based on the culture of *hyojeong*, of her filial heart toward our Heavenly Parent.

For 52 years Mother indemnified Eve's position alongside Father with absolute faith love and obedience.

She has accepted absolute responsibility to achieve Heavenly Parent's dream. She is looking to the infinite future. She wants to immortalize True Parents' legacy and works for future generations and all members' legacies as well.

Speaking of True Mother's attitude and lifestyle, I can say she is one with Heavenly Parent. She has digested and completed everything in that oneness with True Father; plus, she gave birth to 14 children. Think about the millennia over which God has searched for the Messiah. For a long time, we thought of the Messianic personage as a man. Now for the first time we have the balanced and complete view of the Messiah as True Parents.

A woman grows a child inside her; only through a mother can a life come into being. Mother wants us to have life, to be liberated; Mother wants to pass down a culture of joy, love, peace and complete liberation. True Mother's heart is to free humankind from further indemnity. This is the life Mother wants to give us.

I have learned this from True Parents: we should follow in their footsteps. They are the only perfected example of true love and peace in the world.

My husband prepared a video with some photos – please see yourselves in this video standing with Mother in my place. And please cultivate the heart to attend True Parents in your own heart.

*[Sun Jin Nim shows series of photographs of Mother, many of which were personal ones of her together with Sun Jin Nim, accompanied by the song Celine Dion's song "Every Mother's Prayer"]*

**Sun Jin Nim:**

That song always make me cry – but tears of joy. Mother's prayer, even Heavenly Parent's prayer, is to bring all 7.6 billion children, the people of the world, back home.

*Second question [from Jeong-joo Moon, Korea, 24 years old]*

*When you go through hard times, how do you overcome them? Do you ask True Mother immediately? I am not sure the answers I receive from Heavenly Parent after offering jeongseong are really from Heavenly Parent. Can't it be just my own thoughts and decisions?*

**Sun Jin Nim:**

I often feel I don't want to burden True Parents. How can I burden them with my struggle? They carry the weight of the universe. I don't want to add to it. So I try to think how that by observing their lives, listening to their words, and following their actions, I can overcome.

Maybe this will help with your second question: When Mother said "I need you to stand in this position" I told her I did not have the ability to serve her; that I had no confidence in my ability. I was broken-hearted over Father's death. I felt I had no love.

But Mother said, "You can do this, Don't worry. True Parents are with you. Have faith; go out and love people." So I took that as my motto. So every day I just try to go and love people with absolute faith.

I prepared a video accompanied by the song "I'm Your Angel (also by Celine Dion). When I hear this song, I think of True Mother as True Father's heavenly "angel" on this earth. We must be angels too. Heavenly Parent is present in everything. Trust Heavenly Parent is with you. Heavenly Parent is with you and is present in nature. Mother is offering *jeongseong* every day to connect with Heavenly Parent. When you see nature -- the plants, the animals -- we can perceive Heavenly Parent and True Father, even Hyo Jin Nim through the natural world.

*[The photos in the video are joyful ones of Mother with Sun Jin Nim and other members, and in many images they are interacting with the beauty of the natural world.]*

*Third Question [from Masahide Basuil, Philippines, 16 years old]*

*As a young student, how can I help True Parents?*

**Sun Jin Nim:**

True Mother has just inaugurated Youth and Students for Peace in Vienna....

At the Aloha workshops for second and third generation members in Hawaii, Mother said there are two things second and third generation need to learn as young people. The first thing we want all 2 and 3 generation members to inherit is? [One participant: "Gratitude."] Yes please stand up! We should have gratitude. Then there is no moment when you don't feel loved, when you don't feel Heavenly Parent loving you and caring for you.

The second thing.... Does anyone know? True love. Once you receive it, feel it, receive joy, then multiply it to others. So the second is absolute true love. That is how the youths and students can do it – cultivate a heart of true love, and then in gratitude, share that love with others.

So we need to do Hoon Dok Hae. Though that we inherit faith, love and the wisdom of the Word.

Then we take those words and put them into action – tribal messiahship and service. And through that we convey True Parents' love to the world.



*Fourth Question [Atsuomi Yoshioka, Japan, 22 years old]*

*Now Mother is standing in the front line of the providence and leading us. Please tell us how she has been recently, and I would also like to hear about how it was after Father's ascension.*

Thank you for your question. I will answer with a video called "Goodbye" Mother has experienced many *Seonghwas* in her life. Not just Father, but also her children, my brothers. Mother is human just like all of us. Mother feels pain, loss and sadness. She misses Father, and she misses those no longer here. We also do. But Mother wastes no time on herself, but every day she offers conditions, goes out to complete the providence, living for the sake of others.

Mother walks; she says "I need to be healthy in order to fulfill Father's mission." Mother walks and meditates every day. She is at the forefront, leading our movement, guiding us in how to achieve victory in Heavenly Tribal Messiahship and national restoration. She lives each day of her life with *jeongseong* and true love, wanting to leave a lasting legacy of peace and go to the spirit world without regret, without leaving anything undone. She does this so that everyone can go to heaven. Let's all enter her realm of victory.

This is Mother at 75 years old. Many are retired by that age or even way before. Mother says she must do everything for her children and must make things right. We should do the same, so let's inherit that heart, walk in True Parents' footsteps, and adopt this great tradition of being filial sons and daughters.

Through this video [accompanied by the song "Goodbye"] please inherit True Mother's heart. When we say goodbye we want to say so with no regret. Please put yourself in these pictures [in the video], inherit

True Parents' heart and walk in their footsteps; and become the true filial sons and daughters True Parents can be proud of.

Recently, the day Mother arrived in Hawaii, the white coffee flowers had just bloomed. Mother said she felt True Father's love and Heavenly Parent's love through seeing them. The next morning there was a tremendous thunderstorm and so much rain, and it washed away all the flowers!

While True Parents are here, we -- like the flowers -- have the chance to bring glory to True Parents. But if we miss the chance, that moment and the blessing can be lost. Be aware that Heavenly Parent is blessing you. When you doubt it, it is not that He has withdrawn His blessing. Heaven really wants love you.

*[The final questions from four other participants were addressed as a body of questions and not individually, due to the constraints of time.]*

All these questions ask about the connection with truth, and the unity of mind and body. The answer is that Heavenly Parent is within you, within your mind and body. This is what True Parents have shown us. Please do not doubt this. Please keep yourself healthy. Replace doubt with love and forgiveness.

Hoon Dok Hae is good. I also used Yoga. I have been doing Yoga for 15 years. I will lead you in a meditation to strengthen your heart and mind for life's challenges. I call this the Crown of Glory meditation.

Sun Jin Nim leads the congregation in the meditation, which seeks to help all feel free of the stress and tension that weighs them down and leaves them free to feel God's presence. One aspect of the meditation was to open participants' hearts to love people we would not normally pay much attention to. "Your love has the power to change the world," said Sun Jin Nim. "You are no longer separate from others. By choosing to love, you bring everyone together."

Another aspect of the meditation sought to help participants overcome a feeling of enmity toward another person:

**Sun Jin Nim:**

Do not let someone else's darkness extinguish God's power in you. Let goodness flow from you heart to this 'enemy.' Notice how the image of this person changes as you share deep compassion and divine love. Visualize the change in your heart as you feel able to love your enemy. How when you hug him or her, he or she hugs you back. Feel the healing and forgiveness overcome the darkness, and a golden light of love grow and warm your heart. Notice the difference one's heart can make when it chooses love over hate. Notice as you invite God's light and love into your heart, how you glow with light. Under God, and as one unified family, there is no darkness. You are victorious and we are all one. Aju!

Open your eyes and feel God and True Parents' love fill you with unlimited love. Share a hug with your neighbor!"

As a final gesture of true love, Sun Jin nim then gave out gifts of earrings or necklaces to 6 lady participants, some of whom were had completed lengthy workshops at the Chung Pyung training center. The session concluded with four very free and enthusiastic cheers of Eok Mansei!



**The poem by True Father that inspired the title of Sun Jin Nim's meditation:**

**Crown of Glory**

When I doubt people, I feel pain.  
When I judge people, it is unbearable.  
When I hate people, there is no value to my existence.

Yet if I believe, I am deceived.  
If I love, I am betrayed.  
Suffering and grieving tonight, my head in my hands  
Am I wrong?

Yes, I am wrong.  
Even though we are deceived, still believe.  
Though we are betrayed, still forgive.  
Love completely even those who hate you.

Wipe your tears away and welcome with a smile  
Those who know nothing but deceit  
And those who betray without regret.

Oh Master! The pain of loving!  
Look at my hands.  
Place your hand on my chest.  
My heart is bursting, such agony!

But when I loved those who acted against me  
I brought victory.  
If you have done the same thing  
I will give you the crown of glory.

*Sun Myung Moon*  
*Written at age 15*

## Sun Jin Moon's Question and Answer Session at Chung Pyung Azalea Festival

Compiled by Julian Gray

May 4, 2018

Chung Pyung Heaven and Earth Training Center



**Initial Note:** *Sun Jin nim was inaugurated as the international president of the Family Federation on March 13, 2015. In the past three years, Sun Jin nim, accompanied and supported by her husband In Sup nim, has regularly shared her heart at large gatherings of members. Typically, she will talk with hundreds of young people at a Top Gun workshop or the participants of a Chung Pyung workshop, but she has also spoken at meetings of Japanese and Filipina wives in Korea and at meetings of young people overseas. At these interactive sessions, Sun Jin nim receives candid questions (tabled in advance) and offers answers based on her personal experience, speaking from her heart.*

*Through the challenging course she took in her own life of faith in her younger years and her initial self-doubt when called to step into a position of global responsibility in the providence, Sun Jin nim empathizes deeply with the challenges members sometimes face in understanding True Parents and in their daily life as Family Federation members. She usually concludes her sessions with a guided meditation that seeks to reawaken members to the original core of our calling. Together, Sun Jin nim and In Sup nim have created a hopeful ministry of healing that brings us closer to God, to True Parents, and to one another. The following is a summarized account of one such session Sun Jin nim held at the Azalea Purification Festival in Korea on May 4.*

**Sun Jin nim:** It is Heavenly Parent's dream that we live in joy. Here in Chung Pyung, True Parents have laid the foundation for Cheon Il Guk; here we all have one nationality -- Cheon Il Guk! -- so this is a hometown for all of us. I want to welcome all you true sons and daughters home!

We returned with True Mother from Vienna yesterday. There, Mother poured out all her love and light. Previously Mother was in the United States, which is called the New World, and then in Europe, which we sometimes call the Old World. But Mother is creating the Heavenly World! Our Heavenly Parent wants to fulfill the dream of everyone living in true love. True Mother is at Cheon Jeong Palace at this moment. Can we, as one family, pledge our victory for Vision 2020 with three cheers of "victory" to True Mother so that she can hear us from there? *Seung ri! Seung ri! Seung ri!*

I want to begin with what I call "heart to heart." I receive and answer your questions, connecting your heart to mine, and we learn together. These are questions about how Mother is working, and how to overcome spiritual challenges and the like.

**Question:** *Reiko Tanaka, Japan, twenty-three: Please tell me about the attitude and lifestyle towards Heaven that you have learned from watching True Mother.*

**Sun Jin nim:** Very good question! It was not until after True Father ascended that I came into a closer relationship with Mother. True Parents had been very involved in their mission throughout our lives, and it is really only in the last five years I have been close to Mother.

I have learned from watching True Mother. Mother has lived her life in prayer with Heavenly Parent and True Father, as the true daughter of our Heavenly Parent. Mother's prayer is parental prayer expressing Heavenly Parent's heart. Her prayerful heart is absolute, complete and unchanging; it is prayer based on the culture of *hyojeong*, of her filial heart toward our Heavenly Parent. For fifty-two years, Mother indemnified Eve's position alongside Father with absolute faith, love and obedience. She has accepted absolute responsibility to achieve Heavenly Parent's dream. She is looking to the infinite future. She wants to immortalize True Parents' legacy and works for future generations and all members' legacies as well.



Speaking of True Mother's attitude and lifestyle, I can say she is one with Heavenly Parent. She has digested and completed everything in that oneness with True Father; plus, she gave birth to fourteen children. Think about the millennia over which God has searched for the Messiah. For a long time, we thought of the messianic personage as a man. Now for the first time we have the balanced and complete view of the Messiah as True Parents. A woman grows a child inside her; only through a mother can a life come into being. Mother wants us to have life, to be liberated; Mother wants to pass down a culture of joy, love, peace and complete liberation. True Mother's heart is to free humankind from further indemnity. This is the life Mother wants to give us. I have learned this from True Parents: we should follow in their footsteps. They are the only perfected example of true love and peace in the world.

My husband prepared a video with some photos. Please see yourselves in this video standing with Mother in my place and please cultivate the heart to attend True Parents in your own heart. [Sun Jin nim shows a series of photographs of Mother, many of which were personal ones of her together with Sun Jin nim, accompanied by the song Celine Dion's song "Every Mother's Prayer"]

That song always make me cry -- but tears of joy. Mother's prayer, even Heavenly Parent's prayer, is to bring all 7.6 billion children, the people of the

world, back home.

***Question:** Jeong-joo Moon, Korea, (twenty-four) When you go through hard times, how do you overcome them? Do you ask True Mother immediately? I am not sure the answers I receive from Heavenly Parent after offering Jeong Seong are really from Heavenly Parent. Can't it be just my own thoughts and decisions?*

**Sun Jin nim:** I often feel I don't want to burden True Parents. How can I burden them with my struggle? They carry the weight of the universe. I don't want to add to it. So I try to think how that by observing their lives, listening to their words, and following their actions, I can overcome.

Maybe this will help with your second Question: When Mother said "I need you to stand in this position" I told her I did not have the ability to serve her; that I had no confidence in my ability. I was broken-hearted over Father's death. I felt I had no love.

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**Question:** Masahide Basuil, Philippines (sixteen) As a young student, how can I help True Parents?



**Sun Jin nim:** True Mother has just inaugurated Youth and Students for Peace in Vienna... At the Aloha workshops for second -- 한 공간 and third -- generation members in Hawaii, Mother said there are two things they need to learn as young people. What do you think is the first thing we want all second and third generation members to inherit is? [One participant: "Gratitude."] Yes please stand up! We should have gratitude. Then there is no moment when you don't feel loved, when you don't feel Heavenly Parent loving you and caring for you.

The second thing... Does anyone know? True love. Once you receive it, feel it, receive joy, then multiply it to others. So the second is absolute true love. That is how the youths and students can do it -- cultivate a heart of true love, and then in gratitude, share that love with others.

So we need to do Hoon Dok Hae. Through that, we inherit faith, love and the wisdom of the Word.

Then we take those words and put them into action -- tribal messiahship and service. And through that we convey True Parents' love to the world.

**Question:** Atsuomi Yoshioka, Japan (twenty-two) Now Mother is standing in the front line of the providence and leading us. Please tell us how she has been recently, and I would also like to hear about how it was after Father's ascension.

**Sun Jin nim:** Thank you for your question. I will answer with a video called "Goodbye." Mother has experienced many *Seonghwas* in her life. Not just Father, but also her children, my brothers. Mother is human just like all of us. Mother feels pain, loss and sadness. She misses Father, and she misses those no longer here. We also do. But Mother wastes no time on herself, but every day she offers conditions, goes out to complete the providence, living for the sake of others.

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*Note: The final questions from four other participants were addressed as a body of questions and not individually, due to the constraints of time.*

**Sun Jin nim:** All these questions ask about the connection with truth, and the unity of mind and body. The answer is that Heavenly Parent is within you, within your mind and body. This is what True Parents have shown us. Please do not doubt this. Please keep yourself healthy. Replace doubt with love and forgiveness. Hoon Dok Hae is good. I also used yoga. I have been doing yoga for fifteen years. I will lead you in a meditation to strengthen your heart and mind for life's challenges. I call this the Crown of Glory meditation.

*Note: Sun Jin nim leads the congregation in the meditation, which seeks to help all feel free of the stress and tension that weighs them down and leaves them free to feel God's presence. One aspect of the meditation was to open participants' hearts to love people we would not normally pay much attention to. "Your love has the power to change the world," said Sun Jin nim. "You are no longer separate from others. By choosing to love, you bring everyone together." Another aspect of the meditation sought to help participants overcome a feeling of enmity toward another person:*



**Sun Jin nim:** Do not let someone else's darkness extinguish God's power in you. Let goodness flow from you heart to this 'enemy.' Notice how the image of this person changes as you share deep compassion and divine love. Visualize the change in your heart as you feel able to love your enemy -- how when you hug him or her, he or she hugs you back. Feel the healing and forgiveness overcome the darkness, and a golden light of love grow and warm your heart. Notice the difference one's heart can make when it chooses love over hate. Notice as you invite God's light and love into your heart, how you glow with light. Under God, and as one unified family, there is no darkness. You are victorious and we are all one. Aju!

Open your eyes and feel God and True Parents' love fill you with unlimited love. Share a hug with your neighbor!"

*Note: As a final gesture of true love, Sun Jin nim then gave out gifts of earrings or necklaces to six female participants, some of whom had completed lengthy workshops at the Chung Pyung training center. The session concluded with four very free and enthusiastic cheers of Eok Mansei!*

## Hak Ja Han and Sun Jin Moon at the 60th Anniversary of FFWPU Japan

Julian Gray

July 1, 2018

Saitama Super Arena, Saitama, Japan



### **60th Anniversary of FFWPU Japan: 20,000-person Rally for a Hopeful March Forward of FFWPU for a Heavenly Japan in 2018**

*This afternoon's event, held with some 20,000 members and guests in attendance, at the Saitama Super Arena, exemplified the commitment and heart of our Japanese members. They produced a series of beautiful entertainment pieces in dance and song, plus video of True Parents' life and work with a focus on the history of our movement in Japan. There was testimony from the younger generation, words of congratulation, and a final pledge of re-determination. This brief report focuses on Sun Jin Nim's speech to introduce True Mother and an overview of Mother's speech.*

#### **FFWPU for a Heavenly Japan President Tokuno Eiji's Greetings**

Rev. Tokuno warmly welcomed everyone and thanked them for coming. He mentioned that it was 60 years ago this summer that Father asked Choi Bong-choon (Sang Ik Choi) to go to Japan as a missionary and how he began his mission by smuggling himself into Japan on a boat. Miraculously, in less than two years, he established HSA-UWC Japan in Tokyo (October 1959). Rev. Tokuno said, "We have received unconditional love from True Parents, and their words. They have protected and blessed the Unification Movement here for 60 years."

Rev. Tokuno then alluded to some of the major happenings around the world in recent weeks and months, including the June 12 USA-North Korea Summit in Singapore ("The world is watching to see if this will lead to peace."), refugee immigrants; the transfer of the US embassy from Tel Aviv to Jerusalem; climate change; and the fact that in Japan 55 percent of homicide is committed with in the family. He also mentioned Japan's low marriage rate and low birth rate. "The Unification Movement was born to give hope in relation to these issues."

Rev. Tokuno then mentioned the Holy Wedding of Father and Mother in 1960: "The wedding of Sun Myung Moon and Hak Ja Han Moon was the actual beginning of our movement."

He spoke for some minutes more, in particular to introduce Mother's work around the world, including events Mother had presided over in Africa (Senegal), in Vienna, in Busan, and in Gyeong-gi Province in Korea.

#### **Sun Jin Moon's Introduction of True Mother**

*Beloved leaders from throughout Japan.*

*Brothers and sisters from the Family Federation for a Heavenly Japan.*

*Ladies and Gentlemen.*

*It is a great honor to stand before you today, on the 60th Anniversary of the Mission to Japan.*

*My heart is always moved whenever I come to this blessed land, for I know the enormous sacrifices that you have made for the sake of this nation, and for the sake of the world.*

*Over the past 60 years, Japan has been at the forefront of Heaven's providence. You have shed your blood, sweat and your tears to attend and support our True Parents and realize HP dream of one peaceful loving family under GOD.*



*Please accept my words of appreciation and love. Kamsamnida. Arigato gozaimas. Thank you, from the bottom of my heart.*

*We are gathered here today to honor the past, but also to make renewed determination to forge a bright future for our children and for generations to come. This is the mission of the Family Federation for a Heavenly Japan. AJU!*

*True Parents have always had the deepest love and respect for the people of Japan, recognizing that Japan and the Japanese people have an historical, providential role to play at this time in history. They have always seen Japan as a mother nation to the world, a parent who lives for the sake of all of God's children and who works to restore all that was lost in the past.*

*Our keynote speaker today is none other than Dr. Hak Ja Han Moon, our beloved True mother. Together with my late father, my mother has been an unwavering champion of peace. In my heart of hearts, I recognize her as the most courageous female role model of our time, she is a liberator of humanity and creation, and the embodiment of purity, goodness, and absolute true love.*

*For 52 years she stood side by side with my father, as a devoted, pure, loving wife, giving birth to 14 strong-willed and passionate children. Since the time of our True Father's passing, she has led our worldwide movement forward with wisdom, grace, and clarity, surpassing all expectations. She has ignited the torch of hope and peace for all 7.5 billion people of the world to see.*

*She has always lived for a public purpose, working all across the globe, founding charities, schools, scholarship programs, and educational organizations that raise our youth to be peace-loving global citizens.*

*From the time of her birth, she has been guided and protected by heaven. She has offered everything in her lifetime to God, giving everything she has to fulfill His dream of peace. Even in her golden years, a time when most retire, she valiantly carries this torch of hope across the globe so that we can all come to achieve True Love and True Peace.*

*She is my hero. She is my guru. She is our salvation. She is the light of Hyojeong, True Love, and liberation for all.*

*As my mother delivers her message today, I sincerely hope you will give her your full and complete attention. She is calling upon all of us to rise up as the champions of peace, to become manifestations of Heavenly Parent's love and truth so that, together, we can usher in a new world order of lasting peace and prosperity for the whole human family and creation.*

*Please join me now in giving a warm and thunderous welcome to Dr. Hak Ja Han Moon, my beloved mother, and our beloved True Mother.*

#### **True Mother's Speech**

***Please note:** The following content is from notes and may not be accurately expressed. Although it gives a good overview of what Mother said, parts crucial to the integrity of her message may have been omitted. Please do not rely on this for quotations or official use in presentations or*

*publications.*

*Respected guests from at home and abroad and leaders from all areas of society. I am so pleased to meet you today to honor the Japan movement's 60th anniversary. In terms of a human life, the 60th birthday is not the end but a new starting point.*

*Today, when we look at problems in the world we can conclude that we have reached the limit of what can be done by human power alone. When I was approaching Japan in the airplane, I saw the beautiful sky over Tokyo. Today Tokyo, which in the 1970s was known as a very polluted city, is known as the capital city with the least amount of pollution. This is possible because of your hard work. When we look at the problems around the world caused by human ignorance – such as pollution – we can see that the future of humanity and the earth cannot be guaranteed.*



*We can see that all of humanity should unite, but we need a focal point for that unity. Today I would like to share with you how we can realize the world of peace that all humanity yearns for.*

*There is only one answer: human beings are not the center. God is the center, the true Owner of the universe. When we live in relation to our Creator and His principles, a world of peace is possible. God created the heavens and the earth and all the universe in keeping with His external aspect. Finally, He created a man and a woman. He gave them a period during which they were to grow; in that period, the man and woman were responsible to grow and realize their potential. Yet the first ancestors became self-centered, and that is why people in the world today are not in a relationship with God.*

*God thus had to begin the painful providence of restoration of humanity, through indemnity.*

*Thus, God raised the people of Israel, until the foundation for a nation could be established. How long this dispensation took! To this fallen world, God sent Jesus to be our savior. Yet four thousand biblical years elapsed before that could be done. Even Mary, who gave birth to Jesus, and the leaders of the time, did not truly understand the essence of Jesus, and so he had no choice but walk the path of the cross. Indemnity was paid throughout history for this.*

*Had the people united with Jesus and stood with him, he would have used the foundation of the Roman Empire to build the kingdom within his lifetime. How very sad and regrettable was the crucifixion of Jesus!*

*The center of Christian civilization has moved across the world, through the Atlantic civilization – the sun never set on the British empire, so vast it was. But rather than practice Jesus' teachings of true love, they sought their own interests, and this civilization became one of oppression.*

*God does not use for a second time a people who have failed their responsibility. The 2000-year history of Christianity sought to find the daughter of God who could become the heavenly Bride. In 1943, in Korea, the begotten daughter was born.*

*In 1945, Korea was divided North and South. At that time, I was still in North Korea, my homeland. Many Christian groups believed that the Messiah would return to Pyongyang, so in my household, my mother and grandmother did not originally think of fleeing south. But since my uncle had enlisted in the South Korean military, we eventually decided to go south. I needed to grow up in a safe environment, so Heaven worked so that I could come to South Korea.*

*Two years after I came south, the Korean War erupted. Young soldiers from 16 nations came to protect*

*this nation. And thus I too was protected. I knew when the time had come, and in 1960 Father and I became the True Parents. Fallen humanity cannot return to God through belief alone. Fallen lineage must be changed, and only the True Parents can do this. Therefore, FFWPU upholds the ideal of the Blessing. We work to multiply blessed families*

*The Blessing is wonderful, because the more you share it the greater it becomes. So I am asking you to become heavenly tribal messiahs. By becoming tribal messiahs, blessed families can work for the sake of the nation and the world. We can realize the peace for which humanity yearns, One Family under God. Today's title would be: "The Point of Settlement of Heaven's Providence, and What We Should Do at this Juncture."*

*Even if one person or nation excels, a world of lasting peace cannot be actualized. It is when we join together that we can succeed. As long as solutions are human-centered, true unity will remain just a hope. When people put aside personal interests then all is possible. If people do not place God at the center, we cannot find a true solution.*

*During the 60th anniversary of the beginning of the Korean War [2010], we sent the Little Angels to thank the nations that had sent their soldiers to help South Korea. This is the principle that we have to repay the grace we have received. Let us unite, recognize our past mistakes and join hands for a bright future!*

*From a human perspective, some things are impossible to forgive. But True Parents blessed Japan to be the Mother nation to live for the sake of the world. What are the characteristics of a mother? A mother gives and sacrifices wholeheartedly for the sake of the children. And the culture of heart our 2nd generation children are conveying worldwide is permitting great successes.*

*FFWPU should place the family first. Let us be the hope of the future by taking care of our second and third generations and realizing Cheon Il Guk as brave warriors of Cheon Il Guk. Our 2nd and 3rd generations are doing this right now. This is our hope!*

*At this time the earth is ailing and appalling things are happening because of human ignorance. Thus we cannot sit idly and be satisfied with the present. In light of this, we have worked to heal this earth, and we have brought together scientists, including Nobel laureates, to find lasting solutions, in order to restore the world to its pristine, original state.*

*From long ago the world could have been united through the International Peace Highway, which True Parents initiated. I want to move this project forward and realize it in substance. I wish to connect Korea and Japan through the Korea-Japan Undersea Tunnel. I want this road to connect to North and South Korea, to Eurasia, and beyond.*

*This nation is heavenly Japan, and when it attends God the nations of the world will revere Japan as Mother nation. Righteous people need to recognize the mistakes of the past, and together with FFWPU, UPF, WFWP, YSP, all should all unite together and march forward. I hope that today is such a blessed day!*



## Introduction to Hak Ja Han Moon at the 60th Anniversary of FFWPU Japan Rally

Sun Jin Moon

July 1, 2018

60th Anniversary of FFWPU Japan Rally for a Hopeful March Forward of FFWPU for a Heavenly Japan in 2018



Beloved leaders from throughout Japan.

Brothers and sisters from the Family Federation for a Heavenly Japan.

Ladies and Gentlemen.

It is a great honor to stand before you today, on the 60th Anniversary of the Mission to Japan.

My heart is always moved whenever I come to this blessed land, for I know the enormous sacrifices that you have made for the sake of this nation, and for the sake of the world.

Over the past 60 years, Japan has been at the forefront of Heaven's providence. You have shed your blood, sweat and your tears to attend and support our True Parents and realize HP dream of one peaceful loving family under GOD.

Please accept my words of appreciation and love. Kamsamnida. Arigato gozaimas. Thank you, from the bottom of my heart.

We are gathered here today to honor the past, but also to make renewed determination to forge a bright future for our children and for generations to come. This is the mission of the Family Federation for a Heavenly Japan. AJU!

True Parents have always had the deepest love and respect for the people of Japan, recognizing that Japan and the Japanese people have an historical, providential role to play at this time in history. They have always seen Japan as a mother nation to the world, a parent who lives for the sake of all of God's children and who works to restore all that was lost in the past.



Our keynote speaker today is none other than Dr. Hak Ja Han Moon, our beloved True mother. Together with my late father, my mother has been an unwavering champion of peace. In my heart of hearts, I recognize her as the most courageous female role model of our time, she is a liberator of humanity and creation, and the embodiment of purity, goodness, and absolute true love.

For 52 years she stood side by side with my father, as a devoted, pure, loving wife, giving birth to 14 strong-willed and passionate children. Since the time of our True Father's passing, she has led our worldwide movement forward with wisdom, grace, and clarity, surpassing all expectations. She has ignited the torch of hope and peace for all 7.5 billion people of the world to see.

She has always lived for a public purpose, working all across the globe, founding charities, schools, scholarship programs, and educational organizations that raise our youth to be peace-loving global citizens.

From the time of her birth, she has been guided and protected by heaven. She has offered everything in her lifetime to God, giving everything she has to fulfill His dream of peace. Even in her golden years, a time when most retire, she valiantly carries this torch of hope across the globe so that we can all come to achieve True Love and True Peace.

She is my hero. She is my guru. She is our salvation. She is the light of Hyojeong, True Love, and liberation for all.

As my mother delivers her message today, I sincerely hope you will give her your full and complete attention. She is calling upon all of us to rise up as the champions of peace, to become manifestations of Heavenly Parent's love and truth so that, together, we can usher in a new world order of lasting peace and prosperity for the whole human family and creation.

Please join me now in giving a warm and thunderous welcome to Dr. Hak Ja Han Moon, my beloved mother, and our beloved True Mother.

## Hak Ja Han and Sun Jin Moon's Heartfelt Words of Encouragement to Japan

Julian Gray

July 22, 2018

2018 Hyojeong Culture and Peace Festival in Okayama, Japan



*Today, Sun Jin Nim was representing True Mother in Okayama, the region of Japan worst affected by the recent floods.*

*The following report is offered by the International HQ in the hope that it will be a helpful overview of the program, but the video of the full content of the event will likely be available later. We are including True Mother's speech here but it is not necessarily the final translation; please consult with Mother's secretariat if you wish to publish or post quotes.*

After introducing many dignitaries from the Japanese Diet and from various city councils, the young MCs (one man and one woman) asked everyone to stand and offer a silent prayer for the victims of the recent flooding and their families, remembering their immeasurable grief and pain.

Then came a video of the history of Okayama region with mention of many luminaries who had lived selfless lives in the service of their fellow citizens. The message was "Let's inherit from those who came before us."

A beautiful traditional dance from the region lifted the atmosphere still more for the Okayama Peace Declaration, which brought 7 dignitaries to the stage representing all participants present. The content of the declaration was read aloud:

We will cherish our families and neighbors.

We will be devoted to our ancestors.

We will love our children and bring them up properly.

We will live for the sake of others and build a peaceful world.

The printed declaration was then signed by all seven dignitaries.

After a lively Korean song written specially for the event, entitled "Arirang for One Korea" two members of our younger generation gave testimony:

A lovely second generation girl, Yuwa Yamakawa, came out, and began by explaining that her father is Korean and her mother Japanese.

*"Sometimes Japanese people do not think so well of Korea and vice versa. But my Father is Korean my mother is Japanese. I never thought of them as enemies. There are no national borders in their marriage. They went out as missionaries for ten years and lived for the sake of others. I believe the friendship between Korea and Japan could be a model for world peace. I have had a real experience of world peace with my parents.*

*The Korea-Japan tunnel as a symbol of peace. World Peace can be started with small steps: we can start by taking down the borders around our hearts."*

A young man, Fukunobu Kadowaki, also from our second generation, followed. He had come to a deep realization about the value of the Principle during his high school years.

*"During high school I realized I wanted to live for the sake of others. I determined to enter the University of Tokyo; as someone who wants to be a leader to make the world better, I needed to study in such a place. At first I was way below the standard but I was so determined to make the grade. Finally, I was accepted. I want to make Japan the center of the work for world peace. I want to build a family filled with happiness."*

*My mother raised me alone after my father died when I was in middle school. Others told me how much my father had helped them. [Reading a letter he had written to his parents:] I am reminded that I am here because my parents made effort. Thank you, Father and Mother; I feel I have been so loved. I am grateful to you for this happy life. I have one thing to ask my mother; please stay healthy so you can be here for your grandchildren. It would be great to have a family spanning three generations. And Dad, please help us from the spirit world."*



Young people from Okayama then performed song and dance for the audience including a piece called "The Light of Hyeojeong." A reporting prayer was followed by Japan FFWPU president Rev. Tokuno Eiji's welcoming remarks.

He offered words in condolence for those who had suffered the flood disaster there in Western Japan. As the head of FFWPU, Mrs. Hak Ja Han Moon offered encouragement for the victims, and donated 20 million yen through the Red Cross, plus a further 10 million yen for the FFWPU to use in their relief efforts.

Rev. Tokuno mentioned that as soon as our International President Sun Jin Moon heard about the flooding in Japan she offered messages of consolation and encouragement. He continued:

*"We are a global organization, and we received donations from Europe and Korea. Our event title includes the words 'Prayer for Revival,' to create an opportunity for construction and revival in this homeland of Okayama. I sincerely pray that Okayama will be rebuilt in a short period of time and that today's event will be trigger of rapid reconstruction. The internal theme of today's rally is 'World peace starts from true families.' Yet Japanese society is in an unhappy state. The ministry of health, labor and welfare states that in one year 50 children lose their lives to child abuse. That is one per week. Moreover, marriage and divorce statistics show that one in three marriages end in divorce. Our national police agency says that in 2017, half of all murders in Japan were committed within families."*

*The family is to be an oasis of rest and peace. And yet it has become an epicenter of stress, misery, and even incidents of violence. The bonds of love are disappearing. Should we not be creating original true families of love? Today's theme is therefore a warning about the serious situation we find here in our country."*

*We hope that we can offer hope to solve the tragedies in families today. I hope you can find hope in the speeches being given today. I would like to express my appreciation to you all for coming to this Okayama rally for 10,000 people."*

One representative member of the Japanese Diet from Okayama. Mr. Ichiro Aisawa, then spoke:

*"I would like to congratulate you. So many people here, filling this hall. I feel your spirit. It must be a new record for attendance!"*

*We had a silent prayer: two weeks ago, many Okayama prefecture people suffered from the flooding. Thank you for supporting the recovery. I am a representative of Okayama Prefecture in the house of representatives, and thus I appreciate your support. Mrs. Moon has given so much support. Thank you so much!"*

Mr. Aisawa continued on to explain the long years of work the government had put in to develop the Japanese political system since the end of World War II, his concern for the still unsolved problems of the world, and his work for refugees in relation to the UN.

Following a video presentation of True Parents' global work, the MCs introduced FFWPU International President Sun Jin Moon, explaining that True Mother had asked her to come and deliver a message on her behalf.



Sun Jin Nim began her speech on the verge of tears, and delivered a moving personal message:

*"Minasan konichiwa (Good Afternoon, everyone).*

*Dear Beloved brothers and sisters of Japan, gathered here today in Okayama. No words can express my sorrowful heart that deeply grieves for all the people who have lost their lives and those suffering tremendous loss from the recent catastrophic storm.*

*I was devastated to hear and see all the heartbreaking news of anguish and travail of families lost and struggling to recover their community and their homes. In the face of such tragedy what moved me the most were the people of Japan and the first responders who rushed immediately, selflessly and lovingly to assist those in need. There is hope for the future of Japan, because you understand what it means to live for the sake of others and practice true love.*

*Unfortunately, the tragic events we have witnessed here are occurring more and more all over the world, and many people still have not been cared for and are left to suffer. We must start to ask why? We must work bring an end to such suffering, not only in Japan but all over the world.*

*Humanity and creation are suffering due to the effects of climate change and the destruction of our planet. Humanity has lost touch with its true conscience. Ignorance and self-centeredness are widespread. We are endangering many of our animal and plant species, polluting our air, our oceans, and our earth. Each year we experience a new record-breaking tragedy and millions are left struggling to survive.*

*We are not meant to live in a world darkened by suffering, war, loss, and destruction. We were meant to live in peace, love, joy, and harmony as One Family under God. We were to live in balance, gratitude, practicing good stewardship for all the abundant gifts we have received from God and creation.*

*A world without a connection to God is a world that is orphaned, unable to experience true love, true life and true lineage.*

*Only when we reconnect and follow the true compass of our conscience can we make a change and live in harmony for the good and the well-being of all life on this planet.*

*That is why I would like to ask that we all gather our hearts, mind, and souls to make that divine connection to our Heavenly Parent and begin this event with a moment of silent prayer, a reverent prayer for the peace of all the souls that were lost and also a sincere prayer for the light of hope to shine on Heavenly Japan, reigning in a new era of global peace, and realizing Heavenly Parents dream of one peace-loving global Family under God. Let us all together offer our heartfelt prayers to Heavenly Parent for the salvation of the world. Aju. [Silent prayer, with Sun Jin Nim clearly moved]*

*As I stand before my Japanese brothers and sisters, I always feel humbled and deeply grateful. I know that in so many ways, you are a central pillar of our worldwide movement. Your generosity, sacrifice, sincere true love, absolute faith and dedication are unparalleled, and unsurpassed.*

*You are all heavenly champions. In so many ways, I look up to you as my elders, my teachers, my heroes and True saints. You have cleared a path for so many to follow. I offer my eternal love and humbly bow to you and your great nation. [Sun Jin Nim offers a bow.]*

*For this reason, our True Parents have the deepest love and respect for our members in Japan and can call you their true sons and daughters.*

*Thank you All. Kamsamnida. Arigato gozaimas!"*



*Sun Jin Nim then continued to introduce True Mother's speech:*

*"I have been asked by our beloved True Mother to deliver her precious words on this occasion, during this year of the 60th anniversary of the inauguration of the Japanese movement. I feel an awesome sense of responsibility, and I am unworthy to represent our True Mother. However, I will do my very best.*

*Brothers and sisters, I will now read the True Mother's message. Knowing our True Mother's love and her heartfelt care and concern for each one of you, I ask that you give your full and sincere attention. These are precious words of our True Mother. She is absolutely one in heart and purpose with our True Father, working to fulfill Heavenly Parent's dream.*

*I will now read our True Mother's message:*

**True Mother's Message:**

*Distinguished guests from home and abroad, leaders from all levels of society, parliamentarians representing the political realm, peace ambassadors, blessed families and members who have gathered for "2018 Hyojeong Culture and Peace Festival in Okayama with a Prayerful Wish for Recovery"! I am pleased to meet you today.*

*Today's world is afflicted with countless complex problems and the limitations of human power to solve such problems is becoming evident.*

*The Japanese people have endured many difficulties and tragedies during their long history. I know that very recently many areas of Okayama Prefecture were devastated by floods that took*

*the lives of more than 200 of your fellow citizens.*

*I would like to extend heartfelt words of encouragement to the people of Japan, in particular the citizens and blessed family members in Western Japan who have suffered from the recent torrential rains. I pray for the quick recovery and relief of all citizens in the afflicted areas.*

*Heavenly Parent loves Japan and is always with Japan. I pray for Japan, and I am certain that Heavenly Parent will greatly bless this nation.*

*I am sure the people of Okayama will rise to meet this challenge, just as you have met and overcome challenges in the past. Heavenly Parent and True Parents are always with you. You are the Mother Nation and you set the standard for the world. The world needs to imitate your standard of attendance.*

*Words cannot describe the suffering caused by human ignorance that is afflicting today's world. Due to excessive pollution, the future of humanity and even the future of this planet earth cannot be guaranteed.*

*This is why we must find the focal point that can unite all of humanity. In today's world, if one nation does well but the surrounding nations do not, eventually, everyone will suffer the consequences.*

*When can we usher in the peaceful world of freedom that humanity yearns for? There is only one answer to this question. A world of peace cannot be accomplished centering on human beings.*

*God, the Creator and Owner of the universe is the only true Owner. It is only when humanity properly understands the true Owner and lives according to the Owner's will that a peaceful world is possible.*

*In the beginning, God created heaven and earth in accordance with His External Form. God created the plant and animal worlds and then created a man and woman to be the first human ancestors. God also gave human beings a period of growth.*

*Their responsibility was to beautifully grow and mature until they could receive God's Blessing. However, during their growth, the first ancestors became possessed with self-centeredness, which led to their fall and the birth of fallen humanity with no relationship to God today.*

*God, who is omniscient and omnipotent, must fulfill the Will that He established, without fail. This is why God has had no choice but to lead the miserable and painful providence to save humanity -- known as the history of the providence of restoration through indemnity.*

*God initiated this providence by raising the people of Israel as the chosen people. Beginning from individuals and raising the people until they could form a nation, God has led the history of the providence of restoration through indemnity. Christians are familiar with this history through the Bible.*

*Thinking about the difficulty and the long, prolonged period of time spent waiting, it took an extraordinary 4,000 years until God could send His only begotten son, Jesus Christ. It took 4,000 years!*

*However, neither Mary, who gave birth to Jesus, nor the Jewish leaders or even the people of Israel could fully understand God. They did not understand the essence of Jesus, and Jesus eventually had to walk the miserable path of the cross. As a result, the people of Israel have had to pay tremendous indemnity throughout history. This is a historical fact.*

*As he lay on the cross, Jesus prophesied that he would come again. Had the Israelites united with Jesus at that time, and had Jesus achieved the position of the True Parent, then the Kingdom of Heaven would have been realized through the Roman Empire, centering on Jesus. How sad and regrettable that this plan could not be realized!*

*Following Jesus' crucifixion, Christianity emerged through the Pentecost of the Holy Spirit and the work of the Apostles. Christianity expanded from the Italian peninsula to the European continent until it reached the British Isles. Centering on England, the nations that were part of the Christian cultural realm opened the era of the Atlantic Civilization. The British Empire expanded throughout the world and became so vast that the sun did not set on the Empire.*

*However, what was the outcome? They also did not understand the essence of Jesus. Instead of living for the sake of others and practicing true love like Jesus did, they lived self-centered lives and focused on serving the interests of the empire. Eventually, the Atlantic Civilization became a civilization of plunderers.*

*Heaven does not carry out a second providential dispensation with people or nations that have failed in their responsibility. Jesus, who failed to find his bride, prophesied that he would come again to host the Holy Wedding of the Lamb. Hence, the 2,000-year history of the Christian cultural realm must become the foundation for the Only Begotten Daughter to be born and for the Holy Wedding of the Lamb to be held.*

*Heaven prepared this dispensation for 2,000 years through the Korean Peninsula in Asia. As a result, the only begotten daughter was born in 1943. [Aju!]*

*In 1945, Korea was liberated and together with its liberation was divided into the democratic South and the communist North. At that time, my hometown was in present-day North Korea and numerous spiritual groups believed that the returning Messiah would come to Pyongyang.*

*My family did not think of fleeing to the South. However, a sudden message came that my maternal uncle, who had gone to study in Japan, had not returned home but had instead enlisted in the South Korean military. As a result, my grandmother, my mother and I traveled south.*

*I mentioned before that in accordance with the Principle of Creation, God gave human beings a period of growth. The only begotten daughter, who came after 2,000 years, could not lead the providence as an infant. It was necessary for her to grow in safety. That is why Heaven worked to protect me by having me come to South Korea.*

*Two years after I came to South Korea, the Korean War erupted. At that time, South Korea was not well enough prepared to defend itself from a North Korean invasion. It was also not a nation known around the world. However, how was it possible that 16 nations sent their young people as UN troops to make the ultimate sacrifice in Korea? Heaven needed to grant me the necessary period of growth and had to protect me until I became an adult.*

*Because we knew the propitious providential time, we made a firm determination and in 1960, we ascended to the position of the True Parents. Even if they profess exemplary faith, fallen human beings cannot directly engage with God as His children. It is only by changing the fallen lineage that fallen humanity can be restored as God's children and the people who carry out this dispensation are the True Parents. This is why the Family Federation must profoundly sing the praises of the ideal of the Blessing and blessed families.*

*The more we share the Blessing, the greater it becomes. That is why True Parents asked all blessed families to become heavenly tribal messiahs. When tribal messiahs successfully expand throughout the nation and the world, we can realize a world of peace, one family under the Heavenly Parent, the Kingdom of Heaven on earth that humanity has yearned for so desperately.*

*My message today has a title: The Settlement Point in Heaven's Providence from the Point of View of the History of Human Civilization.*

*When was this point of settlement? I think I just spoke about it. Hence, what should we do today? A world of peace cannot be realized with just one individual or one nation doing well. We must all do well together.*

*It is the same with the issue of North-South reunification in Korea. As long as reunification is attempted centering on people, complete reunification will remain a wish. This is because everyone places his or her interests first. When self-centered thought takes precedence, as it does now, it is impossible to see the whole. The answer to this issue solely lies in attending Heavenly Parent, the original Owner and Creator, beginning with the family, the tribe, the nation, and then the world.*

*The Asian Pacific Rim Civilization will realize the transformation and revolution of culture into the hyojeong culture of the heart: On the 60th anniversary of the Korean War, I sent the Little Angels to thank and comfort the war veterans from the 16 nations. They still vividly remember Korea and they are in love with Korea. As you can see, sincerity moves the heart. If one receives grace, one must return grace.*

*I wish to tell Japan, in order for us to unite as one, recognize your past mistakes and, mindful of your mistakes, let us join hands together and work for the sake of a better future.*

*From a human point of view, this people cannot be forgiven. However, taking the point of view of Heaven's providence, True Parents blessed this nation to be the Eve nation, the Mother Nation that lives for the sake of the world. This characteristic of mothers is that they do not look after themselves; mothers sacrifice everything willingly for the sake of their children.*

*That is why centering on the three representative global nations of Korea, Japan and the United States, we have ushered in the era of the Pacific Rim Civilization. Our 2nd and 3rd generations are proudly holding aloft the banner of the transformation of culture into the culture of*

*Hyojeong, going throughout the world and achieving victories.*

*We are educating youth from all over the world to cultivate the hyojeong culture of heart.*

*Due to self-centeredness and egoism, the world does not know the preciousness of the family. In other words, there is no future. However, Family Federation preciously values the family. Our hope for the future are our 2nd and 3rd generations and they are following in their parents' footsteps, standing up as warriors of Cheon Il Guk who will realize the dream of Heavenly Parent by living for the sake of the world. They are our hope.*

*The earth today is ailing. Countless people are concerned about the earth's future. Unimaginably strange and dismal events are happening throughout the world. These calamities have been caused by human ignorance. We cannot be satisfied with living in the present and simply watch idly as these catastrophes happen. In order to solve these problems and heal the earth, I am mobilizing scientists who are Nobel laureates and am having them research ways of solving the problems we are currently facing to create a hopeful future by protecting the earth, so that it may be beautiful and healthy the way God originally created it. [Aju! Thank you Mother!]*

*A long time ago, True Parents advocated for the International Peace Highway as a way of uniting the world. And at this moment, we are moving in the direction of realizing this project. Island nations yearn for the continent. That is why I wish to realize the International Peace Highway by first linking Japan and Korea through the Korea-Japan undersea tunnel, then uniting Korea through a peninsular highway, thereafter expanding to Eurasia and the world.*

*The African continent has announced that it would begin this project from the Cape of Good Hope. An International Highway that begins in Santiago in Chile, crosses all of Latin America and North America, connects with the Asian continent, and finally reaches Korea is also being advocated.*

*Hence, from this point of view, Japan must unite with Korea. When this nation becomes the Heavenly Japan that attends Heavenly Parent and fulfills its mission as the Heavenly Mother Nation of Japan that embraces the world, all the nations of the world, standing in the position of children, will revere it as the parent. That day will come. Aju!*

*The politicians of today must recognize the mistakes of the past. In so doing, let us all march together into the future toward a greater objective.*

*I pray that this day may be the day when Family Federation, the Universal Peace Federation, Youth and Students for Peace, the Women's Federation and all organizations march forward and leap forward for the sake of peace.*

*Can we do it?! Aju!*

Sun Jin Nim's concluding remarks:

*"Brothers and sisters this concludes our beloved True Mother's message. Thank for your steadfast love and support, and sacrificial attendance to our True Parents. We love you forever and always. Please give one more round of applause, so loud that True Mother will hear you from Cheon Jeong Gung!!!*

*Go-say-cho, Arigato-gozaimashita. (Thank you very much for listening.)*

*Minasan, aishitemasu. (I love you all.)"*

In the finale, In Sup Nim was welcomed to the stage and one couple, Mr. and Mrs. Goya, from Okayama presented flowers. Sun Jin nim then officially presented True Mother's donation to the Family Federation to help relieve suffering in the Okayama area.

Three cheers of *Eok Mansei* were then led by Rev. Kim Man-jin, event Executive Committee director. He mentioned the difficult moment for Okayama, but that we have received the words by which we can achieve world peace. "Let's do this!"

## Humanity has lost touch with its true conscience

Sun Jin Moon  
July 22, 2018  
2018 Hyojeong Culture and Peace Festival in Okayama  
Zip Arena in Okayama, Japan



*Minasan konnichiwa!* [Good afternoon, everyone!] Dear Beloved brothers and sisters of Japan, we are gathered here today in Okayama. Words cannot express my sorrowful heart that deeply grieves for all the people who have lost their lives and those suffering from tremendous loss from the recent catastrophic storms. I was devastated to hear and see all the heartbreaking news of the anguish and the travail of families, lost and struggling to recover their communities and their homes. In the face of such tragedy what moved me the most were the people of Japan and the first responders who rushed immediately, selflessly and lovingly to assist those in need. This is the hope for the future of Japan because you understand what it means to live for the sake of others and practice true love.



Unfortunately, the tragic events we have witnessed here are occurring more and more across the world, and many still have not been cared for and are left to suffer. We must start to ask, Why? We must work to bring an end to such suffering, not only in Japan but all over the world. Humanity and creation are suffering due to the effects of climate change and the destruction of our planet. Humanity has lost touch with its true conscience. Ignorance and self-centeredness are widespread. We are endangering many of our animal and plant species, polluting our air, our oceans and our earth. Each year, we experience a new

record-breaking tragedy and millions are left struggling to survive.

We are not meant to live in a world darkened by suffering, war, loss or destruction. We are meant to live in peace, love, joy and harmony as one family under God. We were to live in balance, gratitude, practicing good stewardship for all the abundant gifts we have received from God and creation.

A world without a connection to God is a world that is orphaned, unable to experience true love, true life and true lineage. Only when we reconnect and follow the true compass of our conscience can we make a pledge to change, to live in harmony for the good and the wellbeing of all life on this planet. That is why I would like to ask that we all gather our hearts, mind and souls at this moment to make a divine connection to our Heavenly Parent and begin this event with a moment of silent prayer. A reverent prayer for the peace for all the souls that were lost and a sincere prayer for the light of hope to shine on Heavenly Japan, reigning in a new era of global peace, and realizing Heavenly Parent's dream of one peace-loving global family under God. Let us all together offer our heartfelt prayers to Heavenly Parent for the salvation of Japan and the world. Aju. Please, brother and sisters, please join me in silent prayer.



### Silent Prayer

As I stand before my Japanese brothers and sisters, I always feel humbled and deeply grateful. I know that in many ways, you are a central pillar of our worldwide movement. Your generosity, your sacrifice, your sincere true love, absolute faith and dedication are unparalleled and unsurpassed. You are all heavenly champions. In so many ways, I look up to you as my elders, my teachers, my heroes and true saints. You have cleared a path for so many to follow. I offer my eternal love and humbly bow to you and your great nation. [She does a standing bow.] For this reason, our True Parents have the deepest love and respect for the members in Japan and can call you their true sons and daughters. Thank you all. Gamsamnida. Arigato gozaimas!

I have been asked by our beloved True Mother to deliver her precious words on this occasion, during the year of the sixtieth anniversary of the inauguration of our Japanese movement. I feel an awesome sense of responsibility and am unworthy to represent our True Mother. However, I will do my very best.

Brothers and sisters, I will now read True Mother's message. Knowing our True Mother's love and her heartfelt care and concern for each one of you, I ask that you give your full and sincere attention. These are precious words from our True Mother. She is absolutely one in heart and purpose with our True Father, working to fulfill Heavenly Parent's dream. I will now read our True Mother's message:

### Excerpts from True Mother's message

*Distinguished guests from home and abroad, leaders from all levels of society, parliamentarians representing the political realm, peace ambassadors, blessed families and members who have gathered for 2018 Hyojeong Culture and Peace Festival in Okayama with Prayerful Wish for Recovery. I am pleased to meet you today.*

*Today's world is afflicted with countless complex problems and the limitations of human power to solve such problems are becoming evident. The Japanese people have endured many difficulties and tragedies during your long history. I know that recently many areas of Okayama Prefecture were devastated by floods that took the lives of more than two hundred of your fellow citizens.*

*I would like to extend heartfelt words of encouragement to the people of Japan, in particular the citizens and blessed family members in Western Japan who have suffered from the recent torrential rains. I pray for the quick recovery and relief of all citizens in the afflicted areas.*

*Heavenly Parent loves Japan and is always with Japan; I pray, for and I am certain that Heavenly Parent will greatly bless this nation.*

*I am sure the people of Okayama will rise and meet this challenge, just as you have met and overcome challenges of the past. Heavenly Parent and True Parents are always with you. You are the Mother Nation and you set the standard for the world. The world needs to imitate your standard of attendance. Words cannot describe the suffering caused by human ignorance that is afflicting today's world. Due to excessive pollution, the future of humanity and even the future of planet earth cannot be guaranteed. This is why we must find the focal point that can unite all of humanity. In today's world, if one nation does well but the surrounding nations do not, eventually, everyone will suffer the consequences.*

*When can we usher in the peaceful world of freedom that humanity yearns for? There is only one answer to this question. A world of peace cannot be accomplished centering on human beings. God, the Creator and owner of the universe is the true owner. Only when humanity properly understands the true owner and lives according to the owner's will a peaceful world be possible.*



### **Sun Jin Moon's Closing**

Brothers and sisters this concludes our beloved True Mother's message. Thank for your steadfast love and support, and sacrificial attendance to our True Parents. We love you forever and always. Please give one more round of applause, so loud that True Mother will hear you from Cheon Jeong Gung!

Go-say-cho, arigato-gozaimashita. (Thank you very much for listening.) Minasan, aishitemasu. (I love you all.) Isshoni gambari-mashow. (Let's work together!)

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### **Note:**

*True Mother (Hak Ja Han) planned to personally attend and speak at the 2018 Hyojeong Culture and Peace Festival in Okayama, Japan.*

*Allegedly, to prevent her from attending the Okayama Peace Festival, her son, Hyun Jin Moon supposedly arranged for her to be deposed in a court case; forcing her to be in Washington, D.C., USA at the time of the Peace Festival in Okayama.*

*The court case is an attempt to recover assets that Hyun Jin Moon purportedly illegally obtained from FFWPU.*

## Being alive at this time with our True Parents is such a precious blessing

Sun Jin Moon  
August 3, 2018  
Launching Rally for YSP Latin America Keynote Address  
Main Chapel at the Sao Paulo HQ, Sao Paulo, Brazil



How are you feeling today? Good! Yeah! I hope you are all feeling awesome, excited, filled with love, joy, liberation and peace? Yes? Wow, I love the energy in this room!

Good afternoon everyone!

It's wonderful to see all of you. Thank you for attending today's program. I am absolutely delighted to be here, and I feel so very hopeful for our future seeing all of you gathered as one family under God, our Heavenly Parent, and united together for world peace.

I am sure that at tomorrow's victorious rally with our beloved True Mother, you will light up not only the Alliance stadium, but all of Sao Paolo, all of Brazil, all of Latin America and the entire world with your loving energy and bright glowing spirit!

Please give yourselves a thunderous round of applause for all your sincere hard work, True Love, absolute faith, and victory! AJU.

Being alive at this time with our True Parents is such a precious blessing, and, ideally, each and every moment should be filled with experiences of abundant joy, true love, unity, harmony, and happiness.

Who doesn't want this for themselves and for their loved ones, even for the whole world and creation, to live together in peace? Right? Yes!

Furthermore, even more than each one of us longs for a world of lasting peace, our Heavenly Parent, too, longs for this dream of peace to become a living reality. After all, Heavenly Parent is the original owner and originator of this dream.

Sadly, however, and as I'm sure many of you have experienced, the world we experience today does not measure up to this great ideal. Too often, there is conflict or struggle all around us, even within ourselves.

Our planet is threatened by environmental degradation, climate change, rising sea levels, and extreme weather patterns.

Family breakdown is widespread with devastating social consequences.

On a social level, differences often become barriers, with boundaries marked by race, religion, nationality, ethnicity and social status.

We fail to recognize that we are one interconnected global family. Instead of experiencing the warm embrace of family, neighborly love, and community, many feel isolated and alone.



We seek peace and fulfillment, but often search for it in the wrong places, seeking wealth, prosperity, or fame without a focus on higher values and virtues.

How do we build healthy families if marriage is no longer held sacred? How do we build community when we no longer care for our neighbor, but live in competition, us vs. them, on every level.

Externally, we are now linked together closer than ever. But even as we are all linked together through amazing technologies, many have lost sight of their divine origin and that which unites us and all life together as one universal family under God, our Heavenly Parent?

Any reasonable person, even a child, when observing the situation of our planet -- east, west, north or south -- must ask, where is the love? Where is the peace? Sometimes it seems nowhere in sight!

We cannot continue to blindly turn away from the problems that our future descendants will inherit. We must become the leaders who teach and heal the hearts, minds, and souls of humanity, guiding all people to live under Heavenly Parent's ideal.

How many of you have thought about these things? Have any of you who are assembled here in this room encountered moments of disconnection or worry like this? Please raise your hands if you have.

Of course, most all of us will raise our hands, right?

How does that make you feel? Pretty sad, conflicted, worried, mad, dejected, or just bad right? This is not OK! We must raise the bar! We must strive higher! We must live for love, peace, and prosperity for all. This is Heavenly Parent's dream!

We were created to experience the good in life and to share and multiply absolute joy, love, fulfillment and peace to everyone. So how do we get to peace?

Where does peace begin? It begins with each one of us. Peace begins with Me!

The solutions to our world's problems begins with each and every one of you.

This is why it is so important that we make a change within ourselves and raise our voices and live our lives courageously, spreading Heavenly Parent's truth and healing the world with forgiveness, love and unity. We must follow in our True Parents' footsteps; we must meditate, mobilize, and march together for peace.

True Mother is standing at the forefront, leading our global movement to bring an end to ignorance, hate, division, pollution, violence, prejudice, greed, and war. She is mobilizing the world to no longer stand by and accept the destruction, death, and degradation we see around us. She is calling out to the world's 7.5 billion people. She is rallying God's sons and daughters from every corner of the earth, charging each one

to rise up and become the solutions and the saviors for all humankind and creation, embodying Heavenly Parent's peaceful ideal and dream for a universal culture of True Love and Hyojeong.

Every life has a divine light and when you allow that light to shine, you brighten the world. You expand our Heavenly Parent's light of familial love or Hyo Jeong love. In this way love may grow and thrive universally.

When young people such as yourselves tap in to this universal truth, you will help create a new Hyo Jeong culture of filial heart that will liberate Heavenly Parent's heart and restore harmony and balance to the world.

Do not think you are too young or that you do not have the ability to change the world?

Remember that what you think becomes your reality. So, do not limit your mind, body, heart, and soul. As a son or daughter of Heavenly Parent, you share in God's infinite purity, goodness, vitality, and unlimited life potential. Do not block your heart.

Liberate your heart! Liberate your soul! Liberate your true self!

Liberate yourself through the power of true love. Then peace will start with you.

True Father, when he was 16 years old, wrote the poem entitled "Crown of Glory." He knew and testified to the truth that peace started within his own heart.

I want to share this poem with all of you. It will be our Hoon Dok Hae.



### **Crown of Glory**

*When I doubt people, I feel pain.  
When I judge people, it is unbearable.  
When I hate people, there is no value to my existence.*

*Yet if I believe, I am deceived.  
If I love, I am betrayed.  
Suffering and grieving tonight, my head in my hands,  
Am I wrong?*

*Yes I am wrong.  
Even though we are deceived, still believe.  
Though we are betrayed, still forgive.  
Love completely, even those who hate you.*

*Wipe your tears away and welcome with a smile  
Those who know nothing but deceit,  
And those who betray without regret.*

*O, Master, the pain of loving.  
Look at my hands.  
Place your hand on my chest.  
My heart is bursting, such agony.*

*But when I love those who acted against me,  
I brought victory.  
If you have done the same things,  
I will give you the Crown of Glory.*

Wow. Those are powerful words right? He was just 16 when he wrote this poem, and committed himself to the path of peace, beginning in his own heart. He never failed to live according to that commitment. Together with our True Mother, they created a worldwide peace movement, initiating and carrying out an amazing and unprecedented array of good works all over the globe.



And, he has given us the inheritance that makes it possible for us to spread the truth, to ignite the spark of love all over the world, to build a global culture of HJ heart, and to liberate all mankind and creation from the chains of heartlessness. In this way we can transform the world into the peaceful ideal of love that our Heavenly Parent originally intended.

Can we do it? Yes!

Now let me ask you a question. Are any of you under 16 years old? Show me your hands. WOW! Now, if you are 16 years and older, please show your hands?

Whatever age you are, young or old, can we as one universal family under Heavenly Parent and True Parents share the heart of Hyojeong and bring glory to our True Parent's legacy for peace? Yes! Aju!

I know each of you share our True Parents' heart and will be victorious! AJu!

I have absolute faith that all of you shall receive True Father's crown of glory

Of course, this is not a simple course to follow. It took True Father many decades to master his heart of Hyojeong True Love for Heavenly Parent. He lived for this purpose even until his last days on earth, as he strove earnestly and continuously trying to better his heart of love, grace, and wisdom to share with all humanity.

When we as youth try to follow in True Parents' footsteps, the road ahead sometimes seems impossible and too hard, right? True Parents' perfection is so far from where we are starting out, right?

We may psyche ourselves out before we even begin to try, right?

That is all normal. No one is born perfect. We all need to practice, right?

Over time only practice makes perfect. It is a growth process. There is formation, growth and perfection. Only with absolute FLOW -- Faith, love, obedience, and wisdom of the word -- can we achieve these higher levels of love and truth.

One practice I have found that grounds and centers my heart no matter what goes on in the angry world at large is meditation and yoga. It has been my spiritual and physical lifeline, and I attribute much of the good in my life to this practice, which has served as a foundation of mind and body unity and oneness with the divine light in all living beings and creation. It has been what has saved me countless times, allowing me to live and lead with the light shining in my heart, rather than succumbing to the darkness that surrounds us. I would like to share this practice with you, because it has brought peace into my heart, and I hope this Crown of Glory meditation will bring peace, love and light into your lives.



### **Crown of Glory Meditation:**

Brothers and sisters, I would now like to lead you in a meditation which will strengthen your mind and heart to meet life's challenges. This exercise is going to fill you with peaceful gentle kindness, TL, and God's divine unconditional love and light energy. I call this the Crown of glory meditation. AJU!

Please find a comfortable seated position. Let your sit bones deeply take root into your seat. From the base of your spine feel a lengthening of the spine up towards the crown of your head. Gently close your eyes, and feel a glorious golden ray of divine light shine and illuminate your crown.

From the center of this illuminated crown feel the light lift you up higher, lengthening your spine. You are Heavenly Parent's divine true child. Feel this loving warm light raise you up and lift you away from any tension or anything that weighs you down. Notice the body let go and release itself from things that pull it down.

Relax your shoulders away from your ears; lengthen the neck, relax the jaw; let go of tension. Feel your head become weightless and balanced at the top of the neck. From your grounded seat, feel yourself grow beautifully tall, up toward this light at the crown. Stay here for a moment to bask in this divine energy.

In this tall balanced, seated position, take a moment to notice your breath. At its natural pace, is it short, long, choppy, fast paced, labored, light or deep? Whatever it is, just take this moment to notice your breath. Your breath is the mirror of the mind.

When we are sad, stressed, nervous or angry, it shortens and tightens. When we are happy, loving, calm and relaxed, it lengthens and deepens. When we feel hatred, our breath shortens, our life force shortens. When we love, our breath extends and our life force extends.

Breathing in, inhale life, oxygen, peace, and love. Exhale and let go of all that no longer serves your life. Inhale, welcome life, the divine gift of air and let it fuel a greater flame in your divine light. Exhale, letting go and giving gratitude for all the life force that has been given.

Let your breath bring in abundant blessings and gifts of life from the universe, and exhale joy and gratitude. In the simple act of taking notice of your breathing, you can feel eternally loved and nourished. Breathing is give and take action with the divine. Notice how in each and every moment God is serving you, filling your lungs, giving you blessings and giving you this precious life; in return we offer gratitude, joy, and love.

Breathing at your natural pace think of a loved one. Imagine this loved one, being or thing. Visualize it. How does this being make you feel? What are the things it does that bring you joy? Replay those joyful loving moments in your mind. Take the time to notice how they make you feel in your heart.

Hold that image and feeling; let it deeply nourish your heart. Feel that loving energy fill your being. Feel your heart open and bask in this love. As you share love, feel it grow and multiply even greater. Feel that deep heartistic connection, that loving union, that complete freedom, happiness, and harmony in the embrace of loved ones.



Feel the complete give and take of boundless love, forever filling you with abundant joy. Stay here for a moment and let this loving vision deeply take root in your heart and mind. Feel the completeness and total oneness, harmony and joy of this union. This is Cheon Il Guk. When we are one.

Now think of someone or thing that is neutral to you. It might be the mailman, or a person serving you coffee; just anyone in your daily life who you may pass by casually and have no deep connection with. Focus on that neutral person and imagine that same loving feeling for this person as you would have for your loved one.

Visualize sending or treating this neutral person with the same openness and loving joy that you share with your loved one. Imagine smiling, saying kind words, offering a helping hand, a handshake or a big hug. Notice the change in that neutral person as you love them. Visualize their response, as they respond in kind, smiling back, saying thank you or some kind words, connecting on a higher level of love, and hugging you back.

Take the time to notice how this divine love in you can elevate any relationship. Notice a confidence and a joyful return that comes with opening your heart and loving all your neighbors. Your love has the power to change the world. You are no longer separate from others. By choosing to love, you bring all beings together in God's divine love. You are Cheon Il Guk. We are all one.

Now imagine someone or something you don't like, someone who may have caused you pain, suffering, heartache, loss, betrayal, fear, anger, hate, or who you do not respect. If you have no one or nothing that comes to mind, we all know the archangel. So try to visualize your archangel whoever or whatever it is.

You may notice around this difficult being, your heart feels like its shrinking away or clenching into a fist. You may notice your breath shorten or tighten or you may labor to breathe. Remember your breath is the mirror of the mind.

So, I want you now to imagine this enemy as a loved one. Do not let someone's darkness extinguish or diminish the light of God's love in you. Use the power of the divine breath of life in you. You choose to breath in deeply and allow life and love to flourish, and let go of all fears and things that no longer serve you. Allow your mind to focus on those feelings for your loved one.

Feel the deep love, openness, eternal divine light and goodness flow from your heart to this enemy. Notice how the image of this enemy changes, as you share deep compassion, care, kindness, higher consciousness and divine love. Visualize the shift in your heart as it opens and loves your enemy as your loved one.

Notice how this difficult person you hug, hugs you back. Feel your heart open freely in this embrace. Feel the healing and forgiveness, replace all loss and darkness. And see a golden light of love at both of your heart centers grow and warm each other in this embrace.

Notice the difference one heart, your heart, can make when it chooses love over hate. Notice your breath and your being glow even brighter and deeper as you invite God's light and love completely into your heart and you share it with the world. You are Cheon Il Guk. We are all one.



Take a moment to feel this loving victory. Feel the divine light energy that is in your heart carry and give life to each living being and the whole of creation. When we all live as one united family under God, there can be no darkness.

Notice the ray of light at the crown of your head illuminates brighter and flows all over your being in a blanket of love, joy, fulfillment and everlasting peace. You are the Crown of glory. What you focus on becomes your reality. Cheon Il Guk is alive in you. You are victorious! We are all one. AJU.

Gently opening the eyes. Feel God's love and True Parents' love fill your heart with unconditional love and infinite peace. Turn to your neighbor and share a glorious hug with each other and offer a deep Kamsahamnida. Salanghamnida. Namaste.

Beloved brothers and sisters. It has been a true honor to be with all of you today. I sincerely hope that all your dreams come true and I know that you will become great leaders for peace who will work to transform this world so that it fulfills Heavenly Parent's dream.

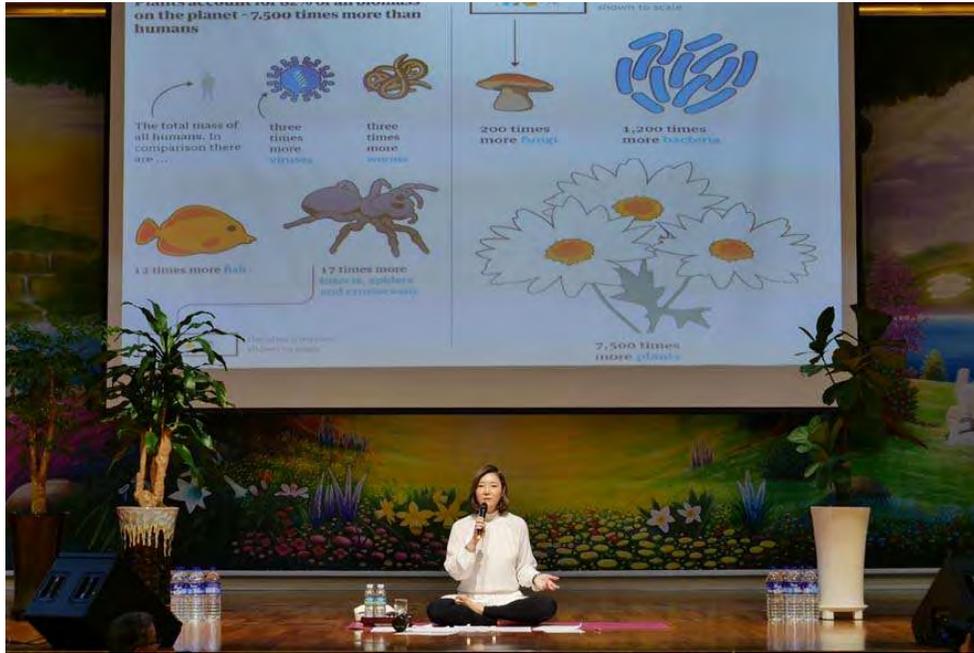
I hope you will all nurture and cherish your divine light of truth, goodness, love, joy and peace. Please never forget that peace does start with you. I look forward to seeing this bright amazing energy and love you will bring tomorrow when we will hear the precious message from True Mother at the rally.

Are you ready for true peace! Yes! Do you feel the peace in your mind body and soul? Yes! This is how Heavenly Parent meant for us to live! Aju!

Namaste!

## Sun Jin Moon: Unite Your Mind, Body and Soul - That Would Be Great

Gi Seong Lee  
August 26, 2018  
Special lecture at Chung Pyung Great Works



International President Sun-jin Moon's special lecture was held on August 26th, the first day commemorating the 6th Anniversary of the Holy Ascension of Sun Myung Moon. She entered the hall amid a warm welcome and hearty cheers, from members from all over the world. Representatives of the Korean and Japanese trainees offered a bouquet of flowers to her and her husband. Sun-jin nim read from "Talking about the Universe with the Insects", As a Peace-Loving Global Citizen (p.37). Then she delivered the following message.

"We know that we have to learn from each other and continue our learning paths in any field in order to truly govern the world with Heavenly Parents, True Parents and everyone in the world. Everyone is holding the key to change, but the important point is that unless we change our attitude, change will never happen. It would be great if we can link to the love and truth of Heavenly Parent and True Parents by these hoondok words which we shared today. I wish from this Hoon Dok Hae that you can unite your mind, body and soul. That would be great."

In the Q and A session, one member asked, "When I'm trying to live my life for those who have made me suffer emotionally or physically, how am I able to love such people? What should I do?" In response to this question, Sun-jin nim asked the member to come up on stage and gave her five two-liter water bottles to hold. She explained that the water bottles represent the burden of the sister's suffering so far. Sun-jin nim then asked her to put down the bottles (to the relief of the sister). She told the member to let go of her resentments and to continue to love and serve her enemies. Sun-jin nim emphasized creating harmony, happiness, and becoming one with others.

Sun-jin nim and her husband finished the lecture by giving gifts to three sisters. There were three cheers of Og Mansei and more arousing cheers and applause as Sun-jin nim and her husband left the stage.

It took Sun-jin nim a long time to leave the Main Hall because she was giving hugs to so many members. They were tearfully and emotionally moved by her.

# A Poem by Our FFWPU International President



A poem by FFWPU International President Sun Jin Moon at the commemoration of the 6th Anniversary of the Ascension of Sun Myung Moon, the True Parent of Heaven, Earth and Humankind. Sun Jin Nim wrote this poem in Hawaii a few days before the event, and read it during the Ascension Commemoration on August 27..

## A Night Without A Day

When you passed  
The world went dark  
Not a flicker  
Not a shadow  
Nor spark of light could penetrate the mournful  
shroud cast by your farewell  
In that moment a complete vacuum  
Consumed all joy, love, laughter, family, hope, and  
peace  
Only an endless abyss of loss in all our hearts  
remained

You were our Light  
Our saving Grace  
You, were our only True father  
No one believed your flame could ever be  
extinguished and your earthly form gone from our  
sight

We had lost our true compass  
And once again, like lost orphans, we cowered  
Alone, afraid, and paralyzed in the dark  
As your sacred legacy of light on earth receded  
Our Holy Knight without the Light of day

Each night without a day blurred into eternal darkness  
40 days turned into 3 years of endless somber gloom  
Each bleak tortuous second drenched and saturated in  
tears

The family fractured under the immense weight of our  
heartbroken souls

The world divided, built walls, armed, locked and  
loaded ready for war

Unity, hope, harmony, faith, peace and true love,  
Your precious teachings, became ghost concepts,  
simple fairy tales

The angels in heaven, God, creation and all life on  
earth drifted anchorless

Without you, our Captain at the helm

The cosmos and all creation ceaselessly wept and grieved  
inundating the globe and consuming the earth with torrential cries  
You were the true champion for all the voiceless  
You enlightened us with the divine truth of all life, the Essence of God, our eternal spirit, the principles of creation, the Fall, salvation, true love, restoration, and completion  
You gave us everything yet, bereft of you, we were incomplete  
Just endless black upon shadowy black, obscure blue upon murky blue  
An all-consuming brutal ocean without an end in sight

Then... Was it a dream? An illusion?  
A glimpse of light,  
like a lighthouse  
a beacon of light guiding us safely home  
Adjusting the eyes again in pure darkness  
the light signaled once more  
A gleam of angelic silky white and delicate cloth fluttered in the darkness,  
Huddled up on the high mountain top, radiant and pure in her white hanbok

She lovingly cradled your bongnang won in her arms as she offered sincere prayers  
The gentle glow of the candle she lit at your vigil flickered and danced  
Each moment, in all consuming darkness, she stoically mothered, nurtured, and protected your precious flame  
She was our first light of hope  
She lovingly whispered to each of us, "Nah nuh pilo hae, I need your help."  
She then delicately tipped your flame and ignited the trembling wick of my candle  
An illumination of eternal amber light cascaded down from the mountain top  
With each spark the glow flickered, flared, billowed into a burning lantern of wisdom high in the hills, embracing the heavens and shining on earth  
It signaled to our worldwide family, "Go! Share TPs light and love with all life and creation!"  
In the pitch black of night like a super moon you lit up the cosmos  
You bathed the world and heaven in divine light and truth and healed all our broken hearts

She sincerely shared, "We never lost our True Father; he forever lives on in here!" as she lovingly gestured to her heart and placed her hands on mine.  
"Here", she gathered our hands in union and drew my heart close to hers  
"Here, in the depths of our hearts, True Father lives on, eternal unchanging absolute True Love!"  
She grasped my hands with resolve and urgency  
We must complete True Father's dream here on earth.  
We must never lose sight of Heavenly Parent's dream.  
We must realize one family under God."  
Where doubt had clouded my mind, the spark of her words lit a blaze of truth, and her hands in mine melted my burdened heart and inspired pure faith  
She said, "You can do it. True Parents are with you. Heavenly Parent is with you."  
It was then that our light shined, and I truly believed True Mother you are my sunshine, my moonlight, my supernova, the light of the cosmos  
Your love freed us from this curse of darkness and indemnity  
Your unwavering heart of absolute Hyojeong love reveals the truth of Heavenly Parent's dream on earth  
You have awakened the divine truth and lit the spark of true liberation, grace, hope, True Love, and salvation for all 7.5 billion children on earth  
You have paved the way for the three blessings to be realized in perfect harmony  
You are our heroic pillar of truth, purity, absolute Faith, Love, Obedience, and the Word  
You are the savior of all past, present, and future generations and protector of our glorious earth  
Because of you the light of Hyojeong hope and love shines on creation and in our hearts  
You never ceased to be victorious for Heavenly Parent and we shall all follow in your footsteps of victory!  
True Parents, we are one with you!  
Heavenly Parent, we are one with you!  
This is Cheon Il Guk, when we are all one! Aju!

The night gently succumbed to daybreak almost like bowing to the morning sun  
Releasing its hold on the eternal night that covered the globe  
All things began to merge in harmony with the complete balance and symbiotic nature of the universe  
From the eastern horizon she rose with the brilliance and power of the birth of the cosmos

The unbridled expansion of the light of Hyojeong illuminated the earth and liberated the heavens  
As heaven's only begotten daughter, she lit the spark of hope and true light all over the globe and has led our family home to Heavenly Parent's heart  
We are one family under god  
True Father your dream is complete  
Our true king and queen of peace on earth and in heaven are victorious  
The Cheon Il Guk era has come.

Oulee neun dah hanah des sum nid da!  
We pledge to eternally fan the flames of Hyojeong heart and light  
Forever in True Love, True Life and True Lineage  
  
We pledge in eternal love and gratitude to fulfill your dream of peace and bring Heavenly Parent's victory!  
Dah gatchi, minasan ishoni, All together as one family, Abogi, omoni kamsahamnida!, Salanghamnida!



# Sun Jin Nim Speaks to Cheon Il Guk Leaders at the start of their Cheongpyeong Workshop

FFWPU International President Sun Jin Moon spoke to leaders on the first evening of the three-day Special Hyojeong Cheongpyeong Workshop Hosted by True Parents for Cheon Il Guk Leaders, held August 28-30, 2018 at the Cheongpyeong Training Center.



**B**an-gap-seumnida! Welcome, Cheon Il Guk leaders!

We were surprised not only by the Seonghwa and the amazing series of events, and all your hard work leading up to these events in 2018. We were also surprised tonight by True Mother giving us the chance to come together all as one family, and to be in this wonderful Cheongpyeong workshop.

We heard True Mother's speech this afternoon, and I have been trying to reflect on her words. She has made a point of saying that we are marching toward the goal of True Parents and Heavenly Parent's dreams. Many times we say that we are one. But many times that oneness is not realized in our own lives, in our own mind and body, in our own family, in our own couples, in our own children, or in our own communities, churches, or the outer society at large.

As True Mother stressed this time, there are 7.6 billion people in the world—according to Bishop Kim, who gave her the proper number! I think I was

saying 7.5, but we learned that there are 7.6 billion people in the world who have yet to come to understand True Parents' dream and heart.

She also stressed that, often despite our learning, everything that we have learned, everything that we have accomplished in life, and everything that we think we know, there are still many things to know, especially about True Mother and understanding the complete history of our True Parents.

Something Mother said early today, and kept on repeating, is: "We need to empty ourselves and to let go of self-centeredness." In many speeches I have heard her say the root of all problems in human history is individual self-centeredness and greed. And so, when we start looking only at me, we lose sight of we, as the collective, all together.

So I was trying to understand, because the Cheon Il Guk Leaders' Assembly is for all of you. We know that throughout all these years, as many of you—our elder brothers here—have served (not only under True Father), more than anything you have probably gone through every kind of mind and body training known



to man. And to be doing this in True Mother's home this time, in her workshop, did you have a different feeling in your mind and body, this time?

Did you liberate something, or feel something like a lifting off from your shoulders? (Or somebody smacked it out of your back?) And I don't think anybody in this room was separate from the speakers and the sound and the drum in our ears, right? We were all one in that sound and slapping. And in that one hour you couldn't do anything but just trying to follow along and really get into this motion and spirit.

And Rev. Tokuno was sitting right behind me and giving me a wonderful, holy massage. [Laughter] I see Rev. Tokuno, and I have worked with him many times; but he had never physically laid his hands on me. And I was thinking, "Oh, this is not just a simple slapping, he is putting all his energy into it. Ah, so this is a true love of the Mother nation!" So, thank you Rev. Tokuno. I think there was something definitely liberated or shifted in this exchange!

As you all know, I do yoga and it is a very silent practice, a very peaceful emptying of the mind, body and soul, with only the silence of the breath, brought down to the lowest level. But in tonight's training, it was the polar opposite, like night and day. So in many ways I really understood, "Ah, whatever we are thinking, however we find peace, there are many other ways, there is a whole other half, a whole other side we have yet to realize." And maybe this is the

potential of tonight's exchange, and of the next three days. As leaders, we may come to realize the greater whole.

I think all of you here were definitely vertically trained by our True Father and I see many of you as my elders and the spiritual pillars of our movement. And to be also working with you in this time with our True Mother on earth and True Father in heaven, I am re-meeting all the great spiritual pillars in our movement.

So, not to take too much of your time because I think this was supposed to be two minutes, but I think this is an area where True Father is looking down on us, from high noon, where there can be no shadow. We always have to think about True Parents, and about True Mother asking us to go to this workshop at this time, about how many things must be on her mind and in her heart when she thinks about the state of the world today.

But in the same light—I think it is light—God is telling us, True Father is telling us, True Mother is asking us, to be really completely be one with her and Heavenly Parent and True Parents. And when we absolutely unite with our True Mother in mind, body, spirit and experience, then miracles will happen. Aju! Yes and the last thing is that she said that "I hope during this workshop you can come to understand True Mother's heart directly and closely, and center your heart on hers, become completely one with her,

become spotless, without shadow, and become pure white and pure gold.” So these are the hopes she has for each and every one of us in this room.

I am looking at this workshop not as, “What’s happening? There are big changes, plans or something big is happening to our movement, to our leadership,” but I am instead looking at it as if True Mother is giving us the chance to be reborn—that whatever spots you have, whatever things you couldn’t do, goals you couldn’t achieve, whatever kinds of oneness you couldn’t have directly with Heavenly Parents, True Father or True Mother, or the Providence, or doubts, this is the chance to cleanse and let go, empty everything, and really start anew, with a new life, and with rebirth. So I hope this time, when you wake up tomorrow you will be reborn and we will gather here again for another round of some “out-of-this-world” mind and body training.

Being in this room actually.... This room is a place of prayer and remembrance of our ancestors. [Sun Jin Nim speaks on the edge of tears] We have [Hong] Halmoni, Hyo Jin Oppa, Heung Jin Oppa, and True Father as well as True Mother in spirit here. This is a very holy place where family members and those who have gone before us have sacrificed everything and we remember their lives. But I think the most poignant thing is for True Mother to give us the chance to gather here while we are alive, while she is alive. This is the chance for us to really, really taking

to account how each and every life in this room is so precious.

Many times we only appreciate people when they pass away. And when I think of all the people on this wall [indicating the True Family portraits], how many of them, in their lifetime, weren’t given an ounce of the dignity they have now, what a thankful, great moment this is that True Mother actually has brought not only all of our ancestors but created the ancestors’ Cheon Bo Won [genealogy center], where all of your ancestors will be forever recorded on earth and in heaven. So when we think about heaven on earth and Cheon Il Guk, how we are always one, we have to consider that importance.

And while, not only True Mother, but each and every one of you are True Parents’ true sons and daughters, I want you to realize how important each life in this room is. Because we are not just sons and daughters, we are Cheon Il Guk leaders.

So tonight, now that you have all spiritually slapped each other, I want to try another exercise. One last exercise before we retreat to bed! It is the one where you all turn around to the person who was slapping you and hug that person tonight. So please all find your partner sitting behind you, who liberated you. (Rev. Tokuno, please come up.) Please offer them a big hug. Ana chuseyo. Saranghamnida. Kamsahamnida. ChamBumo-nim seung-ri hakessumnida! [Let’s share a hug. I love you. Thank you. True Parents will be victorious!]



## We are marching toward the goal of True Parents and Heavenly Parent's dreams

Sun Jin Moon

August 28, 2018

Special Hyojeong Chung Pyung Workshop Hosted by True Parents for Cheon Il Guk Leaders



*Ban-gap-seumnida!* Welcome, Cheon Il Guk leaders! We were surprised not only by the Seonghwa anniversary and the amazing series of events and all your hard work leading up to these events in 2018. We were also surprised tonight by True Mother giving us the chance to come together all as one family and to be in this wonderful Chung Pyung workshop. We heard True Mother's speech this afternoon, and I have been trying to reflect on her words. She has made a point of saying that we are marching toward the goal of True Parents and Heavenly Parent's dreams. We often say that we are one, but that oneness is not often realized in our own lives, in our own minds and bodies, in our own families, in our own couples, in our own children, or in our own communities, churches, or the outer society at large.

As True Mother stressed this time, there are 7.6 billion people in the world -- according to Bishop Kim, who gave her the proper number! I think I was saying 7.5, but we learned that there are 7.6 billion people in the world who have yet to come to understand True Parents' dream and heart. She also stressed that despite our learning, everything that we have learned, everything that we have accomplished in life and everything that we think we know, we have many things to learn, especially about True Mother and our True Parents' complete history.

### United in restoration

Something Mother said earlier today and kept repeating, is: "We need to empty ourselves and to let go of self-centeredness." In many speeches I have heard her say the root of all problems in human history is individual self-centeredness and greed. When we start looking only at "me," we lose sight of "we," as the collective, all together.

I was trying to understand, because the Cheon Il Guk Leaders' Assembly is for all of you. We know that throughout all these years, as many of you -- our elder brothers here -- have served (not only under True Father), more than anything you have probably gone through every kind of mind and body training known to man. To be doing this in True Mother's home, in her workshop, did you have a different feeling in your mind and body, this time?

Did you liberate something, or feel something like a lifting off from your shoulders? (Or somebody smacked it out of your back?) I don't think anybody in this room was separate from the speakers and the sound and the drum in our ears, right? We were all one in that sound and slapping. In that one hour you couldn't do anything but just try to follow along and get into this motion and spirit.

### Spirit of the mother nation

Rev. [Eiji] Tokuno was sitting right behind me and giving me a wonderful, holy massage. [Laughter] I see Rev. Tokuno, and I have worked with him many times; but he had never physically laid his hands on me. And I was thinking, Oh, this is not just a simple slapping; he is putting all his energy into it. Ah, so this is a true love of the mother nation! So, thank you, Rev. Tokuno. I think there was something definitely liberated or shifted in this exchange!

As you all know, I do yoga and it is a very silent practice, a very peaceful emptying of the mind, body and soul, with only the silence of the breath, brought down to the lowest level. But in tonight's training, it was the polar opposite, like night and day. So in many ways I understood that whatever we are thinking, however we find peace, there are many other ways, there is a whole other half, a whole other side we have yet to realize. Maybe this is the potential of tonight's exchange and of the next three days. As leaders, we may come to realize the greater whole.

I think all of you here were definitely vertically trained by our True Father and I see many of you as my elders and the spiritual pillars of our movement. Working with you in this time with our True Mother on earth and True Father in heaven, I am re-meeting all the great spiritual pillars in our movement.

So, not to take too much of your time, because I think this was supposed to be two minutes, but I think this is an area where True Father is looking down at us, from high noon, where there can be no shadow.

We always have to think about True Parents and about True Mother having asked us to go to this workshop at this time -- about how many things must be on her mind and in her heart when she thinks about the state of the world today.

But in the same light -- I think it is light -- God is telling us, True Father is telling us, True Mother is asking us, to be completely be one with her and Heavenly Parent and True Parents. And when we absolutely unite with our True Mother in mind, body, spirit and experience, miracles will happen. Aju! Yes and the last thing she said is "I hope during this workshop you can come to understand True Mother's heart directly and closely and center your heart on hers, become completely one with her, become spotless, without shadow and become pure white and pure gold." So these are the hopes she has for each and every one of us in this room.



### **Rebirth in a hallowed place**

I am looking at this workshop not as, What's happening? There are big plans, something big is happening in our movement, to our leadership, but I am instead looking at it as if True Mother is giving us the chance to be reborn -- that whatever spots you have, whatever things you couldn't do, goals you couldn't achieve, whatever kinds of oneness you couldn't have directly with Heavenly Parent, True Father or True Mother, or the providence, or doubts, this is the chance to cleanse and let go, empty yourselves of everything and start anew, with a new life and with rebirth. So I hope this time, when you wake up tomorrow you will feel reborn, and we will gather here again for another round of some out-of-this-world mind and body training.

Being in this room actually.... This room is a place of prayer and remembrance of our ancestors. [Sun Jin nim speaks on the edge of tears] We have [Hong] Halmoni, Hyo Jin Oppa, Heung Jin Oppa, and True Father as well as True Mother in spirit here. This is a very holy place where we remember the lives of family members and others who have gone before us that had sacrificed everything. But I think the most poignant thing is for True Mother to give us the chance to gather here while we are alive, while she is alive. This is the chance for us to really take into account how each and every life in this room is so precious.

Many times we only appreciate people when they pass away. And when I think of all the people on this wall [indicating the portraits of ascended True Family members], how many of them, in their lifetimes, weren't given an ounce of the dignity they have now, what a thankful, great moment this is that True Mother actually has brought not only all of our ancestors but created the ancestors' Cheon Bo Won [genealogy center], where all of your ancestors will be forever recorded on earth and in heaven. So when we think about heaven on earth and Cheon Il Guk and how we are always one, we have to consider that importance.

And while, not only True Mother... As every one of you are True Parents' true sons or daughters, I want you to realize how important each life in this room is, because we are not just sons and daughters, we are Cheon Il Guk leaders. So tonight, now that you have all spiritually slapped each other, I want to try another exercise. One last exercise before we retreat to bed! It is the one where you all turn around to the person who was slapping you and hug that person tonight. Please all find your partner sitting behind you, who liberated you. (Rev. Tokuno, please come up.) Please offer them a big hug. *Ana chuseyo. Saranghamnida. Kamsahamnida. Chambumo nim seungri hakessumnida!* [Let's share a hug. I love you. Thank you. True Parents will be victorious!]

## We are marching toward the goal of True Parents and Heavenly Parent's dreams

Sun Jin Moon

August 30, 2018

The first evening of the three-day Special Hyojeong Chung Pyung Workshop Hosted by True Parents for Cheon Il Guk Leaders  
Chung Pyung Training Center



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We were surprised not only by the Seonghwa and the amazing series of events, and all your hard work leading up to these events in 2018. We were also surprised tonight by True Mother giving us the chance to come together all as one family, and to be in this wonderful Chung Pyung workshop.

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wall [indicating the True Family portraits], how many of them, in their lifetime, weren't given an ounce of the dignity they have now, what a thankful, great moment this is that True Mother actually has brought not only all of our ancestors but created the ancestors' Cheon Bo Won [genealogy center], where all of your ancestors will be forever recorded on earth and in heaven. So when we think about heaven on earth and Cheon Il Guk, how we are always one, we have to consider that importance.



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## Sun Jin Moon met with the participants of YAYAM Workshop at UTS, Barrytown

Richard Buessing  
November 11, 2018



Our International President, Sun Jin-nim and In Sup-nim met with the participants of the Peace Starts With Me Workshop, hosted by the American Youth and Young Adult Ministry (YAYAM) at UTS, the day before True Mother's rally at the Nassau Coliseum.

At the outset, Sun Jin-nim expressed that her message wasn't going to be a lecture but a heart-to-heart. This distinction was clear throughout her time with us, as she spent most of it seated cross-legged on the stage, exchanged questions and answers with the workshop participants, and gifted us all with Dunkin' Donuts (the last, she told us, a tradition that True Father liked to observe with the True Family after Pledge on Sundays).

Sun Jin-nim also led us all through a lovingkindness meditation, inviting us to be filled with God's light and love and then to channel that love to someone in our life we love, to someone neutral in our life, and to someone in our life who we find it hard to love -- practically and spiritually exercising the muscle of loving everyone regardless of how we perceive or feel about them.

Just before she left, Sun Jin-nim also gave a very special gift to two of the workshop participants. High schoolers T. Dunkley and M. Platt each received an energy stone bracelet, infused with qualities to support their growth and journeys.

### **Sun Jin-nim's Message**

Sun Jin-nim's remarks revolved around a few questions put to her by the workshop staff: how to build one's relationship with True Parents, what she understands the term "only begotten Daughter" to mean, and what she felt that we as youth and young adults could do to contribute to True Parents and to God's hope for the world.

She proposed that the best answers to all of these questions could be found by reading True Parents' own words and then proceeded to read selections from True Mother's Anthology, a relatively new privilege since the anthology was only made available earlier this year.

The excerpts Sun Jin-nim read were from Mother's reflections about her own life and were deeply moving. We could hear in Mother's own words the suffering and the hardship she went through to walk the path that God had called True Parents to walk, as well as the joy and the gratitude she came to feel as she grew into her role and identity as True Mother.

After her reading, Sun Jin-nim shared a very beautiful piece of wisdom True Mother had given to her once about how to grow in one's relationship with True Parents. In sum: don't focus on or worry about your inadequacies. We all go through the three stages of growth -- formation, growth, and completion -- we are all capable of growing. Instead, focus on these two things. First, on gratitude. Cultivate gratitude for the gifts you been given like your family, your friends, your talents, your passions; when we cultivate

gratitude, there is no space to think that you're without because you recognize that you are actually in a space of abundance. Second, know love. Love people and learn to love people and God will be with you. God and True Parents are with you, so you'll get there. Believe they are with you.

This beautiful wisdom, Sun Jin-nim explained, is the wisdom of the post-indemnity era: the new era of joy, celebration, and freedom established by True Parents through their sacrifice, their perseverance, and their love for God as God's Son and Daughter. "You are God's love, God's dream realized," she shared. Now that we have True Parents, for the first time, we're not paying indemnity but living in freedom. "We're starting from zero and we have 'infinity+' to go."

When she reached the last question, Sun Jin-nim actually put the question back to the audience and took answers from many of the youth and young adults in the room. Many of the participants expressed their gratitude for this exchange later, as it confirmed the feeling of having had a meaningful conversation with a beloved older sister.

Sun Jin-nim's concluding guidance to us, "Be the hope you want to see in the world...Win the crown of glory. Cultivate the heart, the love. Love your enemy, rise above, and change it for good. Glory is the living embodiment of love on earth, the highest level of love we can achieve. That is your legacy because that is what True Parents did."



### Reflections

M. Fuller, 23 Las Vegas: I really appreciated Sun Jin nims sharing with us. I think for too long many people in our movement have relied on True Parents and True Children direct guidance. When the question was asked "what do we need to do as an American movement", Sun Jin nim asked us to answer. That was such a powerful thing. I could feel her heart and True Mothers heart of longing for the youth to take ownership. I've always had big dreams and desires to change the world, and once i met the movement, I finally had a place to direct that desire. When Sun Jin nim affirmed those who asked questions, I knew that what she was really trying to tell us was to ownership. I really felt like she was my older sister who was encouraging me to become a leader. Sun Jin nims sharing, combined with Yeon Ah nims sharing and Reverend Abernathys guidance has been a loud and clear message from God and True Parents: It's time for us youth to take ownership, become leaders, and use our passions and talents for God, True Parents, and the world. I am so grateful for this workshop, and for the amazing music, food, team, guidance, and love.

J. Batino, 20, Las Vegas: All my life growing up as a second generation, I have always been looking an older sister figure to look up to and her visit to our workshop made my heart so happy. I felt that knew exactly what we needed as young people. Her style in sharing hhdh and connecting with is felt very personal. It was so empowering to experience being understood and believed in.

J. Joo, 15, New Jersey: Sun Jin Nim talked about how we each have our own purpose that Heavenly Parent set out for us, and now more than ever, I want to find that purpose but more importantly trust God with all my heart and let Him lead me. Before Sun Jin Nim had came to talk about Mother, I had gone to Mother's Pond. There, I let God take over and I just kept going in through the marsh and at one point I couldn't feel my feet anymore. When my feet started to hurt, I stopped, saying sorry to Heavenly Parent that I wouldn't go on, and went back to the building. But when Sun Jin Nim talked about how Mother felt so much pain but she still went on even if it seemed impossible and how she made those experiences ones of joy and victory, I realized why God must have led me to Mother's Pond; it was so that I could realize

really how hard it must have been for Mother and how something so meager as cold feet shouldn't stop me from following and going to where God set out for me. I love you True Mother! I will definitely become someone who can be the person God needs me to be and I will attend you! –



C. Millaire, 16, New Jersey: Having Sun Jin Nim come to the Workshop was really special. She was able to connect and engage us the entire time and I felt as though she was talking to me on a personal level. The way she interacted with us as a group perpetuates the message of unity as we felt like a family. The meditation she guided us through instilled a warm feeling of affection, forgiveness, and a will to better ourselves in order to make world peace achievable.

Mi Young Eaton, 27, New Jersey: When Sun Jin-nim read True Mother's words about True Parents' road through hell, I started crying a lot. I was struck by the thought that even if I am ready to enter hell now and to help True Parents, I don't want my children to walk through hell. I was so sad thinking that they might have to if the world isn't restored yet.

And then I could see that God felt the same way about True Parents, and that True Parents felt the same way about True Children, and even about us as first- and second-gen. It's the heart of a parent to protect their children from suffering; but restoration requires sacrifice, and someone had to pioneer the way through hell in order for the world to be redeemed. True Parents were the first, and now we stand in the position to continue their work. How sad and grateful and sad God must be.

I've noticed recently in my life that forgetfulness is one of my greatest weaknesses. I often forget what God, True Parents, my parents, and my loved ones have done for me, and in forgetting lose heart and faith. So I am trying harder now to honor the love and the truth I have received simply by remembering.

Sun Jin-nim's talk yesterday will be another focal point for me to hold onto, a memory to light my path to God and to True Parents, to remind me, and I am so grateful for that.

Thank you, Sun Jin-nim, for sharing your heart with us and for helping us take another step forward as we build relationships of heart with True Parents.

And thank you, True Parents, for this beautiful life I have the opportunity to live. And thank you, True Mother, for your example of indomitable grace, love, perseverance, and wisdom. I'm pretty far behind but I'm going to keep following in your footsteps in order to make the path easier to follow for those coming after me.

J. Fontaine, Canada, 20: The talk from Sun Jin was something that I was looking forward to for the last week. I know that she loves to do a more interactive talk than just a sermon which is great because it really gets people to feel involved. My group loved the interaction that she gave and her answers on why True Mother is the only begotten daughter and on how to deal with the division in the True Family was so honest and true. I resonated with the answers as they are what I truly feel are correct and I hope that others have benefited from it as much as my group did. Thank you for coming Sun Jin Nim!!!! We love you and True Parents so much!!!

K. Kim, 18, New Jersey: Thank you so much for inviting Sun Jin Nim to our Peace Starts With Me Workshop ! The testimony was amazing and I loved how she really engaged the crowd by answering their questions rather than just giving her talk, which shows how she truly appreciates and takes into consideration the opinions and questions of our youth. Thank you so much!