SPREAD-NET | Practices Enabling Implementation and Adaption in the safety NET

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- **Grantee:** Kaiser Permanente Northwest - Center for Health Research (CHR)
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The “Study of Practices Enabling Implementation and Adaptation in the Safety Net (SPREAD-NET)” trial compares the effectiveness of different implementation support strategies for helping Community Health Centers (CHCs) implement the OCHIN Cardiovascular Disease and Risk Management bundle (CVD Bundle), a QI initiative designed to increase guideline concordant prescribing of cardio-protective medications among patients with diabetes mellitus (DM), hypertension (HTN), and atherosclerotic cardiovascular disease (ASCVD). The aims of SPREAD-NET are to: 1) Compare the effectiveness of the three strategies (low, medium, high intensity) at supporting CHCs’ implementation of the ALL intervention, through a cluster-randomized trial; 2) Assess how effectively the three strategies support intervention sustainability at 12, 24, and 36 months post-implementation, measured as maintenance of change over time; and 3) Identify clinic characteristics associated with the support strategies’ effectiveness (e.g. decision-making structures, leadership support, team processes/characteristics, readiness and capacity for change.)

**Potential Impact**

This study is designed to inform future interventions known to improve outcomes among CHC patients with DM/HTN/SCVD. Our results could also have high impact on Dissemination and Implementation science, by comparing practical, generalizable methods for supporting the implementation of clinical innovations in CHCs and other ambulatory settings.

**Organizations Involved**

- Kaiser Permanente Northwest - Center for Health Research (CHR)