FRUIT SALAD

Sundae

What You Need

1 cup sliced strawberries
1 cup peeled, sliced kiwi
1 cup cantaloupe chunks
1/2 cup grapes
1 banana, peeled and sliced
1 (6-ounce) container of nonfat or lowfat vanilla yogurt
1/2 cup toasted oat cereal

Get Cookin’

1. Put fruit in a medium bowl and mix together.

2. Divide fruit into 4 cups or bowls.

3. Top with yogurt and cereal, and serve.