North County Community Resources: Youth Based

- San Diego Access and Crisis Line (888) 724-7240 HOTLINE 24-Hour/7days
- Mental Health Systems- https://www.mhsinc.org/ 125 W Mission Ave UNIT 103, Escondido, CA 92025- (760) 747-3424
- Mc Alister Institute- https://www.mcalisterinc.org/programs/ 1701 Mission Ave Suite 310, Oceanside, CA 92058 (760) 721-2781
- Aurora Behavior Health- https://www.aurorasandiego.com/ 11878 Avenue of Industry, San Diego, CA 92128 (858) 487-3200
- Cannabis Abuse Program (Cap) https://www.educationcompact.org/mastercalendar/cap123-xskn 220 s. Broadway Escondido, Ca 92025 (760) 839-4515
- Palomar Family Counseling Services- https://www.palomarfAMILYcounseling.com/ 1002 E Grand Ave, Escondido, CA 92025 760) 741-2660
- Soap-Mat (Stop Opiate Addiction Program) http://www.soapmat.com/ 3230 Waring Court-Suite A Oceanside Ca, 92056 (760) 305-7528

Think you or your friend has an alcohol problem? Don't wait—get help. Talk to a parent, doctor, teacher, or anyone you trust. If you’re more comfortable speaking with someone you don’t know, call the confidential SAMHSA National Helpline at 800–662–HELP (800–662–4357) (English and Spanish). You can find substance abuse treatment services near you at samhsa.gov/treatment.
https://www.stopalcoholabuse.gov/